

# PARENTS NEWS

September 2012 No. 213 The First & Foremost Local Monthly Newspaper for Families

1993 - 2012  
20th Successful Year  
Thank you

**FREE**

[www.marwell.org.uk](http://www.marwell.org.uk)

## What's On in September School Open Days & after school activities

[www.nationaltrust.org.uk/southeast](http://www.nationaltrust.org.uk/southeast)

St Lawrence College  
[www.slck.com](http://www.slck.com)

[www.horniman.ac.uk](http://www.horniman.ac.uk)

Three Editions in South-East England



Southwest  
London  
& Surrey

London  
South  
E Surrey  
& W. Kent

Kent

ISSN 1362-5551

Published on time, every time since 1993  
[www.parents-news.co.uk](http://www.parents-news.co.uk)

South West London & Surrey

**PARENTS NEWS**

Next Issue October 2012:  
 Editorial Deadline: 21 Sept  
 Advert Deadline: 27 September  
 Distributed 8 October  
 Half term; School Open Days; Family Holidays incl skiing.  
 Publishers & Editors:  
**Fergus & Penny McCarthy**  
 Distribution 60,000 South West London & Surrey; 78,000 Kent; 54,000 London South East-Surrey & West Kent.  
 Distributed through schools, nurseries, libraries, leisure centres, restaurants, advertisers, play schemes and events.  
 Subscription by post £15 year.

For Advertising:  
 fergus  
 @parents-news.co.uk  
 020 8337 6337

**PARENTS NEWS UK**  
 ISSN 1362-5551  
 10 The Manor Drive,  
 Worcester Park, Surrey,  
 KT4 7LG.  
 Tel: 020 8337 6337  
 info@parents-news.co.uk  
 www.parents-news.co.uk  
**PARENTS NEWS** believes that society's best asset is its young people! We shall accept no advertising in the opinion of the Publisher, is considered demeaning to children. We intend to encourage environmental, health, and non-violent issues, but not to preach or claim to always be right. Different opinions published are the opinions of the authors and not necessarily those of **PARENTS NEWS**. We hope mums and dads enjoy the articles, be interested by Calendar (finding it useful), and use the advertisers. Any endorsement by **PARENTS NEWS** is explicitly stated.

**Education**

**Charities in South West London receive funding to support parents with young children and people with learning disabilities**

Five groups from South West London have been awarded funding using money raised by **HealthFreedom Community Interest Company** through **The Health Lottery**. The funding is designed to address health inequalities in different communities and can apply to a wide range of issues.

These five organisations have been able to use the funding to extend their services to support parents with children under 12 months, people with learning difficulties who face health inequalities, and women looking to engage in a more active lifestyle.

**Donald Macrae**, Director of **HealthFreedom**, said: "Our focus is on health problems that are specific to South West London and this funding lets communities directly address their problems in ways that will most effectively make things better."

Projects awarded funding through this **Healthy Communities Small Grants Programme** are:

- **The Organic Cookery School Ltd** (funding of £9,318) - The funding will enable them to provide a practical cookery programme to 64 parents with children under the age of 12 months. The eight courses will be delivered in four, 2-2½ hour sessions covering weighing, follow on recipes, changing nutritional needs of baby, associated cost implications and preparing homemade baby foods on a budget. It will target parents from the St James, Beverley, Berrylands, Canbury, Chessington North and Hook

areas of **Kingston upon Thames**. Eight parents/carers and their babies usually attend each course.

- **Croydon People First** (funding of £9,987) - With this funding, **Croydon People First** will be able to run 1-2 hour peer-led workshops to 20 groups of 10 people. These will address specific topics that contribute to health inequalities faced by people with learning disabilities in Croydon. This will then be followed by a conference. The purpose is to improve the health of participants (who all have learning disabilities) through information and discussion, and using accessible formats. It's about preventing or dealing with conditions they are at risk of. The project takes place over a year and, in total, 200 people will participate.

- **Richmond Ethic Volunteering Association (REVA)** (funding of £8,125) - The funding will support the development of a programme that will encourage healthy living and an active life style through a range of recreational activities. Over 48 weeks the organisation will provide

- **Arts 4 Dementia** (funding of £5,001) - This funding will be used to help meet the costs of an existing six week project which will run poetry and communication workshops at Putney Library in the **London Borough of Wandsworth**. The workshops aim to stimulate and help re-energise local residents in the early stages of dementia. The project aims to benefit a total of 125 individuals who are people suffering from dementia and their carers.

- **Women's Empowerment Project** (funding of £9,982) - This funding will enable them to create opportunities for women to set personal goals and engage in a more active lifestyle to improve their fitness levels. The project will aim to attract 116 women from the St Helier estate and the York estate in Sutton, but will also be open to other residents. The programme, which will run twice, will include 12 weekly sessions of swimming (45 minutes); 12 weekly sessions of cycling (45 minutes); and local walks three times per week (5 hours per week). This funding was open to small charities or groups working in local communities to take action to help people live longer healthier lives.

Sept 2012

Sept 2012

For the Autumn-Winter of 2012-13, **Primigi** presents a collection inspired by the magical, adventurous and dreamy world of the greatest tales. Romanticism and elegance, exploration and initiative are the themes of the classic stories that **Primigi** has reinterpreted.

"Cinderella" with its natural romanticism, beauty and elegance is the inspiration for a luxurious line in classic, sophisticated colours. The colours intertwine: from everlasting pink, blue and black, to lilac and plum, they are the authentic must-have shades for the new season.

The shoes feature clean styles and soft, quality materials. From classic ballerina flats to laced shoes, the details are bright, sparkly and full of charm. Embroidery and

sequins add a special touch to a distinctly "fabulous" collection to make every little girl's dream of being a princess every day a reality.

For the boldest characters with a restless spirit, the perfect story is "Around the World in Eighty Days". With shoes perfect for every occasion (sporty and elegant, casual and metropolitan... even breathable and water-repellent), the little **Primigi** explorer defies time, distance and every type of adversity! **Goretex** technology and **Primigi** comfort blend effortlessly into minimal lines and uppers, for the most adventurous journeys.

Along with a modern reinterpretation of the Nordic look, with soft leathers and faux shearing and furs, **Primigi** launches the new **Path Goretex** hiking line with an aggressive design and well-defined styles. Sneakers in the classic tones of black and blue appear alongside comfortable, edgy and trendy half-boots in the softest colours.

"Puss in Boots", with his non-nonsense personality, is always ready for action, just like **Primigi** shoes. Practical and feisty with a vintage flair, they are the perfect combination of traditional classic styles and natural, warm materials, artisan detailing and manual treatments.

There are laced sneakers with a lived-in look and boots inspired by the horse riding world, enhanced with metallic accessories including buckles

and horsebits, to always be trendy and ready for every situation.

From the novel "The Pirates of Malaysia", bold, courageous children and their **Primigi** shoes face every adventure to reach their goal, just like the valiant warriors of **Sandakan**. Dynamism, speed and quality materials give space to imagination and creativity, for children who are fearless when it comes to limits. High-performance sneakers with two Velcro closures complete a genuinely sophisticated and innovative collection.

Finally, **Primigi** proposes an exclusive renewal of the Baby Fun and **Primigino** lines.

The **Baby Fun** line stands apart for its uppers made with cutting-edge technical solutions, easy fit and comfort. For little girls, there are combinations of furs and flowers in nubuck leather with a powdery effect, while for him a "worn" effect provides a sporty and casual style.

The **Primigino** line, on the other hand, features first step shoes that have been studied in every detail. They are easy to put on thanks to the new quick fastening system with a handy "stop and go" cordlock. The "wave effect" tread sole ensures non-slip grip and the anti-shock heel cushion provides maximum comfort.

The **Primigi System**, guarantee of quality and technological innovation

For more than 30 years children's well-being has been

**Education**

the guiding principle behind every pair of **Primigi** shoes. More and more mothers are turning to **Primigi** for the know-how the company has developed over many years of creating products for children. The performance of the shoes, the materials used, the meticulous attention to detail, the unrivalled quality-price ratio and attention to the season's trends make **Primigi**'s shoes a guarantee of quality that mothers demand.

