

For Advertising: Contact:

020 8337 6337 PARENTS NEWS UK ISSN 1362-5551; 2050-4772; 2050 4764 10 The Manor Drive, Worcester Park, Surrey, KT4 7LG. Tel: 020 8337 6337 info@parents-news.co.uk

### Copies may be read on-line via the website www.parents-news.co.uk

PARENTS NEWS believes that society's best asset is its young people! We shall accept no advertising in the opinion of the Publisher is considered demeaning to children. We intend to encourage vironmental, health, and non-violent issues, but not to preach or claim to always be right. Different opinions published are the opinions of the authors and not necessarily those of PARENTS NEWS. We hope mums and dads enjoy the articles, be interested by Calendar (finding it useful), and use the advertisers. Any endorsement by NTS NEWS is explicitly stated.

### Harvest tours Biddenden Vineyard

Wed & Sat 12 Sept to 27 Oct buckets for immediate pressing. (Excluding Sat 15 September and Wed 24 October ) Sayour the opportunity for a free guided tour around Kent's oldest and familyowned vineyard and discover the grapes journey from vine to wine finding out how the wine is made and sampling the award-winning tastes after the tour. Observe the process, as the grapes are hand-picked and transported to the winery in

Admission and tastings are free and you'll have the opportunity to buy your favourite wine. apple juice or cider from the vineyard's own shop. Arrive at the vineyard at 9.45 for a free cup of coffee and your tour will begin at 10am. These tours are for individuals, families and friends - pre-booking essential. www.biddendenvineyards.

soloists.

donated by sponsors.

01580 291726.

## The Marlowe Young Musician of the Year

String, brass, woodwind or piano players aged 18 or under at the time of the auditions, which are to be held in the theatre on Sunday 7 October, and who have reached Grade 8 standard or higher, can apply by Friday 21 September. The final of the competition

will be held at The Marlowe Theatre on Tuesday 26 February The musicians will be accompanied by the Kent Concert Orchestra, conducted by John Perkins. He said: "This is the premiere competition for young musicians who study or have a family connection with the county of Kent. It creative pizza toppings. is a major stepping-stone for the winner and a positive experience for all who take

part. Former winners have and provide hours of gone on to be principals with entertainment for creative London orchestras and leading minds. They make dens, cars and castles, which can be decorated in all sorts of The winner will receive the Kent Messenger trophy and a three-hour recording session at the New Eden Studio, All mouth and painting on a scary finalists are awarded a prize, face!

For more details and to find out how to enter the competition, don't have to be outdoors www.marlowetheatre.com

Ten Rainy Day Activities to Entertain the Whole Family

With an unprecedented amount of rain this summer, most children are starting to feel bored having played most of their computer games and completed their puzzles. So in collaboration with mums and dads across the country, Galt Toys has put together ten creative ideas to cheer un the whole family and spur the imagination.

Cooking - Children love cooking and eating pizza, from kneading the dough to making creative faces with the topping! It is also a great opportunity for children to practise counting, measuring and weighing. For extra fun give prizes for the most

Cardboard boxes - Are great for the imagination fantastic ways. Small boxes can become spooky disguises - cutting out holes for eyes and

Indoor picnic - You to have a picnic. Gather the dolls and teddies for a creative mock outdoor picnic with a

blanket, hamper packed with food, paper plates and plastic Everyone loves traditional board games, which are great utensils. You could even get the children making a giant paper fun and also help to develop sun to hang from the ceiling. important social skills, such as communicating, sharing, and taking turns.

Reading - Spend some quality time together snuggled up on the sofa with your child's favourite book But children will love it. Fill taking it in turns to read aloud. a bowl with water, add a few adding silly voices and actions drops of food colouring (green for the characters in the story to if possible) and then gradually keep it fun and exciting. stir in cornflour until the slime is the right thickness. Children Indoor Disco - If under six should be supervised

left over pasta in the cupboard

so why not put it to good use

by making some pretty pasta

jewellery. All you need is

some string, glitter and glue

and penne pasta - beautiful

- Agree on the treasures you

are going to hide around the

house, small toys, wranned

sweets, stickers etc. Create a

series of clues leading to the

enjoy doing these and the

vounger ones finding it.

treasure - older children often

Treasure Hunt

bracelets for everybody.

you're up for something a little at all times more energetic, raid the fancy dress box for your best dancing Singing in the rain queen outfits and have a dance-- Pull on your wellies and off in the living room. See who waterproofs and go splashing can make the wackiest shapes! through the puddles singing as you go! Then come inside Pasta Jewellerv and warm up with some hot - There is nearly always some chocolate and marshmallows

> About Galt Toys www.galttoys.com

September 2012

Make Slime - Vuk!

Advertise

PARENTS NEWS 020 8337 6337 fergus@parents-news

co.uk www. parents-news.co.uk

**Tandridge**Trust

2012-13 Autumn-Winter Collection Primigi: The Shoes that Tell Stories of Adventures For the Autumn-Winter of

2012-13, Primigi presents a collection inspired by the magical, adventurous and dreamy world of the greatest tales. Romanticism and elegance, exploration and initiative are the themes of the classic stories that

Primigi has reinterpreted.

September 2012

"Cinderella" with its natural romanticism, beauty and elegance is the inspiration for a luxurious line in classic. sophisticated colours. The colours intertwine: from everlasting pink, blue and black, to lilac and plum, they are the authentic must-have shades for the new season.

The shoes feature clean styles and soft, quality materials. From classic ballerina flats to laced shoes, the details are bright, sparkly and full of charm. Embroidery and

NATIONAL GALLERY



sequins add a special touch to a

distinctly "fabulous" collection

to make every little girl's dream

For the boldest characters with

a restless spirit, the perfect

story is "Around the World

in Eighty Days". With shoes

perfect for every occasion

(sporty and elegant, casual

breathable and water-repellent),

the little Primigi explorer defies

adversity! Goretex technology

and Primigi comfort blend

lines and uppers, for the most

effortlessly into minimal

adventurous journeys.

time, distance and every type of

and metropolitan ... even

of being a princess every day

a reality.













softest colours. "Puss in Roots" with his nononsense personality, is always ready for action, just like Primigi shoes. Practical and

Along with a modern

reinterpretation of the Nordic

faux shearling and furs. Primigi

launches the new Path Goretex

hiking line with an aggressive

design and well-defined styles

Sneakers in the classic tones

alongside comfortable, edgy

and trendy half-boots in the

of black and blue appear

look, with soft leathers and

feisty with a vintage flair, they are the perfect combination of traditional classic styles and natural, warm materials, artisan detailing and manual treatments.

There are laced sneakers with a lived-in look and boots inspired by the horse riding world, enhanced with metallic accessories including buckles

SAR

and horsebits, to always be trendy and ready for every situation

From the novel "The Pirates of Malaysia", bold, courageous children and their Primigi shoes face every adventure to reach their goal, just like the valiant warriors of Sandakan Dynamism, speed and quality materials give space to imagination and creativity, for children who are fearless when it comes to limits. Highperformance sneakers with two Velcro closures complete a genuinely sophisticated and



Finally, *Primigi* proposes an Fun and Primiging lines

antishock: Rear foot cushioning soft comfort: soft well-being easy fitting: relaxed feel ergonomic shape: rounded tip and comfortable fit lightness: featherweight comfort sky effect: Breathable, anatomical, leathe

flexible action: follows the movement of the

removable insole: maximum hygiene nickel-free: metal parts contain no nickel Chrome VI-free lining: worry-free wear

The Baby Fun line stands apart for its uppers made with cutting-edge technical solutions, easy fit and comfort. For little girls, there are combinations of furs and flowers in nubuck leather with

a powdery effect, while for

sporty and casual style.

The Primigino line, on the other hand, features first step shoes that have been studied in every detail. They are easy to put on thanks to the new quick fastening system with a handy "stop and go" cordlock. The "wave effect" tread sole ensures non-slip grip and the anti-shock heel cushion provides maximum comfort.

The Primigi System, guarantee of quality and technological innovation

For more than 30 years children's well-being has been



of creating products for children. The performance of him a "worn" effect provides a the shoes, the materials used. the meticulous attention to detail, the unrivalled qualityprice ratio and attention to the season's trends make Primigi's shoes a guarantee of quality that mothers demand Driving the technological innovation of Primigi products is the continuously improved Primigi System: in addition to the footwear's unmistakable lightness, flexibility and amazing fit, Primigi's shoes

the guiding principle behind

every pair of Primigi shoes.

