

PARENTS NEWS

August 2012 No. 212 The First & Foremost Local Monthly Newspaper for Families

1993 - 2012
20th Successful Year
Thank you

FREE

What's On: August, School Summer Holidays & during Olympics

Pirate Days
www.thedockyard.co.uk

Family Fun Day at Sandown
www.sandown.co.uk

www.horniman.ac.uk

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www.parents-news.co.uk

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PARENTS NEWS

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020 8337 6337
PARENTS NEWS UK
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10 The Manor Drive,
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Tel: **020 8337 6337**
info@parents-news.co.uk
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**Kingston Food Festival,
6-12 August 2012**

Chefs show off in Kingston
The weekend of 11th and 12th August marks the highlight of the **Kingston Food Festival** with the **Big Food Market** and the **Live Food Show** in the Town Centre.

The **Live Food Show** runs from 10am till 5pm on Saturday and Sunday. Each chef has 45 minutes to prepare and cook a meal that will then be offered up to the very discerning audience for tasting and approval.

Andrew Kay, food writer and dedicated foodie will act as compere. He will introduce the chefs and quiz them throughout their performance to make sure the audience has a full grasp of the intricacies and importance of all the different ingredients. Says Andrew, "I am thrilled to have been invited to host this show. It's a great honour to be able to work with Kingston's leading chefs and to discover some really delightful eaters."

"I am particularly looking forward to experiencing the contrasts on offer at this event from leading multiples like **Zizzi, Las Ignanas, Frankie and Benny's** to independents like **Cappadocia** and **Riverside Vegetaria** and I am very keen to try the raw food being processed on stage by **Food For Thought**."

Ros Morgan, CEO at **Kingstonfirst**, the event organiser, says, "This event will be the highlight of a week long celebration of wonderful food and beverage from in and around Kingston and Surrey. We hope that visitors will come and discover the many wonderful places to eat in Kingston and be excited and delighted by what is on show." The **Kingston Food Festival** will be held at venues in Kingston Town Centre. For further information visit

www.kingstonfoodfestival.com



Wahaca Restaurant on South Bank

Take an iconic site, 8 shipping containers, helpful staff and **Mark Selby's** experimental idea and you get **Wahaca's** newest Mexican restaurant. This ambitious, pop up Mexican street food, restaurant at the **Southbank Centre** is designed in keeping with **Festival of the World**. Perched on the terrace of the **Queen Elizabeth Hall**, boasting unbeatable views over the Thames. The restaurant is arranged on a 2 storey overhanging structure, allowing space for 130 diners, a bar terrace with plenty of

outdoor seating – weather permitting. Inside it is bright, contemporary and long! You know you are in an unusual space but its fun and works well. You do need to be slim to work here as the tables are quite tightly placed but not a problem for the customer. Our waitress was lovely, very helpful explaining the menu, portions and heat of the food. The **Guacamole** was the best we have eaten and dipping into it whilst sipping **Hibiscus** (intense cranberry flavour) cocktail was a great way to start the meal.



We decided on "Street food" choosing 5 dishes to share giving us an enjoyable way to try out the selection of **Wahaca's** experimental menu. Great flavours, really fresh ingredients and spicy. **Wahaca** take sustainability seriously and pays attention to local sourcing

Thoroughly recommended.
www.wahaca.co.uk

August 2012

FREE Kid's Activities

This **Summer The Bental Centre** is fit to bust with **FREE** kid's events, offering a huge variety including activities, craft workshops and competitions, **23rd July to the 31st August** Not only will there be **FREE Thumb's Up it's Thursday** events every week, there will be **FREE** activities provided by retailers such as **Build A Bear** and **Waterstones**. Choose between Story Telling, Face Painting and Sports Activities OR come to them all! See a full weekly listing below:

Every Monday: Face Painting with **H&M, Every Tuesday:** Story Telling with **Waterstones; Every Wednesday:** The Little Face **Of The Bental Centre** Competition with **Venture Portraits; Every Thursday:** Children's Sports Village*; **Every Friday:** **Build A Bear** Beach Party; ***Each Thursday** the **Children's Sports Village** activities and a competition for kids to take part in for free. Activities include throw an Olympic ring over the torch, hula-hoops, hook an Olympic duck and more

www.thebentalcentre-shopping.com
www.facebook.com/TheBentalCentre

August 2012

SUMMER HOLIDAY FUN

Set in the heart of the beautiful Kent countryside a visit to **Farming World**, Boughton promises plenty of fun for everyone. Summer holiday special events include:

- 'Have a Go' Falconry Day - 3rd & 31st August** - try your hand at flying a bird of prey.
- Fun with Mrs Back 2 Front - 8th August** - fun and games, this popular entertainer is back!
- Art Workshop - 9th August** - Get creative and design a masterpiece!
- Creepy Crawly Day - 10th & 29th August** - meet spiders and reptiles, conquer your fears and learn more.
- Circus Visit - 15th August** - Brush up your circus skills, come and join the circus!
- Heavy Horse Day - 16th August** - Learn more about the farm's gentle giants, Cupid, Trojan, Lincoln and Leeroy.
- Fun with Dizzy Lolly - 17th August** - fun, games and probably mayhem!
- Animal Day - 22nd August** - Learn more about the farm's animals and meet face to face!
- 23 Teddy Bear's Picnic - 24th August** - come and join in the fun with Goldlocks, don't forget to bring your bear!
- Harvest and Threshing Weekend - 25th - 27th August** - Learn and watch how the harvest was gathered 100 years ago.

Toy Story Day - 30th August - Toy Story themed fun! Dress as your favourite Toy Story character and gain free entry*. When you have finished meeting all the animals children can let off steam in the two large adventure play grounds and bounce until exhausted on the enormous jumping pillow (weather permitting). While the children are entertained adults can enjoy the beautiful surroundings, the lawn mower museum or browse around the shop. There is also an animal themed mini golf course to challenge all the family and tractor and trailer rides around the farm. The farm is well equipped to deal with the changeable British weather and has, a two storey, indoor soft play area and craft and activity room. Further details of all **Farming World's** special summer events can be found on the centre's award winning website

www.farming-world.co.uk
01227 751144

is open seven days a week, 9.30am to 5.30pm until November 4th, and is just off Junction 7 of the M2. Normal admission prices are £6.50 adults, £5.50 for children aged 3 - 15 years, concessions £5.50. Sorry, guide dogs only. Some activities weather permitting. * Conditions apply.

Weatherproof your holidays with the new Wet Britain ebooks

Wet Britain: Cornwall is the essential guide to weatherproof your holidays. Over 50 all-weather attractions, along with listings of cinemas, leisure centres, kids' indoor play zones and even activities that are fun in the rain, like surfing and coasteering! With June 2012 recorded as the wettest since records began in 1910, and the rain set to continue throughout the summer, there's no reason why you should let the weather dampen your holiday spirits. "Cornwall has a dazzling range of all-weather attractions," says author **William Gray**. "You can venture into an undercover jungle at the **Eden Project**, ogle sharks at Newquay's **Blue Reef Aquarium** or admire modern art at the **Tate St Ives**. Tin mines, maritime museums, Victorian manor houses, lobster hatcheries, 4D cinemas, ice cream factories and coastal forts provide more good reasons to get out of the rain." **Wet Britain: Cornwall** is available now in **Kindle** format for just £1.53. Download www.amazon.co.uk/wet-britain-cornwall-weatherproof-ebook/dp/B008J2W1VC/ref=nt_at_ep_dpt_10

Become a Farmer For The Day at The Hop Farm Family Park

Get your wellies at the ready as **The Hop Farm Family Park**, one of Kent's largest children's attractions, is promising six weeks of summer holiday entertainment with **Farmier Tom** and the **Hop Squad**. If your children are animal crazy or love getting stuck in, **The Hop Farm** is the summer holiday destination for them.