Driving the technological innovation of **Primigi** products is the continuously improved **Primigi System**: in addition to the footwear's unmistakable lightness, flexibility and amazing fit, **Primigi**'s shoes are made with additional performance features such as the anti-shock system, to protect the heel from impact, and removable insoles for maximum hygiene. To prevent allergy-related problems, the metal parts are nickel-free while the insole contains no chrome VI, for products that are even more health-conscious and natural.

www.primigi.com



**antishock:** Rear foot cushioning soft comfort: soft well-being easy fitting: relaxed feel ergonomic shape: rounded tip and comfortable fit  
**lightness:** featherweight comfort sky effect: Breathable, anatomical, leather insole  
**flexible action:** follows the movement of the foot  
**removable insole:** maximum hygiene nickel-free: metal parts contain no nickel  
**Chrome VI-free lining:** worry-free wear



**Blowing the Whistle on the General Dental Council.**

Traditional train tracks create flat faces, big noses and tired looking eyes: if you doubt this, just look at those who have been treated in the past. They also routinely damage the enamel and roots of the teeth and worse still the teeth go crooked again unless the patient wears a brace for the rest of their life. Extractions of sound teeth are almost always required although patients may not be told about this until near the end of treatment. Newer treatments can achieve better and more permanent results without extractions but orthodontists avoid comparative research as they don't want the damage they do to faces to be exposed.  
 Worst of all the General Dental Council allows orthodontists to withhold information about some newer methods. This leaves many patients accepting extractions and even major surgery unaware that improved techniques can render them unnecessary. If you have suffered you are entitled to compensation.

**There is another way.**

**ORTHOTROPICS**  
 The alternative to orthodontics with extractions and surgery.

Andrew was treated by modern methods. No extractions. No "Train Tracks". No retainers.

Research shows dentists and the public think Orthotropics gets much better results than orthodontic "Train Tracks".

When experts disagree, where do you go for answers?  
 www.Orthotropics.co.uk  
 Ask an appropriate professional to refer you for a free consultation

John Mew, The London School of Facial Orthotropics, Purley, 020-8660-3695 and Tunbridge Wells 01892 526406

**Active Learning**  
 Nurseries for children aged 3 months - 5 years  
**A dream for every pre-school child...**



Everything you'd expect in a nursery, and more

'Nurseries in Fulham, Kingston and Dorking'  
 Ring for details  
 0800 081 1620 info@active-learn.co.uk

**Inspiring**  
 Unique programme of art, drama, music, science, literacy and IT with dedicated teaching specialists

**Healthy**  
 Specialist sports coaching, organic cafe, adventure playgrounds, holistic education

**Innovative**  
 Purpose designed activity studios, sensory room, baby sleep room, secure webcams

A fresh approach to nursery education.  
 www.active-learn.co.uk

**Explore Learning**  
**Maths & English**  
**tuition**  
**Inspiring learning centres for 5-14 year olds**

"We have been overwhelmed by the staff at Explore. Their commitment, enthusiasm as well as professionalism. Excellent value for money" Mrs. Warren, parent

"Darcey enjoys attending sessions - her confidence has grown and it has benefitted her concentration skills immensely. Darcey's teachers at school have also noticed these improvements. All this and she leaves in a happy mood skipping and smiling too!" Susan Mathers, parent

Confidence  
 Enthusiasm  
 New skills

**Free Trial!**  
 Call your nearest centre today to arrange a free trial for your family

**Epsom**  
 01372 722 994

**Merton**  
 020 8540 7355

**North Cheam**  
 020 8644 0975

**Walton-on-Thames**  
 01932 252 033

www.explorelearning.org.uk

# 11+ Mock Tests

Last chance before the 11+ Entrance!

Oxbridge Centre  
ENGLAND

in preparation for the Entrance Exams

- ★ Designed to prepare you under real exam conditions to help eliminate the fear of formal tests and build up your confidence!
- ★ Dates **8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> September 2012**
- ★ Subjects **English, Verbal Reasoning, Non-Verbal Reasoning, Maths**

Try Our **Winning Courses!**

- ★ Eng/Maths for Yr 1-3 - Maths, English
- ★ 11+ Preparatory Class for Yr 4 - English with VR, NVR preparation, Essay Writing, Maths
- ★ 11+ Intensive Class for Yr 5 - English, Maths, VR and NVR
- ★ Eng/Maths for Yr 6 - English, Maths
- ★ GCSE Classes for Yr 7 - Total science, Maths, English (language+literature), French
- ★ A-level Maths Classes
- ★ New Yr 7 Classes - Please call to sign up while spaces last!

Primary enquiry **020 8949 2131**  
email [info@oxbridgeuk.com](mailto:info@oxbridgeuk.com)

Secondary enquiry **020 8949 8838**  
email [admin@oxbridgeuk.com](mailto:admin@oxbridgeuk.com)

Oxbridge Centre is a well-established tuition centre based in New Malden. Currently there are around 420 students from year 1-A-Level studying at the centre. Why don't you join us too?

## Education

Sept 2012

### Back to school with a Bang!

Before they've even left the classroom for the summer holidays, kids will be dreaming of shiny shoes, freshly sharpened new pencils and the coolest backpack for the new term in September.

Stock up on back to school equipment and fashion essentials before the big rush.

At the premium shopping destination [www.AlexandAlexa.com](http://www.AlexandAlexa.com) they've scoured the globe to bring parents and their kids the top trends and fashionable back to school finds that really make the grade, meaning little ones are preparing and raring to go for the new school year.

For the best and most cutting-edge brands and products, look no further. Parents can shop coats, shoes and accessories at the click of a mouse, but also stock up on stationary,

lunchboxes, backpacks and learning essentials for the star pupils!

With a wide range, *AlexandAlexa* are well stocked with the new must-haves; *Lego* have a new range of innovative lunch and storage boxes as well as the popular *Micro Scooter* making getting back to school that little bit more exciting.

Girls can brighten up the new term and go back to school in style with pretty yet practical shoes from brands such as *Start-Rite* and *Lelli Kelly*. A huge selection of colourful and stylish bags and backpacks will leave girls starting the year feeling great.

Boys can get top marks in their style too, with back to school favourite brands including *Barbour*, *Mayoral* and *Scout*. *AlexandAlexa.com* are introducing a wide range of

after-school learning and nurturing products, with books, game and puzzles from some great international brands such as *Melissa & Doug*, *Brainstorm* *Eureka* and *House of Marbles* to make sure your child is an A grade pupil.

To help celebrate the launch of the back to school shop, *AlexandAlexa* has created a too-cool-for-school mini-movie featuring all the best products to get kids stuck into the new term. To view the video [www.alexandalexa.com/catalogue.html](http://www.alexandalexa.com/catalogue.html)

They are also offering the chance to win a Micro Scooter and £500 voucher! Just go onto their Facebook page or follow this link to view the competition

[www.facebook.com/alexandalexa?v=app\\_150794994973742&rest=1](http://www.facebook.com/alexandalexa?v=app_150794994973742&rest=1).



Skip-Hop bumble bee backpack £21



Shreds 'Elmer' lunchbox £11



Goodbyn bento style lunchbox £17

Sept 2012

### School Made Easy by STABILO

*STABILO* knows that school isn't always easy for kids which is why it has developed a pen to take at least one thing off your mind - handwriting. The *EASyOriginal* ergonomic pen will encourage your child to pick it up and learn with its colourful exterior and built in finger grips that make writing comfortable, fun and easy! Why choosing *STABILO*s as easy as ABC.

*E* is for Ergonomics: The *EASyOriginal* ergonomic grip shows children exactly where their fingers should sit in order for them to write comfortably and without pain from holding too tight or pressing too hard. The *EASyOriginal* has versions for both right and left handed children.

*C* is for Colour: The bright look and variety of colours of the *EASyOriginal* means that it's something that children actually want to use and are proud to show off in the classroom!

*S* is for Stockists: The *EASyOriginal* is available in all major supermarkets including *Sainsbury's*, *Morrisons* and *Tesco*, major stationery shops including *WH Smith* and *Rymans* and online retailers including *Amazon* and *Cult Pens*.

*T* is for Trust: *STABILO* is a trusted brand which is praised by teachers, approved by parents and loved by children. *STABILO* believes in giving children the best possible start in education starting with the tools they need.

The RRP of the *EASyOriginal* is £6.99. For more information [www.stabilo.co.uk](http://www.stabilo.co.uk) or follow on *Twitter* @stabiloUK



**PARENTS NEWS On-line**  
updated daily and you can read copies of this and other area editions  
[www.parents-news.co.uk](http://www.parents-news.co.uk)

### Homefield School

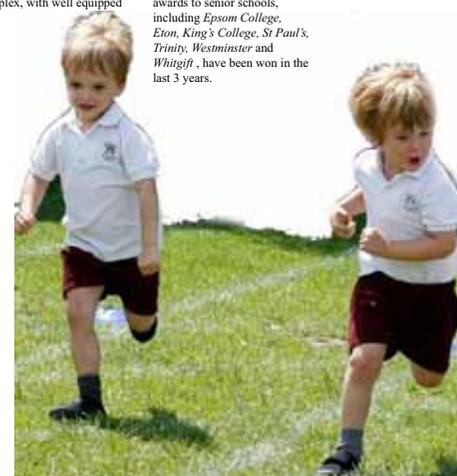
"I don't believe we could have found a better school in the country to bring out the best in both our sons". (a *Homefield* parent)

*Homefield* is a school for 400 boys aged 3 to 13, housed in an extensive purpose-built complex, with well equipped

science laboratories, large Art, DT and Music suites, a spacious Early Years' Unit and a 2-acre adjoining playing field. *Homefield* is proud of its family atmosphere, and of its pupils' academic, musical, dramatic and sporting achievements. A record 85 awards to senior schools, including *Epsom College*, *Eton*, *King's College*, *St Paul's*, *Trinity*, *Westminster* and *Whitgift*, have been won in the last 3 years.

