

PARENTS NEWS

September 2012 No. 169 The First & Foremost Local Monthly Newspaper for Families

1993 - 2012
20th Successful Year
Thank you

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What's On in September School Open Days & after school activities

www.marwell.org.uk

www.nationaltrust.org.uk/southeast

St Lawrence College
www.slccuk.com

www.horniman.ac.uk

Three Editions in South-East England



Southwest
London
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South
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Kent

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 PARENTS NEWS believes that society's best asset is its young
 people! We shall accept no advertising in the opinion of the Publisher,
 is considered demeaning to children. We intend to encourage
 environmental, health, and non-violent issues, but not to preach or
 claim to always be right. Different opinions published are the opinions
 of the authors and not necessarily those of PARENTS NEWS. We
 hope mums and dads enjoy the articles, be interested by Calendar
 (finding it useful), and use the advertisers. Any endorsement by
 PARENTS NEWS is explicitly stated.

Harvest tours Biddenden Vineyard

Wed & Sat 12 Sept to 27 Oct
 (Excluding Sat 15 September
 and Wed 24 October.)
 Savour the opportunity for
 a free guided tour around
 Kent's oldest and family-
 owned vineyard and discover
 the grapes journey from vine
 to wine, finding out how the
 wine is made and sampling the
 award-winning tastes after the
 tour. Observe the process, as
 the grapes are hand-picked and
 transported to the winery in

**The Marlowe
 Young Musician
 of the Year**

String, brass, woodwind or
 piano players aged 18 or under
 at the time of the auditions,
 which are to be held in the
 theatre on **Sunday 7 October**,
 and who have reached *Grade*
 8 standard or higher, can apply
 by **Friday 21 September**.

The final of the competition
 will be held at *The Marlowe
 Theatre on Tuesday 26
 February*. The musicians
 will be accompanied by the
Kent Concert Orchestra,
 conducted by John Perkins.
 He said: "This is the premier
 competition for young
 musicians who study or
 have a family connection
 with the county of Kent. It
 is a major stepping-stone for
 the winner and a positive
 experience for all who take
 part. Former winners have
 gone on to be principals with
 London orchestras and leading
 soloists."

The winner will receive the
Kent Messenger trophy and a
 three-hour recording session
 at the *New Eden Studio*. All
 finalists are awarded a prize,
 donated by sponsors.
 For more details and to find out
 how to enter the competition,
 go to www.marlowetheatre.com
 or call **01580 291726**.

**Blowing the Whistle on the
 General Dental Council.**
 Traditional train tracks create flat faces, big noses and tired looking eyes: if you doubt
 this, just look at those who have been treated in the past. They also routinely damage
 the enamel and roots of the teeth and worse still the teeth go crooked again unless the
 patient wears a brace for the rest of their life. Extractions of sound teeth are almost
 always required although patients may not be told about this until near the end of
 treatment. Newer treatments can achieve better and more permanent results without
 extractions but orthodontists avoid comparative research as they don't want the
 damage they do to faces to be exposed.
 Worst of all the General Dental Council allows orthodontists to withhold information
 about some newer methods. This leaves many patients accepting extractions and even
 major surgery unaware that improved techniques can render them unnecessary. If you
 have suffered you are entitled to compensation.

There is another way.
 Take a second opinion now. Nine years old may be too late.
ORTHOTROPICS
 The alternative to orthodontics with extractions and surgery.
 Andrew was treated
 by modern methods.
 No extractions.
 No "Train Tracks".
 No retainers.
 Research shows
 dentists and the
 public think
 Orthotropics gets
 much better results
 than orthodontic
 "Train Tracks".
 John Mew, The London School of Facial Orthotropics,
 Purley, 020-8660-3695 and Tunbridge Wells 01892 526406
 When experts
 disagree, where do
 you go for answers?
 www.
 Orthotropics.co.uk
 Ask an appropriate
 professional to refer
 you for a
 free consultation

Ten Rainy Day Activities to Entertain the Whole Family

- With an unprecedented amount
 of rain this summer, most
 children are starting to feel
 bored having played most
 of their computer games and
 completed their puzzles. So
 in collaboration with mums
 and dads across the country,
Galt Toys has put together
 ten creative ideas to cheer up
 the whole family and spur the
 imagination.
- Cooking** - Children
 love cooking and eating pizza,
 from kneading the dough to
 making creative faces with
 the topping! It is also a great
 opportunity for children to
 practise counting, measuring
 and weighing. For extra
 fun give prizes for the most
 creative pizza toppings.
 - Cardboard boxes**
 - Are great for the imagination
 and provide hours of
 entertainment for creative
 minds. They make dens,
 cars and castles, which can
 be decorated in all sorts of
 fantastic ways. Small boxes
 can become spooky disguises
 - cutting out holes for eyes and
 mouth and painting on a scary
 face!
 - Indoor picnic** - You
 don't have to be outdoors
 to have a picnic. Gather the
 dolls and teddies for a creative
 mock outdoor picnic with a
 - Blanket, hamper** packed with
 food, paper plates and plastic
 utensils. You could even get
 the children making a giant paper
 sun to hang from the ceiling.
 - Reading** - Spend
 some quality time together
 snuggled up on the sofa with
 your child's favourite book
 taking it in turns to read aloud,
 adding silly voices and actions
 for the characters in the story to
 keep it fun and exciting.
 - Indoor Disco** - If
 you're up for something a little
 more energetic, raid the fancy
 dress box for your best dancing
 queen outfits and have a dance-
 off in the living room. See who
 can make the wackiest shapes!
 - Pasta Jewellery**
 - There is nearly always some
 left over pasta in the cupboard
 so why not put it to good use
 by making some pretty pasta
 jewellery. All you need is
 some string, glitter and glue
 and penne pasta - beautiful
 bracelets for everybody.
 - Treasure Hunt**
 - Agree on the treasures you
 are going to hide around the
 house, small toys, wrapped
 sweets, stickers etc. Create a
 series of clues leading to the
 treasure - older children often
 enjoy doing these and the
 younger ones finding it.
 - Board Games**
 - Everyone loves traditional
 board games, which are great
 fun and also help to develop
 important social skills, such as
 communicating, sharing, and
 taking turns.
 - Make Slime** - Yuck!
 But children will love it. Fill
 a bowl with water, add a few
 drops of food colouring (green
 if possible) and then gradually
 stir in cornflour until the slime
 is the right thickness. Children
 under six should be supervised
 at all times.
 - Singing in the rain**
 - Pull on your wellies and
 waterproofs and go splashing
 through the puddles singing
 as you go! Then come inside
 and warm up with some hot
 chocolate and marshmallows.
 -Ends-

About Galt Toys -
www.galttoys.com

**Advertise
 in
 PARENTS NEWS**
 020 8337 6337
 fergus@parents-news.
 co.uk
 www.
 parents-news.co.uk

2012-13 Autumn-Winter Collection Primigi: The Shoes that Tell Stories of Adventures

For the Autumn-Winter of
 2012-13, *Primigi* presents
 a collection inspired by
 the magical, adventurous
 and dreamy world of the
 greatest tales. Romanticism
 and elegance, exploration
 and initiative are the themes
 of the classic stories that
Primigi has reinterpreted.

"Cinderella" with its natural
 romanticism, beauty and
 elegance is the inspiration for
 a luxurious line in classic,
 sophisticated colours. The
 colours intertwine: from
 everlasting pink, blue and
 black, to lilac and plum, they
 are the authentic must-have
 shades for the new season.

| | | | | |
|----------------------|-------------|----------------------|--------------|---------------|
| Anatomical lastings | Soft insole | Foam filling | Padded ankle | Laces |
| Sublimated materials | Quick laces | Sublimated materials | Fast to make | Padded insole |

in pelle

sequins add a special touch to
 a distinctly "fabulous" collection
 to make every little girl's dream
 of being a princess every day
 a reality.

For the boldest characters with
 a restless spirit, the perfect
 story is "Around the World
 in Eighty Days". With shoes
 perfect for every occasion
 (sporty and elegant, casual
 and metropolitan ... even
 breathable and water-repellent),
 the little *Primigi* explorer defies
 time, distance and every type
 of adversity! *Goretex* technology
 and *Primigi* comfort blend
 effortlessly into minimal
 lines and uppers, for the most
 adventurous journeys.



The shoes feature clean styles
 and soft, quality materials.
 From classic ballerina flats
 to laced shoes, the details
 are bright, sparkly and full
 of charm. Embroidery and

Along with a modern
 reinterpretation of the Nordic
 look, with soft leathers and
 faux shearing and furs, *Primigi*
 launches the new *Path Goretex*
 hiking line with an aggressive
 design and well-defined styles.
 Sneakers in the classic tones
 of black and blue appear
 alongside comfortable, edgy
 and trendy half-boots in the
 softest colours.