'Become a Farmer for the Day' activities will take place, from **23rd July until 3rd September**. Children can really get involved in farm activities with everything from **The Big Dig - Giant Vegetable Patch** to grooming the donkeys and ponies in **Animal Village**. Each day will be packed with fun and entertaining activities for children of all ages. **Farmier Tom's Barrel Ride** - A brand new farmyard barrel ride for summer 2012, pulled by a quad through the **Hop Farm** fields - The ultimate fun for children with bumps and screams! **A daily Big Red Barn Dance** in the brand new entertainment zone. Learn how to swing your partner by the hand and 'dooey doe' with the **Hop Squad!**

Watch the unique sporting **Sheep Race**, place your bets and cheer your favourite sheep down the home straight. Truly hysterical, complete with jokes! Daily live **Puppet Show - The 3 little P.L.Gs!** Bubble and water fun with animal games! If that doesn't wear the little ones out there is a **NEW** expanded animal farm and **Farmier Tom's** 10 step challenge to take part in. The award-winning **The Hop Farm Family Park** has a wealth of fun things the whole family can enjoy whatever the weather including **Farmier Jack's** Magic Bean Factory, **Giant Jumping Pillows**, **Farm-ula One** Driving School and **Potters Barn Terrace Café** and Pottery.

The Hop Farm Family Park features a superb touring and camping park set in 500 acres of beautiful Kent countryside. When you stay on site tickets to the attraction are half price. Open 7 days a week 10am until 5pm. Tickets from £10.35 for children*. Booking www.thehopfarm.co.uk **01622 872 068**

What's On



Blowing the Whistle on the General Dental Council.

Traditional train tracks create flat faces, big noses and tired looking eyes: if you doubt this, just look at those who have been treated in the past. They also routinely damage the enamel and roots of the teeth and worse still the teeth go crooked again unless the patient wears a brace for the rest of their life. Extractions of sound teeth are almost always required although patients may not be told about this until near the end of treatment. Newer treatments can achieve better and more permanent results without extractions but orthodontists avoid comparative research as they don't want the damage they do to faces to be exposed.

Worst of all the General Dental Council allows orthodontists to withhold information about some newer methods. This leaves many patients accepting extractions and even major surgery unaware that improved techniques can render them unnecessary. If you have suffered you are entitled to compensation.

There is another way.

Take a second opinion now. Nine years old may be too late.

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John Mew, The London School of Facial Orthotropics, Purley, 020-8660-3695 and Tunbridge Wells 01892 526406

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www.nationalgallery.org.uk

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SUMMER FUN FOR EVERYONE!



Visit www.farming-world.co.uk for special event details including:

- 'Have a Go' Falconry,
- Creepy Crawly Day,
- Art Workshop,
- Circus Skills,
- Teddy Bear's Picnic,
- Harvest Weekend,
- Toy Story Day,
- Birds of prey & flying demonstrations,
- Large adventure play,
- Rare breeds & farm animals,
- Heavy horses,
- Indoor soft play,
- Craft room,
- Mini golf course,
- Tractor and Trailer Rides,
- Hot & cold refreshments, (Some activities weather permitting)

Show this advert to receive 50p off entry per person in your party. (PN Aug. Valid 1/8 - 2/9/12) excluding bank holiday 27/8/12

Open everyday until 4th Nov.

Farming World, Boughton, Faversham, ME13 9HY
Tel: **01227 751144**

M2 junc 7 follow brown signs, sorry no dogs.



HOP FARM FAMILY PARK

SUMMER HOLIDAY FUN

'Become a Farmer for the day'

23 JULY - 3 SEPTEMBER 2012

A HOST OF FARMYARD ACTIVITIES..
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WWW.THEHOPFARM.CO.UK

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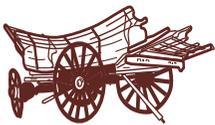
What's On

Fun is Free at Activity Thursday!

Come to the *Rural Life Centre*, Tilford on Thursdays during the Summer holidays (July 26th, August 2nd, 9th, 16th, 23rd, 30th), when children can have as much fun as their great grannies used to do, watch woodturning or maybe get messy with clay.

The activities will vary; sometimes you can squirt water at a "fire" under the watchful eye of the Dad's Army, Home Guard, or try out the Morrison shelter. Usually there will be a wheelwright's demonstration and period toys to play with. Best of all, for the very young, the museum's dolls house will be open to explore inside. Have exciting fun at this countryside museum. Accompanied children only. Pay for admission then all the things to do are FREE. There will be lots of "hands on" activities to try, undercover if wet. Remember don't miss "Activity Thursdays" there's plenty to see and do, so bring a picnic, or buy some lunch in the excellent cafe, and stay all day.

Further information on 01252 795571 www.rural-life.co.uk



Rural Life Centre



Every Tues in Aug
HMS Victory 02392 728060
Join the guides for stories & handle objects from the collection. Activities include being a ship detective, medal making, naval navigation, animal magic & marvellous music.

Every Tues, Wed & Thurs throughout school hols
HMS Warrior Portsmouth 02392 728060
Fun at the Victorian Seaside, put on a Punch & Judy show & take a souvenir home Victorian style toys & board games.

Every Wed
Heaven at Nutfield www.heaven-nutfield.com.
Smiley Faces music group for babies & toddlers for up to 2yrs & 2-4yrs, there is also a playground for under 5's, a cafe & a crèche.

Until 2 Sept Portsmouth Historic Dockyard 023 9272 7582
Learn history in fun ways with costume interpreters, games, dressing-up, crafts, trails, talks & more. FREE entry into the attractions when accompanied by a full paying adult.

Until 2 Sept Mary Rose Museum Portsmouth 02392 728060 Range of costumes to try on daily, a perfect photo opportunity.

Until 5 Sept Penthorpe Fakenham 01328 851465
Summer Fun, Wildlife & Games

What's On Out and About

to include a host of nature themed games, self guided trail with lots of hands on activities, pond dipping, mini tractor rides, different agility & skills tasks such as running, climbing & balancing plus lots more.

Drusillas Park, East Sussex 01323 874100

1 Aug Peppa Pig & George.
8 Aug Mike the Knight.
14-28 Aug The Fat Controller
15 Aug Peppa Pig & George.
22 Aug Captain Barnacles from the Octonauts.
27 Aug Ben & Holly
Royal Naval Submarine Museum 02392 545034

School hols activities.
2 Aug *Horrible Science of Submarines* with author Nick Arnold.
9 Aug *The Great Escape* interactive storytelling.
16 Aug *Diaries & Daring Deeds* Ian Whybrow telling plenty of tales plus crafts.
23 Aug *Cartoon Capers* cartoon workshop.
Thurs to 23 Aug *Submarine Kids* Bookfest meet authors, get crafty, see puppets & hear stories, lots of family fun.
Until 2 Sept *Mary Rose* Living under the Jolly Roger Family Exhibition, become a pirate, learn how to speak pirate, command your boat, discover treasure, host your Jolly Roger & set sail for a pirate tour of the museum. *New* family

activity area the Warrior's gunroom where young sailors can have some R&R including costumed roleplay, toys, games & colouring.

4 Aug *Woburn Safari Park Beds 0525 290407* *Summer Safari* for families begins with a drive through the road safari where you can meet over 80 species of wild animals & finishing at the leisure area where a live band will be playing a fusion of African rhythms plus a bbq.
11-25 Aug & 1 Sept *Elephant Barbeque* VIP special event with opportunity to see the elephants enjoying the natural habitat of the park as they would in the wild, plus talks & demonstrations at the Birds inaction amphitheatre arena
4-5 Aug 1066 Battle of Hastings High Street Battle *Battle Tactics* for kids, learn the skills of a Norman or Saxon soldier, paint your own shield & have a go in the Kids Battle of Hastings. 4-5 Aug Have a Go, Archery & Falconry plus birds of prey displays.
6-12 Aug *National Allotments* Daily *Stall & Crossbones*: Living under the Jolly Roger Family Exhibition, become a pirate, learn how to speak pirate, command your boat, discover treasure, host your Jolly Roger & set sail for a pirate tour of the museum. *New* family

August 2012

August 2012

Margate, Broadstairs, Ramsgate – Family fun and free

For information on these and other events in Thanet go to www.visitthanet.co.uk

01843 577672
01843 577409
www.thanetcoast.org.uk

18 and 19, 25 to 27 August
Annual event featuring many of Thanet's finest artists and their studios. Meet artists

www.ramsgatewaters.org
Broadstairs Water Gala
Viking Bay – 22 August (Fun Fair 6pm to 21 August)
Teddy Bears picnic at Lily Putt Mini Golf; afternoon air displays from the Aerostars, Red Barron and RAF Tucano, crafts, nick knacks and stalls, sand castle and decorated chalet competitions and prizes, beach volleyball, tug of war, family beach games and a fireworks finale in the evening.