Transport is available to and from the Wimbledon area.

Contact them on **020 8642 0965** to arrange a tour or e-mail at [administration@homefield.sutton.sch.uk](mailto:administration@homefield.sutton.sch.uk)  
[www.homefield.sutton.sch.uk](http://www.homefield.sutton.sch.uk)



## School Open Days

Private Tuition in Your Own Home

Britain's leading tutoring service provider has 33 years experience. Qualified, experienced, enhanced-CRB checked tutors deliver personalised tuition programmes & excellent results. The Good Schools Guide recommended.

Primary 1-11 | 13+ Common Entrance, GCSE, A/AS Level & Beyond  
Catering also for special needs, remedial, dyslexia & gifted and universities

**Fleet Tutors**  
Tutors in your own home

020 8580 39 11 [www.fleet-tutors.co.uk](http://www.fleet-tutors.co.uk)

**ST. CATHERINE'S SCHOOL**  
TWICKENHAM

## Open Events

### SIXTH FORM

Wednesday 19th September, 6.30pm

### PREP & SENIOR

Tuesday 2nd October, 6.30pm  
Saturday 10th November, 10am-noon

A Catholic school warmly welcoming girls of all faiths age 3-18

Tel 020 8891 2898

e-mail: [admissions@stcatherineschool.co.uk](mailto:admissions@stcatherineschool.co.uk)  
[www.stcatherineschool.co.uk](http://www.stcatherineschool.co.uk)

## Give your child a head start at school!



### The online teaching resource for children that really works!

*Reading Eggs* and *Reading Eggspress* are comprehensive, highly interactive online programs designed to get children reading by combining the best elements of online and book learning.

With lessons developed by a highly experienced team of teachers, the sites combine interactive animations, educational games and lots of rewards, making *Reading Eggs* and *Reading Eggspress* great places to learn to read. Children are highly motivated to return again and again.

Program content includes: ✓ Vocabulary ✓ Writing ✓ Sight words ✓ Grammar ✓ Progress tracking

**FREE 5 WEEK TRIAL** FREE ACCESS CODE: UKS24PNS  
Simply register an account at [www.readingeggs.co.uk](http://www.readingeggs.co.uk) and use the special code above.  
\*Offer ends 31st October 2012 and is only available to new registrations.

Where children become great readers! [www.readingeggs.co.uk](http://www.readingeggs.co.uk) | [www.readingeggspress.co.uk](http://www.readingeggspress.co.uk)

## HOMEFIELD SCHOOL

For boys aged 3 - 13

**OPEN MORNING**  
Saturday 29th September  
10am to 1pm

Give your son the best start in life

Outstanding pastoral care  
Expectation without pressure  
A wide range of opportunities

85 scholarships to Senior schools 2009-2012

Looking forward to welcoming you

[www.homefield.sutton.sch.uk](http://www.homefield.sutton.sch.uk)  
**020 8642 0965**

**Please call before you go and please mention PARENTS NEWS www.parents-news.co.uk**

**Every Mon Lloyd Park** 020 8726 6000 Health walk circular through Lloyd Park & Shirley on mainly flat terrain, ideal for beginners, 2 miles last approx the, meet 11am FRIE & same walk on potentially hilly terrain, 3 miles ideal for advanced walkers, 2pm, FRIE, Every Sat Park run, FRIE weekly timed 5k run, need to register first.

**Every Mon Parnhore Community Centre** 53.5 Pachmore Road 020 8726 6000 x89865 Circuit for those unable to exercise, running after illness & the more mature exerciser.

**Every Mon Culture Café Rhythme** Kingston 0871 230 1552 Rhythme for babies, toddlers & under 5's, FRIE.

**Every Mon Kingston Children's Library** Wheatfield Way Kingston 020 8547 6438 Rhythme & storytime sessions for babies, toddlers & young 5's. Every Thurs Storys & crafts for under 5's.

**Every Mon Sunburton Library** Ewell Road Sunburton 020 8547 6444 Storytime for under 5's, FRIE. Every Tues Rhyme & storytime for baby & toddlers, FRIE.

**Every Mon Tudor Drive Library** 020 8547 6456 Storytime for under 5's, FRIE. Every Tues Rhythme for under 5's followed by play until 3.30pm, FRIE.

**Every Mon St John's Church** 14th June fitness. Every Tues 9am Zumba fitness. Every Wed Ballroom Dance, under 8's to adult.

**Every Mon afternoon Raynes Park Library** Make your own jewellery workshop. Every Tues afternoon Story times for under 5's. Every Thurs mon Simple Yoga & Meditation Group.

**Every Mon eve Corpus Christi School** Chestnut Grove 07956 312920 Aerobics all abilities, 7-9pm.

**Every Movee Sutton Grammar School** Korfbal for Beginners for school years 3-12 various times & sessions, email for details info@nomadskorfb.com

**Every Thurs Twickenham Library** Garfield Road 020 8734 3340 Storytime session, under 5's, FRIE. 2nd & 4th Thurs of month Tiny Tiddies sessions baby bounce & rhyme, FRIE.

**Every Tues Ashburton Library** 020 8726 6900 Bookstart Rhythme for babies & toddlers. Every Thurs Wiggle & Jiggle for toddlers. Every Mon Chatterbooks drop in sessions, 8-11yrs. Every Sat Rock & Rhyme for babies &

toddlers. Every Wed Social club for older people for a chat & a cup of tea. Every Thurs term time only storytime for under 7's, FRIE.

**Every Tues Purley Library** 020 8726 6900 Bookstart Rhythme for babies & toddlers. Wiggle & Jiggle, toddlers & 2-4yrs. Every Thurs Storytime, 2-4yrs. Every Sat Rock & Rhyme for babies & toddlers. FRIE.

**Every Tues Centrale Shopping Centre** Croydon www.centrale.co.uk In the Early Learning Centre playtime sessions for children, all ages with all kinds of arts & crafts from making face masks, card, painting, colouring or just play, FRIE. 10-12pm, Tel: 020 8686 7535.

**Every Tues Thornton Heath Library** 020 8726 6900 Bookstart Rhythme for babies & toddlers, FRIE. Every Tues Carers, training & learning advice sessions, 2-4.30pm, FRIE & Computer training courses for beginners to experts.

**Every Tues De Staffords Leisure Centre** Caterham 01883 344355 Family Swim.

**Every Tues Riddlesdown Circular Walk** 020 8726 6000 x64952 Health walk, 2-3miles, meet Ham at "Good Comrades" pub, Harnsey Green, FRIE.

**Every Tues United Reformed Church** Cavendish Hill 020 8949 4042 Sparkles, under 5's, 9-11.30am.

**Every Tues Malden Centre Blagdon Road** New Malden 020 83361561 Stay & Play for under 5's. Every Thurs young parents drop in, 1-3pm. Every Fri Toy Library, under 5's, 10.30-13.0pm.

**Every Tues New Malden Library** Kingston Road 020 8547 6438 Baby & toddler rhyme time up to 3yrs, FRIE. Every Thurs storytime for under 5's, FRIE.

**Every Tues Old Malden Library** 020 8547 6467 Rhythme up to 3yrs, and storytime for under 5's, FRIE.

**Every Tues Mitcham Library** 020 8648 4070 Under 5's, FRIE. 2nd & 4th Thurs of month Tiny Tiddies sessions baby bounce & rhyme, FRIE.

**Every Tues West Castellan Library** 020 8734 3350 Storytime session, under 5's, FRIE. One Sat a month Tiny Tiddies baby bounce & rhyme sessions, FRIE.

**Every Tues Hampton Hill Library** 020 8734 3320 Storytime, under

5's, FRIE. 1st Sat of every month Tiny Tiddies sessions baby bounce & rhyme, FRIE.

**Every Tues Farham Library** www.bokkiddatalk.com Baby Bounce "n Rhyme, FRIE.

**Every Wed Watermains 40 High Street** Brentford 020 8232 1010. Parents & babies screenings. Every Sat Drama Zone 5-8 & 9-14yrs. Every Sat mom Family Cinema. 1 adult goes FRIE with every one paying child.

**Every Wed & Sun East Stone Library** 020 8734 3337 Storytime session, under 5's, FRIE. 3rd Wed of the month Chatterbooks reading group, 8-9yrs, 4.30pm, FRIE. 1st & 3rd Thurs of month Tiny Tiddies sessions baby bounce & rhyme, FRIE.