"Puss in Boots", with his no-
 nonsense personality, is always
 ready for action, just like
Primigi shoes. Practical and
 feisty with a vintage flair, they
 are the perfect combination
 of traditional classic styles
 and natural, warm materials,
 artisan detailing and manual
 treatments.

There are laced sneakers with
 a lived-in look and boots
 inspired by the horse riding
 world, enhanced with metallic
 accessories including buckles

and horsebits, to always be
 ready and ready for every
 situation.

From the novel "The Pirates
 of Malaysia", bold, courageous
 children and their *Primigi*
 shoes face every adventure to
 reach their goal, just like the
 valiant warriors of *Sandakan*.
 Dynamism, speed and quality
 materials give space to
 imagination and creativity,
 for children who are fearless
 when it comes to limits. High-
 performance sneakers with
 two Velcro closures complete
 a genuinely sophisticated and
 innovative collection.



Finally, *Primigi* proposes an
 exclusive renewal of the Baby
 Fun and *Primigino* lines.

The *Baby Fun* line stands
 apart for its uppers made
 with cutting-edge technical
 solutions, easy fit and comfort.
 For little girls, there are
 combinations of mums and
 flowers in nubuck leather with
 a powdery effect, while for
 him a "worm" effect provides a
 sporty and casual style.

The *Primigi* line, on the
 other hand, features first step
 shoes that have been studied
 in every detail. They are easy
 to put on thanks to the new
 quick fastening system with
 a handy "stop and go" cordlock.
 The "wave effect" tread sole
 ensures non-slip grip and
 the anti-shock heel cushion
 provides maximum comfort.

The *Primigi* System, guarantee
 of quality and technological
 innovation

For more than 30 years
 children's well-being has been



the guiding principle behind
 every pair of *Primigi* shoes.
 More and more mothers are
 turning to *Primigi* for the
 know-how the company has
 developed over many years
 of creating products for
 children. The performance of
 the shoes, the materials used,
 the meticulous attention to
 detail, the unrivalled quality-
 price ratio and attention to the
 season's trends make *Primigi*'s
 shoes a guarantee of quality
 that mothers demand.

Driving the technological
 innovation of *Primigi* products
 is the continuously improved
Primigi System: in addition to
 the footwear's unmistakable
 lightness, flexibility and
 amazing fit, *Primigi*'s shoes
 are made with additional
 performance features such
 as the anti-shock system, to
 protect the heel from impact,
 and removable insoles for
 maximum hygiene. To prevent
 allergy-related problems, the
 metal parts are nickel-free
 while the insole contains no
 chrome VI, for products that
 are even more health-conscious
 and natural.

www.primigi.com

**TAKE ONE
 PICTURE**
 PRIMARY SCHOOL CHILDREN
 INSPIRED BY VERONESE
 9 May - 16 September 2012
 Admission Free
www.nationalgallery.org.uk
 Sponsored by The Dorset Foundation and by The Tavolozza Foundation

PRIMIGI
 Italian Style for kids
 2012-13
 AUTUMN-WINTER
 COLLECTION

Changing Lives Through Colour

To **Sally Webb of Connect 2 Colour** it doesn't matter if you are a two year old child, teenager, group of friends or are severely disabled, she believes all of us can benefit from an amazing new creative art process which is captured on canvas.

Webb says: "In the children's workshops everyone learns the new skills together which encourages them to communicate with each other as they all learn something completely new and find a connection with the paint that is fulfilling and positive. It is also the perfect solution for a completely different sort of birthday party!"

One happy participant **Lindsey Marriott** said: "The whole family had a squirry, squeezey, swirly wirly, sprinkly, sparkly time. The result...a fab work of art for our dining room wall - made with love and laughter!"

During its pilot stage for the last year workshops for autistic children showed improvements in the children's fine motor and social skills, using the unique technique with paint, glitter, stones and other embellishments with not a paintbrush in sight. More poignantly in the initial public workshops, with a mixed age and ability group including both special educational needs (SEN) and mainstream children, observers were unable to distinguish two out of three children with SEN from the overall group and were also unable to distinguish between artwork produced by mainstream children versus children with SEN.

Webb says: "I have a brother with severe learning difficulties and a daughter with special needs, so at first I started the company really to be able to help the special needs community access art and communication in a completely new and unique way. I soon realized that actually the process was appealing to all sorts of different people including typical children and families and hence the business has taken off beyond my wildest dreams!"

Whilst the special needs community will always be dear to her heart, the key to the workshops for all children is her development of a technique that means you don't need a creative bone in your body or a huge amount of physical ability to create a true masterpiece. On most occasions the children each work on their own piece of art to take home as a keepsake and where appropriate a collaborative piece.

Connect 2 Colour is already proving so popular that Webb has had to employ an additional four people and has plans to take the business nationwide in the future. First though, in true Webb style, she is launching her charity, **'Connect 2 Colour Community Fund'**, to ensure low income families and groups can access the **Connect 2 Colour** experience.

Webb continues: "Our motto is 'transforming lives, one canvas at a time' and we are so fortunate to have seen this time and time again. The future is bright and extremely colourful!" www.connect2colour.com

Free Running Sessions across Kent

Women and men of all ages and abilities are putting on their trainers and jogging the streets and parks of Kent. This is part of a county-wide campaign to get people running, to feel fitter, healthier and happier!

In Kent, Leaders have been trained to set up local running groups and they are keen to welcome new runners.

New runner, **Elizabeth Billingham**, states: "I couldn't believe how far I was able to run taking into account my age of starting (47) and my lack of belief in my personal ability. I knew as soon as I started training slowly and steadily with great coaching from

Sevenoaks Ladies Joggers that I would be able to conquer certain milestones (5k and 10k distances). At nearly 50 I am far more fit and healthy than I was at 40 and have also made some wonderful friends!"

Get your first running session free at your local group when you mention **PARENTS NEWS**.

All groups are led by qualified, enthusiastic, friendly leaders. To find a local group visit www.kentsport.org/rungroups or contact Lucy Tomlinson, Kent Running Activator on **07730 870696**

WWII Falconry



Dover Castle Castle Hill, Dover, Kent, CT16 1HU
Sat 6 & Sun 7 Oct 2012
10am-5pm

secret **Falcon Unit** - this is the enchanting tale of birds at war. Prices: Adult: £16.50 / Concession: £14.90 / Child: £9.90 / Family: £42.90

This is the remarkable story of how falconers and birds had to do their bit for king and country during the Second World War. From parachuting pigeons, peregrines inspiring aircraft design and the top

English Heritage Members: Free For information on all events email EnglishHeritage.customers@english-heritage.org.uk or call **0870 333 1183**.

School Made Easy by STABLO

STABLO knows that school isn't always easy for kids which is why it has developed a pen to take at least one thing out of your mind - handwriting. The **EASyOriginal** ergonomic pen will encourage your child to pick it up and learn with its colourful exterior and built in finger grips that make writing comfortable, fun and easy! Why choosing **STABLO**s as easy as ABC.

E is for Ergonomics: The **EASyOriginal** ergonomic grip shows children exactly where their fingers should sit in order for them to write comfortably and without pain from holding too tight or pressing too hard. The **EASyOriginal** has versions for both right and left handed children.

C is for Colour: The bright look and variety of colours of the **EASyOriginal** means that

it's something that children actually want to use and are proud to show off in the classroom!

S is for Stocks: The **EASyOriginal** is available in all major supermarkets including **Sainsbury's**, **Morrisons** and **Tesco**, major stationery shops including **WH Smith** and **Rymans** and online retailers including **Amazon** and **Cult Pens**.

T is for Trust: **STABLO** is a trusted brand which is praised by teachers, approved by parents and loved by children. **STABLO** believes in giving children the best possible start in education starting with the tools they need.

The RRP of the **EASyOriginal** is £6.99. For more information www.stablo.co.uk or follow on **Twitter @stabloUK**



Get training for the Lewisham 5km fun run!

It's that time of year again for the annual **Lewisham 5km fun run** at **Beckenham Place Park** on **Sunday 7 October**. All proceeds raised go toward the Mayor's chosen charity **The Lavender Trust at Breast Cancer Care**. There will be a 5km run for adults and teenagers at 11am (£8 for adults and £3 for 13-17 year olds); and a FREE 1km run for under 12s at 10.30am.