01227 700894
07789742828
www.broadstairswatergala.co.uk

30 July to 4 August
Full programme of racing and is a recognised alternative to *Cowes Week*. Royal Harbour with its waterfront cafes, restaurants and pretty arches.

01843 591766
www.ramsgateweek.com

August Olympic Adventures at Powell-Cotton Museum, Quex House and Gardens – to 2 Nov TALA! (loosely translated as 'come and see') Adults £7, Concessions £5 (senior citizens, children up to 16 and disabled), Family Ticket £20. Open Tuesday to Sunday and Bank Holiday Mondays. Museum and Gardens 10am to 5pm and House 2pm to 5pm.
01843 842168
www.quexmuseum.org

Thanet Coast Project activities – July to September
Discover the ancient wonders of the chalk cliffs of Thanet on a *Rock Doc* guided walk back in time to 80 million years ago, explore the coastal wildlife on a *Rocky Shore Safari* or get involved in hands-on exploration of the rocks and fossils with 'Geology Rocks'. There is also *Seashore Safari*, *Dr Doris* and the *Dangerous Thing* and Storytelling Treasure

Trails. free or subsidised
01843 577672
01843 577409
www.thanetcoast.org.uk

Summer Holiday Workshops at Turner Contemporary Margate. Daily school holidays, family workshops. Just turn up on the day and pay at the information desk. 1pm to 4pm. Children - £2 (under 3s and accompanying adults free).
01843 233000
www.turnercontemporary.org

Ramsgate Week
Full programme of racing and is a recognised alternative to *Cowes Week*. Royal Harbour with its waterfront cafes, restaurants and pretty arches.

01843 591766
www.ramsgateweek.com

August Olympic Adventures at Powell-Cotton Museum, Quex House and Gardens Compete in the Quex Sentry Pentathlon. Dates exclude Mondays when the museum is closed and Monday, 27 August. Admission £2 per person (event free, free garden admission. Normal admission applies to the Museum and Quex House.
01843 842168
www.quexmuseum.org

Folk Week, Broadstairs – 10 to 17 August
Craft fair, craft workshops, bandstand entertainment and toddler's singalongs. Many free events, some charged.
01843 604080
www.broadstairsfolkweek.org.uk

Thanet Open Studios at Margate, Broadstairs and Ramsgate
18 and 19, 25 to 27 August
Annual event featuring many of Thanet's finest artists and their studios. Meet artists

www.ramsgatewaters.org
Broadstairs Water Gala
Viking Bay – 22 August (Fun Fair 6pm to 21 August)
Teddy Bears picnic at Lily Putt Mini Golf; afternoon air displays from the Aerostars, Red Barron and RAF Tucano, crafts, nick knacks and stalls, sand castle and decorated chalet competitions and prizes, beach volleyball, tug of war, family beach games and a fireworks finale in the evening.

01227 700894
07789742828
www.broadstairswatergala.co.uk

A Summer Squall, Ramsgate – 25 to 27 August
Theatre, music, film, workshops, a writing competition, craft market, art exhibitions. Most are free.
07939 542 990
www.ramsgatearts.org

Airfix Make and Paint Activity Days at the Hornby Visitor Centre – 1 to 3 September
Family Ticket £10 (2 adults and 4 children). Enjoy 2 family fun – build an Airfix kit, paint it, then take it home to keep. 10am to 4pm and included in the admission price for the *Hornby Visitor Centre*.
01843 233524
www.hornby.co.uk/visitorcentre

What's On

EURO CAMP

In addition to lost sleep and an absence of "me-time", new research suggests that up until their child reaches school age, new parents can also lose sense of discovery on holiday – a trend that leading tour operator Eurocamp is hoping to reverse.

Holidaying with Confidence
Eurocamp has a whole host of stress-free holiday options for families travelling with little ones, including 26 Mini Fun Station parks in some great locations across Europe, selected specially for their toddler-friendliness. All have Eurocamp's free *Mini Fun Station clubs*, with some even offering *Free Learn to Swim Lessons*, *Learn to Ride Lessons*** and *Tumble Tots* sessions.

In addition, the accommodation is packed with equipment such as high chairs, baby baths, potities, toddler cutlery, stepping stools and blackout blinds, while the parks themselves have toddler friendly facilities including children's pools and play areas. It's still not too late to get away this summer.

Eurocamp has six nights at St Avit Loisirs, its popular Mini Fun Station park at Le Bugue in the Dordogne, staying in a two bedroom Horizon mobile home with air-conditioning and deck, from just £514. Ferry crossings or fly drive packages can be arranged at a supplement.

This beautiful park in the heart of the Dordogne countryside offers a host of free activities to keep the whole family entertained including the *Mini Fun Station club*, plus Learn to Ride and Learn to Swim Lessons. It also boasts an impressive swimming pool complex, which includes a brand new children's water playground and a toddler pool, as well as archery, golf, quad biking, croquet and a gym for parents.

Once parents have settled into the pace of their holiday and the toddlers have adjusted to their new routine, there are some wonderful sights to explore close at hand. The town of Le Bugue, with some beautiful restaurants and cafes, is just a short drive away, while the stunning medieval town of Sarlat is also within easy reach.

For further information or to book a holiday, call **0844 406 0552**
www.eurocamp.co.uk.

Advertise in PARENTS NEWS fergus@parents-news.co.uk

Take part in the new Summer Holiday Quiz at Borde Hill Garden

23 July - 8 Sept 2012
Win some great prizes. Come and explore the beautiful woodland, parkland and garden to find the answers to the crossword, and then once the code has been cracked claim your ice lolly reward. Drawing a 'tree face' may win a season ticket to the gardens for the whole family. Learn all about champion trees and how to tell their age. Also have a go at bark rubbing and explore the adventure playground. Bring a picnic or barbecue to eat by the lake, and take in the stunning views across the Sussex Weald and the magnificent Ouse Valley to make this a great day out for all the family.

Borde Hill Garden is located 1 1/2 miles from Haywards Heath. Open daily from 10am-6pm (or dusk if earlier) until the 4th of Nov (except 11th of Sept). For more details, visit www.bordehill.co.uk or call **01444 450326**

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Jul 16-20	Aug 13-17
Jul 23-27	Aug 20-24
Jul 30-31st	Aug 27-31



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www.TennisAvenue.co.uk

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www.rural-life.org.uk
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School hols Sutton Arena Leisure Centre Middleton Road, Carlisleton, 020 8770 4088. Every Mon, Wed & Fri Active Ants, 2-10yrs. **School hols EveryActive** Active a wide range of activities for 5-12yrs. **Every Wed mon Women's Recreation** Mornings with a wide range of sport & social activities available for one single fee, 9-12pm. **Daily Playworld** fantasy play area, 2-10yrs. **Every Sun & Wed Royal Botanic Gardens Kew** 020 7222 1234 Hands on, sessions in the Secluded Garden Glasshouse for a closer look at the inner workings of the chocolate tree. **Daily For Families** Thrusers Towers features climbing towers & wooden play equipment **Ongoing Plantastic** Play area shaped like a plant, children. **Every Mon Culture Café Rose Theatre** Kingston 0871 220 1552 Rhythmetime for babies, toddlers & under 5's. **FREE.** **Every Mon Kingston Children's Library** Wheatfield Way Kingston 020 8547 6438 Rhyme & storytime sessions for babies, toddlers & under 5's. **Every Thurs** Storytime & crafts for under 5's. **Every Mon Surbiton Library** Ewell Road Surbiton 020 8547 6444 Storytime for under 5's. **FREE.** **Every Tues** Rhyme & storytime for baby & toddlers. **FREE.** **Every Mon Morden Library** 020 8545 4040 Scrabble Club welcome is welcome. **Every Wed** Welcome Mornings with stories & crafts for pre-school children. **1st Thurs** of every month Coffee mornings for 1st Fri of every month Wellbeing bread in sessions, a Wellbeing Coordinator will hand to study your face to face, talk through any issues you may have, sign you up for any upcoming workshops, tell you more