More and more mothers are

know-how the company has

developed over many years

turning to Primigi for the

Out and About 3

are made with additional performance features such as the anti-shock system, to protect the heel from impact and removable insoles for maximum hygiene. To prevent allergy-related problems, the metal parts are nickel-free while the insole contains no chrome VI. for products that are even more health-conscious and natural.

## Blowing the Whistle on the General Dental Council.

Traditional train tracks create flat faces, big noses and fired looking eyes: if you doubt this, just look at those who have been treated in the past. They also routinely damage the enamel and roots of the teeth and worse still the teeth go crooked again unless the patient wears a brace for the rest of their life. Extractions of sound teeth are almost always required although patients may not be told about this until near the end of treatment. Newer treatments can achieve better and more permanent results without extractions but orthodontists avoid comparative research as they don't want the damage they do to faces to be exposed.

Worst of all the General Dental Council allows orthodontists to withhold information about some newer methods. This leaves many patients accepting extractions and even major surgery unaware that improved techniques can render them unecessary. If you have suffered you are entitled to compensation.

## There is another way.

Take a second opinion now. Nine years old may be too late.

### ORTHOTROPICS

The alternative to orthodontics with extractions and surgery

andrew was treated by modern methods No 'Train Tracks'

Research shows dentists and the public think Orthotropics gets much better results than orthodontic Train Tracks



disagree, where do

Orthotropics.co.ul Ask an approp professional to refe you for a

John.mew@virgin.net

John Mew. The London School of Facial Orthotropics Purley. 020-8660-3695 and Tunbridge Wells 01892 526406

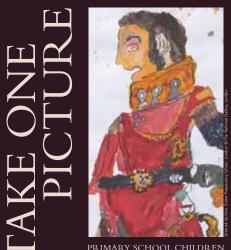
AFTER SCHOOL WORKSHOPS AT TANDRIDGE LEISURE CENTRE STARTING FROM SEPTEMBER ng is essential, as numbers are strictly limited. Call or come into the centre to







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Follow us on Twitter @TandridgeTrust



PRIMARY SCHOOL CHILDREN INSPIRED BY VERONESE

www.nationalgallerv.org.uk



HMS CAVALIER

1945 marking the very special

ships and the men who served

contribution made by these

in them

## Changing Lives Through Colour

To Sally Webb of Connect 2 Colour it doesn't matter is you are a two year old child, teenager, group of friends or are severely disabled, she believes all of us can benefit from an amazing new creative art process which is captured

Webb says: "In the children's workshops everyone learns the new skills together which encourages them to communicate with each other as they all learn something completely new and find a connection with the paint that is fulfilling and positive. It is also the perfect solution for a completely different sort of birthday party!"

One happy participant Lindsey Marriot said: "The whole family had a squirty, squeezy swirly wirly, sprinkly, sparkly time. The result a fab work of art for our dining room wall - made with love and laughter!

During its pilot stage for the last year workshops for autistic children showed improvements in the children's fine motor and social skills, using the unique technique with paint, glitters, stones and other embellishments with not a paintbrush in sight. More poignantly in the initial public workshops, with a mixed age and ability group including both special educational needs (SEN) and mainstream children, observers were unable to distinguish two out of three children with SEN from the overall group and were also unable to distinguish between artwork produced by mainstream children versus children with SEN.

Webb says: "I have a brother with severe learning difficulties and a daughter with special needs, so at first I started the company really to be able to help the special needs community access art and communication in a completely new and unique way. I soon realized that actually the process was appealing to all sorts of different people including typical children and families and hence the business has taken off beyond my wildest dreams!

Whilst the special needs community will always be dear to her heart, the key to the workshops for all children is her development of a technique that means you don't need a creative bone in your body or a huge amount of physical ability to create a true masterpiece On most occasions the children each work on their own piece of art to take home as a keepsake and where appropriate a collaborative

Connect 2 Colour is already proving so popular that Webb has had to employ an additional four people and has plans to take the business nationwide in the future. First though, in true Webb style, she is launching her charity, 'Connect 2 Colour Community Fund', to ensure low income families and groups can access the Connect 2 Colour experience.

Webb continues: "Our motto is 'transforming lives, one canvas at a time' and we are so fortui tous to have seen this time and time again. The future is bright and extremely colourful!"

www.connect?colour.com

Substantial scholarships are

warded and choristers enjoy the

superb and extensive facilities

of St Edmund's School.

David Flood, is always pleased to meet and advise

parents and their sons

or further details please telephone

01227 865242

davidf@canterbury-cathedral.org

The Master of Choristers

CANTERBURY

**VOICE TRIALS** 

for boys aged 7 & 8

10th November 2012

## Free Running Sessions across Kent

Women and men of all ages and abilities are putting on their trainers and jogging the streets and parks of Kent. This is part of a county-wide campaign to get people running, to feel fitter, healthier and happier!

In Kent, Leaders have been trained to set up local running groups and they are keen to welcome new runners.

New runner Elizabeth Billingham, states: 'I couldn't believe how far I was able to run taking into account my age of starting (47) and my lack of belief in my personal ability. I knew as soon as I started training slowly and steadily with great coaching from

Sevenoaks Ladies Joggers that I would be able to conquer certain milestones (5k and 10k distances). At nearly 50 I am far more fit and healthy than I was at 40 and have also made some wonderful friends!'

Get your first running session free at your local group when you mention PARENTS

All groups are led by qualified, enthusiastic, friendly leaders. To find a local group visit www.kentsport.org/

rungroups or contact Lucy Tomlinson Kent Running Activator on 07730 870696

## WWII Falconry



Dover Castle Castle Hill, Dover, Kent, CT16 1HU Sat 6 & Sun 7 Oct 2012

10am - 5nm

This is the remarkable story of how falconers and birds had to do their bit for king and country during the Second

aircraft design and the top

World War From parachuting nigeons, peregrines inspiring or call

enchanting tale of birds at war. Prices: Adult: £16 50 Concession: £14.90 / Child £9.90 / Family: £42.90 English Heritage Members:

secret Falcon Unit - this is the

Free For information on all events email English Heritage customers@english-heritage. org.uk

0870 333 1183

## **Get Running in Kent...**



Groups at Sevenoaks, Tunbridge Wells, Maidstone Ashford, Ramsgate and many more..

Contact: Lucy Tomlinson Kent Running Activator cal 07730 870696

Find your local beginner group... www.kentsport.org/rungroups

KentSport 🚮

Get training for

the Lewisham

5km fun run!

the annual Lewisham 5km

the Mayor's chosen charity

adults and teenagers at 11am

year olds); and a FREE 1km

run for under 12s at 10.30am.

So get your running shoes on

and bring the whole family for

a great morning in the park!

www.lewisham.gov.uk

funrun

020 8314 9274.

Closing date: Friday 28

September 2012.

To sign up visit

(£8 for adults and £3 for 13-17

Cancer Care. There will be a 5km run for

## **Dance Auditions** for Cinderella

September 2012

it's something that children

are proud to show off in the

EASYoriginal is available

in all major supermarkets

Morrisons and Tesco, major

stationery shops including WH

Smith and Rymans and online

retailers including Amazon and

T is for Trust: STABILO is a

trusted brand which is praised

parents and loved by children

STABILO believes in giving

children the best possible start

in education starting with the

The RRP of the EASYoriginal

is £6.99. For more information

www.stabilo.co.uk

@stabiloUK

tools they need.

or follow on Twitter

by teachers, approved by

including Sainsbury's,

Cult Pens

actually want to use and

S is for Stockists: The

School Made Easy by STABILO

STABILO knows that school

which is why it has developed

a pen to take at least one thing

off your mind - handwriting.

The EASYoriginal ergonomic

nen will encourage vour child

to pick it up and learn with its

colourful exterior and built in

finger grips that make writing

Why choosing STABILO is as

EASYoriginal ergonomic grip

shows children exactly where

their fingers should sit in order

for them to write comfortably

and without pain from holding

hard. The EASYoriginal has

versions for both right and left

look and variety of colours of

the EASYoriginal means that

C is for Colour: The bright

too tight or pressing too

handed children.

comfortable, fun and easy!

E is for Ergonomics: The

easy as ABC:

isn't always easy for kids

The Harlequin Theatre & Cinema.