So get your running shoes on and bring the whole family for a great morning in the park! To sign up visit www.lewisham.gov.uk/funrun

020 8314 9274. Closing date: **Friday 28 September 2012**.

Dance Auditions for Cinderella

The Harlequin Theatre & Cinema. Auditions will be held on **Sunday 23 September 2012**. Registration: Juniors: 1:00pm Seniors: 3:00pm Junior dancers aged 8 - 12 years (should not exceed 4' 6") Senior dancers aged 13+ years - school leaving age (should be over 4'6") All dancers must be local to the theatre (within 30 mins travel distance) and be able to commit to rehearsals and performances from Tuesday 4 December 2012 until Sunday 6 January 2013. All dancers must attend regular dance lessons in Ballet, Tap and Jazz, following a recognised examination syllabus e.g. **ISTD/RAD** or **IDTA**.

01737 276500.

DYNAMIC THEATRE ARTS ACADEMY
PRE-SCHOOL DANCE CLASS OPEN DAYS
Thurs 20th Sep 1.30 - 2.15pm Sat 22nd Sep 12.15 - 1.00pm
St. Antony's Church, Wentworth Way, Sanderstead. Call to book a space.
Street Dance & Musical Theatre I.S.T.D. Ballet, Modern, Tap 5-18 yrs
100% pass rate since 2001. Standard fee entry to full-time vocational training.
07971 687719
lisa@dynamictheatreartsacademy.com

The Marlowe Theatre
EVERYONE has the chance to be creative in a series of workshops at **The Marlowe Theatre**.

From music, movement and fun for pre-school children (**The Marlowe Diddies**), to a session for adults exploring the different styles of theatre through play readings and creative scriptwriting (**The Marlowe Speakeasy**), these give people the opportunity to try something new.

Those over the age of 18 can learn about, and take part in, the various acting techniques and practices in **The Marlowe's Anyone Can Act!**, and different ages are catered for in several **Marlowe Youth Theatre** sessions: **The Marlowe Junior Company** (six to 10 years), **The Marlowe Apprentice Company** (11 to 14 years) and **The Marlowe Senior Company** (15 to 21 years).

Learning and Participation Officer **Daniel Lipman** said: "There are some amazing opportunities here, and as well as learning something new, gaining confidence and discovering your own potential, it's all about having fun as well!"

To find out more, including dates, times and prices, call the Box Office on **01227 787787**

www.marlowetheatre.com
info@marlowetheatre.com

Country Life at Hever Castle
14 to 16 Sept

Following last year's success, a variety of talented craftspeople and producers will once again set up stall on **Half Moon Pond Lawn** demonstrating country crafts ranging from rug making, wood turning and wood carving to ceramics, felt-making and aromatherapy.

Spinners, weavers and dyers explain how to produce textiles, plus advice on keeping hens and bees from the experts and local produce stalls.

Besides learning a new skill, there'll be plenty of opportunities for visitors to ask questions while they have fun discovering age-old techniques.

Adults £12, Senior Citizen £10.50, Children (5-15) £7.50, Family ticket £31.80.

www.hevercastle.co.uk
01732 865224

Snow White and the Seven Dwarfs

Junior Chorus Auditions
Two teams of juniors aged 10yrs to 17yrs to take part in this year's pantomime at the **Granville Theatre**.

Applicants must have previous stage experience and training, and be able to sing and dance. Auditions will take place on **Saturday 29 September** at 1pm at the **Granville Theatre**. They need to bring a photograph and CV outlining all experience and training.

There is no pre-registration required, just turn up! To be considered but cannot attend the audition for any reason, contact **Trudi Kingham**. Successful children will need to provide proof of identity and age, as well as 2 passport size photographs for their **Performing Arts Licence**. They must also be available for the whole of the pantomime season and able to attend all rehearsals.

A rehearsal schedule will be set once junior cast has been confirmed. Adults interested in main cast roles should email/post their CV and Photo to: **Trudi Kingham**, Granville Theatre, Victoria Parade, Ramsgate, Kent, CT11 8DG

trudi.granville@gmail.com
01843 855000

Dyslexia East Kent Support
Evening Talk
'Think-a-link
**'A fun & easy way to remember things'.
How to use Linking as a Memory Technique to help with Learning dates, historical facts, the meanings of words & spelling**
Speaker: Andy Salmon
www.thinkalink.co.uk
Tuesday 25th September
7.45pm for 8 pm start until 9.15 pm
Venue: The Spires Academy, Bredlands Lane, Westbere, Sturry, Canterbury, CT2 OHD (just off the A28)
The new school is on the right hand side of Bredlands Lane.
There's no need to book a seat.
A £3 donation from non-members would be appreciated.
For further information phone 0845 0038 979 or see website www.dyslexia-east-kent.org.uk

Saturday morning Drop-in Centre
on the first Saturday in every month in school term time, 12 - 2 pm
Members can borrow books for all ages, from our library of over a thousand books.
Next Drop-in 6th October.
Venue: Kingsmead Leisure Centre, Kingsmead Road, Canterbury, CT2 7PH (next door to Sainsbury's)

HMS CAVALIER

The Historic Dockyard Chatham's very own Second World War destroyer, will mark her own "Salute to the '40s" by firing a 'broadside' using all three of her 4.5" guns at 12.00 noon on **Saturday 15th September**, the first day of the Salute to the '40s event.

The last broadsides fired from operational Royal Navy ships were by HMS LONDON as she returned to the UK before paying off in February 1982 and HMS ZULU on paying off in 1984. Three rounds will be fired from A, B and Y guns on board HMS CAVALIER by the Historic Naval Gun Crew, a group of re-enactor volunteers who have assisted in restoring the ship's guns and who will also re-create Captain's Defaulters and bring the ship to life over the weekend of the Salute to the '40s event.

HMS CAVALIER was one of ninety-six war emergency destroyers built for the Royal Navy during the Second World War. Awarded the Battle Honour 'Arctic 1945' for operations off northern Norway and in support of the homebound-convoy Russian convoy RA64,

CAVALIER later operated in the Western Approaches, undertaking duties which included the high-speed escort of the liners-turned-troopships RMS Queen Mary and RMS Queen Elizabeth. HMS CAVALIER, together with an adjacent bronze monument is now the **National Destroyer Memorial 1939-1945** marking the very special contribution made by these ships and the men who served in them

Tickets are now on sale with discounts for advanced purchases and **Historic Dockyard** 12 month ticket holders. The new two-day tickets offer exceptional value for money. Go to www.thedockyard.co.uk/salutetoth40s for details. Salute to the '40s is sponsored by **BAE Systems** and supported by **Best of British Magazine** and **Kent Messenger Group**.



CANTERBURY cathedral
VOICE TRIALS
for boys aged 7 & 8
10th November 2012

Substantial scholarships are awarded and choristers enjoy the superb and extensive facilities of St Edmund's School. The Master of Chorists, David Flood, is always pleased to meet and advise parents and their sons.

For further details please telephone **01227 865242**
e-mail: david@canterbury-cathedral.org

Canterbury Cathedral is a registered charity. XC7869

Get Running in Kent...
Improve your fitness and have fun!
Join a sociable running group today.

FREE Running Session with the kit

Groups at **Sevenoaks, Tunbridge Wells, Maidstone, Ashford, Ramsgate and many more...**

Contact: **Lucy Tomlinson**
Kent Running Activator call: **07730 870696**

Find your local beginner group...
www.kentsport.org/rungroups

Kentsport **KENT**

barbican
Miss Ophelia
by **Het Fillaal**
31 Oct - 7 Nov
★★★★ *The Herald*

Through lively storytelling, imaginative puppetry and a beautiful score, this show brings to life the book **Ophelia's Shadow Theatre** by **Michael Ende** (author of **The Never Ending Story**).
For children aged 6+

All tickets £8.50
barbican.org.uk

Daily South Norwood Recreation Ground Car Green Road Croydon 020-8760 5707 Fitness Trails for adults & children of all fitness levels to get fit & keep fit. Positioned at each exercise station are signs showing the exercise to be undertaken with the suggested number of number repetitions.

Ongoing Dupass Hill Outdoor Gym Each item has clear instruction for its use over 12's.

Every Mon Blenheim Children & Family Centre Bromley 01689 879145 **Tues, Wed & Fri** mom toddlers activities.

Every Mon Lloyd Park 020 8726 6000 Health walk circular through Lloyd Park & Shirley on mainly flat terrain, ideal for beginners, 2 miles last approx 1hr, meet 1am **FREE** & same walk on potentially hilly terrain, 3miles ideal for advanced walkers, 2pm, **FREE, Every Sat** Park run, **FREE** weekly timed 5k run, need to register first.