about other services available in the borough. **Tel: 020 3770 2549.** **Every Mon Wimbledon Library** 020 8946 7432 Jewellery drop in workshop for adults. **FREE.** **Every Tues** Coffee morning for over 50s. **Every Tues** IT also Basic IT Training. **Every Wed** Sewing Circle for those wishing to learn to use the internet which runs for 6 weeks. **Every Tues** Rendezvous Club for over 55's. **Every month** Art Club for children, to put your child's name forward to join need to speak to member of staff in library. **Every Fri** Toddlers Rhyme Time & musical activities, 0-5yrs. **Every 3rd Wed of the month Richmond Library** 020 8734 3303 Chatterbooks reading group, 8-9yrs, 4-20pm. **FREE.** **1st Thurs** of the month Tiny Teddies sessions baby bounce & rhyme. **FREE.** **Every Wed Castelnau Library** 020 8734 3350 Storytime session, under 5's. **FREE.** **One Sat a month** Tiny Teddies baby bounce & rhyme sessions. **FREE.** **Every Wed Hampton Hill Library** 020 8734 3320 Storytime session, under 5's. **FREE.** **1st Sat of every month** Tiny Teddies sessions baby bounce & rhyme. **FREE.** **Every Wed Charles Crier Theatre** 39 High Street Carshalton 020 8770 4950 **Every Wed** Spiral Youth Theatre for 13-15yrs members lemmunating in two productions per year & **Every Thurs** Minis & Juniors 5-7yrs. **Every Wed in Aug Polesden Lacey** Dorking 01372 452048 Different activity every week from bug hunting to den building. **Until 2 Sept** 5's. **FREE.** **2nd Thurs** of month Tiny Teddies sessions baby bounce & rhyme. **FREE.** **Every Tues Hampton Wick Library** 020 8734 3358 Storytime

High Street Brentford 020 8232 1010. Parents & babies screenings. **Every Sat** Drama Zone 5-8 & 9-14yrs. **Every Sat** mom Family Cinema, 1 adult goes **FREE** with every one paying child. **Every Thurs Twickenham Library** Garfield Road 020 8734 3340 Storytime session, under 5's. **FREE.** **2nd & 4th Thurs** of month Tiny Teddies sessions baby bounce & rhyme. **FREE.** **1st Fri of every month** Bergundy & Black Café St Martins Walk Dorking Bumps & Babies is for mums with bumps & both parents or carers of non mobile babies, meet others for tea or coffee & get your baby socialising. **www.net.org.uk/branches/dorking/events/bumps-and-babies.** **1st Mon** of every month Nappuccino a natter about nappies as an alternative to disposables. **Every Fri Teddington Library** Walgrave Road 020 8734 3304/5 Storytime session, under 5's. **FREE.** **Every 2nd Wed of the month** Chatterbooks reading group, 8-9yrs, 4.20pm. **FREE.** **1st Thurs** of month Tiny Teddies sessions baby bounce & rhyme. **FREE.** **Every Fri Kew Library** Storytime session, under 5's. **FREE.** **Every Fri Caterham Valley Library** www.surrey.gov.uk/kidstuff Rhymetime. **FREE.** **Every Fri Redhill Library** www.surrey.gov.uk/kidstuff Rhymetime. **FREE.** **Every Fri Warlingham Library** www.surrey.gov.uk/kidstuff Rhymetime. **FREE.** **Every Sat** mom Canbury Park Gardens Kingston Every Sat mom Fitness in the Gardens low

impact outdoor cardio exercise for all weathers: power walking, jogging & stretching. 10-11am. **FREE.** info@AHM-Co.com. **Tues-Fri** Dickering Adventure Playground Dickering Lane Kingston 020-8942 1707 Parent & Toddler Play sessions. **Every Sat Electric Theatre** Onslow Street Guildford 01483 444789 Little Sparks in the Café Bar with music, games, songs, stories & puppets & Sparkles Dance drop in classes for 5-9yrs. **Every Mon & Tues** after school The Man in The Moon Weekly drama workshops, 6-14yrs. **Every Wed** All Star Choir, 8-14yrs. **30 July-3 Aug** Supercans Royal Russell School Coombe Lane Croydon 01268 416612 Creative workshop, 6-16yrs. **30 July-8 Sep** Yvonne Arnaud Theatre Guildford 01483 440000 Play in a Week workshops, 7-12yrs, 6-10 Aug, 14+ yrs, 13-17 Aug, 8-13yrs, 20-29 Aug, 8-13yrs, 14-18 Aug Three Men In A Boat, 22-25 Aug How To Succeed in Business Without Really Trying, 31 Aug-1 Sept The Owl Who Was Afraid of the Dark, 3-7yrs, 31 Aug-8 Sept The Rise and Fall of Little Voice. **Until 4 Aug**, 6-11, 13-18, 20-25, 27 Aug-1 Sept Guildford House Gallery 155 High Street 01483 825223 Kids Art Corner. **FREE.** **Until 12 Aug** London Wetland Centre Queen Elizabeth's Walk Barnes 020 8409 4400 Wetland Olympics with crafts & games. **Every weekend & school** hols children's activities discover the centre's wildlife & learn weird & wonderful facts with regular pond dips, wildlife walks & trails. **Every weekend** Walk with a warden. **Mon, Tues, Thurs & Sat** Guide in the hide (in the Peacock Tower).

Until 17 Aug Castle Hill Primary School Chessington 020 8397 2023 Kids Club with sports, crafts, creative play & more, 4-11yrs. **Until 30 Aug** Thumbs Up it's events for kids in Kingston. **21st Aug The Colonnades** 619 Purley Way 020 8686 0040 Kidspac multi activity camps, half or day sessions available. **Until 31 Aug** Rentals Centre Kingston 020 8541 6934 Summer holiday fun with **FREE** Thumb's Up it's Thurs events every week plus **FREE** activities such as Build a Bear & Waterstones with face painting, storytelling & lots more. **Until 31 Aug** Ashted Youth Centre Barnett Wood Lane Ashted 07956 185167 Kids Club with sports, cookery, outdoor learning environment, quiet area & lots more, 4-11yrs. **Until 31 Aug** Wallace Fields Infant School 0845 644 5747 Holiday courses, 4-12yrs. **until 31 Aug** RHS Gardens Wisley Wisley 01482 211113 Great Garden Adventure, activities from around the world with storytelling, music workshops, gardening, art activities, a safari trail & sow & grow, under 16's go **FREE** when accompanied by an adult. **18-19 Aug** Birds of Prey weekend, 23 Aug-30 Sept Surrey Sculpture Trail. **Until 2 Sept** Bocketts Farm Leatherhead 01483 445 085 Summer Fun with a full programme of activities to include pony rides, animal handling, goat milking, pig racing & lots more. **20-20 Oct** Kingston Museum and Heritage Centre Wheatfield Way Kingston 020-8547 5006 Olympic Celebration exhibition. **1 Aug** Polka Theatre 240 The Broadway Wimbledon 020 8543

Calendar

4888 Sight & Sound art workshop, 7-12yrs. **2 Aug** Summer Butterfly Bonanza with Charlie & Lola workshop, 3-5 & 5-7yrs. **3 Aug** Dancing Dogs with Charlie & Lola workshop, 3-5 & 5-7yrs. **7 Aug** Oggy Shadows with Charlie & Lola puppet workshop, 5-7yrs. **13-17 Aug** Musical Puppet theatre, 6-9yrs. **Until 25 Aug** Inside Out, 2-5yrs. **25 Aug** Sun and Lola's. **Until 25 Aug** Charlie and Lola's Best Bestest Day, 4-7yrs. **1 Aug** Gatton Park 01372 649066 www.gattonpark.com Camp Building, 8-12yrs. **10 Aug** Overnight Camping for families. **15-27 Aug** Fork to Fork, harvest vegetables from the allotments then make your own pizza & salad to eat, 8yrs. **19 Aug** Get more out of Photography for adults plus lots of further activities for children & **FREE** for children. **Every Fri in Aug** Toddler Tales & Trails meet at the activity centre for a mix of indoor & outdoor activities, each week a popular children's book is featured, staff read the book with the children & then bring it to life out in the park, returning to do some art to take home, 2-4yrs. **1-3 Aug** Hatchlands Park East Chandon 01483 22482 Midsummer Night's Dream, 3, 10, 17, 18, 24, 31 Aug Pony Magic, pony rides for children with experienced handlers, 2-11yrs plus children's trails, activities & garden games, bring a picnic & spend the day, 15 Aug Macbeth. **17 Aug** Have a go archery, 6-9yrs. **18, 15, 22, 29 Aug** Winkworth Arboretum Godalming 01483 208477 Teddy Bears' picnic & storytelling. **3, 10, 17, 24, 31 Aug** Nature detective follow a different trail each week. **26 Aug** Winkworth Dog Lovers Day an afternoon of fun for dogs & dog lovers with agility