It's that time of year again for Auditions will be held on Sunday 23 September 2012. fun run at Beckenham Place Registration: Juniors: Park on Sunday 7 October. 1:00pm Seniors: 3:00pm All proceeds raised go toward Junior dancers aged 8 - 12 years (should not exceed 4' 6") The Lavender Trust at Breast Senior dancers aged 13+ years school leaving age (should be over 4'6")

All dancers must be local to the theatre (within 30 mins travel distance) and be able to commit to rehearsals and performances from Tuesday 4 December 2012 until Sunday 6 January 2013. All dancers must attend

regular dance lessons in Ballet, Tap and Jazz, following a recognised examination syllabus e.g. ISTD/RAD or

01737 276500.

PRE-SCHOOL DANCE CLASS OPEN DAYS

Thurs 20th Sep 1.30 - 2.15pm Sat 22nd Sep 12.15 - 1.00pm St. Antonys Church, Wentworth Way, Sanderstead Call to book a spa Street Dance & Musical Theatre LS T.D. Ballet, Modern, Tan 5-18 vr. 07971 687719

## September 2012

## The Marlowe Theatre

EVERYONE has the chance to be creative in a series of workshops at The Marlowe Theatre. From music, movement and

fun for pre-school children (The Marlowe Diddies), to a session for adults exploring the different styles of theatre through play readings and creative scriptwriting (The Marlowe Speakeasy), these give people the opportunity to try something new Those over the age of 18 can learn about, and take part in, the various acting techniques and practices in The Marlowe's Anvone Can Act!, and different ages are catered for in several Marlowe Youth Theatre sessions: The Marlowe Junior Company (six to 10 years), The Marlowe Apprentice Company (11 to 14 years) and The Marlowe

Senior Company (15 to 21 Learning and Participation Officer Daniel Lipman said: "There are some amazing opportunities here, and as well as learning something new, gaining confidence and discovering your own potential, it's all about having fun as well!" To find out more, including

dates, times and prices, call the Box Office on 01227 787787 www.marlowetheatre.com info@marlowetheatre.com

## Country Life at Hever Castle 14 to 16 Sept

Following last years' success, a variety of talented craftspeople and producers will once again set up stall on Half Moon Pond Lawn demonstrating country crafts ranging from rug making, wood turning and wood carving to ceramics, feltmaking and aromatherapy.

Spinners, weavers and dvers explain how to produce textiles, plus advice on keeping hens and bees from the experts

Throughout the weekend a full

Adults £12. Senior Citizen £10.50, Children (5-15) £7.50 Family ticket £31.80

> www.hevercastle.co.uk 01732 865224

# and the Seven

and local produce stalls

Besides learning a new skill, there'll be plenty of opportunities for visitors to ask questions while they have fun discovering age-old techniques.

programme of demonstrations on patchwork and quilting techniques, lacemaking, and a selection of trade stalls selling designs, equipment, fabrics and haberdashery and other country craft stalls.

## **Snow White** Dwarfs

Junior Chorus Auditions Two teams of juniors aged 10yrs to 17yrs to take part in this years' pantomime at the Granville Theatre. Applicants must have previous stage experience and training and be able to sing and dance. Auditions will take place on Saturday 29 September at 1pm at the Granville. They need to bring a photograph and CV outlining all experience and training There is no pre-registration required, just turn up! To be

considered but cannot attend the audition for any reason. contact Trudi Kingham Successful children will need to provide proof of identity and age, as well as 2 passpor size photographs for their Performing Arts Licence. They must alsoe be available for the whole of the pantomime season and able to attend all rehearsals. A rehearsal schedule will be set once junior cast has been confirmed Adults interested in main cast roles should email/post their CV and Photo to: Trudi Kingham Granville Theatre Victoria Parade Kent, CT11 8DG trudi.granville@gmail.com

01843 855000

The Historic Dockyard CAVALIER later operated Chatham's very own Second in the Western Approaches, World War destroyer, will mark undertaking duties which her own "Salute to the '40s" included the high-speed escort by firing a 'broadside' using of the liners-turned-troopships all three of her 4.5" guns at RMS Queen Mary and RMS 12.00 noon on Saturday 15th Queen Elizabeth. September, the first day of the HMS CAVALIER, together Salute to the '40s event with an adjacent bronze monument is now the Nationa Destroyer Memorial 1939-

The last broadsides fired from operational Royal Navy ships were by HMS LONDON as she returned to the UK before paying off in February 1982 and HMS ZULU on paying off in 1984. Three rounds will be fired from A B and V guns on board HMS CAVALIER by the Historic Naval Gun Crew, a group of re-enactor volunteers who have assisted in restoring the ship's guns and who will also re-create Captain's Defaulters and bring the ship to life over the weekend of the Salute to the '40s event. HMS CAVALIER was one of ninety-six war emergency destroyers built for the Royal Nav during the Second World War. Awarded the Battle Honour 'Arctic 1945' for operations off northern Norway and in support of the homeward-bound

Tickets are now on sale with discounts for advanced purchases and Historia Dockyard 12 month ticket holders. The new two-day tickets offer exceptional value for money Go to

### www.thedockyard.co.uk/ salutetothe40s

for details Salute to the '40s is sponsored by BAE Systems and supported by Best of British Magazine and Kent Messenger Group.





**Evening Talk** 

'Think-a-link A fun & easy way to remember things'. How to use Linking as a Memory Technique to help with Learning dates, historical facts, the meanings of words & spelling

> Speaker: Andy Salmon www.thinkalink.co.uk Tuesday 25th September

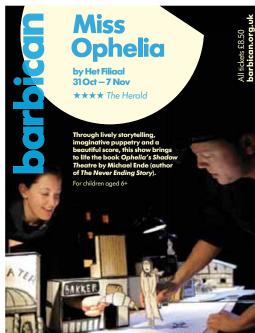
7.45pm for 8 pm start until 9.15 pm Venue: The Spires Academy, Bredlands Lane, Westbere, Sturry, Canterbury. CT2 OHD (just off the A28) The new school is on the right hand side of Bredlands Lane. There's no need to book a seat.

A £3 donation from non-members would be appreciated. For further information phone 0845 0038 979 or see website www.dyslexia-east-kent.org.uk

## Saturday morning Drop-in Centre

on the first Saturday in every month in school term time, 12 - 2 pm Members can borrow books for all ages. from our library of over a thousand books. Next Drop-in 6th October.

Venue: Kingsmead Leisure Centre, Kingsmead Road, Canterbury. CT2 7PH (next door to Sainsburys)



Daily Larkfield Leisure Centre 01622 713225 Soft play zone with 3 storeys of interactive play equipment for under 10's with wavy waterfall slide, crawl tubes, ball pool & ball cannons. New Kickstart a brand new all inclusive membership with unlimited access which offers a wide range of activities for under 10's with swimming, soft play, junior dance mat & target wall sessions, selected holiday programme activities bounce & adventure time sessions for

Chichester 01243 789829 Guided tours, plus café & pienie area

Studio & Cafe Canterbury 01227 765665 A range of fun activities such as paint your own pottery, glass painting, ceramics & mosaic making for all ages.

Daily Maidstone Leisure Centre

0845 1552277 Various times Junior Fitness, 12-15yrs learn how the body works, the benefits of a healthy lifestyle & participate in structured fitness sessions with a qualified fitness instructor. Selected Sats Wave Rave Pool Party sessions with inflatables, floats, games & the latest music Available Birthday Parties for children leave all the planning & tidying up to the Centre.

Daily Wingham Wildlife Park Canterbury 01227 720836 Meet the animals including their hands on animal encounters plus children's play

Druidstone Park Woodland Honey Hill Blean 01227 765168 Meet the friendly animals, follow the trail around the enchanted woodland & discover the sleeping dragon & other magical creatures or have fun in the adventure play area, a Daily Tides Leisure Centre Deal

01304 373399 Indoor tropical lagoon with waves & gusher, fun water

features & giant slide Jacuzzi & Splash.

Kickstart a brand new all inclusive membership with unlimited access which offers a wide range of activities for under 10's. Every Tues & Thur erm time only parent & child fun

& men of all ages & abilities are putting on their trainers & jogging the streets & parks of Kent all part of a county wide campaign to get onle running to feel fitter, healthie trained to set up local running groups & they are keen to welcome runners. Get your first running session FREE at your local group when you mention Parents News. All groups are led by qualified, enthusiastic friendly leaders. To find your local group visit www.kentsport.org/rungroups,

07730 870696. Dover Leisure Centre 01304 201145 Full range of exercise classes with a modern fitness suite. 2 swimming pools, squash courts & sports hall.