Every Mon Parchmore Community Centre 53-55 Parchmore Road 020 8726 6000 x88965 Circuit for those new to exercise, returning after illness & the more mature exerciser.

Every Tues Coudson Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers, **FREE.**

Every Tues De Staffords Leisure Centre Caterham 01883 344355 Family Swim.

Every Tues Riddlesdown Circular Walk 020 8726 6000 x64952 Health walk, 2-3miles, meet 11am at 'Good Companions' pub, Hamsey

babies & toddlers. **Every Thurs** Wiggle & Jiggle for toddlers. **Every Mon Chatterbooks** drop in sessions, 8-11yrs. **Every Sat** Rock & Rhyme for babies & toddlers. **Every Wed** Social club for older people for a chat & a cup of tea. **Every Thurs** term time only storytime for under 7's, **FREE.**

Every Tues Purley Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers & Wiggle & Jiggle, toddlers over 18mths. **Every Fri** Storytime 2 ½yrs. **Every Sat** Rock & Rhyme for babies & toddlers. **FREE.**

Every Tues Central Shopping Centre Croydon www.central-shopping.co.uk In the Early Learning Centre playtime sessions for children, all ages with all kinds of arts & crafts from making face masks, cards, painting, colouring or just play, **FREE.** 10-12pm, **Tel: 020 8686 7535.**

Every Tues Thornton Heath Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers, **FREE.**

Every Tues Careers, training & learning advice sessions, 2-4.30pm, **FREE** & Computer training courses for beginners to experts.

Every Tues De Staffords Leisure Centre Caterham 01883 344355 Family Swim.

Every Tues Riddlesdown Circular Walk 020 8726 6000 x64952 Health walk, 2-3miles, meet 11am at 'Good Companions' pub, Hamsey

Green, FREE.

Every Tues Farnham Library www.bookstart.org.uk Baby Bounce 'n' Rhyme, **FREE.**

Every Wed Sanderstead Library 020 8726 6900 Bookstart rhymetime, babies & toddlers. Wiggle & Jiggle, 18mths-3yrs, Storytime 2 ½yrs. Fortnightly Rock & Rhyme for pre-school children, **FREE.**

Every Wed Unitarian Church 1 The Flyover 020 8726 6000 x88965 Zumba Latin inspired dance music & rhythms, all abilities.

Every Wed & Sat Millennium Arena Battersea Park 020 8871 7542 Drop in tennis sessions, 5.8-9.15yrs.

Every Thurs Norbury Park and Norwood Grove 020 8726 6900 A circular walk through Norbury Park & Norwood Grove, 2-3 miles, meet at Norbury Train Station, 1.30pm, **FREE.** 21 Aug Butterfly Walk, 2 hrs around the park to learn about these insects, 07968 832508.

Every Thurs Selsdon Baptist Church Addington Road 020 8726 6000 x88965 Circuits Low intensity for mature exercisers.

Every Thurs Croydon Sports College Croydon High School 020 8726 6000 x88965 Circuits Low intensity for mature exercisers.

Every Thurs South Norwood Leisure Centre 164 Portland Road 020 8726 6000 x88965 Acquasie sessions.

Every Thurs Banstead

Library www.surrey.gov.uk/kidstuff Rhymetime, 2.15pm **FREE.**

Every Thurs Caterham Hill Library www.surrey.gov.uk/kidstuff Rhymetime, 10am **FREE.** **Every Fri** Storytime, 2.15pm, **FREE.**

1st Fri of every month **Bergundy & Black Café** St Martins Walk Dorking Bumps & Babies is for mums with bumps & both parents or carers of non mobile babies, meet others for tea or coffee & get your baby socialising. www.net.org.uk/branches/dorking/events/bumps-and-babies. **3rd Mon of every month** Nappuccino a natter about nappies as an alternative to disposables.

Every Fri New Addington Library 020 8253 1023 Bookstart Rhymetime for babies & toddlers & Wiggle & Jiggle, 18mths+, **FREE.**

Every Fri Norbury Library 020 8726 6900 Bookstart Rhymetime. **Every Thurs** Wiggle & Jiggle. **Alternate Sat** Rock & Rhyme followed by Storytime. **Last Fri of each month** Chatter Books reading group for 8-12yrs. **FREE.**

Every Fri Selsdon Library 020 8726 6900 Bookstart rhymetime for babies & toddlers, Wiggle & Jiggle, 2-4yrs. **Every Mon** Storytime 2 ½yrs & Chatterbooks reading group for 8-11yrs. **Fortnightly** **Every Sat** Rock & Rhyme for pre-schoolers. **1st Tues** of the month Arty Crafty, 4-8yrs plus parents & siblings. **Every Sat afternoon** teenage reading group. **Last Thurs of month** adult reading group.

Every Wed Arty Crafty computers drop in sessions for under 5's, parents & carers, **FREE.**

Every Fri South Norwood Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers. **Every Tues** Wiggle & Jiggle, 2-4yrs. **Alternate Sat** Rock & Rhyme or Storytime, **FREE.**

Every Fri Shirley Library 020 8253 1023 Bookstart rhymetime for babies & toddlers, Wiggle & Jiggle for 18mths+. **Every Thurs** Storytime for 2 ½yrs. **Every Sat** Rock & Rhyme for babies & toddlers. **Monthly** story & craft workshops, 5-10yrs.

Every Fri New Addington Library 020 8253 1023 Bookstart Rhymetime for babies & toddlers & Wiggle & Jiggle, 18mths+, **FREE.**

Every Fri Norbury Library 020 8726 6900 Bookstart Rhymetime. **Every Thurs** Wiggle & Jiggle. **Alternate Sat** Rock & Rhyme followed by Storytime. **Last Fri of each month** Chatter Books reading group for 8-12yrs. **FREE.**

Every Fri Selsdon Library 020 8726 6900 Bookstart rhymetime for babies & toddlers, Wiggle & Jiggle, 2-4yrs. **Every Mon & Tues** after school The Man in the Moon Weekly drama workshops, 6-14yrs. **Every Wed** All Star Choir, 8-14yrs.

Every Sat norman Park Hayes Lane Bromley Kent 020 8460 5291 Soccer School, 4-6,7-9 & 10+yrs.

Calendar

Every Fri Waddon Ponds & Wandale Park 020 8656 5947 Circular walk 2-3 miles, meet outside Lidl, 11am, **FREE.**

Every Fri Thornton Heath Leisure Centre 89-110 High Street 020 8726 6000 x88965 Acquasie pay as you go sessions.

Every Fri Caterham Valley Library www.surrey.gov.uk/kidstuff Rhymetime, **FREE.**

Every Thurs Storytime, FREE.

Every Fri Dorking Library www.surrey.gov.uk/kidstuff Rhymetime, **FREE.**

Every Fri Redhill Library www.surrey.gov.uk/kidstuff Rhymetime, **FREE.**

Every Fri Warlingham Library www.surrey.gov.uk/kidstuff Storytime, **FREE.**

Every Sat The Green Dragon 58-60 High Street Croydon 020 8667 0684 Storytime for families 3-7yrs, drop in 2hr session with stories, puppets, arts activities & songs, **FREE.**

Every Sat Electric Theatre Onslow Street Guildford 01483 444789 Little Sparks in the Café Bar with music, games, songs, stories & puppets & Sparkles Dance drop in classes for 5-9yrs. **Every Mon & Tues** after school The Man in the Moon Weekly drama workshops, 6-14yrs. **Every Wed** All Star Choir, 8-14yrs.

Every Sat norman Park Hayes Lane Bromley Kent 020 8460 5291 Soccer School, 4-6,7-9 & 10+yrs.

Until 30 Sept RHS Gardens Wisley Wisley 01482 211113 Surrey Sculpture Trail with ideas for the best spots to explore, things to look out for & fun activities in garden, there is also an I-Spy book to keep young visitors on track, under 4's **FREE.**

11 Sept Longmead Social Centre Epsom 0800 3281060 Line Dancing taster session, **FREE**, book on line at www.southern.wea.org.uk.

12-18 Sept Ashcroft Theatre Fairfield Croydon 020 8688 9291 West Side Story, Hansel & Gretel Co-Opera Co. **23 Sept** The Wonderful Wizard of Oz family show. **4,6 Oct** Romeo & Juliet. **7 Oct** Piff the Magic Dragon.

14 Sept Woldingham School Marden Park 01293 447376 Concert for St Catherine's Hospice to be hosted by BBC newscaster Nicholas Owen.