**Every Wed & Sun Royal Botanic Gardens Kew** 020 7222 1234 Hands on, sessions in the Secluded Garden Glasshouse for a closer look at the inner workings of the chocolate tree. Daily For families: Teeshouse Towers features climbing towers & wooden play equipment such as giant swings, zip wires, scramble nets, slides & a mountaineering ramp. Ongoing Plantastic! Play area shaped like a plant, children will be able to tunnel through giant roots, clamber over a solid stem, and explore a leafy maze before reaching the flower head, where a zip wire symbolises a pollinating bee.

**Every Thurs Norbury Park and Norwood Grove** 020 8726 6900 A circular walk through Norbury Park & Norwood Grove, 2-3 miles, meet at Norbury Train Station, 1.30pm, FRIE.

**Every Thurs Butterly Walk**, 2 hrs around the park to learn about these insects, 07968 832508.

**Every Thurs Croydon Sports College** Croydon High School 020 8726 6000 x89865 Circuits Low intensity for mature exercisers.

**Every Thurs South Norwood Leisure Centre** 164 Portland Road 020 8726 6000 x89865 Aquatics sessions.

**Every Thurs Methodist Church Hall** High St New Malden Parent & toddler club, 9.45-11.30am.

**Every Thurs Tolworth Recreation Centre** Favers Way North Tolworth 020 8391 1882 Boltonium Club for intermediate/advanced level, Tel: 020 8395 9175.

**Every Thurs Bonstead Library** www.surey.gov.uk/kidstuff Rhythme,

2.15pm FRIE.

**Every Thurs Caterham Hill Library** www.surey.gov.uk/kidstuff Rhythme, 10am-FRIE. Every 10 Storytime, 2.15pm, FRIE.

**Every Thurs Cheam Leisure Centre** Cheam 020 8770 4830 Street Dance lessons for boys & girls 10-15yrs

**Every Thurs in term time Sutton Christian Centre** 020 8642 8117 Special Stars a baby & toddler group for children with disabilities or additional needs, from babies to pre-schoolers, siblings welcome.

**Last Thurs eve in every month Kingston Library** Wheatfield Way Kingston 020 8547 6438 Adult Readers Group.

**1<sup>st</sup> Fri of every month Bergundy & Black Café St Martins Walk** Dorking Bumps & Babes is for mums with bumps & both parents or carers of non mobile babies, meet others for tea or coffee & get your baby socialising, www.nct.org.uk/bumpsandbabes. **3rd Mon of every month Nappuccino** a natter about nappies as an alternative to disposables.

**Every Fri Brimstone Green Library** Old Goudon 020 8726 6000 x64952 Bookstart Rhythme for babies & toddlers, Wiggle & Jiggle, 2-4yrs. Every Mon Storytime 2-4yrs & Chatterbooks reading group for 8-11yrs. **Forthightly Every Sat Rhyme & Rhythme** for pre-school children. **Every Wed Artz** Crafts computers drop in sessions for under 5's, parents & carers, FRIE.

**Every Thurs North Norwood Library** 020 8726 6900 Bookstart Rhythme for babies & toddlers. Every Tues Wiggle & Jiggle, 2-4yrs. Alternate Sat Rock & Rhyme or Storytime.

**Every Fri Waddon Ponds & Wandale Park** 020 8655 5947 Circular walk through Waddon Ponds & Wandale Park, 2-3 miles, meet outside Lid, 11am, FRIE.

**Every Fri Christ Church Coombe Road** 020 8241 9423 Toddler Group for under 5's, 9.45-11.15am.

**Every Fri New Malden Baptist Church** Kingston Road New Malden 0942 6912

# Calendar

Toddlers parent & toddler group.

**Every Fri Teddington Library** Walgrave Road 020 8734 3304.5 Storytime session, under 5's, FRIE. Every 2nd Wed of the month Chatterbooks reading group, 8-9yrs, 4.20pm, FRIE. 1st Thurs of month Tiny Tiddies sessions baby bounce & rhyme, FRIE.

**Every Fri New Library** Storytime session, under 5's, FRIE.

**Every Fri Caterham Valley Library** www.surey.gov.uk/kidstuff Rhythme, FRIE. Every Thurs Storytime, FRIE.

**Every Fri Dorking Library** www.surey.gov.uk/kidstuff Rhythme, FRIE.

**Every Fri Redhill Library** www.surey.gov.uk/kidstuff Rhythme, FRIE.

**Every Fri Warrington Library** www.surey.gov.uk/kidstuff Storytime, FRIE.

**Every Tues Hampton Wick Library** 020 8734 3358 Storytime session, under 5's, FRIE. 2nd Tues of the month Chatterbooks reading group, 8-9yrs, FRIE.

**3rd Sat of month Norbiton Children's Centre Kings Oak Primary** Childcare Lane Who let the ducks out play session for under 5's, 10-12pm.

**Every Sat The Green Dragon** 56-60 High Street Croydon 020 8667 0684 Storytime for families 3-7yrs, drop in 2hr session with stories, puppets, arts activities & songs, FRIE.

**Every Sat Early Learning Centre** The Bentsall Centre A Playologist will be on hand to make children have the best fun possible with ELC products, they can have their faces painted, mess with play-doh & lots more from them.

**Every Sat Heathfield Library** 020 8734 3356 Storytime session, under 5's, FRIE.

**PARENTS NEWS**  
On-line updated daily and you can read copies of this and other area editions www.parents-news.co.uk

**22 Sept** Street musical, 25 Sept-6 Oct Legally Blonde the musical.

**12-15 Sept Ashcroft Theatre** Fairfield Croydon 020 8290 West Side Story, Hansel & Gretel - Co-Opera Co. 23 Sept The Wonderful Wizard of Oz Pamph show, 4-6 Oct Romeo & Juliet, 7 Oct Play the Music Bird Tale, 3yrs.

**13 Sept Yvonne Arnaud Theatre** Millbrook Guildford 01483 44000 13 Sept The Sound of Music with Gretl (the original Gretl, the smallest Von Trapp child in the 1961 London cast), 15 Sept Merlin & the Frog Dragon, 5yrs. 6 Oct A Little Bird Told Me, 3yrs.

**13 Sept Ashsted Peace Memorial Hall** Woodfield Lane Friday Market with up to 30 stalls selling a variety of goods, 9-12.30pm.

**14 Sept Ashsted Peace Memorial Hall** Friday Market with up to 30 stalls selling a variety of goods, including cakes, plants, jewellery, bric a brac & lots more, FRIE, entry.

**15 Sept South Norwood Lake** 020 8726 6900 Go Baty at South Norwood Lake, Bat walk around the lake.

**15 Sept Aspley Centre** 337 Merton Road Email gaudan@nct.org.uk NCT Nearly New Sale with refreshments available, 10.30-12pm.

**15 Sept Godalming Bandstand** Phillips Memorial Park 15 Sept Jubilee Proms in the Park plus a display of vintage cars & motorbikes, FREE concert bring your chairs & picnic. Hog Rosts, Pimms Tent, tea & cold drinks available on site, 5-7.15pm.

**15 Sept Claygate Youth Centre** 07714 761402 Enerjetix, Monster Movies, fast paced, physical, highly energised contemporary movement & physical theatre sessions for toddlers, boys & girls, www.enerjetix.co.uk

**15 Sept Dunsborough Park** Ripley Open Garden, entry FREE for children.

**15 Sept North Holmwood Village Hall** Dorking 0844 243 6107 Dorking NCT Nearly New Sale with clothes, toys, equipment for babies & toddlers & maternity wear, 10.15am-12pm. To register as a seller email BookingsNNS@nct.org.uk or Tel: 0844 2436107.

**15-16 Sept Hantslands Park** East Clendon 01483 222482 Pony Magic, 10yrs rides for children with experienced handlers, 2-11yrs. 16 Sept Folk Festival,

Hantslands Park food festival focusing on local & organic food & drink from a wide range of producers & live music. 23 Sept Have a Go Archery, 11-4pm.

**16 Sept Christ's School** Queens Road Richmond 0844 335 0403 SportCoach Discovery Day meet the Principal & the coaches, Autumn Term starts 23 Sept.

**16 Sept Denbies Wine Estate** 01306 876166 Plant Heritage Surrey Group Plant Fair, with FREE entry & parking, 16 Sept Patishall Park Portsmouth Road, Cobham 01932 868113 Storytelling Events, Arabian Nights an enchanting story walk for all the family, under 5's, FRIE. 23 Sept Reptile Awareness Day discover fascinating facts with live British reptiles & amphibians.

**16 Sept Dunsford Park** Stovells Hill, Cranleigh Super Cycle event held on the 'Top Gear' test track. The event aims to enable you to get fit, have fun & raise funds for one of 10 Surrey charities supporting children & young people with a disability. The event is open for all ages & abilities & there will be refreshments, picnic area, market stalls a bouncy castle & other non cycling events.