1st & 3rd Sun of each month The Pantiles Tunbridge Wells 01892 515675 Pantiles Craft Fair. Sun Edenbridgel eigure

Centre Stangrove Park 01732 865665 Under 16's & families roller disco Every Sun until 19 Sept Penshurs www.penshurstplace.com. Join storytellers as they rekindle the early days of rock 'n' roll

01892 522352 Storytime, 11-11.30am FREE. Every Mon Strood Library 01634 335890 Toddler Shake & Boogie songs & movement for pre-school

children, FREE. Every Tues Teatime Storytime after school, 3-8yrs, term

Every Mon Tunbridge Wells Library activity session that offers rhymes,

Give your child a head start at school!

New Tonbridge Swimming Pool

Ongoing Run off your Feet FREE

Every Mon Walderslade Hook Wed Storytime fun sessions for pre-

01634 337340 Storytime fun sessions pre-school children with stories bounce & rhyme time, FREE.

activities, Health visitor drop in clinic 336209.

& rhyme time with finger & nursery for parents & children 10 30-11am support - Health & lifestyle advice, drop-in, no need to book. Every Tues Coxheath Library Maidstone Baby Rhyme time, pre-

school sessions, FREE, very Tues The Pavillion Broadstairs 01843 581185 Salsa Classes with

973313 Buggy Workout, exercise for mother & baby, power walking around the park utilising the benches & steps

time only Every Fri Homework club available 10 30-11 30an

Hall Rochester 01634 843666 www. heritageopendays.org.uk Sensory classes for babies up to 16mths, activities to include bells, balls, bubbles, light shows & more, Tel:

Meadow Library Chatham 01634 861531 Baby bounce & rhyme time. 18mths & under, FREE, Every school children that include stories &

Mon Gillingham Library

Ongoing on Mons Cuxton Library Rochester Baby massage courses for babies Suks & not yet crawling FREE. to book Tel: 01634 711391 & 3rd Thurs of the month Children's tov library will also be available after the session, 9.30-11am, Tel: 01634

Every Mon & Fri Rochester Library Eastgate 01634 337411 Baby bounce rhymes, 18mths & under, FREE. nth Advice &

with friendly staff on hand to help you Every Tues Chatham Library Gun Wharf Dock Road 01634 337799 with all your homework questions, 3.30-5pm. Storytime for pre-schoolers, FREE. shake & boogie fun packed activity

Tues Hoo Library Rochester 01634 250640 Storytime fun sessions for pre-school children with stories & rhymes, FREE.

Every Tues Rainham Library Rainham 01634 231745 Storytime fun sessions for pre-school children that include stories & rhymes. Every Baby bounce & rhyme time, 18mths or under, FREE

ry Tues Strood Library 01634 718161 Baby bounce & rhyme time, 18 mths FREE Every Thurs Homework club with friendly & knowledgeable staff on hand, FREE.Every Tues Teatime Storytime, afterschool, 3of month Advice & support - Health & lifestyle advice, drop in no need to book

Every Tues Fairview Community Primary School 01634 376270 Parents & toddlers club term time only & rhyme time, parents & carers can enjoy knee bouncing, finger rhymes & nursery rhymes, 18mths & under, term time only, 01634 337340.

Tues Walderslade Village Library Chatham 01634 686467 Toddler shake & boogie activity session that offers rhymes, songs & movement for pre-schoolers. Musical instruments, scarves & parachutes are often included. Every Fri Storytime fun sessions for pre-school children that include stories & rhymes.

Every Tues Hundred of Hoo Swimming Pool Rochester 01634

401989 Beaver Swimming Club. Every Tues Southborough Lbrary 529808 Storytime, 2.15 2.45pm, FREE. Every Tues Hempstead Library

Readina

& under Every Fri Storytime fun interactive sessions for pre-schoolers, FREE. 1st & 3rd Sat of month Medway Health Walks chance to improve fitness levels, all ages.

Every Tues Riverhead Library 01732 459218 Baby Bounce & Rhyme Time fun weekly session of nursery songs & rhymes, 2.15-2.45pm, FREE. Every Wed Dunorlan Park 07990 973313 Every Wed Buggy Workout, exercise for mother & baby nowe walking around the park utilising the

11.30am. Canterbury Road, Folkestone 01303 244610 Fabulous Fare Market with locally sourced fresh fruit & veg, meat fish & dairy preserves & jams & lots more. Also on offer recipe tasting. take away meals, tapas & ready salads natural home & body products, book/ magazine exchange, plants, flowers & lots more

benches & steps available, 10.30

Midwood & weekends Kingsmean Leisure Centre Canterbury 769818 Funtime sessions available in

Centre Swanley 01322 662188 Under 16's Roller Disco Every Thurs Thomas Aveling Schoo & Community Library Rochester 01634 338728 Teatime Storytime after

school storytime for 3-8yrs. Every Thurs Luton Library Chathan that include stories & rhyme Every Sa Pop in & Play for parents & children 10-12pm. Every Thurs Pembury Library

01892 822278 Storytimes, 2.30-3pm, term time only, FREE. Margate Baptist Church 4 Cecil Sq 01843 290869 Little Fishes Toddle group for parents & carers to meet &

क्रिक्स (गाउ

lise with food, games & fun, 10-11.30am. 01634 361544 Baby bounce & rhymo time for parents & carers, 18mths Every Fri Grain Library Rochester

The online teaching resource for children that really works! Reading Eggs and Reading Eggspress are comprehensive, highly interactive online programs designed to get children reading by combining the best elements of online and book learning With lessons developed by a highly experienced team of teachers, the sites combine

interactive animations, educational games and lots of rewards, making Reading Eggs

and Reading Egaspress great places to learn to read. Children are highly motivated to return again and again.

✓ Vocabulary

✓ Writing

FREE ACCESS CODE: UKS24PNS

Simply register an account at www.readinaeaas.co.uk

and use the special code above

\*Offer ends 31st October 2012 and is

✓ Progress tracking

hand to help, FREE. Every Sat Craf Club for under 8's, FREE.

Every Fri Hempstead Library Gillingham 01634 361544 Homework club with friendly staff on hand to help with all your homework question Every Fri Lordswood Library Chatham 01634 862096 Teatime Storytime after school storytelling, 3 8yrs & Toddler shake & boogie. Every Fri Wigmore Library 01634

235576 Toddler shake & boogie activity session that offers rhymes. songs & movement for pre-schoolers Musical instruments, scarves & parachutes are often included. very Sat Medway Little Theatre Company for 12-18yrs & children's

workshop, 7-12yrs. Heritage Centre Faversham 01795 534542 Guided Town walks, 90 minute guided stroll through Faversham. Rroadstairs Harbour 07847 473615 Marke

weather permitting. Intil 16 Sent Westerham Farmer Held in the Market Square on the 1st & 3st Sun of each month.

Until 21 Oct Leeds Castle 01622 765400 'What the Butler Saw' a new exhibition which will tell stories from above & below stairs life at Leeds i the 1930's, through the eyes of the servants Daily World of Wings Show falconry & FREE- flying bird show in a flying arena near the maze plus Go Ape! wire forest adventure in the castle parkland.

Early Sept Beaney Art Museum & Library Canterbury Following a £14 million restoration project the Museum finally re-opens, for more info: www. thebeaney.co.uk.

10,11,14,17,18,21,24,25,28 ent1.2.5.8 Oct St Peter & St Paul's with traditional songs &lullabies musical games & percussion from around the world, from newborn to

vailable, Tel: 07981 288783. 10,17,24 Sept Swalecliffe Library 78 Herne Bay Road 01227 792645 Story

ime for the under 5's, 2-2.30pm FREE. I Sent Hartley Library Ash Road Hartley 01474 704403 Fun story session, 3.30-4pm, FREE. 11 Sept Sturry Library Canterbury 01227 711479 Family fun with nursery rhymes & songs for under 3's, parent carers,11-12pm, FREE.