course, canine competitions, stalls & displays. **2 Aug** Muff Mill Environmental Centre South Hill Park Morden 020 8545 6850 Help the Hedgehogs family activity. **23 Aug** Year of the Bunting family holiday activity, 30 Aug Reduce, Reuse, Recycle family holiday craft activity. **2 Aug** Epsom Downs Racecourse Tickets 0844 848 0197 Last Night of the Proms. **27 Aug** Family Fun Day suitable for the whole family. **2 Aug** Bourne Hall Museum Epsom 020 8394 1734 Family Summer Walk, need to book. **8 Aug** Crazy Cels & Roman Gladiator school, 9 Aug Family Summer Walk, Horrible Ewell, need to book. **16 Aug** Rocks & Dinosaurs activity, 16 Aug Ladybird Spotted, family activity, 16 Aug Fabulous Fossils & Stunning Stones sessions Teeth, Claws & Dinosaurs. **22 Aug** Family Summer Walk discover Nonsuch, need to book. **28 Aug** Family Summer Walk, Epsom, 29 Aug Hands-on History Cave Painting & Make & Excavate. **1 Sept** Take Aim, Fire, all recruits will have the opportunity to fire a musket, need to pre-book, limited places per session. **2 Aug** Chertsey Museum 01932 575374 Cartoon Zoetrope session, 5-12yrs. **21 Aug** Try Out Tapestry Day play with different indoor & outdoor toys including Giant Jema & hula hoops, 5-12yrs. **28 Aug** Gains Painting, 5-12yrs. **29, 16, 23, 30 Aug** Rural Life Centre Farnham 01252 795571 Find out about crafts, trades, chores & pastimes, wheelwright's demonstration plus period toys to play with & for the very young the museum's dolls house will be open,

activities **FREE** with museum entry. **19 Aug** Sunday Funday with old fashioned games & pastimes. **31 Aug** 2 Sept Westey family friendly festival. **3, 10, 17, 24 Aug** The Lightbox Woking 01483 737800 Bubble Fun drop in family workshop make your own bubble wand. **4 Aug** Mummies to Motorbikes with activities for children. **4, 21 Aug** Suncatchers drop in family workshop make your own to take home. **14 Aug** Junk sculpture for children & young people. **Until 22 Aug** design & make your own shrink plastic badges or accessories to take home, 4-8yrs & 8-16yrs. **4-5 Aug** Morden Hall Park Mill CottageMorden Hall Road 020 8648 1845 Well Being Weekend with gentle fitness options available plus taster classes & lots more. **2 Sept** Canine Capers with fun dog competition, information, **FREE** health checks & advice plus stalls/holders with a variety of canine products. **4, 11 Aug** Claremont Landscape Gardens 01372 467806 Wild Card Week Trail plus lots of activities for children. **6-10 Aug** Craft workshops. **5 Aug** Wimbledon Common Nature Club Wildlife Watch 020 8540 6154 Bees and their Products come & roll a canicle to take home. **5 Aug** Cranleigh Showground 01306 712050 www.cranleighshowground.co.uk Agricultural show plus rural crafts. **5 Aug** Brooklands Museum 01932 857381 Brooklands Retro Jumble Sale. **6-31 Aug** Summer holiday family activities. **6-10 Aug** Vale Primary School choral & pastimes, wheelwright's demonstration plus period toys to play with & for the very young the museum's dolls house will be open,

willage hall on the final day, children 4-9yrs can join for the last 2 days of either workshop including the performance. **6-10, 13-17 Aug** Painshill Park Portsmouth Road, Cobham 01932 868113 Summer Explorers Camp, 8-13yrs. **19 Aug** Birds of Prey Flying Display. **6-12 Aug** Kingston Food Festival activities will include Kingston Restaurant Week, daily children's food events & workshops, a food trail & a head to head cocktail mix off plus the Big Kingston Market weekend in 11-12 Aug. There will also be a community area plus lots of activities for kids. www.kingstonfoodfestival.com. **6-12 Aug** Kingston Food Festival Tasting trail, workshops for kids, plus a children's food festival. **7 Aug** Sutton Ecology Centre Festival Walk Carshalton 020 8770 5820 Minibeast Challenge activity. **14 Aug** Eco Experts Club, become a tree expert, 8yrs. **21 Aug** Nature Detective lots of activities on offer including pond dipping, suitable for families. **25 Aug** Evening Bat Walk, 28 Aug River Discovery at Pyj Brook, nature hunt with games & pond dipping. **Daily** Playworld fantasy play area, 2-10yrs. **8 Aug** Birdworld Farnham 01420 22140 Minibeast Safari Day. **9-11 Aug** Mill St Millbrook 01483 4400 00 The Wind and the Willows. **9-11 Aug** Leatherhead Theatre 01372 365141 Calamity Jane. **10 Aug** West End Recreation Ground West End Lane Esher 01372 747634 Den building & Fire skills, 7-12yrs, meet at the notice board in the car park, 10-2pm. **10 Aug** Lingfield Park Race Course 01342 834800 Surrey Mirror Pirates Family Day

under 18's **FREE.** **11 Aug** Godalming Bandstand Phillips Memorial Park Stationery Live raising funds for Shooting Star Chase. **FREE.**, starts 11am. **11 Aug** Churchfields Recreation Ground Elmbridge 01932 843573 Museum in the Park with boat building, chariot racing & theatrical mask making. **13-17 Aug** New Wimbledon Theatre Broadway Wimbledon 020 8545 7900 Theatre Summer School learn a variety of theatre skills from song & dance to design, 8-12yrs. **14 Aug** Clendon Park 01483 222482 Midsummer Night's Dream, 7-11yrs. **15 Aug** The Tempest, 12-15yrs. **16 Aug** Macbeth 16-19yrs. **19 Aug** Surry in Infamy museum event. **16 Aug** Elmgrove Recreation Ground 01372 474634 A **FREE** day for all the family to spend in your local park with Playworkers, try out the natural play equipment, plus games, sports, crafts, make smoothies & fruit kebabs, decorate biscuits, face paint & much more, all ages, 11-3pm. **18-19 Aug** Colour House Theatre Merton Abbey Mills (off Meritum Way) South Wimbledon 020 8542 5511 Rainy Day Bear, 3-6yrs. **8 Aug** Denbies Wine Estate 01306 876616 Lego Exhibition. **11 Aug** Mill St Millbrook 01483 4400 00 The Wind and the Willows. **9-11 Aug** Leatherhead Theatre 01372 365141 Calamity Jane. **10 Aug** West End Recreation Ground West End Lane Esher 01372 747634 Den building & Fire skills, 7-12yrs, meet at the notice board in the car park, 10-2pm. **10 Aug** Lingfield Park Race Course 01342 834800 Surrey Mirror Pirates Family Day

Millshale. **25 Aug** Hating Grove 020 8726 6900 Family event to mark the end of summer, 5-8pm. www.friends@haling-grove.org.uk. **25 Aug** Littleheath Woods 020 8726 6900 Family walk, 1 ½ hrs, meet at 10am. **26 Aug** Kew Gardens, Kew Palace 020 8847 0946 Summer storytelling session, **FREE** live in the Temple of Imagination. **Until 25 Sept** Walks & Tours guided walks around the gardens. **FREE.** **Every Sat** Tropical Nursery Tours, need to book. **Every Tues & Thurs** Orchid Nursery Tours, need to book. **Every Sat** Hands on Section Blowing in the wind stories of seed dispersal. **FREE** 26-27 Aug Elenbridge & Otter Agricultural Show Lingfield 01737 645843 Traditional show plus trade stands, crafts, children's amusements, refreshments & lots more. **27 Aug** Merton Abbey Mills Kidfest activities to include art & craft, music, drama & dance workshop, soft play & storytelling area, kid's fitness, rides, face painting & caricaturing & lots more. **FREE.** **27 Aug** Carshalton Park Ruskin Road Carshalton 020 8770 0611 Environmental Fair with over 100 stalls, local craft, music & performing arts, farmers market, lots of children's activities, entrance under 12's **FREE**, 10.30-8pm. **30 Aug** 1 Sept Richmond Theatre 0844 871 7651 Angelina Ballerina the Musical, Live in Stage, 3yrs+. **1 Sept** Epsom Playhouse 01372 742555 Honk musical based on 'The Ugly Duckling'.