**16 Sept Charles Croyer Theatre** 39 High Street, Carshalton 020 8770 4960 A Couple of Swells singing extravaganza with comedy & entertainment for all. 29 Sept Pandemonium, 3yrs. Every Wed Special Youth Theatre for 13-15yrs members learn a variety of activities such as drama, set & singing, musical theatre composition, dance & costume making culminating in two productions per year & Every Thurs Minis & Juniors 5-7yrs.

**19 Sept Snakes & Ladders** Brentford Middlesex 020 8847 0946 Prizes Day follow the permitting trial to earn bountyiful boots plus grown up Buccaneers get in FREE when their young lady 's lassies come dressed in pirate fancy dress.

**20 Sept Clendon Park** 01483 222482. 20 Sept Garden Walk 23 Sept Maser Day of dance with traditional performances throughout the afternoon.

**21-23 Sept Sandown Park Exhibition Centre** Esher Creative Crafts Show are interesting in learning new crafts, stock up on supplies or just being creative for a special occasion. The event features demonstrations, workshops &

makes & takes which cater for all levels of ability, entry under 16's FREE.

**22 Sept Pooleston Lacey** Dorking 01372 452048 Longbow Archers event.

**22-23 Sept Bishop's Meadow** Farham Kids fest, the festival by kids, for kids, Discovery Day meet the Principal & the coaches, Autumn Term starts 23 Sept.

**23 Sept Denbies Wine Estate** 01306 876166 Plant Heritage Surrey Group Plant Fair, with FREE entry & parking, 16 Sept Patishall Park Portsmouth Road, Cobham 01932 868113 Storytelling Events, Arabian Nights an enchanting story walk for all the family, under 5's, FRIE. 23 Sept Reptile Awareness Day discover fascinating facts with live British reptiles & amphibians.

**16 Sept Dunsford Park** Stovells Hill, Cranleigh Super Cycle event held on the 'Top Gear' test track. The event aims to enable you to get fit, have fun & raise funds for one of 10 Surrey charities supporting children & young people with a disability. The event is open for all ages & abilities & there will be refreshments, picnic area, market stalls a bouncy castle & other non cycling events.

**23 Sept Richmond Park** Walk for Bowel Disease UK, 12k walk or run in Richmond Park, www.bowelcancer.org.uk

**23 Sept Epsom Downs Racecourse** Tickets 0844 848 0197 The Festival of Vintage fun filled day of all things vintage with over 60 exhibitors showcasing their collections

**23 Sept Epsom Park** Guildford 01483 454213 Surrey County Ploughing Match & Country Fair, family fun day with a wide variety of activities from Falconry, dog agility, terracing racing, gun dog trials, every horses, clay shoot, fly fishing, racing pigeons, tractor driving & lots more.

**30 Sept Sandstead & Whitelcave** 0208 726 6900 Bird Box Building all materials & tools provided for a small charge. Our own bird box to take home, to book Tel: 07771 718814.

**6 Oct Guildford Cathedral** Stag Hill 01483 54780 Aled Jones, www.guilfordcathedral.org

**7 Oct Wimbledon Common Nature Club Wildlife Walk** 020 8540 6154 7 Oct "Fire & Forage".

**What's On London Calendar Page 11**

**Kumon's maths and English study programmes work to unlock your child's potential, building their confidence and independent study skills. Take advantage of our Free Assessment and see how Kumon can benefit your child.**

Contact your local Instructor for a Free Assessment.

<b>Ashford,</b> Middlesex 020 8568 8214	<b>Fulham</b> 020 7266 4401	<b>Kingston South</b> 020 8127 0184	<b>Tadworth</b> 020 8394 1698
<b>Chessington</b> 01372 602 099	<b>Guildford North</b> 01372 378 377	<b>Merton Park</b> 020 7998 9817	<b>Thames Ditton</b> 020 8288 1819
<b>Esher &amp; Cobham</b> 01737 359 812	<b>Hounslow</b> Central 020 8582 5518	<b>Pyrford</b> 01932 402 737	<b>Tooting</b> 020 8780 1618
<b>Fetcham</b> 01372 370 164	<b>Kingston North</b> & Wimbledon 020 8643 9130	<b>Redhill</b> 01737 277 380	<b>Twickenham</b> 020 8942 3623
		<b>Southfields</b> 020 8879 1290	<b>Woking</b> 01483 726 961

Free Assessment

Kumon.co.uk

Fees vary. Please refer to your local study centre.

**The original and largest network of part-time performing arts schools in the world.**

**Cheam** 020 8224 2442  
cheam@stagecoach.co.uk

**Chertsey** 0845 265 7081  
chertsey@stagecoach.co.uk

**Dorking** 0800 007 5482  
dorking@stagecoach.co.uk

**Epsom** 020 8642 3500  
epsom@stagecoach.co.uk

**Hinchley Wood** 01932 254333  
hinchleywood@stagecoach.co.uk

**Kingston** 020 8873 7140  
kingston@stagecoach.co.uk

**Leatherhead** 020 8394 2244  
leatherhead@stagecoach.co.uk

**Merton Park** 020 8942 3502  
mitcham@stagecoach.co.uk

**Putney** 0845 265 7050  
putney@stagecoach.co.uk

**Richmond** 020 8332 6741  
richmond@stagecoach.co.uk

**Walton** 01932 254333  
walton@stagecoach.co.uk

**Weybridge** 01932 254333  
weybridge@stagecoach.co.uk

**Worcester Park** 020 8224 2442  
worcesterpark@stagecoach.co.uk

**www.stagecoach.co.uk**

Stagecoach Theatre Arts Schools

## What's On

### Olympic name for baby giraffe

After hours of public votes, **Marwell Wildlife** reveals that the winning name for their baby giraffe is.....**Olympia**.

Last week, animal keepers picked four names to go to the public vote: *Afia, Arvia, Subira* and *Olympia*.

Olympia was a clear favourite with voters and received a 67 per cent majority in the competition.

**Ian Goodwin**, collection manager at **Marwell Wildlife** said: "We are really pleased Olympia was chosen, it's a great name and really suits her. Ian added: "Olympia is a very healthy youngster. She

is mixing well with the other giraffes and *Isabella* is a great mum." Experienced mum *Isabella*, went into labour at around 8am and took almost four hours to give birth. This is **Marwell Wildlife's** second giraffe birth this year. In February *Irsula* gave birth to Ruby the giraffe, who is now 6 months old.

All of the giraffes at **Marwell Wildlife** are on public view and can be seen at the park's Into Africa or in The Valley field along with zebra, ostrich and waterbuck.

[www.marwell.org.uk](http://www.marwell.org.uk)

### Dance Auditions for Cinderella

**The Harlequin Theatre & Cinema.**

This year is the classic rags to riches fairytale with the host of TV's *Loose Women*, **Andrea McLean** playing the role of the fairy godmother who transforms *Cinderella*.

All dancers must be local to the theatre (within 30 mins travel distance) and be able to commit to rehearsals and performances from Tuesday 4 Dec until Sun 6 January 2013.

All dancers must attend regular dance lessons in Ballet, Tap and Jazz, following a recognised examination syllabus e.g. *ISTD/RAD* or *IDA*.

01737 276500  
Cinderella will be at The Harlequin Theatre & Cinema from Friday 14 December to Sunday 6 January. Tickets are on sale now. [www.harlequintheatre.co.uk](http://www.harlequintheatre.co.uk)

## The Leatherhead Theatre Listings

September 2012  
**The Leatherhead Theatre**  
7 Church Street  
Leatherhead  
Surrey, KT22 8DN  
Box Office  
01372 365132  
boxoffice@the-theatre.org  
www.theleatherheadtheatre.org

**David Williams** in conversation with *Heat Magazine's* Boyd Hinton  
**Saturday 22nd Sept**, 4pm with a book signing session afterwards  
Adult, £7.50. Children, £5

Join multi-talented funny man and bestselling children's author **David Williams** as he talks to *Heat Magazine's* Boyd Hinton about his latest children's novel, **Ratburger**. The talk will be followed by a book signing in the foyer and a chance to meet the man himself. Ticket proceeds will go towards supporting the *Girlguiding Banstead District*, where David's mum has been a Brown Owl for over 20 years, to fund the replacement of their headquarters building which is in desperate need of repair. To make a donation to the *Girlguiding Banstead* fund please go to:

www.girlguidingbansteaddistrict.org.uk

## Sept 2012

### What's on at Sutton House this Autumn

**The hidden heart of East London.**

**Sutton House**  
2 & 4 Homerton High Street, Hackney, London E9 6JQ  
020 8986 2264,  
suttonhouse@nationaltrust.org.uk,  
nationaltrust.org.uk/suttonhouse

Free Sunday tours of **Sutton House**

3pm, FREE with admission (Adults £3, Children £1, Family £6.90, National Trust Members FREE).