14 Sept Ashted Peace Memorial Hall Woodfield Lane Friday Market with up to 30 stalls selling a variety of goods, 9-12.30pm.

14 Sept Ashted Peace Nurseries in Fulham, Kingston and Dorking Ring for details

0800 081 1620 info@active-learn.co.uk

Inspiring Unique programme of art, drama, music, science, literacy and IT with dedicated teaching specialists

Healthy Specialist sports coaching, organic cafe, adventure playgrounds, holistic education

Innovative Purpose designed activity studios, sensory room, baby sleep room, secure webcams

PARENTS NEWS
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updated daily and you can read copies of this and other area editions
www.parents-news.co.uk

Memorial Hall Friday Market with up to 30 stalls selling a variety of goods, including cakes, plants, jewellery, bric a brac & lots more, **FREE** entry.

15 Sept South Norwood Lake 020 8726 6900 Go Batty at South Norwood Lake, Bat walk around the lake.

15 Sept Godalming Bandstand Phillips Memorial Park **15 Sept** Jubilee Proms in the Park plus a display of vintage cars & motorbikes, **FREE** concert bring your chairs & picnic, Hog Roast, Pimms Tent & Ices & cold drinks available on site, 5-7.15pm.

15 Sept Claypath Youth Centre 07714 761402 Enerjetix, Monster Movers, fast paced, physical, highly energised contemporary movement & physical theatre sessions for toddlers, boys & girls, www.enerjetix.co.uk.

15 Sept Dunsborough Park Ripley Open Garden, entry **FREE** for children.

15 Sept North Holmwood Village Hall Dorking 0844 243 6107 Dorking NCT Nearly New Sale with clothes, toys, equipment for babies & toddlers & maternity wear, 10.15am-12pm. To register as a seller email DorkingNNS@nct.org.uk or **Tel: 0844 2436107.**

15-16 Sept Hatfield Park East Clendon 01483 222482 Pony Magic, pony rides for children with experienced handlers, 2-11yrs. **16 Sept**

Folk Festival, Hatchlands Park food festival, focusing on local & organic food & drink from a wide range of producers & live music. **23 Sept** Have a Go Archery, 11-4pm.

16 Sept Denbies Wine Estate 01306 876616 Plant Heritage Surrey Group Plant Fair, with **FREE** entry & parking.

16 Sept Painshill Park Portsmouth Road, Cobham 01932 868113 Storytelling Events, Arabian Nights an enchanting story walk for all the family, under 5's **FREE.**

23 Sept Reptile Awareness Society Memory Walk starting from the bandstand area in the park, a 2.5 & 10 mile route to choose from which means that the whole family can take part. There will be entertainment, food stalls & trade stalls. Registration for Memory Walk is **FREE**, visit www.memorywalk.org.uk. **Tel: 020 7264 5996.**

22-23 Sept Bishop's Meadow Farham Kids fest, the festival by kids, for kids, activities to include Jelly Welly Races, the World Famous Custard Slide & Wotz in the Sox plus live entertainment & special celebrity guests, www.kidsfestuk.org.uk.

23 Sept Happy Valley & Farthing Downs Coudson 020 8726 6900 How we look after Happy Valley guided walk, to book **Tel: 07775 824811.**

23 Sept Coudson Community Centre Fashion Show in aid of Cats Protection's Shop & Cat Haven Fund, **Tel: 01737 244628**, email [@bhinternet.com](mailto:catsprotection_).

occasion. The event features demonstrations, workshops & makes & takes which cater for all levels of ability, entry under 16's **FREE.**

22 Sept Polesden Lacey Dorking 01372 452048 Longbow Archers event.

22 Sept Battersea Park London 020 8394 7969 Pants in the Park 5K family fun run. Participants are asked to wear their pants over their clothes 'Superman style' to help raise awareness of prostate disease, to register visit www.pantsinthepark.org, under 5's **FREE.**

23 Sept Alzheimer's Society Memory Walk starting from the bandstand area in the park, a 2.5 & 10 mile route to choose from which means that the whole family can take part. There will be entertainment, food stalls & trade stalls. Registration for Memory Walk is **FREE**, visit www.memorywalk.org.uk. **Tel: 020 7264 5996.**

22-23 Sept Bishop's Meadow Farham Kids fest, the festival by kids, for kids, activities to include Jelly Welly Races, the World Famous Custard Slide & Wotz in the Sox plus live entertainment & special celebrity guests, www.kidsfestuk.org.uk.

26-29 Sept Putney Arts Theatre Ravensna Road Putney 8788 6935 Footloose the musical.

28 Sept Reigate Community Centre Fashion Show in aid of Cats Protection's Shop & Cat Haven Fund, **Tel: 01737 244628**, email [@bhinternet.com](mailto:catsprotection_).

Maric Curic Cancer Care. There is a 3 or 7 mile route. The first walkers set off at 9.30am with the latest being at 11.30am. www.happyvalleywalk.org.uk. **Tel: 07783 763526.**

23 Sept Epsom Downs Racecourse Tickets 0844 848 0197 The Festival of Vintage fun filled day of all things vintage with over 60 exhibitors showcasing their collections.

23 Sept Loseley Park Guildford 01483 454213 Surrey County Ploughing Match & Country Fair, family fun day with a wide variety of activities from Falconry, dog agility, terrier racing, gun dog trials, heavy horses, clay shoot, fly fishing, racing pigeons, tractor driving & lots more.

23 Sept Imber Court Ember Lane Autumn Gift & Craft Fair, **FREE** admission & **FREE** parking, 10-4pm, www.christmasgiftfair.co.uk.

25-29 Sept New Victoria Theatre Woking 01483 545900 Joseph, the family musical.

26-29 Sept Epsom Playhouse Ashley Avenue 01372 742555 The Sound of Music, musical for all the family.

26-29 Sept Putney Arts Theatre Ravensna Road Putney 8788 6935 Footloose the musical.

28 Sept Reigate Community Centre Fashion Show in aid of Cats Protection's Shop & Cat Haven Fund, **Tel: 01737 244628**, email [@bhinternet.com](mailto:catsprotection_).

bhinternet.com.

29 Sept Reigate Park United Reformed Church Park Lane East NCT Nearly New Sale baby & children's clothes at bargain prices, table bookings info www.nct.org.uk/branches/redhill-reigate-horley-nearly-new-sales.

30 Sept Rural Life Centre Farnham 01252 795571 **30 Sept** Special day to mark the end of the farming year with a harvest service in the chapel at the museum. There will be activities taking place all around the museum including an Autumn show.

30 Sept Barnfield Care Home Horley 0845 3712734 Cats Protection Homing Show & Sale meet some of the cats looking for safe & loving homes, entrance **FREE** or a tin of cat food.

6 Oct St Mark's Church Hall Purley Indoor Car Boot Sale, 10-12pm.

6 Oct Sanderstead & Whyteleaf 0208 726 6900 Bird Box Building, all materials & tools provided for a small charge, build your own bird box to take home, to book **Tel: 07771 75812.**

6 Oct Guildford Cathedral Stag Hill 01483 547870 Aled Jones, www.guildford-cathedral.org.

What's On London Calendar
Page 11

Give your child a head start at school!

For 3 to 13 year olds

Over 1000 ebooks

The online teaching resource for children that really works!

Reading Eggs and Reading Eggspress are comprehensive, highly interactive online programs designed to get children reading by combining the best elements of online and book learning.

With lessons developed by a highly experienced team of teachers, the sites combine interactive animations, educational games and lots of rewards, making **Reading Eggs** and **Reading Eggspress** great places to learn to read. Children are highly motivated to return again and again.

Program content includes:

- ✓ Sight words
- ✓ Vocabulary
- ✓ Grammar
- ✓ Writing
- ✓ Progress tracking

FREE 5 WEEK TRIAL

FREE ACCESS CODE: UKS24PNS

Simply register an account at www.readingeggs.co.uk and use the special code above.

*Offer ends 31st October 2012 and is only available to new registrations.

Where children become great readers! www.readingeggs.co.uk | www.readingeggspress.co.uk

A dream for every pre-school child...

...and their parents

Everything you'd expect in a nursery, and more

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Inspiring
Unique programme of art, drama, music, science, literacy and IT with dedicated teaching specialists

Healthy
Specialist sports coaching, organic cafe, adventure playgrounds, holistic education

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Purpose designed activity studios, sensory room, baby sleep room, secure webcams

A fresh approach to nursery education.

www.active-learn.co.uk

Boost your child's confidence

Kumon's maths and English study programmes work to build your child's confidence and inspire a passion for learning.