Kumon's maths and English study programmes are tailored to your child's individual needs, nurturing their independence and enthusiasm for learning.

Contact your local Instructor for a Free Assessment:

Ashford, Middlesex 020 8568 8214	Fulham 020 7266 4401	Kingston South 020 8127 0184	Tadworth 020 8394 1698
Chessington 01372 602 099	Guildford North 01372 378 377	Pyrford 01932 402 737	Tooting 020 8780 1618
Esher & Cobham 01737 359 812	Hounslow Central 020 8582 5518	Redhill 01737 277 380	Twickenham 020 8942 3623
Fetcham 01372 370 164	Kingston North & Wimbledon 020 8643 9130	Southfields 020 8879 1290	Woking 01483 726 961

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Education

Win a book each week for a year!

This year marks 15 years of the **Kumon English** programme in the UK. In this time, more than 148,000 students have benefited from the individualised **Kumon English** programme, which aims to develop a passion for reading in every child.

It is often considered that reading is the single most important activity that a child can undergo to ensure academic achievement and lifelong success. So to celebrate this milestone, **Kumon** is giving all UK parents and guardians a chance to win a children's book each week for a year.

To enter, they simply need to become a fan of the **Kumon UK Facebook Page** www.facebook.com/kumon.uk

and then submit a 100 word entry starting with "I encourage my child to read because...". The competition

will run from 1 to 31 August and the winner will be announced on the Facebook page on 7 September 2012.

The winning parent and their child will be able to select four to five free books every month for the following year, providing a new book to read each week. The **Kumon Recommended Reading List** will support them in selections both exciting and stimulating.

Nick Gibb, Minister of State for Schools, states: "Children should always have a book on the go. The difference in achievement between children who read for half an hour a day in their spare time and those who do not is huge."

At a recent speech at **Stockwell Park High School**, he furthered this notion, stating: "The **National Literacy Trust** released research recently that suggests only one in three

children owns a book. We know that the difference in reading ability between pupils who never read for enjoyment, and those who read for just half an hour a day, is equivalent to a year's schooling by the age of 15."

This exclusive competition gives parents a chance to win a library of 52 brand new children's books of their choice. **Kumon** is passionate about giving children the chance to experience the joys of getting lost in a book and looks forward to helping the winning child develop through the power of literacy.

The **Kumon English** programme takes children on a journey from basic word and sentence building to reading and understanding advanced texts, whilst developing life skills such as confidence and independence. Students work independently on their **Kumon worksheets** every day, developing a wide range of reading, comprehension skills and eventually interpreting information in high level texts such as Shakespeare plays, Coleridge poetry and Austen novels. For more information on the **Kumon English** programme, visit www.kumon.co.uk/english

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August 2012

ACTIVE LEARNING OPENS A FABULOUS NEW NURSERY IN CHISWICK

Do you want your child to be inspired?

It's well known that children learn best when they are having fun and are confident in their environment and with their peers. **Active Learning** promote the development of the all round child and introduce them to a broad, exciting programme of learning through some of the best recognized forms of teaching and through truly innovative studio programmes which focus on art, music and performing arts, language, literacy, science, IT and sports. The results have been outstanding. The children are healthy children in every way, and inspired and motivated to enjoy a natural love of discovery and learning whilst looking after themselves positively in every way to become healthy teenagers and eventually young adults.

Specialist teachers in the studios are supplementary to the wonderful nursery mentors. Children are nurtured as individuals, bringing out the best in each and help them to discover and maximize the potential of their talents while also developing confidence in areas that they might find more tricky. Artists in residence and visiting musicians create a hive

of creativity and colour in the daily lives of the children. 'I have never seen anything like it', exclaims many an excited parent as they enter an **Active Learning** nursery.

The nurseries are not only purpose designed, complete with the latest state of the art nursery technology, but also filled with light and space, creating a truly joyful environment. With the addition of the unique Art, Performing Art and Music, and Science studios making them completely different from most other nurseries. There are sensory rooms for younger children and fabulous outdoor play spaces. And to watch your child log on to secure webcams

and see what they're up to. Full time chefs make delicious meals for organic café where they teach children to eat healthily and enjoy the social interaction as at home with their families and friends

At Chiswick, they are most fortunate to be alongside **Roka and Little Gyms** at the spectacular **Quintin Hogg memorial ground** where the full height glass windows look out onto the green grass of the playing fields. Visit and see: **Active Learning**, **Quintin Hogg Memorial Ground**, **Hartington Road, W4 3AN**

0800 081 1620
and direct number
020 3167 4884
www.active-learn.co.uk



August 2012

Safer Cycling Lessons Lead to Dramatic Drop in Deaths

BRITAIN'S leading cycle helmet charity has welcomed the dramatic drop in the number of child cyclists aged under 15 killed on Britain's roads in 2011.

However, **The Trust's Helmet Initiative** has warned parents and young cyclists to be extra vigilant over the summer as all six fatalities and 58% of all child cycling casualties in 2011 occurred between May and September.

Whist **Department for Transport** figures released recently show that the number of child cyclist fatalities fell by 14 per cent they also showed that child cyclist injury rates were up by 2%.

In the same period the number of adult cyclists injured rose by 12%.

The Bicycle Helmet Initiative Trust has welcomed the dramatic decrease in the number of child cyclist fatalities which coincided with last year's launch of the charity's nationwide safer cycling campaign but has warned that more needs to be done to protect young cyclists. **Angela Lee**, the Trust's chief executive, said: "Like everyone we are absolutely delighted

at the news of a 14 per cent reduction in child deaths from cycling accidents in Britain. That figure represents someone's son, daughter, grandson and granddaughter and just one life saved is something to really celebrate.

"I am also delighted that the fall in fatalities has coincided with the launch of the charity's safer cycling lesson packs - **HeadFirst and HeadStart**. We knew already that they had been exceptionally well received by teachers but to know that they are helping to make a real difference in protecting young cyclists is wonderful.

"However, it is also of great concern that all the fatalities and an overwhelming number of injuries occurred during the summer. Over the next few weeks we need to ensure that youngsters know how to protect themselves whilst cycling and this includes wearing a helmet, making sure they can be seen by having lights on their bike and wearing high visibility clothing and following the rules of the road."

At the start of 2011 the Trust sent every primary school in England and Wales

HeadFirst and HeadStart - two award-winning safer cycling education packs for **Key Stage 1 and Key Stage 2** pupils. During 2011 more than 4,000 schools took up the scheme helping to protect hundreds of thousands of young cyclists and 97% of the teachers who used them said the packs had had an impact.

These packs completed a trilogy that was started by the charity in 2009 with the launch of **HeadSmart** - a safer cycling lesson pack for 11 to 13-year-olds.

In November 2011 the Trust won the **Lynda Chalker GB Road Safety Award** for its trilogy of packs and contribution to road safety in this country and in December 2009 it was the first British organisation to win the **European Road Safety Awards** for **HeadSmart** pack.

Miss Lee, the Trust's founder and a paediatric trauma nurse, said: "We must not rest on our laurels. Whilst the latest fall in child cyclist fatalities is excellent news we need to find new initiatives to ensure this year's figures are even lower and we start to see a reduction in injury rates as well as fatalities."

Education

Pong Research Corporation, maker of the world's most technologically advanced iPad and smartphone cases, is launching in the UK.

Pong improves mobile device signal strength, maintains battery life, and protects against radiation exposure-with cases for the **iPad and iPhone** and other smartphones.

Pong is launching the first and only case that can protect devices as well as boost 3G/4G reception, improve signal strength and download and upload speeds, and increase range-all whilst reducing end user exposure to radiation.

Pong has developed the first patented technology that is proven in certified laboratories to protect the mobile device's signal strength while also redirecting cell phone radiation away from the user, by up to 95% below international safety limits as measured on the **Specific Absorption Rate** or "SAR" scale.

Pong cases are the creation of an international team of scientists with unique expertise in the fields of plasma physics, environmental science, electrical engineering, antenna design and health sciences. Among their breakthrough discoveries, **Pong's** scientists gained an understanding of how to "redirect"

radiation by the use of electromagnetic fields--the very science now embedded into every **Pong** case.