11.18.25 Sept & 2 Oct Newington Library Ramsgate 08458 247200 Baby Rhyme Time for babies & toddlers, 10-10.20am, FREE. 11 18 25 Sent 2 Oct Whitetable Library 08458 247200 Baby Rhyme Time under 3's parents & carers 11-11.30am, FREI

PARENTS NEWS

On-line

updated daily and you

can read copies of this

and other area editions

parents-news.co.uk

12,19,26 Sept & 3 Oct Blue Town Heritage Centre 69 High Street Time, 10.30-10.50am, FREE. Sheerness 01795 662981 Tea at the flicks with classic film screenings. 13.20.27 Sept.4 Oct Allington Library Maidstone Baby Rhym Time for a session of songs & rhymes,

2.15-2.45pm, FREE. 13,20,27 Sept,4 Oct Herne Bay Library 08458 247200 Baby Rhyme around Folkestone, 10.45am. Time for under 3's, 11-11.30am Pamper Day plus cupcake decoratin

14 Sept Gravesend Farmers Market Junction with Windmill Street 07775 & jewellery making for 6+yrs, FREE 736116 Produce to include bread, meat, seasonal vegetables & fruit, fudge, preserves & much more. 14 Sent Orchard Theatre Dartford 01322 220000 One Night of Queer

items to sell from their own gara; maps, FREE parking & hot food will be available all day on the playing field & a special event Harvest will have tasty local produce & plants on sale in the Pavillion, 9-3pm, FREE entry. 15 Sept Mote Park Maidstone 01342 16574 Spider Hunt find out when they live & how they hunt, FREE

242265 Residents of Dover are invited to take part in a clean up event of

865224 A celebration of country living with a variety of talented craftspeople demonstrating country crafts to include wood carving & wood turning guitar making, trug making & basket weaving. Sample food & drink form local producers, plus advice on keeping hens & bees from the experts. There will also be photography groups. a portrait painter & face painting for 14-16 Sept Deal Maritime Folk

Festival 01304852438Acombination of local & national dancers, singers & musicians with concerts workshop & FREE al fresco performances in & around the town.

17-22 Sept Little Voice 5 Oct Thank

14.21.28 Sept.5 Oct Cliftonville Library 08458 247200 Baby Rhyme 14 21 28 Sent 5 Oct Kent History &

Library Centre Maidstone Crafty Tales & Baby Rhyme time 1yrs & under, FREE.
14,21,28 Sept,5 Oct Folkestone Library 0800 8494000 Family fun

sport & fitness enjoy a healthy walk 15 Sept Hurst Road Community Centre Bexley Ladies & Little Missy

Sent Safari Market at Hollingbourne 01622 880433 Villagers will a number of interesting

15 Sept Take pride in Dover 01304

unsightly public areas where they You For The Music show.

14-16 Sept Hever Castle Kent 01732 live, those who take part in the event are invited to Pencester Gardens afterwards for a hog roast provided by

> 15-16 Sent Chatham Historic Dockward Chatham 01634 823845 Salute to the 40's visitors are encouraged to come suitably attired in forties style & join a 'Parade of Forties Fashion' each day. There will be performances of singing, dancing & wartime humour to keep the family entertained all day, plus lots more. 16 Sept Mount Ephraim Herne Hill 01227 754796 Apple Day with apple pressing demonstrations & orchard

well as pears, plums & cobnuts. 16 Sept RSPB Dungeness Nature Reserve 01797 320588 Birdwatching for beginners guided walk, need to book. 23 Sept Autumn migrants guided walk, need to book.

farm tours plus a chance to sample &

16 Sept Hazlitt Theatre Maidstone 01622 726155 The Great British Festival bringing together some of the West End's finest actors & musicians Lady Who Swallowed a Fly magical new show for families, 4+yrs. 27 Sept LDN Wrestling full of sparkly costumes & audience participation,

for all the family. 6 Sept Brogdale Farm Faversham 01795 536250 Nut Day with a guided tour on foot or by tractor trailer to find out more about the different nut varieties grown in the Collections plus self guided walks, miniature railway & children's railway, fun for all ages. 22-23 Sept Cider Festival usual attractions plus gardening& cookery 6 Sent Belmont House Throwley

Fair a family day out with falconry steam engines, have-a-go clay pigeor shooting & archery, petting zoo, dog show & shopping plus food, entrance

16 Sent Davington Priory Cricket Club Boot Fair Faversham 01795 536409 Boot Fair in aid of club funds. 16 Sept Clean Up Tenterden Day 07506 899337 A mass town wide litter

pick to clean neighbourhood, 11am. Sent Chiddingstone Castle Edenbridge 01892 870347 Country Fair with an Exemption Dog show with five classes, watch displays by the Old for pets & their owners to try out there will also be an indoor entertainmen Surrey, Burstow & West Kent Hunt hounds & horses, the Newfoundland zone arena events, shopping mall, café dog display team, falconry, gundog training, terrier racing & much more Sept Western Heights Dover 01304 241806 Grand Shaft Open Day 17 Sept Trinity Theatre Tunbridge Wells 01892 678678 Youth Theatr workshops new term, first workshop is FREE & term fee applies. 29 Sept

01795 886101 Open Garden. Trinity Youth Film Making Club: School of Shock workshops, one of five, 13+vrs. Participants will write. Jumble, children FREE. direct, record & perform in a short movie to be screened later in the

Sent 3 Oct Sevenosky Kaleidoscope Library 08458 247200 Story time fun session FREE 07775 736116 3rd Fri of every month

season

with local produce including meat. bread seasonal fruit & more. 21 Sept The Angel Centre Tonbridge Day Out with Thomas 01732 359966 Tonbridge Evening Toy Model & Train Collectors Fair. Every Mon-Wed Kickstart members Preclub 5-10yrs, Every Wed & Fri dance

mat & target wall fitness. 22 Sept Historic Maidstone Walks 01622 602019 One hour guided walks starting form the museum at 11am 01304 205108 Parade with over 50 entrants, plus traditional village fete 12-5pm, parade moves off at 4pm, www.ayleshamcarniyal.co.uk

3 Sept Emmetts Garden Idle Hill Sevenoaks 01732 868381 22-23 Sep Fantastic Fungi, identification sheets will be available to help you along the

way & mushroom inspired treats will be on sale in the tea room. 22 Se Family Volunteering Day, 7+yrs. Oct The Big Draw with challenges & Sept Kent Showground Detling 01622 630975 Paws in the Park catering for working, trained & pet dogs. Wide range of dog sports

& companion dog show.

23 Sept Mote Park 01622 790195 Sept Resolution 5.10, & 15K Run support of the Stroke Association. for more info Tel: 020 7566 0311 or email events@stroke.org.uk

23 Sept The Friars Aylesford 01622 717272 Classic Car Show with Auto

29 Sept Dover Museum Market Square 01304 201066 Family Day Bronze Age themed activities spinning & weaving, have a go copper wire jewellery, handle a real & replica conner & bronze objects & how a 29-30 Sept Kent & East Sussex Railway Tenterden Town Station 01580 765155 www.kesr.org.uk Fun

Sept Quebec House Westerham 01732 868381 30 Sept Mothers & Daughters find out what girls in orgian times do all day & Wolfe's Infantry meet a soldier from the army General Wolfe knew ept Thanet Fun Day The Oval

Cliftonville Margate 01843 233934 Fun Day for all the family with a 5K fun run/walk for all ages & abilities, fun dog show, Thanet Classic Cars on display along with various stalls & lots more, FREE for under 7's.

30 Sent Redgebury National Pinetum Forest Discovery Day, discover the forest in all its guises. Last Fri of

cover between 1-4km. Every Fri morn Moderate Health Walks, 1-1 ½ hrs between 4 & 6km. Every Fri mon Green Gym session, volunteers can spend a satisfying session working in the National Pinetum helping to improve the world's best collection, FREE. Tel: 01424 446395. Daily Go Ape take to the trees & experience a course of rope bridges tarzan swings & zip slides up to 35 feet above the forest floor, 10+yrs, minimum height 1.4m.

5-7 Oct Victorian Gardens & Promenade Broadstairs 863841 Food Festival cookery demonstrations entertainment 3 day ood Favre produce from Kent, www. BroadstairsFoodFestival.org.uk

5-7 Oct Broadstairs Festival 01843 577637 Food Festival with opportunity sample food, drink, enjoy cooking & enjoy special festival restaurant menus plus much more, www. broadstairfoodfestival.org.uk.
6-7 Oct Museum of Kent Life Lock

Lane Maidstone 01622 763936 Apple Fayre celebrate everything Appley, plus other stalls, under 3's FREE. 6-7 Oct Dover Castle & The Secret Wartime Tunnels 01304 211067 Falconry displays & frituals, traditions & customs of this age old art form. Oct Bredgar & Wormshill Light Railway Sittingbourne 01622 884254

Oct Kent County Showground Maidstone 01622 630975 Kent Boat stalls selling new & used boating. fishing & watersports equipment a huge discounts, Tel: 07771 962495, entrance children FREE Oct Hole Park Nr Rolvender

Page 11



Kumon's maths and English study programmes work to build your child's confidence and inspire a passion for learning.