Contact your local Instructor for a Free Assessment:

| | | |
|-------------------------------------|--|-----------------------------------|
| Biggin Hill 01689 880 497 | Croydon, Shirley 020 8681 1031 | Purley 020 8660 2602 |
| Blackheath 020 8039 0093 | Lower Sydenham 020 3002 0239 | Selsdon 020 7993 8698 |
| Chelsfield 01689 602 196 | Oxted 01883 723 204 | Streatham 020 8681 1634 |

Croydon Central
020 8686 6833

KUMON

Fees vary. Please refer to your local study centre.

kumon.co.uk

Welcome to the new term and Open Day Season!

St Lawrence College October Open Days are a great opportunity for families to take an informal look around and see what the School has to offer:
Friday 5th October
 Nursery & Junior School Open

Day (3-11 years)
Saturday 6th October
 Senior School Open Day (11-18 years)

From 'ABC' to A Levels **St Lawrence College** can offer continuity of education from 3-18 years, or the flexibility for you to choose independent education for just part of your child's schooling. *ISI Inspection Report, November 2011:*

Nursery: "Outcomes for children in the Early Years Foundation Stage are outstanding."

Junior School: "Pupils of all abilities achieve highly, in all aspects of their learning, at all stages of the school."

Senior School: "The quality of the teaching throughout the school is excellent".

If you have never been inside an independent school or think 'it's not for my family' - why not take a look at what you're missing? Everyone is welcome.

Junior School:
01843 572912
 Senior School:
01843 572931

www.slck.com



Great Opportunities at The Duke of York's Royal Military School

An Academy with Military Traditions

The School offers an independent school lifestyle, welcoming all pupils aged 11 to 18 years of age.

Traditionally a school serving military families, they are

now pleased to welcome any pupil who would like to buy into the special blend of military and education; celebrating the integral values of self-discipline, self-reliance, spirituality, leadership and respect for others.

An exciting £24.9m building

programme will update an already impressive site with enhanced facilities.

Visit the website for more information:
www.doymrs.com
01304 245023



Junior pupils in their blues

www.doymrs.com

Telephone: 01304 245023

A truly extraordinary school

The Duke of York's Royal Military School
 An Academy with Military Traditions

Why choose us?

We now welcome all children aged 11 to 18

Your child will enjoy:

- an independent school lifestyle with sports, music, drama, Combined Cadet Force and trips abroad;
- a quality education where they will achieve the very best they can;
- an ethos where traditional values such as self-discipline, self-reliance, spirituality, leadership and respect for others is present; and
- a busy and fun community where they can live and study with their friends.

Our fees are only £3,325 per term (£9,975 per year)*. We are competitively priced as you only pay for boarding: your child's education is paid for by the state. Come and visit us for a pupil-guided tour. We also offer "Taster Weekends" so that your child can try boarding with us.

*Our fees are reduced annually.



Bromley High Girls aiming higher!

It felt like an Olympic medal ceremony at **Bromley High School** as the U6th opened their envelopes to find out whether all their hard work and determination had paid off when they received their A level results. They need not have worried - the results were fantastic and testament to the hard work, commitment and enthusiasm for their studies that has been the hallmark of this U6th year. 21% of all grades were at A*, some three times the national average for 2011. 42% of girls scored only A and A* grades, with the total of A and A* grades numbering 63% across all the subjects and 85% A* to B. Subjects as diverse as Art, Physics, Economics, Music, Photography and the Extended Project Qualification gained 100% A* and A grades, assuring that the U6th leavers will be enjoying success in a wide range of university subjects on some prestigious courses from Law, to English and physics, when they begin their degree courses in the autumn.

Special congratulations to **Audrey Bellis**, who, after only one year of study in the UK secured two A* and an A grade, to **Ellen Cheetham** who, with her 4 A* grades will be taking up her places to read Geography at Oxford in the autumn, and to the outstanding musical duo of **Sarah Phillips** and **Amy Yule**, who between them achieved 6 A* and 2 A grades in subjects including maths, chemistry and, of course, music. Very well done also to Charlotte Adolpho, Lucy Botham, Emma Cochrane, Ashana Gupta, Mariha Hamid, Clare Skinner, Johanna Raghu and Leanna Ruprai, all of whom have secured places to study medicine, veterinary or dentistry courses at university. The school wishes them every success with their future study.

Head, **Louise Simpson** said; "We could not be happier with the girls' outstanding achievements. Achieving top scores at A level has many parallels with the world of success in sport; it takes enormous commitment and

dedication from the girls first and foremost, but also from their teachers, parents and friends who support and encourage them and help to make these successes reality. It is easy to forget just what a long haul the journey to success at A level is and we congratulate every one of the girls on their individual successes, wherever their destination in life, these grades will open the door to the next step for them and will allow them to pursue their dreams and ambitions, and we wish them luck as we wave them on their way!"

How many candidates took A levels 50
 How many entries for A levels 155
 Pass Rate A* to E 100%
 Pass Rate A* to C 99.4%
 % getting at least one A or A* 78%
 % getting at least two A or A* 60%
 % getting at least three A or A* 44%
 % getting at least four A or A* 12%

020 8781 7000

The Fathers' Club Support & Guidance for Fathers of Autistic Children

Increasing numbers of children are being diagnosed with an autistic spectrum condition. Support and access to information tend to operate during the mornings or afternoons when most fathers are at work and this leaves father somewhat isolated. **The Fathers Club** have eve meeting contact John Franklin john_e_franklin@hotmail.com

ELMHURST
 School for Boys aged 4 to 11

Are you looking for an Excellent Education?
OPEN MORNING
 Saturday 6th October 10am-12noon

Sport and Music are very important at Elmhurst. We have an orchestra and 3 choirs. Boys participate in interschool matches in Cricket, Rugby, Football and Swimming. They also play Hockey, Tennis and Table Tennis.

We are a two minute walk from South Croydon station with trains to East Croydon and London and 10 minutes from Lloyd Park Tram stop

From our ISI Inspection September 2011
 "Pupils' personal qualities, academic and other achievements are excellent."
 "Teachers are particularly patient and are always prepared to take time to answer questions or to help individuals when necessary."

A consistently high record of scholarships and places to top sought after schools such as **Whitgift, Trinity, Royal Russell, Dulwich, St Olave's, Wilson's, and Wallington**

Please visit our website at www.elmhurstschool.net
 or call Carolee or Paula on **020 8688 0661**

Elmhurst School
 South Park Hill Road, South Croydon Surrey CR2 7DW

BROMLEY HIGH SCHOOL

WITH US SHE WILL THRIVE

"I enjoy being busy, having lots of fun and working hard" Victoria, Reception

OPEN MORNING
 SATURDAY SEPTEMBER 29TH 2012
 9.30 AM - 1.00 PM

SIXTH FORM OPEN EVENING
 MONDAY OCTOBER 8TH 2012,
 FROM 6.45 PM

4+, 7+, 11+ and 16+ 2013
 Fees assistance & Scholarships available (11+ and 16+)

admissions@bro.gdst.net Tel: 020 8781 7000 www.bromleyhigh.gdst.net/par1

CHOOSE GO-ED AT CROYDON HIGH
 Girls Only Education for girls aged 3 to 18

Come and find out more about our exceptional school.
OPEN DAY 29TH SEPTEMBER 9.30-12.30.
 Visitors always welcome - please call **0208 260 7543** to book a personal tour.

Girls who are going places go to **Croydon High School**

CHS Croydon High School
 An Independent Day School for Girls aged 3-18
www.croydonhigh.gdst.net

See what sets us apart from the rest at one of our...

Open Days

Scholarships and Bursaries available

Nursery & Junior School
 Ages 3 to 11 years
 • Friday 5th October
 • 10am to 12pm & 1.30pm to 3pm

Senior School
 Ages 11 to 18 years
 • Saturday 6th October
 • 10.45am to 2pm

Further information is available from the Registrar:
 Junior School: 01843 572912 / mag@slck.com
 Senior School: 01843 572931 / ah@slck.com

St Lawrence College
 Co-educational, day and boarding school.
 Charity No. 3079/21

New tools for volunteers at community garden



Volunteers at **Stream Walk Community Garden** show off their new tools, thanks to an **Awards for All** lottery grant. Generous volunteers have donated large tools bought from boot fairs in the past, but the group was desperately short of small tools for weeding and planting, as well as cutting back the hedges and keeping

the grass edges tidy. The group **Transton Town Whistable** successfully got the Big Lottery grant earlier this year and works together with staff from **Kent Enterprise Trust** to run sessions at the garden.