Discover this Tudor house where the interior will transport you through London's history. See the original inlaid panelling, seventeenth-century wall paintings and enjoy the tranquil courtyard, a haven in the heart of the city.

**7th October, 4th November and 2nd December**

**Book Brunchers**  
On the third Thursday of each month (except November and December)  
11am - 12pm, FREE with admission (Adults £3, National Trust Members FREE). Join them for the popular **Sutton House** book group in the Tea Room surrounded by the second hand book shop!

**20th September, 18th October and 15th November**  
**Scribblers**  
On the third Thursday of each

month (except November and December)  
12.15pm - 2.15pm, £2.50 per session, £20 for 10 sessions. A £20 fee, informal creative writing group with everyone contributing ideas. Writers of all levels are welcome. Writers are encouraged to find inspiration in the beautiful historic rooms at **Sutton House** Scribblers meet in the Tea Room surrounded by the second hand book shop!

**20th September, 18th October and 15th November**  
**FREE Elders group**  
1.30pm - 3.30 pm every Friday, from 12th October to 23rd November  
Lively arts activities such as art-based, creative writing, dance, drama, music, games etc.

**FREE Family Days: Cool Costumes**  
Get creative making Halloween themed costumes in preparation for October.  
**Sunday 30th September, 12.30pm - 4pm**  
**Halloween House**  
The House of Fairytales will transport the oldest house in East London for Halloween.  
**Sunday 28th October, 12.30pm - 4pm**  
Let's get cracking for Christmas  
Traditional Christmas activities and games.

**Sunday 25th November, 12.30pm - 4pm**

**Other events:**  
**Halloween House Week**  
See the haunted rooms of 500 year old **Sutton House** play games and dress up for Halloween, all week long.  
**Thursday 25th and Friday 26th October 2pm - 4pm** and **Saturday 27th and Sunday 28th October 12pm - 4pm**  
FREE with admission (Adults £3, National Trust Members FREE)

**Black History Month Trail**  
This October is the 25th annual **Black History Month** that aims to promote knowledge of Black history, culture and heritage; disseminate information on positive Black contributions to British Society; and heighten the confidence and awareness of Black people to their cultural heritage. This free, self guided trail is an exploration of the lives of influential black Londoners.

Available every day in October and November.  
FREE with admission (Adults £3, National Trust Members FREE)

020 8986 2264,  
suttonhouse@nationaltrust.org.uk,  
nationaltrust.org.uk/suttonhouse

## Sept 2012

### CHANGING LIVES THROUGH COLOUR

To **Sally Webb** of **Connect 2 Colour** it doesn't matter if you are a two year old child, teenager, group of friends or are severely disabled, she believes all of us can benefit from an amazing new creative art process which is captured on canvas.

Webb says: "In the children's workshops everyone learns the new skills together which encourages them to communicate with each other as they all learn something completely new and find a connection with the paint that is fulfilling and positive. It is also the perfect solution for a completely different sort of birthday party!"

During its pilot stage for the last year workshops for autistic children showed improvements in the children's fine motor and social skills, using the unique technique with paint, glitter, stones and other embellishments with not a paintbrush in sight. More poignantly in the initial public workshops, with a mixed age and ability group including both special educational needs (SEN) and mainstream children, observers were unable to distinguish two out of three children with SEN from the overall group and were also unable to distinguish

between artwork produced by mainstream children versus children with SEN.

Whilst the special needs community will always be dear to her heart, the key to the workshops for all children is her development of a technique that means you don't need a creative bone in your body or a huge amount of physical ability to create a true masterpiece. On most occasions the children each work on their own piece of art to take home as a keepsake and where appropriate a collaborative piece.

**Connect 2 Colour** is already proving so popular that Webb has had to employ an additional four people and has plans to take the business nationwide in the future. First though, in true Webb style, she is launching her charity, **'Connect 2 Colour Community Fund'**, to ensure low income families and groups can access the **Connect 2 Colour** experience.

Webb continues: "Our motto is 'transforming lives, one canvas at a time' and we are so fortunate to have seen this time and time again. The future is bright and extremely colourful!"

[www.connect2colour.com](http://www.connect2colour.com)

### Stop nosebleeds in moments!

It is distressing to experience your child suffer from a nosebleed. Frequent nosebleeds are very common in children. 1 in 10 children experience frequent nosebleeds, with the most common causes in toddlers being common cold and allergies

THERE IS CURRENTLY NO OTHER ALTERNATIVE IN THE UK TO HELP STOP NOSEBLEEDS APART FROM THE TRADITIONAL METHODS.

**Nozohaem** to the rescue! The international **Pharmaceut**, recently launched **Nozohaem** in the UK and now its time to get the product into every household and school first aid kits.

**Nozohaem** is the only effective treatment for nosebleeds, for everyone from children to sports fanatics!

Being cooped up in a warm house with central heating

or spending time in an air conditioned office can dry out your nose which can also lead to a nosebleed. Traditionally, treatment of nosebleeds has either been to clamp the wings of the nose or insert a wad of cotton wool into the nostrils.

**Nozohaem** is a unique gel treatment, combining a mix of glycine and calcium, both well known to have a positive impact on blood functionality. It is safe and suitable for adults and children of all ages. Quick to administer, **Nozohaem** stops the bleeding in moments.

**Nozohaem** is new to the UK and was invented in Scandinavia by **Pharmaceut**, *The Nose Experts*.

It is available from [www.oneclickpharmacy.co.uk](http://www.oneclickpharmacy.co.uk) [www.victoriahealth.com](http://www.victoriahealth.com)

If the bleeding does not stop after 30 minutes, you should consult a doctor

**PARENTS NEWS**  
On-line  
updated daily and you can read copies of this and other area editions  
[www.parents-news.co.uk](http://www.parents-news.co.uk)

## Education

### Terracycle & Activia® Launch the Top of the Pots

Participants can win contributions to chosen school, charity or non-profit organisation through national recycling fundraising scheme **TerraCycle** and **Activia®** are excited to announce the launch of the **Top of the Pots Collection Contest**, with a combined 38,500 **TerraCycle** points (£385 worth) in prizes to be won!

Every active **Activia®** location is automatically entered into the contest. At the end of the competition, the five top collectors will win contributions of £200, £100, £50, £25 or £10 to their chosen school, charity or non-profit organisation.

The Grand Prize winning location will also receive a visit from **TerraCycle** for a special recycling talk and interactive recycling session.

**TerraCycle** will be posting a **Top Ten Leaderboard** at various stages of the contest on [www.terracecycle.co.uk](http://www.terracecycle.co.uk) and making updates via facebook so competitors can see how well their location is doing.

**Saving Yogurt Pots from Landfill and Raising Funds for Charity**  
As well as working towards becoming **Top of the Pots** each participant in the **Activia®** **Yogurt Brigade®** earns two **TerraCycle** points for the weight of each **Danone Activia®, Actimel®** and **Shape®** yogurt pot sent in. Each point can be redeemed for a 1pence contribution for the school, charity or non-profit organization of the sender's choice. **TerraCycle** then recycles the waste pots into a wide range of recycled generic plastic products such as garden benches, watering cans or waste bins.

To date since launch in October 2010 participants in the **Activia** **Yogurt Brigade** across the UK have saved over 366,000 **Danone Activia®, Actimel®** and **Shape®** yogurt pots from landfill raising over £8,000 for worthy UK schools, charities and non-profit organisations. Participants are urged to get their friends, family and colleagues involved as the more people collecting their **Danone Activia®, Actimel®** and **Shape®** yogurt pots and bottles on their behalf, the more chance they have of becoming **Top of the Pots!**

**barbican**  
Miss Ophelia  
by Het Fillaal  
31 Oct - 7 Nov  
★★★★ The Herald  
Through lively storytelling, imaginative puppetry and a beautiful score, this show brings to life the book *Ophelia's Shadow* Theatre by Michael Ende (author of *The Never Ending Story*).  
For children aged 6+

All tickets £8.50  
[barbican.org.uk](http://barbican.org.uk)

**AFTER SCHOOL WORKSHOPS AT TANDRIDGE LEISURE CENTRE STARTING FROM SEPTEMBER**  
Booking is essential, as numbers are strictly limited. Call or come into the centre to secure your place now. See our website for full details of workshops.

**Create Art & Craft Workshops**  
For 5-8 year olds  
Our experienced art practitioner, Julia Thomas, will lead these exciting themed workshops to develop and stretch your child's creative skills and imagination.  
Fridays, 3.45 - 5.15pm  
from only £7.50 per workshop (no materials)

**Little Dance Workshops**  
for 3-6 year olds  
Our experienced dance practitioner, Anna Henry, will take your little ones on a dance journey of exploration in this series of workshops. Each workshop has a different theme and will include the use of props to make them even more fun!  
Fridays, 3.45 - 4.45pm  
from only £5 per workshop

**STREET DANCE FOR 8-13 YRS**  
Tuesdays, 4.50 - 5.50pm  
Learn all the moves to the latest music with our experienced, professional dance tutor.