Contact your local Instructor for a Free Assessment:

Ashford Park Farm 01233 733 801 Bearsted 01622 205 955 Bexleyheath 020 8303 2821 Canterbury 01795 886 097

Fees vary. Please refer to your local study centre

East Malling and Gravesend 01622 728 214 **Maidstone West** 01622 209 730 020 8333 9550

Park Langley 020 8402 2443 Sevenoaks 01342 851 221 01795 439 978

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kumon.co.uk

Stretch your child's imagination in three directions at once!



F YOUR CHILD is between 4 and 16, he Canterbury or she is ready for Stagecoach to teach canterbury@stagecoach.co.uk them to act, sing and dance.

Soon they begin to speak and move better, act more naturally, become more confident and self-aware. These skills don't vanish as

the curtain falls. They are learnt for life. Schools are onen in normal term time for three hours at weekends.

For a Prospectus and for more information please call your local Stagecoach now.

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01622 678 616 Medway medway@stagecoach co.uk



Where children become great readers! www.readingeggs.co.uk | www.readingeggspress.co.uk

Program content includes:

✓ Sight words

## Welcome to the new term and Open Day Season!

St Lawrence College October Open Days are a great opportunity for families to take an informal look around

and see what the School has to Friday 5th October Nursery & Junior School Open

Day (3-11 years) Saturday 6th October Senior School Open Day (11-

From 'ABC' to A Levels St Lawrence College can offer continuity of education from 3-18 years, or the flexibility for you to choose independent education for just part of your child's schooling. ISI Inspection Report, November

Nursery: "Outcomes for children in the Early Years Foundation Stage are

Junior School: "Pupils of all abilities achieve highly, in all aspects of their learning, at all stages of the school."

Senior School: "The quality of the teaching throughout the school is excellent".

If you have never been inside an independent school or think 'it's not for my family' why not take a look at what you're missing? Everyone is Junior School

01843 572912 01843 572931

www.slcuk.com

## **Great Opportunities at** The Duke of York's Royal Military School

An Academy with Military Traditions

The School offers an independent school lifestyle, welcoming all pupils aged 11 to 18 years of age

Traditionally a school serving military families, they are

now pleased to welcome any pupil who would like to buy into the special blend of military and education; celebrating the integral values of self-discipline, self-reliance, spirituality, leadership and respect for others.

An exciting £24.9m building

programme will undate an already impressive site with enhanced facilities.

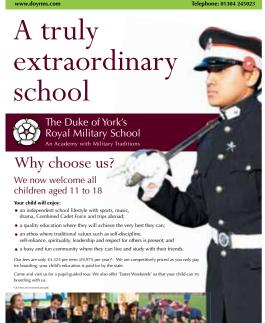
September 2012

Visit the website for more information: www.dovrms.com

01304 245023



Junior pupils in their blues



## Bromley High Girls aiming higher!

It felt like an Olympic medal ceremony at Bromley High School as the U6th opened their envelopes to find out whether all their hard work and determination had paid off when they received their A level results. They need not have worried - the results were fantastic and testament to the hard work, commitment and enthusiasm for their studies that has been the hallmark of this U6th year. 21% of all grades were at A\*. some three times the national average for 2011. 42% of girls scored only A and A\* grades, with the total of A and A\* grades numbering 63% across all the subjects and 85% A\* to B. Subjects as diverse as Art. Physics. Economics. Music, Photography and the Extended Project Qualification gained 100% A\* and A grades, assuring that the U6th leavers will be enjoying success in a wide range of university subjects on some prestigious courses from Law, to English and physics, when they begin their degree courses in the autumn

Special congratulations to Audrey Bellis, who, after only one year of study in the UK secured two A\* and an A grade, to Ellen Cheetham who, with her 4 A\* grades will be taking up her place to read Geography at Oxford in the autumn, and to the outstanding musical duet of Sarah Phillips and Amy Yule, who between them achieved 6 A\* and 2 A grades in subjects including maths, chemistry and, of course, music. Very well done also to Charlotte Adolpho, Lucy Botham, Emma Cochrane. Ashana Gupta, Mariha Hamid, Clare Skinner, Johanna Raghu and Leanna Ruprai, all of whom have secured places to study medicine, veterinary or dentistry courses at university The school wishes them every success with their future study.

Head. Louise Simpson said: "We could not be happier with the girls' outstanding achievements. Achieving top scores at A level has many parallels with the world of success in sport: it takes enormous commitment and

dedication from the girls first and foremost, but also from their teachers, parents and friends who support and encourage them and help to make these successes reality. It is easy to forget just what a long haul the journey to success at A level is and we congratulate every one of the girls on their individual successes, wherever their destination in life, these grades will open the door to the next step for them and will allow them to pursue their dreams and ambitions, and we wish them luck as we wave them on their way! ' How many candidates took A levels 50

How many entries for A levels

Pass Rate A\* to E 100% Pass Rate A\* to C 99.4% % getting at least one A or A\*

% getting at least two A or A\* % getting at least three A or A\*

% getting at least four A or A\*

020 8781 7000

## The Fathers' Club Support & Guidance for Fathers of Autistic Children

Increasing numbers of children are being diagnosed with an autistic spectrum condition Support and access to information tend to operate during the mornings or afternoons when most fathers are at work and this leaves father somewhat isolated. The Fathers Club have eve meeting contact John Franklin john\_e\_franklin@hotmail.com

BROMLEY HIGH SCHOOL WITH US SHE WILL THRIVE

# SATURDAY SEPTEMBER 29TH 2012

9.30 AM - 1.00 PM

SIXTH FORM OPEN EVENING MONDAY OCTOBER 8TH 2012,

4+, 7+, 11+ and 16+ 2013

admissions@bro.gdst.net Tel: 020 8781 7000 www.bromleyhigh.gdst.net/par1

## ELMHURST

School for Boys aged 4 to 11



Are you looking for an Excellent Education? OPEN MORNING Saturday 6th October 10am-12noon

Sport and Music are very important at Elmhurst. We have an orchestra and 3 choirs. Boys participate in interschool matches in Cricket, Rugby, Football and Swimming. They also play Hockey, Tennis and Table Tennis.

We are a two minute walk from South Croydon station with trains to East Croydon and London and 10 minutes from Lloyd Park Tram stop

From our ISI Inspection September 2011 "Pupils' personal qualities, academic and other achievements are excellent."
"Teachers are particularly patient and are always prepared to take time to

answer questions or to help individuals when necessary." A consistently high record of scholarships and places to top sought after schools such as Whitgift, Trinity, Royal Russell, Dulwich, St Olave's, Wilson's, and Wallington

> Please visit our website at www.elmhurstschool.net or call Carole or Paula on 020 8688 0661



Elmhurst School South Park Hill Road, South Croydon Surrey CR2 7DW



Come and find out more about our exceptional school.

**OPEN DAY 29TH SEPTEMBER 9.30-12.30.** 

Visitors always welcome - please call 0208 260 7543 to book a personal tour.

Girls who are going places go to **Croydon High School** 



An Independent Day School for Girls aged 3-18 gdst School Tiper www.croydonhigh.gdst.net





St Lawrence College St Lawrence College, Ramsgate CT11 7AE • www.slcuk.com

Nursery & Junior School

Ages 3 to 11 years

10am to 12pm & 1.30pm

Senior School

Ages 11 to 18 years

Saturday 6th October

• 10.45am to 2pm

Friday 5th October

## New tools for volunteers at community garden



Volunteers at Stream Walk Community Garden show off their new tools, thanks to an Awards for All lottery grant. Generous volunteers have donated large tools bought from boot fairs in the past, but the group was desperately short of small tools for weeding and planting, as well as cutting back the hedges and keeping

the grass edges tidy. The group Transition Town Whitstable successfully got the Big Lottery grant earlier this year and works together with staff from Kent Enterprise

Anyone can come along and join in the sessions and will

**Nearly New** 

Sale

**SAT 29<sup>th</sup> SEPT 2012** 

**New Line Learning Academy** 

**Boughton Lane, Loose. ME15 9QL** 

2.00pm - 4.00pm

be shown how to grow veg. flowers and fruit and get fit at the same time. The grant will also be paying for volunteers to get first aid training, buy timber to build raised beds. build an outdoor classroom and a polytunnel

Kent Enterprise Trust

## Back to school with a Bang!

Before they've even left the classroom for the summer holidays kids will be dreaming of shiny shoes, freshly sharpened new pencils and the coolest backpack for the new term in September

Stock up on back to school equipment and fashion essentials before the big rush.