Anyone can come along and join in the sessions and will

be shown how to grow veg, flowers and fruit and get fit at the same time. The grant will also be paying for volunteers to get first aid training, buy timber to build raised beds, build an outdoor classroom and a polytunnel.

Kent Enterprise Trust
01222 844475.

Nearly New Sale

SAT 29th SEPT 2012

New Line Learning Academy
Boughton Lane, Loose. ME15 9QL

2.00pm – 4.00pm

Children's Clothing up to 11 years, Maternity wear, Nursery, Baby & Children's Equipment, Real Nappies, Toys, books, games plus much more.

Entry Fee £1.00

For further information please see our website

www.nearlynewsalekent.co.uk

A percentage of profits from this sale will benefit the following:
Kingswood Pre School, Maidstone Birthing Unit, Emelia's Little Heart Foundation, Charity no: 1145863 & Macmillan Cancer Support, Charity No: 261017

Back to school with a Bang!

Before they've even left the classroom for the summer holidays, kids will be dreaming of shiny shoes, freshly sharpened new pencils and the coolest backpack for the new term in September.

Stock up on back to school equipment and fashion essentials before the big rush.

At the premium shopping destination **www.AlexandAlexa.com** they've scoured the globe to bring parents and their kids the top trends and fashionable back to school finds that really make the grade, meaning little ones are preparing and raring to go for the new school year.

For the best and most cutting-edge brands and products, look no further. Parents can shop coats, shoes and accessories at the click of a mouse, but also stock up on stationary,

lunchboxes, backpacks and learning essentials for the star pupils!

With a wide range, **AlexandAlexa** are well stocked with the new must-haves; **Lego** have a new range of innovative lunch and storage boxes as well as the popular **Micro Scooter** making getting back to school that little bit more exciting.

Girls can brighten up the new term with pretty yet practical shoes from brands such as **Start-Rite** and **Lelli Kelly**. A huge selection of colourful and stylish bags and backpacks will leave girls starting the year feeling great.

Boys can get top marks in their style too, with back to school favourite brands including **Barbour**, **Mayoral** and **Scoat**. **AlexandAlexa.com** are introducing a wide range of

after-school learning and nurturing products, with books, game and puzzles from some great international brands such as **Melissa & Doug**, **Brainstorm** **Eureka** and **House of Marbles** to make sure your child is an A grade pupil.

To help celebrate the launch of the back to school shop, **AlexandAlexa** has created a too-cool-for-school mini-movie featuring all the best products to get kids stuck into the new term. To view the video www.alexandalexa.com/catalogue.html

They are also offering the chance to win a **Micro Scooter** and £500 voucher! Just go onto their Facebook page or follow this link to view the competition

www.facebook.com/alexandalexa?w=app
150794994973742&rest=1.



Skip-Hop bumble bee backpack £21



Shreds 'Elmer' lunchbox £11



Goodbye Bento style lunchbox £17

Stop nosebleeds in moments!

It is distressing to experience your child suffer from a nosebleed. Frequent nosebleeds are very common in children. 1 in 10 children experience frequent nosebleeds, with the most common causes in toddlers being common cold and allergies

There is currently no other alternative in the UK to help stop nosebleeds apart from the traditional methods. Traditionally, treatment of nosebleeds has either been to clamp the wings of the nose or insert a wad of cotton wool into the nostrils.

Nozohaem is a unique gel treatment, combining a mix of glycine and calcium, both well known to have a positive impact on blood functionality. It is safe and suitable for adults and children of all ages. Quick to administer, **Nozohaem** stops the bleeding in moments.

Nozohaem is new to the UK and was invented in Scandinavia by **Pharmaceur, The Nose Experts.**

It is available from www.oneclickpharmacy.co.uk and www.victoriahealth.com.

What's On London and Regional Calendar

Daily Harry Potter London Locations Tour 020 7222 1234 Meet at Temple Station, 2 ½ hr bus tour of London locations featured in the Harry Potter films. Learn more about the wizard & the Hogwarts gang with facts, discussions & an insight into how the films were made.

Daily London Dungeon London 020 7403 7221 Vengeance: The UK's first 5D laser ride

Daily Tower of London Tower Hill London 0844 482 7799 Fit for a King exhibition learn about the personalities, power & physical side of England's kings, from the Tudors, & the notorious Henry VIII to today's royal family.

Daily London Zoo Regent's Park London 020 7222 3333 Rainforest Life Exhibit, experience the sights, sounds, smells of the rainforest & come face to face with amazing rainforest species including monkeys, sloth, armadillo, tamandua plus there's a special Night Life area, where you'll discover bats, rats & other nocturnal creatures that dwell in the dark.

16 Sept London Zoo Stampede 10K charity run will take runners past some of the world's most amazing animals, including western lowland gorilla & a mob of meerkats & lots more, www.zsl.org/stampede.

Daily National Army Museum 020 7730 0717 www.national-army-museum.ac.uk - Victorian Soldier Action Zone with quizzes, games & hands on activities to help your learn about life as a Victorian soldier, FREE. **Daily** The World's Army, Empire, Commonwealth & Dominion Soldiers 1914-45 Action Zone family interactive zone, FREE. **Daily** Kids Zone, interactive learning & play space for under 10's plus a soft play area for babies.

Daily The Queen's Gallery Buckingham Palace 020 7766 7301 activity bags for families, find out which animals the adventurers shared the Antarctic and what early explorers wore to protect themselves from the cold.

Ongoing Royal Mews Buckingham Palace 020 7766 7302 Family groups may explore a range of self directed activities from the art trolley, 5-11yrs.

Ongoing Churchill War Rooms Clive Steps King Charles Street 020 7930 6961 Undercover, Life in Churchill's bunker, learn what life & conditions were like underground & experience the authenticity & emotional resonance of walking through the corridors where Churchill made his history.

Every Sun Venn Street Market, Clapham Common 020 7261 8259 Now with new small independent producers taking part to include The Garlic Farm, Market Gourmet which produces Mitchella quality foods ready made, Seriously Italian & lots more, 10-4pm.

Every Sun National Gallery www.nationalgallery.org.uk 020 7747 2885 Family workshops for families bringing paintings alive & listening to a themed story on the magic carpet, plus FREE family trail.

Every Sun Hildreth Street Market Balham SW12 Street Market 020 7613 4988 Family friendly market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls, FREE entry, www.clocktowermarket.co.uk

Every Weekend Tate Britain Millbank London 020 7887 8888 Liminal invites visitors into a physical, material world sourced from all over London.

Every Sun South London Gallery 65 Peckham Road 020 7703 6120 Hands on workshops for families led by gallery artists, FREE.

Every Tues in Aug HMS Victory 02392 728060 Join the guides for stories & handle objects from the collection other activities to include being a ship detective, medal making, naval navigation, animal magic & marvelous music.

Every Tues, Wed & Thurs throughout school holidays **HMS Warrior** Portsmouth 02392 728060 Fun at the Victorian Seaside, put on a Punch & Judy show & take a souvenir to take home with Victorian style toys & board games.

Every Wed Heaven at Nutfield www.heaven-nutfield.com Science Shows interactive gallery which will allow visitors to launch a rocket, turn their head into a sound box & control a magnetic cloud for families, FREE. **Daily** Gallery Tours, families 13+yrs, FREE.

Every Thurs until 25 Oct London Imax Cinema South Bank Waterloo 020 7928 3535 Young Filmmakers' After School Course, from stop motion animation to special effects & everything in between, 9-14yrs, 9 Sept Thames Festival Funday; Peppa Pig & Ben & Holly's Little Kingdom, available for fans of the shows to come & learn about how they are made & watch Peppa & her friends in the big screen plus Peppa Pig workshop in the foyer.

Every 2nd Sat of month National Geographic Store 83-97 Regent Street 020 7025 6960 Animal Man comes face to face with slithering snakes, slimy insects & smelly skunks. Meet a wide variety of animals to include owls, lizards, tortoises, armadillos, meerkats & lots more, hands led by AnimalMan Nick Spellman

Every Sat Blue Elephant Theatre Camberwell 020 7701 0100 Young People's Theatre workshops, various age groups 7-18yrs, FREE to join.

Every weekend Tate Modern Bankside London SE1 020 7887 8008 Open Studio play & create with ideas & materials from artworks in the collection displays for all ages. **Daily** Family resources with paper based activities for families all ages, FREE. **Daily** Children's Multimedia Guide keeps children entertained & animates art works through music, video clips & e-learning games, 5+yrs, **Daily** Under 5's Zone a new play space for families, FREE. **Every weekend** Start Sessions with clamps, map making & cue matching, 5+yrs, FREE.