Tandridge Leisure Centre, Oxted, 01883 716 717 [www.tandridgetrust.co.uk](http://www.tandridgetrust.co.uk)  
Like us on Facebook: [TandridgeTrust](https://www.facebook.com/TandridgeTrust)  
Follow us on Twitter: @TandridgeTrust  
**Tandridge Trust**  
Leisure & Culture

**SWIMMING LESSONS**  
FOR BABIES AND KIDS  
BEGINNERS TO ADVANCED  
Small Classes after School  
Saturdays & Daytime

- Ladies Water Aerobics
- Parent & Baby Classes
- Pre-School Classes
- Easter Crash Courses
- Pool Parties

Call Cass on 020 8397 7731  
[www.hookaquacentre.co.uk](http://www.hookaquacentre.co.uk)

**HOOK AQUA CENTRE**

**French & Spanish**  
- à la carte -

[www.frenchandspanishalacarte.co.uk](http://www.frenchandspanishalacarte.co.uk)

**French and Spanish tuition for Adults and Children**

- Private Tuition
- Crash Courses
- Group Classes
- GCSE & A Level
- Saturday Classes
- Play Group
- After School
- Holiday Classes

We can travel to your School, Nursery, Home or Business

Call us on 020 8946 4777  
Or visit our website for more info

**Old Barn Stables**  
Waffrons Farm, Woodstock Lane South, Chessington, Surrey

**A Friendly, Family Run Riding School**

- BHS Qualified Instructors
- All weather sand school
- All ages & abilities
- Pony Days
- Lessons & Hacks
- Holiday Fun
- Woodland Walk

For directions and info, call 020 8398 0822

**Swimming Lessons**  
Quality classes in small group  
\*\* COME AND TRY A CLASS FREE \*\*  
Lessons for:  
Adults and Children from 2 yrs  
Non-swimmers-Improvers  
Advanced & SUPER Advanced

Classes held at:  
Downsend School Ashhead/Leatherhead  
Epsom College

For more info contact Colin on 01372 739600

**Teddington's longest established Vets, serving the community for over 30 years**

Our friendly and caring team ensures your pet receives the best professional care.

Our large, separate cat and dog waiting areas, together with an appointment system ensures your pet enters the consulting room with minimum stress.

- Fully Integrated In-house Laboratory Facilities, most results available within half an hour
- X-ray, Surgical and Dental Facilities
- Passports and Import/Export Certificates

The perfect practice for your new pet.

Call us on 020 8977 3452  
2 & 3 The Pavement • Bushy Park Road • Teddington • Middlesex TW11 9JE  
also at Veterinary Health Centre • 250 Twickenham Road • Isleworth • Middlesex TW7 7DT • Tel: 020 8892 4432  
email [surgery@bushyparkvets.com](mailto:surgery@bushyparkvets.com) or visit [www.bushyparkvets.com](http://www.bushyparkvets.com)

No parking restrictions

## Education

### The Famous Five books voted the nation's favourite childhood books of all time

The exciting journeys and discoveries made by Julian, Dick, Anne, George and Timmy the dog of **Enid Blyton's Famous Five** have been loved by many and the books have been named as Britain's favourite childhood stories of all time – according to new research from children's charity **Plan UK**.

Brits have been very loyal to their most treasured childhood books, keen to pass on their own childhood memories – with more than a quarter (26 per cent) saying their oldest children's book has been passed down through two generations.

80% of parents maintain they read, or intend to read their favourite titles to their own kids.

The study marks the launch of **Plan UK's** new **Facebook app** to promote and help fund girls' education in developing countries – it reveals Children's classics are top, with the five most popular books as follows (in order of popularity):

- **Famous Five, Enid Blyton**
- **Charlie and the Chocolate Factory, Roald Dahl**
- **The Lion, The Witch and the Wardrobe, CS Lewis**
- **Black Beauty, Anna Sewell**
- **Winnie the Pooh, AA Milne**

Nearly 9 out of 10 (85%) of adults feel their reading experiences when they were young helped to shape the person they are today – while 64% (2 in 3) said their favourite book helped them to read and write.

More than a quarter revealed that as a child they aspired to be just like the hero in their books – from George in the **Famous Five** to Charlie from **Charlie and the Chocolate Factory**.

**Plan UK**, commissioned the research to mark the launch of their new **Education for Girls Facebook app**, designed to help and support the world's poorest girls access and complete their education

<http://bit.ly/LvybPp>

"Books and reading clearly have a fundamental impact on our lives and play a crucial role in education," says **Marie Staunton**, Chief Executive of **Plan UK**.

"Unfortunately, many children, especially girls, simply don't get the choice to go to school (in order of popularity):

"There are 75 million girls worldwide not in education – many are taken out of class to work, or to be married off when they are far too young."

The app allows users to take a survey to find out which of the top 50 children's books they have read – the app then offers them the choice of buying a virtual book, all donations from this go to funding girls' education overseas.

Each book purchased will go into the virtual library; over time this will grow and allow users to see how they have improved girls education around the world – such as paying for a girl's school fees for a year in Sierra Leone.

"We are facing a global crisis in learning with 75 million girls around the world out of school," adds Ms Staunton.

"Shockingly, 80 million young women between the ages of 15 and 24 cannot read or write. If we want to end the cycle of poverty, one of the single best investments we can make is supporting girls to stay in school.

"By donating a virtual book and way-marked trails, many of the *Trust's* houses and gardens sit within extensive country estates, so a tranquil stroll can take in acres of glorious parkland, meadows and ancient woodland, whilst a more challenging walk might encompass hill-top views.

**You can download the Facebook app** at <http://bit.ly/LvybPp>

### Celebrate the beauty of the British countryside with the National Trust's Great British Walk 1 Sep – 4 Nov

**The National Trust's Great British Walk** brings together a whole season of walking-related events and activities to enjoy with family and friends. From wildlife rambles with rangers and inspirational journeys through history, to self-guided strolls and food foraging days, the **Great British Walk** showcases Britain's most beautiful countryside, enclosed in glorious autumn colour. The programme is ideal for families, with loads of action and incentives to get kids outside and exploring the natural world on their doorstep, particularly over the half term period. Kids can also take up the **Trust's '50 Things to do Before You're 11½'** challenge, completing tasks that turn a walk into an adventure, such as animal tracking and conkers.

If you like doing your own thing at your own pace, then try out one of the **National Trust's** new downloadable walks and way-marked trails. Many of the *Trust's* houses and gardens sit within extensive country estates, so a tranquil stroll can take in acres of glorious parkland, meadows and ancient woodland, whilst a more challenging walk might encompass hill-top views.

If you prefer walking in a group, there are hundreds

of organised walking events to choose from, with opportunities to learn about local history, wildlife and nature conservation along the way. Group walks are also a great way to meet like-minded people and share the simple pleasure of walking. Finally, don't forget to share your walking experiences with friends. If you discover a fantastic new route, tell others about it, or even better, lead your own guided tour!

**The National Trust's** website is brimming with additional ideas to make your outdoor adventure even more memorable. Follow a Ranger's advice on how to make the perfect den, turn your bitter sloes into delicious sloe gin, or make a pretty decoration for your home, using woodland materials.

Here are a few of this year's Great British Walk highlights in London and around London:

**Morden Hall Park, Morden:** This green oasis is a much-loved rural idyll, the meandering River Wandie meandering through its meadows, creating a haven for wildlife and cross-country with trails. A new, free, downloadable walking history app takes visitors back into the 19th-century world of Morden Hall's former owner Gilliat Hatfield's scheme.

**www.nationaltrust.org.uk/lotheast**

Sept 2012

Sept 2012

## What's On London and Regional Calendar

### Daily Harry Potter London Locations Tour

020 7222 1234 Meet at Temple Station. 2 ½ hr bus tour of London locations featured in the Harry Potter films. **Daily London Duttons** London 020 7403 7121 Venues: The UK's first 5D laser ride. **Daily Tower of London** 0844 482 7799 Fit for a King exhibition learn about the personalities, power & physical size of England's kings, from the Tudors, & the notorious Henry VIII to today's royal family. **Daily London Zoo** Regent's Park London 020 7222 3333 Rainforest Life Exhibit. **16 Sept** London Zoo Stampede 10K charity run to take runners past some of the world's most amazing animals, including western lowland gorillas & a mob of meerkats & lots more. [www.zsl.org/stampede](http://www.zsl.org/stampede)

**Daily National Army Museum** 020 7739 0717 [www.namuseum.org.uk](http://www.namuseum.org.uk) Victorian Soldier Action Zone with quizzes, games & hands on activities to help your learn about life as a Victorian soldier. **FREE. Daily** The World's Army, Empire, Commonwealth & Dominion Soldiers 1914-45 Action Zone family interactive zone. **FREE. Daily** Kids Zone, interactive learning & play space for under 10s plus a soft play area for babies.