The cases, which are available for **iPad, iPhone**, and **BlackBerry and Android** phones, are available in different colours and finishes. The cases also provide durable protection, shock absorption and scratch protection.

Most users of cell phones are unaware that they are absorbing into their heads and bodies. The absorption of this "near field" energy not only disrupts the signal necessary for the phone to communicate with a cell tower, but also underlies increasing concerns among physicians, scientists and lawmakers who believe this exposure to be a health hazard.

Darcy Dinga, Pong VP & GM comments: "We are really excited to be launching in the UK following our success in the US. **Pong** is very proud of its cases, and the technology helps increase 3G/4G reception, battery and signal strength for mobile devices. Whilst the debate on

radiation may be up in the air for years to come, we have found that many would like the peace of mind to protect themselves and their children while the research continues. This "precautionary principle" is now being supported by international governments and agencies world-wide."

Today **Pong** is a global leader in solutions that protect users of mobile phones and other wireless devices from the potentially harmful effects of radiation exposure.

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What's On London Calendar

Daily Harry Potter London Locations Tour 020 7222 1234 Meet at Temple Station, 2 ½ hr bus tour of London locations featured in the Harry Potter films. Learn more about the boy wizard & the Hogwarts gang with facts, discussions & an insight into how the films were made.

Daily Tower of London Tower Hill London 0844 482 7799 Fit for a King exhibition learn about the personalities, power & physical side of England's kings, from the Tudors, & the notorious Henry VIII to today's royal family.

Daily London Zoo 020 7722 3333 Rainforest Life Exhibit, experience the sights sounds, smells of the rainforest & come faceto face with amazing rainforest species including monkeys sloth, armadillo, tamandua plus there's a special Night Life area, where you'll discover bats, rats & other nocturnal creatures that dwell in the dark.

Daily National Army Museum 020 7730 0717 www.national-army-museum.ac.uk Victorian Soldier Action Zone with quizzes,

games & hands on activities till as a Victorian soldier. **FREE.**

Daily The World's Army, Empire, Commonwealth & Dominion Soldiers 1914-45 Action Zone family interactive zone. **FREE.**

Daily Kids Zone, interactive learning & play space under 10's plus a soft play area for babies.

Daily Science Museum 0870 870 4868 Launchpad Science Shows interactive galaxy launch a rocket, turn head into a sound box & control a magnetic cloud for families. **FREE.** **Daily Gallery Tours**, families 13-yrs. **FREE.** **Ongoing Flyzone** 360 degrees flight simulators fly with the Red Arrows 3D motion effects theatre. **Every weekend Ice Cool Adventure** families, under 7s. **FREE.** **Every Weekend Spaced Out**, families, 5-yrs. **FREE.** **Every Weekend A Cockroach** Tour of the museum dressing up in realistic costumes. **FREE.**

Daily The Queen's Gallery Buckingham Palace 020 7766 7301 Activity bags for families. Which animals the adventurers shared the Antarctic with and what

early explorers wore to protect themselves from the cold. **Just opened London Dungeon** UK's first 5D laser ride. **Ongoing Royal News Buckingham Palace** 020 7766 7302 Family self directed activities art trolley, 5-11yrs. **Ongoing Churchill War Rooms** 020 7930 6961 Ongoing Undercover. Life in Churchill's Bunker, Churchill made history. **Throughout Aug Museum of Childhood** Bethnal Green 020 8983 5200 Summer Games fun family activities, drop in, all ages. **3 Aug** Going for Gold a sports training camp featuring Dr Bike makeover session for visitor's bicycles, drop in all ages. **Every Fri in Aug Puppet Festival**, **FREE** outdoor puppet shows, sand boxes, t-shirt painting & a puppet making craft table, drop in all ages. **Until 9 Sept** Beautiful Games explores the science behind sport. **FREE.** **Daily Family backpacks** for under 5's train map, storybooks, play mats & question sheets. **FREE.** **Until 9 Dec** Every Birthday Mr

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Throughout **Aug & Olympic Games Team London Bridge** Live Arts with over 25 street performers 10-12pm & 2-4pm. www.teamlondonbridge.co.uk

Every Sat Blue Elephant Theatre Canterbury 020 7701 0100 Young People's Theatre workshops, various age groups 7-18yrs. **FREE** to join.

Every Sun Venn Street Market, Clapham Common 020 7622 8259 The Garlic Farm, market Gourmet Michelin quality foods ready made. Seriously Italian & more, 10-4pm.

Every Sun National Gallery www.nationalgallery.org.uk 020 7747 2885 Family workshops bringing paintings alive & 1 themed story on the magic carpet, plus **FREE** family trail.

Every Sun Hildreth Street Market Balham SW12 fresh food traders from all over London.

Every Sun South London 020 7703 6120 Hands on workshops families by gallery artists. **FREE.**

Every Thurs & Fri during schools & every weekend Tate Britain Millbank London 020 7887 8888 A physical, material & social experience of sculpture through touch, interaction & collaboration. **FREE.** **Every weekend Art Trolley** sessions encourages children to imagine & create collages & lots more. **FREE.** **Daily Family Resources** provides questions & activities which encourage children & families to explore art works. **FREE.** **Daily Family Trails**, under 5's. **FREE.**

Every 2nd Sat of month National Geographic Store 83-97 Regent Street 020 7025 6960 Animal Man slithering snakes, slimy insects & smelly skunks. owls, lizards, tortoises, armadillos, meerkats & lots more, hands on activities for all ages.

Every weekend Rich Mix Bethnal Green 020 7613 7498 Kids' Cine Time a collection of films suitable for all the family.

Every weekend Greenwich Clocktower Market Greenwich High Road Quirky weekend market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls. **FREE** entry. www.clocktowermarket.co.uk

Until 12 Aug Old Royal Naval College Cutty Sark Gardens Greenwich 0870 169 0101 Forty day festival that includes dance, music, comedy, film, art, theatre & lots more. www.gessexchange.org.uk 020 8269 4799.

Until 30 Aug Hackney Museum 020 8356 3500 School, home, every Wed & Thurs Artist led Olympic art & craft drop in workshops. **FREE.** **Now On**, Olympic Corner Exhibition. **Now On** A-Z of Hackney Tour around Hackney. **Now On** Olympic Artists.

Until 9 Sept Exchange Shopping Centre Putney High Street Crown Jewels competition, win a diamond worth £3,000. **FREE.** **Daily Family Resources** provides questions & activities which encourage children & families to explore art works. **FREE.** **Daily Family Trails**, under 5's. **FREE.**

August 2012

Until 9 Sept Madame Tussauds 0870400 3000 Opens out of hours tours over the Olympics.

Until 9 Sept The Foundling Museum 040 Brunswick Square 020 7841 3600 The Triumph of Theatre exhibition.

Until 9 Sept Royal National Theatre South Bank 020 7452 3234 Inside Out festival opens as the theatre bursts out onto its riverside terraces & squares. The Pop Up Workshop on the terrace balcony **FREE** performances & activities all the ages puppetry & prop making, learn about stage combat, costume design, or the art of slapstick & commedia. Storytelling for the very young & lots more. **22-25 Aug** Cesario a new play cast of young people from London schools, 7-yrs.