Every weekend Rich Mix Bethnal Green 020 7613 4988 Cinema of Time a collection of films suitable for all the family

Every weekend Temple Station 020 7222 1234 Harry Potter Locations Tour, 2 ½ hrs.

Every weekend Greenwich Clocktower Market Greenwich High Road 020 8205 2266 Market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls, FREE entry, www.clocktowermarket.co.uk

Every Weekend Tate Britain Millbank London 020 7887 8888 Liminal invites visitors into a physical, material world sourced from all over London.

through touch, interaction & collaboration, all ages, FREE. **Every weekend** Art Trolley sessions encourages children to imagine & create collages & lots more, FREE. **Every Weekend** Children's Multimedia Guide fun & interactive a sensory experience for all the family to enjoy, 5+yrs. **Daily** Family Resources provides questions & activities which encourage children & families to explore art works, FREE. **Daily** Family Trails, under 5's, FREE.

Until 16 Sept Science Museum Exhibition Rd London 0870 870 4868 Last chance to see Animal Inside Out. **28 Sept** Science Uncovered open evening & discover the science that goes on behind the scenes, families, 14+yrs. **Until 31 Oct** Wildlife Garden, FREE. **Launched** Science Shows interactive gallery which will allow visitors to launch a rocket, turn their head into a sound box & control a magnetic cloud for families, FREE. **Daily** Gallery Tours, families 13+yrs, FREE.

30 Sept Plymouth take control in the form of cockroaches dressing up in realistic costumes, FREE. **Every Weekend** explore hundreds of real natural history specimens, discover evidence along the way using microscopes, the computer database & other scientific instruments, science educators to there to help you with your investigations, FREE.

Until 16 Sept Natural History Museum Cromwell Road London 020 7942 5000 Animal Inside Out exhibition, under 4's FREE. **Every weekend & school** holds Hands on Nature Dinosaurs, visit the handling station & explore interesting specimens with the help of the museum science educators, FREE & Up, Up and Away interactive storytelling for under 7's, FREE. **Daily** Family Earth Lab explore the wonder of fossils, rocks & minerals, families, 6+yrs, FREE. **Explorer** backpacks, families under 7's, Dippy Floor puzzle under 7's, FREE. **Bookasaurus**, families under 5's, Jurassic Ark family activity pack includes code breaking activities, **Daily** Learning Activators encourage visitors of all ages to discover more about the natural world, FREE. **Daily** Focus Points handling trolleys explore real specimens with the help of volunteers, using different natural history themed activities, all ages, FREE.

21-22 Sept Royal Air Force Museum Grahame Park Way Hendon London 020 8205 2266 Athletics & Olympians: Sport in the RAF exhibition featuring those athletes who were in the RAF at the time that they competed in the Olympic Games, www.rafmuseum.org.uk London.

Until 23 Sept Imperial War Museum Lambeth Road 020 7416 5439 Build the Truce display. **Until 29 Sept Horniman Museum** London Road Forest Hill 020 8699 1872 **Every Sun** until 29 Sept

Art Makers have fun with art skills & exciting techniques to create something good to take home, 3+yrs 8,15 Sept Rainsticks, 22 & 29 Sept Chinese Moon Festival Lanterns, adults FREE. **Every Sun** until 30 Sept Discovery for All Children's Multimedia Guide fun & interactive a sensory experience for all the family to enjoy, 5+yrs. **Until 31 Dec** The Art of Harmony: The V & A & Horniman Museum Collections, FREE. **Until 6 Jan '13** The Body Adorned: Dressing London exhibition.

Until 30 Sept Southbank Centre Priceless London Underground a playground for people including aerialists, sideshow, fairground rides, a bandstand & a museum to weird & wonderful creatures along with the magnificent 1920's Spiegelteat & lots more, www.pricelesslondonwonderground.co.uk

4-14 Nov Portsmouth City Museum Nicholas Nickleby display, FREE entrance, www.portsmouthcitymuseums.co.uk 12-14,19-21,26-28 Sept The Scoop South Bank 020 7403 4866 Riverside amphitheatre screening a mix of classic, cult & contemporary films rarely shown elsewhere, no need to book, seats allocated on a first come first basis, FREE. Cushions are available for hire & you may bring your own food & drink (no glasses), www.morelondon.com/thescop 13 Sept Great Expectations.

14,15,22 Sept **Victoria & Albert Museum** 020 7942 2000 Make it: Create A Fashion Collection, 10-12yrs. 14-23 Sept London Design Festival with workshops seminars & talks, FREE. 30 Sept Big Draw, Big Make, activities to include crown making workshops led by Mister Maker (as seen on CBeebies) talks by artists & design makers such as Quentin Blake & pop up studios where visitors can take part in challenges from fashion illustration to designing fountains, FREE some events require advance booking via www.vam.ac.uk/whats-on or Tel: 020 7942 2211. **Daily** Back Packs families can pick up an activity back pack filled with jigsaws, stories & games to explore the collection, 4-11yrs. Activity Cart hands on art fun for children to create a Samurai helmet, a silver goblet or an elephant mask to take home, FREE, drop in plus August Animal bag a sensory activity bag that has been developed for under 5's containing an audio map & fabric cubes, FREE.

14-16 Sept **Hackney Empire Theatre** 11711 Stratford London 020 8985 2424 Angelina Ballerina the Musical - Live on Stage, families 3+yrs.

23 Sept **Queen Elizabeth's Children's Story Centre** Stafford 020 8536 5555 Roadl Draft Wood, Revolving Rhymes, under 2's FREE. 22 Sept My Super Sister with Gwyneth Rees for an interactive session including Q & A's, the event is followed by a book signing in the café, under 2's FREE. 23 Sept **Queen Elizabeth's Hunting Lodge** London 020 8508 0028 Open City Tudor Music, drop in event, 12-5pm, FREE.

28 Sept **Greenwich Market** The Macmillan World's Biggest Coffee Morning, 10-12pm, buy your coffee at Greenwich & local café & a £1 donation will be given for every coffee sold. A few traders will be doing 10% of their day sales with book signing of the new book, 28 Sept Greenwich Goes Green a must visit occasion for those looking to cut their carbon foot print, learn about local sustainable opportunities or simply enjoy the eco shopping experience.

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level of competitor from those who enjoy fun, fancy dress & charity stunts to serious sportsmen & women who like to win. Fun day out, from Docklands to Richmond, www.greatrainsticks.co.uk

15 Sept **Royal Naval Submarine Museum** 02392 545034 Gosport Stars Showcase with Gosport's very own Scouts, Guides, St John's Ambulance, Gairfs & Navy, Army & Sea Cadets for a fun filled day. **Daily** Skul & Crossbones: Living under the Jolly Roger Family Exhibition, become a pirate, learn how to speak pirate, command your boat, discover treasure, hoist your Jolly Roger & set sail for a pirate tour of the museum. **New** family activity area the **Warrior's** gunroom where young sailors can have some R&R including costumed roleplay, toys, games & colouring.

15-16 Sept **Etham Palace** Court Yard London 020 8294 2548 Art Deco Fair opportunity to buy original 1930s objects. 16 Sept **Museum of Childhood** Bethnal Green 020 8983 5200 16 Sept Design a New Sheet, creative workshop for 3+yrs. **Until 23 Oct** Mascots of the Olympic Games. **Daily** Family backpacks for under 5's containing a train map, storybooks, play mats & question sheets, FREE. **Until 9 Dec** Happy Birthday Mr Punch exhibition.

16 Sept **Royal Festival Hall** Belvedere Road London 0870 380 4200 Planet Earth Live. 20-23 Sept **Geffry Museum** London 020 7739 9893 Ceramics in the City: A Selling Fair, browse & buy talk to the ceramists & watch FREE demonstrations. **Weekend** craft activities for children will be on offer.

21-22 Sept **St John's Church Waterloo** 07888 88795 Fulham Opera present Tosca, tickets 0844 771000. 21-23 Sept **HMS Belfast** Toolsey Street 020 7940 6320 21-23 Sept Build the Truce hear a slimy story of slugs, snails & true time tails, find out what united the slugs & snails in this funny tale of trace & make your own unique artwork inspired by the story, drop in activity for all ages, FREE. 21-22 Sept **International Day of Peace** with guest tour guides, film screenings & other special events.

22 Sept **Hyde Park** 020 7298 2083 Mouth Cancer 10K Awareness Walk the start & finish area is at the Bandstand, Serpentine Road. The Walk is FREE & designed to increase awareness of mouth cancer & there will be FREE mouth cancer screening on the day, to sign up visit www.mouthcancer.org.uk

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LESSONS

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