At the premium shopping destination

www Alexand Alexa com they've scoured the globe to bring parents and their kids the top trends and fashionable back to school finds that really make the grade, meaning little ones are preparing and raring to go for the new school year.

For the best and most cuttingedge brands and products, look no further. Parents can shop coats, shoes and accessories at the click of a mouse, but also stock up on stationary



Skip-Hop bumble bee backpack £21

lunchboxes, backpacks and learning essentials for the star

With a wide range, AlexandAlexa are well stocked with the new must-haves; Lego have a new range of innovative lunch and storage boxes as well as the popular Micro Scooter making getting back to school that little bit more exciting.

Girls can brighten up the new term and go back to school in style with pretty yet practical shoes from brands such as Start-Rite and Lelli Kelly. A huge selection of colourful and stylish bags and backpacks will leave girls starting the year feeling great.

Boys can get top marks in their style too, with back to school favourite brands including Barbour Mayoral and Scoul Alexand Alexa com are introducing a wide range of



Shreds 'Elmer' lunchbox £11

after-school learning and nurturing products, with books game and puzzles from some great international brands such as Melissa & Doug, Brainstorm Eureka and House of Marbles to make sure your child is an A grade pupil.

To help celebrate the launch of the back to school shop, AlexandAlexa has created a too-cool-for-school mini-movifeatures all the best products to get kids stuck into the new term. To view the video

> www.alexandalexa.com/ catalogue.html

They are also offering the chance to win a Micro Scooter and £500 youcher! Just go onto their Facebook page or follow this link to view the

www.facebook.com/ alexandalexa?v=app\_ 150794994973742&rest=1



Goodbyn bento style lunchbox £17

## Stop nosebleeds in moments!

It is distressing to experience your child suffer from a nosebleed. Frequent nosebleeds are very commor in children. 1 in 10 children experience

frequent nosebleeds with the most common causes in toddlers being common cold and allergies THERE IS CURRENTLY NO

OTHER ALTERNATIVE IN THE UK TO HELP STOP NOSERI FEDS APART FROM THE TRADITIONAL METHODS

Traditionally, treatment of nosebleeds has either been to clamp the wings of the nose or insert a wad of cotton wool into the nostrils Nozohaem is a unique ge

treatment, combining a mix of glycine and calcium, both well known to have a positive impact on blood functionality It is safe and suitable for adult and children of all ages. Quick to administer, Nozohaem stops the bleeding in moments

Nozohaem is new to the UK and was invented in Scandinavia by Pharmacure The Nose Experts

www.oneclickpharmacy. co.uk www.victoriahealth.com

### Daily Harry Potter London Sun South London Locations Tour 020 7222 1234 Gallery 65 Peckham Road 020 Meet at Temple Station, 2 1/2 hr 7703 6120 Hands on workshops

bus tour of London locations for families led by gallery artists, featured in the Harry Potter films FREE Every Tues in Aug HMS Victory Learn more about the boy wizard & the Hogwarts gang with facts. 02392 728060 Join the guide discussions & an insight into how for stories & handle objects from the collection other activities to the films were made. Daily London Dungeon London include being a ship detective 020 7403 7221 Vengeance: The

Daily Tower of London Tower Hill London 0844 482 7799 Fit for a King exhibition learn about the personalities, power & physical size of England's kings, from the Tudors, & the notorious Henry VIII to today's royal family Daily London Zoo Regent's Park

UK's first 5D laser ride

world's most amazing animals.

including western lowland gorillas

& a mob of meerkats & lots more.

Daily National Army Museum

020 7730 0717 www.national-

army-museum.ac.uk Victorian

Soldier Action Zone with quizzes,

games & hands on activities to help

your learn about life as a Victorian

soldier, FREE, Daily The World's

Army, Empire, Commonwealth

& Dominion Soldiers 1914-45

Action Zone family interactive

zone, FREE, Daily Kids Zone,

interactive learning & play space

for under 10's plus a soft play area

Daily The Queen's Gallery

Buckingham Palace 020 7766

7301 activity bags for families.

find out which animals the

adventurers shared the Antartic

and what early explorers wore to

protect themselves from the cold.

Buckingham Palace 020 7766

7302 Family groups may explore

a range of self directed activities

Ongoing Churchill War Rooms

Clive Steps King Charles Street

020 7930 6961 Undercover,

Life in Churchill's Bunker, learn

what life & conditions were

like underground & experience

the authenticity & emotional

resonance of walking through the

corridors where Churchill made

Every Sun Venn Street Market.

Clapham Common 020 7622

8259 Now with new small

independent producers taking

part to include The Garlic Farm,

Market Gourmet which produces

Mitchelin quality foods ready

made, Seriously Italian & lots

Every Sun National Gallery

www.nationalgallery.org.uk 020

7747 2885 Family workshops for

families bringing paintings alive

& listening to a themed story on

the magic carpet, plus FREE

Every Sun Hildreth Street

Market Balham SW12 Street

sourced from all over London

more, 10-4pm.

family trail.

from the art trolley, 5-11yrs.

Royal Mews

for babies.

Ongoing

www.zsl.org/stampede.

London 020 7722 3333 Rainforest Life Exhibit, experience the Every Wed Heaven at Nutfield sights sounds, smells of the www.heaven-nutfield.com. rainforest & come face to face Smiley Faces music group for with amazing rainforest species babies & toddlers for up to 2vrs including monkeys sloth. & 2-4yrs, there is also a playroom armadillo, tamandua plus there's for under 5's, a café & a crèche. a special Night Life area, where Every Thurs until 25 Oct London you'll discover bats, rats & other nocturnal creatures that dwell in the dark, 16 Sept London Zoo Stampede 10K charity run will take runners past some of the

Waterloo 020 7928 3535 Young Filmmakers' After School Course from stop motion animation to special effects & everything in between, 9-14vrs, 9 Sept Thames Festival Funday: Peppa Pig & Ben & Holly's Little Kingdom, event for fans of the shows to come & & watch Peppa & her friends on the big screen plus Peppa Pig workshop in the foyer.

Geographic Store 83-97 Regent Street 020 7025 6960 Animal Man comes face to face with slithering snakes, slimy insects & smelly skunks. Meet a wide variety of animals to include owls. lizards, tortoises, armadillos meerkats & lots more hands led by AnimalMan Nick Spellman

0100 Young People's Theatre workshops, various age groups 7-18vrs FRFF to join

Bankside London SE1 020 7887 8008 Open Studio play & create artworks in the collection displays for all ages. Daily Family resources families all ages, FREE, Daily Children's Multimedia Guide animates art works through music video clips &entertaining games. a new play space for families, FREE. & clue matching, 5+yrs, FREE.

for all the family Every weekend Temple Station 020 7222 1234 Harry Potter Locations Tour, 2 1/2 hrs.

Clocktower Market Greenwich High Road Quirky weekend market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls, FREE www.clocktowermarket.