1 Aug Chelsea Physic Garden London 020 7352 5646 Paper Sixx & Wonderful Wire Sculptures 6+yrs. **2 Aug** Art of the Garden try out printing, painting, sketching & model making using natural & recycled materials. **4yrs.** **7 Aug** an introduction to things that fly, 8+yrs. **8 Aug** Creepy Crawling animals suited to environments & hold them, 11+yrs. **9 Aug** Chelsea a forensic Biology workshop. **9yrs.** **14 Aug** Chocolate Tuesday with a tasting session, 7+yrs. **16 Aug** Lotions & Potions to herbal medicine, 7+yrs. **22 Aug** Creepy Crawling, 4+yrs. **23 Aug** Pup Fiction an introduction to papermaking, 7+yrs. **28 Aug** Garden Photography, 7+yrs. **29 Aug** Ethnobotany for beginners, 10+yrs. **30 Aug** Garden Safari, 4+yrs. **FREE.**

August 2012

1 Aug Horniman Museum London Road Forest Hill 020 8699 1872 Play Day Get Out & Play for all ages including making caterpillar puppets, owl displays, competitions to find birds in trees, hide & seek & lots more. **4-11, 18-25 Aug** Art Makers, Lambeth Road 020 7416 5439 Hands On family workshops different theme each week, families 3+yrs. **FREE.** **5, 12, 19, 26 Aug** Chill Out Sunday Concerts. **FREE.** **7-9 Aug** Horniman Summer Club with treasure hunts & pond dipping, make a musical instrument & more, need to book. **Every Mon/Wed & Fri** until 31 Aug Nature explorers family art fun, 3+yrs. **Every Mon** until 20 Aug Nature Explorers fun family sessions, 4+yrs., adults **FREE.** **Every Tues** until 29 Aug Pond Dipping, 3+yrs, ticketed, **FREE.** **Every Tues** until 29 Aug Museum Mission fun & different trail each week. **Every Wed** until 29 Aug Nature Trail Discovery, 3+yrs. **Every Thurs** until 30 Aug World of Stories, drop in, 3+yrs. **FREE.** **Every Thurs** until 30 Aug Nature Trail Trekkers, **FREE**, ticketed. **9 Sept** Mummies, Maypoles and Marmalade - A Journey Through the English Ritual Year exhibition. **FREE** for under 16's. **Every Sun** until 30 Sept Discovery for All, **FREE**, drop in, 3+yrs. **Until 31 Dec** The Art of Harmony: The V & A & Horniman Music Collections. **FREE.**

1 Aug National History Museum Cromwell Road London 020 7942 5000 Big City Bug Hunt. **FREE.**

6 Aug The Ring of Fire find out why earthquakes, volcanoes & tsunamis happen. **FREE.** **25-26 Aug** All Abuzz About Wasp Nests, discover more about the insects. **Until 2 Sept** Scott's Last Expedition. **Until 16 Sept** Animal Inside Out exhibition, under 4's **FREE.** **Every weekend & school** Halls Hands on Nature Dinosaurs, visit the handling station & explore interesting specimens with the help of the museums science educators. **FREE & Up, Up and Away** interactive storytelling for under 7's. **FREE.** **Daily Family Earth Lab** explore the wonder of fossils, rocks & minerals, families, 6+yrs. **FREE.** Explorer backpacks, families under 7's. Dippy Floor puzzle under 5's. Jurassic Ark family activity pack includes code breaking activities. **Daily Learning Activators** encourage visitors of all ages to discover more about the natural world. **FREE.** **Daily Focus** Points handling trolleys explore real specimens with the help of volunteers, using different natural history themed activities, all ages. **FREE.**

2 Aug Cottesloe & Olivier Theatre South Bank Centre 020 7452 3400 The Curious Incident of the Dog in the Night Time, London 2012 Festival, 13-yrs.

4 Aug Geffrye Museum Kingsland Rd London 020 7739 9893 Sunburst Hats & Headresses workshop create one inspired by Art Deco designs, family, 3-16 yrs. **4 Aug** Spicy Delights bake cakes & biscuits to take home, 11-16yrs. **14-17, 21-24 Aug** Holiday workshops, places are allocated

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on a first come, first served basis. **14-17, 21-24 Aug** Inside, Outside, Homes explore homes & gardens from around the world through stories, songs & craft activities, families, 3+yrs. **28-31 Aug** Week of activities, drop in basis. **4-12 Aug** Imperial War Museum Lambeth Road 020 7416 5439 'Make Do and Mend' Quilt art activity, drop in, all ages. **FREE.** **25-31 Aug** Build the Truce art activity, drop in, all ages. **FREE.**

5 Aug London Imax Cinema South Bank 020 7928 3535 Film Funday, The Pirates In an Adventure with Scientists plus Pirates Workshop, create own pirate character & bringing them to life with the use of acclamation animation techniques. **FREE** to ticket holders of The Pirates. **11-19 Aug** HMS Belfast 020 7940 6320 020 7403 0719(t) Tatos T-shirts design your own tattoo shapes on t-shirts & learn all about the traditions behind original naval tattoos. **13 Aug** 3-Sept Victoria & Albert Museum 020 7942 2000 The Immigration Station opportunity for children to design & create a fantasy boat. **FREE**, drop in. **14 Aug** Make It. Architecture design & create a model city ,

to print & take home, 7+yrs. **FREE**, booking advised. **2 Sept** Tate Modern Bankside London SE1 020 7887 8008 Performance Year Zero, The Tanks family participatory event, all ages. **FREE.** **Every Thurs & Fri** during school holidays & every weekend Open Studio play & create with ideas & materials from artworks in the collection displays for all ages. **Daily Family** resources with paper based activities for families all ages. **FREE.** **Daily Children's Multimedia Guide** keeps children entertained & animates art works through music, video clips & entertaining games, 5+yrs. **Daily** Under 5's Zone a new play space for families. **FREE.** **Every weekend** Start Sessions with games, map making & clue matching, 5+yrs. **FREE.** **8-9 Sept** The Mayor's Thames Festival 020 7928 8998. Entertainment from Tower Bridge to the London Eye, this is the closing weekend of the London 2012 games. **FREE** event www.thamesfestival.org.

17-19 Aug Regents Park 0845 673 2154 Lollipop with a Wacky Races obstacle course for under 5's where children can be the first to try out a brand new range of Balance & Apollo kids bikes plus for older children a BMX stunt display & demo area. From the Lollipop Kitchen live demonstrations & interactive workshops a Tween area with activities to include street dance, hula hoop, beatbox workshops & much more. **19 Aug** British Museum Great Russell Street London 020 7323 8000 Manga comic workshop learn the secrets of Japanese manga comic book artists, then create your own manga characters & comic book set in the museum

Please call before you go and please mention PARENTS NEWS



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Sutton Playday

Wednesday 1st August 2012

11am - 4pm

@ Sutton Arena, Middleton Road, Carshalton, SM5 1SL



Free Fun and Games for All 0-19 Year Olds

There is something for everyone — Sutton's Got Talent (don't forget your props & music), Drumming, Bouncy Castle, Tumble Time, Crazy Golf, Gymnastics, Sensory Room, Play World, Rugby, Spider Mountain, Football, Face Painting and much much more...

Food Lovers Delight will be available on the day selling jacket potatoes, baguettes, burgers, chips, crepes, candy floss, hot and cold drinks. There will also be plenty of open space for those that would like to bring a picnic!

For further information please contact: Sutton Family Information Service on 020 8770 6000 www.suttonfamilyinfo.org.uk or www.playday.org.uk

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Join us to create and celebrate our Olympic Summer at Hackney Museum!

Every Wednesday and Thursday 2pm - 4pm

25 July - 30 August

Family fun for all ages

There is no need to book for these FREE family drop-in workshops.

For more information on any of these workshops please contact: Elizabeth.Fraser-Betts@Hackney.gov.uk Hackney Museum Technology & Learning Centre, 1 Reading Lane, Hackney E8 1GQ

Wednesday 29th and Thursday 28th July

Lighting up the Past with Bryony Dunne

Recreate and paint photographs from Hackney's past to add to our huge Olympic Timeline Lampshades.

Wednesday 1st August and Wednesday 8th August

Heart Felt Future for Hackney with Andrea Morraou

Use your imagination to make your own hand felted map to show how you would like to see the Olympic site in the future.

Thursday 2nd August and Thursday 9th August

Hackney in your Pocket with Shehnoor Ahmed

Create pocket books to share your own stories and adventures of Hackney in 2012, using printing, poetry and collage.

Wednesday 15th and Thursday 16th August

The Lost Hackney Olympian with Emily Tracy

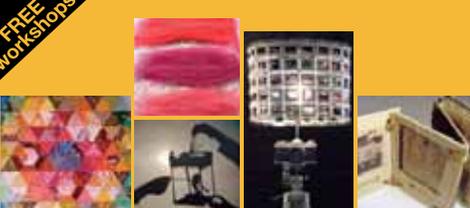
Using shadow, silhouette and role play become part of our lost Olympian's secret photo album.

Wednesday 22nd and Thursday 23rd August

Make do and Mend with Rebecca Chitty

Join our Olympic Patchwork tapestry and design your own felt square inspired by the 1946's 'Austerity' games and 2012 Olympic and Paralympics values.

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