Weekend Tate Britain social experience of sculpture collaboration, all ages, FREE. Every weekend Art Trolley sessions encourages children to imagine & create collages & lots more, FREE, Every Children's Multimedia Guide fun & interactive a sensory experience for all the family to enjoy, 5+vrs. Daily Family Resources provides questions & activities which

medal making, naval navigation, encourage children & families to animal magic & marvellous explore art works, FREE, Daily Every Tues, Wed & Thurs Family Trails, under 5's, FREE. throughout school hols HMS Until 16 Sept Science Museum Warrior Portsmouth 02392 Exhibition Rd London 0870 728060 Fun at the Victorian 870 4868 Last chance to see Seaside, put on a Punch & Judy Animal Inside Out. 28 Sept show & take a souvenir to take Science Uncovered open evening home & play with Victorian style & discover the science that goes on behind the scenes, families,

> Science Shows interactive gallery which will allow visitors to launch a rocket, turn their head into a sound box & control a magnetic cloud for families, FREE, Daily Gallery Tours, families 13+yrs, FREE. Ongoing Flyzone take control in 360 degrees flight simulators or

Imax Cinema South Bank fly with the Red Arrows in their sensational 3D motion effects theatre. Every weekend Icy Cool Adventure families, under 7's, FREE, Every Weekend Spaced Out, families, 5+yrs, FREE. of the museum visitors take on the form of cockroaches dressing up in realistic costumes, FREE Every 2nd Sat of month National

Every Sat Blue Elephan Theatre Camberwell 020 7701 Every weekend Tate Modern

with ideas & materials from with paper based activities for keeps children entertained & 5+vrs. Daily Under 5's Zone Every weekend Start Sessions with games, map making Every weekend Rich Mix Bethnal Green 020 7613 7498 Kids' Cine Time a collection of films suitable

weekend Greenwich

co.uk

Millbank London 020 7887 8888 Liminal invites visitors into a physical, material &

Art Makers have fun with art skills through touch, interaction & & exciting techniques to create The V & A & Horniman Music

Weekend A Cockroach Tour

ery Weekend explore hundreds

of real natural history specimens,

discover evidence along the way

using microscopes, the computer

database & other scientific

instruments, science educators

are there to help you with your

Until 16 Sent Natural History

Museum Cromwell Road London

020 7942 5000 Animal Inside

Out exhibition under 4's FREE

ery weekend & school hols

Hands on Nature Dinosaurs, visit

the handling station & explore

interesting specimens with the

help of the museums science

educators, FREE & Up, Up and

Away interactive storytelling for

under 7's, FREE. Daily Family

Earth Lab explore the wonder

of fossils, rocks & minerals,

backpacks, families under 7's.

Dippy Floor puzzle under 7's,

FREE. Bookasaurus, families

under 5's. Jurassic Ark family

activity pack includes code

Activators encourage visitors of

all ages to discover more about the

natural world, FREE. Daily Focus

Points handling trolleys explore

real specimens with the help of

volunteers, using different natural

history themed activities, all ages,

Until 21 Sent Royal Air Force

Museum Grahame Park Way

Hendon London 020 8205 2266

Athletes & Olympians:Sport in

the RAF exhibition featuring those

athletes who were in the RAF

at the time that they competed

in the Olympic Games, www.

ntil 23 Sent Imperial War

Museum Lambeth Road 020 7416

Until 29 Sept Horniman Museum

London Road Forest Hill 020

8699 1872 Every Sun until 29 Sept

rafmuseum.org.uk.uk/london.

5439 Build the Truce display

breaking activities. Daily Learning

families, 6+yrs, FREE. Explorer

investigations, FREE.

13 The Body Adorned: Dressing London exhibition. Until 30 Sept Southbank Centre Priceless London Wonderground a playground forthepeople including aerialists, sideshow, fairground rides, a bandstand & a museum to weird & wonderful creatures along with the magnificent 1920's Spiegeltent & lots more, www. 14+vrs. Until 31 Oct Wildlife pricelesslondonwonderground. Garden, FREE. .Launchpad co.uk.

What's On London and Regional Calendar

Until 4 Nov Portsmouth City Museum Nicholas Nickleby display, FREE entrance. www. portsmouthcitymuseums.co.uk

something good to take home,

29 Sent Chinese Moon Festival

Lanterns, adults FREE, Every Sun

objects handling, 3+yrs, FREE.

Until 31 Dec The Art of Harmony:

Collections FREE Until 6 Ian

Sept Rainsticks, 22 &

Sept Discovery for All

12-14.19-21.26-28 Sept The Scoop South Bank 020 7403 4866 Riverside amphitheatre screening a mix of classic, cult & contemporary films rarely shown elsewhere, no need to book, seats allocated on a first come first basis. FREE. Cushions are available for hire & you may bring your own food & drink (no glasses), www. morelondon.com/thescoop. Sent Great Expectations 14,15,22 Sept Victoria & Albert

Museum 020 7942 2000 Make

families can pick up an activity

back pack filled with jigsaws

stories & games to explore the

collection, 4-11yrs, Activity Cart

hands on art fun for children to

create a Samuri helmet, a silver

goblet or an elephant mask to take

home, FREE, drop in plus Agent

Animal bag a sensory activity bag

that has been developed for under

5's containing an audio map &

14-16 Sept Hackney Empire

Theatre 117 Wilton Street London

Sept London's Discover

under 2's FREE 22 Sent My

Super Sister with Gwyneth Rees

for a interactive session including

O & A's the event is followed by a

book signing in the café, under 2's

FREE. 29 Sept What's the Time,

Mr Wolf? event followed by a

book signing in the café, under 2's

15 Sept. The Great River Race

The UK Traditional Boat

Championship A spectacular

boat race up the River Thames that

attracts over 300 crews from all

over the globe & appeals to ever

fabric cubes, FREE.

families 3+vrs

FREE

4300 Planet Earth Live. it: Create A Fashion Collection 20-23 Sent Geffrye Museum 10-12yrs. 14-23 Sept London London 020 7739 9893 Ceramics in the City: A Selling Fair, browse Design Festival with workshops seminars & talks, FREE, 30 Sept & buy talk to the ceramicists & watch FREE demonstrations. Big Draw, Big Make, activities to include crown making workshops Weekend craft activities for led by Mister Maker (as seen children will be on offer. on CBeebies) talks by artists & 21-22 Sept St John's Church designers such as Ouentin Bland Waterloo 07888 887 995 Fulham & pop up studios where visitors Opera present Tosca, tickets 08444 771000. can take part in challenges from fashion illustration to designing 21-23 Sept HMS Relfast Tooley fountains. FREE some events Street 020 7940 6320 21-23 Sep require advance booking via Build the Truce hear a slimy story www.vam.ac.uk/whatson, or Tel: 020 7942 2211. Daily Back Packs

of slugs, snails & truce time tails, find out what united the slues & snails in this funny tale of truce & make your own unique artwork inspired by the story, drop in activity for all ages, FREE. 2 Sent International Day of Peace with guest tour guides, film screenings & other special events 22 Sent Hyde Park 7298 2083 Mouth Cancer 10K Awareness Walk the start & finish area is at the Bandstand. Sernintine Road. The Walk is FREE & designed to increase awarene of mouth cancer & there will be

FREE mouth cancer screening 020 8985 2424 Angelina Ballerina on the day, to sign up visit www. the Mousical - Live on Stage, mouthcancerwalk ore Sept Queen Elizabeth's Children's Story Centre Stratford 020 8536 5555 Roald Dahl Hunting Lodge London 020 8508 0028 Open City Tudor Weekend, Revolting Rhymes, Music, drop in event, 12-5pm,

FREE 28 Sept Greenwich Market Macmillan World's Biggest Coffee Morning, 10-12pm, buy your coffee at Greenwich & local café & a £1 donation will be given for every coffee sold. A few traders will donate 10% of their day sales. Sept Greenwich Goes Green a must visit occasion for those looking to cut their carbon foot print, learn about local sustainable opportunities or simply enjoy the eco shopping experience

enjoy fun, fancy dress & charity stunts to serious sportsmen & women who like to win. Fun day out from Docklands to Richmond www.greatriverrace.co.uk. 15 Sept Royal Naval Submarine

Museum 02392 545034 Gosport

Stars Showcase with Gosport's

very own Scouts, Guides, St John's

Ambulance Gafirs & Navy Army

& Sea Cadets for a fun filled day.

under the Jolly Roger Family

Exhibition, become a pirate, learn

how to speak pirate, command

your boat, discover treasure, hoist

vour Jolly Roger & set sail for a

nirate tour of the museum Nex

family activity area the Warrior's

gunroom where young sailors

can have some R&R including

costumed roleplay, toys, games &

15-16 Sent Eltham Palace Court

Yard London 020 8294 2548

Art Deco Fair opportunity to buy

16 Sept Museum of Childhood

Bethnal Green, 020 8983 5200 16

Sept Design a New Sheet, creative

workshop for 3+vrs. Until 28 Oct

Birthday Mr Punch exhibition.

original 1930s objects.

Daily Skull & Crossbones: Living

### LESSONS

Maths tuition All Stages to GCSF T am a patient and calm retired solicitor. I am happy to travel to your home. Tel Daniel Curry on 07702 795914

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