**Daily The Queen's Gallery Buckingham Palace** 020 7766 7301 activity bags for families. find out which animals the adventurers shared the Antarctic with and hear early explorers work to protect themselves from the cold. **Ongoing** Royal Wives Buckingham Palace 020 7766 7302 Family groups may explore a range of self directed activities from the art trolley, 5-14yrs.

**Ongoing Churchill War Rooms** Clive Steps King Charles Street 020 7930 6961 Undercover. Life in Churchill's bunker. **Every Sun Venn Street Market, Clapham Common** 020 7622 8259 include The Arctic Farm, Market Gourmet which produces Michelin quality foods ready made. Seriously Italian etc, 10-4pm. **Every Sun National Gallery** [www.nationalgallery.org.uk](http://www.nationalgallery.org.uk) 020 7747 2885 Family workshops for families bringing paintings alive & a themed story on the magic carpet, & FREE family trail.

**Every Sun Hildreth Street Market** Balham SW12 Fresh food traders sourced from all over London. **Every Sun South London Gallery** 65 Peckham Road 020 7703 6120 Hands on workshops for families led by gallery artists. **FREE.** **Every Tues in Aug HMS Victory** 02392 728060 Join the guides for stories & handle objects from the

collection other activities to include being a ship detective, medal making, naval navigation, animal magic & marvellous music.

**Every Tues, Wed & Thurs throughout school holidays** **Warrior Portsmouth** 02392 728060 Fun at the Victorian Seaside, put on a Punch & Judy show & take a souvenir to take home & play with Victorian style toys & board games. **FREE.** **Every weekend & school holidays** **Hands on Nature Discoveries** using the handling station & explore interesting specimens with the help of the museums science educators. **FREE & Up, Up and Away** interactive storytelling for under 7's. **FREE. Daily** Family Earth Lab explore the wonder of fossils, rocks & minerals, families, 6-yrs. **FREE.** Explorer backpacks, families under 7's. Dippy Floor puzzle under 7's. **FREE.** Bookasaurus, families under 5's. Jurassic Ark family activity pack includes code-breaking activities. **Daily Learning** Activators encourage visitors of all ages to discover more about the natural world. **FREE. Daily** Focus Points handling different textures explore real specimens with the help of volunteers, using traditional natural history themed activities, all ages. **FREE.**

**Unit 21 Sept Royal Air Force Museum** Granhame Park Way Hendon London 020 8205 2266 Athletics & Olympians Sport [www.rafmuseum.org.uk/london](http://www.rafmuseum.org.uk/london). **Unit 23 Sept Imperial War Museum** Lambeth Road 020 7416 5439 Build the Truce display. **Unit 29 Sept Harman Museum** London Forest Hill 020 8699 1872 **Every Sun** until 29 Sept Art Makers have fun with art skills & exciting techniques to create something good to take home, 3-yrs 8.15 Sept Rainsticks, 22 & 29 Sept Chinese Moon Festival Lanterns, adults **FREE.** **Every Sun** until 30 Sept Discovery for All objects handling, 3+yrs. **FREE.** **Unit 31 Dec** The Art of Harmony: The V & A & Horniman Music Collections. **FREE.** **Unit 6 Jan '13** The Body Adorned: Dressing London exhibition. **Unit 30 Sept Southbank Centre** Pricelless London Wonderground a magnetic cloud for families. **FREE.** **Daily** Galleries Tours, families & 13-yrs. **FREE.** **Ongoing** Flynnz take control in 360 degrees flight simulators or fly with the Red Arrows in their sensational 3D motion effects theatre. **Every weekend** Icy Cool Adventure families, under 7's. **FREE.** **Every Weekend** Spaced Out, families, 5-yrs. **FREE.** **Every Weekend** A Cockroach Tour of the museum visitors take on the form of cockroaches dressing up in realistic costumes. **FREE.** **Every**

Weekend explore hundreds of real natural history specimens, discover evidence along the way using microscopes, the computer database & other scientific instruments, science educators are there to help you with your investigations. **FREE.**

**14-15-22 Sept Victoria & Albert Museum** 020 7942 2000 Make it: Create A Fashion Collection, 10-12yrs. **14-23 Sept London Design Festival** with workshops seminars & talks. **FREE.** 30 Sept Big Draw, Big Make activities to include crown making workshops led by Mister Maker (as seen on CBeebies) talks by artists & designers such as Quentin Blard & pop up studios where visitors can take part in challenges from fashion illustration to designing fountain. **FREE** some events require advance booking via [www.vam.ac.uk/whats-on](http://www.vam.ac.uk/whats-on) or Tel: 020 7942 2211. **Unit 14** Back Packs families can pick up an activity bag filled with jigsaws, stories & games to explore the collection, 4-11yrs. Activity Cart hands on art fun for children to create a Samurai helmet, a silver globe or an elephant mask to take home. **FREE.** Drop in plus Agent Animal bag a sensory activity bag that has been developed for under 5's containing an audio map & fabric cubes. **FREE.**

**14-16 Sept Hackney Empire Theatre** 11711 Stratford London 020 8985 2424 Angelina Ballerina Live on Stage, families 3+yrs. **15 Sept London's Discover Children's Story Centre** Stratford 020 8536 5555 Roadl Draft London. Revolving Rhymes, under 2's. **FREE.** 22 Sept My Super Sister with Gwyneth Rees for an interactive session including Q & A's, the event is followed by a book signing in the café, under 2's. **FREE.**

**15 Sept The Great River Race** The UK Traditional Boat Championship A spectacular boat race up the River Thames that attracts over 300 crews from all over the globe & appeals to every level of competitor from those who enjoy fun, fancy dress & charity stunts to serious sportsmen & women who like to win. Fun day out, from Docklands to Richmond. [www.greatriverrace.co.uk](http://www.greatriverrace.co.uk)

**15 Sept Royal Naval Submarine Museum** 02392 545034 Gosport Stars Showcase with Gosport's very own Scouts, Guides, St John's Ambulance, Gafirs & Navy, Army & Sea Cadets for a fun filled day. **15-16 Sept Ethnart Palace Court Yard** London 020 8294 2548 Art Deco Fair opportunity to buy original 1930s objects.

**16 Sept Museum of Childhood** Bethnal Green 020 9683 5200 **16 Sept** Design a New Ship, creative workshop for 3-yrs. **Unit 28 Oct** Mascots of the Olympic Games. **Daily** Family backpacks for under 5's containing a train map, storybooks, play mats & question sheets. **FREE.** **Unit 9 Dec** Happy Birthday Mr Punch exhibition. **16 Sept Royal Festival Hall** Belvedere Road London 0870 380 4300 Planet Earth Live. **20-23 Sept** Geffrye Museum London 020 7739 9893 Ceramics in the City: A Selling Fair, browse & buy talk to the ceramists & watch **FREE** demonstrations. **Weekend** craft activities for children will be on offer.

**21-22 Sept St John's Church Waterloo** 07888 887 995 Fulham Opera present Tosca, tickets 08444 771000. **21-23 Sept HMS Belfast** Tolly Street 020 7940 6320 21-23 Sept

located on a first come first basis. **FREE.** Cushions are available for hire & you may bring your own food & drink (no glasses). [www.morclondon.com/the-shop](http://www.morclondon.com/the-shop) 13 Sept Great Expectations.

**14-15-22 Sept Victoria & Albert Museum** 020 7942 2000 Make it: Create A Fashion Collection, 10-12yrs. **14-23 Sept London Design Festival** with workshops seminars & talks. **FREE.** 30 Sept Big Draw, Big Make activities to include crown making workshops led by Mister Maker (as seen on CBeebies) talks by artists & designers such as Quentin Blard & pop up studios where visitors can take part in challenges from fashion illustration to designing fountain. **FREE** some events require advance booking via [www.vam.ac.uk/whats-on](http://www.vam.ac.uk/whats-on) or Tel: 020 7942 2211. **Unit 14** Back Packs families can pick up an activity bag filled with jigsaws, stories & games to explore the collection, 4-11yrs. Activity Cart hands on art fun for children to create a Samurai helmet, a silver globe or an elephant mask to take home. **FREE.** Drop in plus Agent Animal bag a sensory activity bag that has been developed for under 5's containing an audio map & fabric cubes. **FREE.**

**14-16 Sept Hackney Empire Theatre** 11711 Stratford London 020 8985 2424 Angelina Ballerina Live on Stage, families 3+yrs. **15 Sept London's Discover Children's Story Centre** Stratford 020 8536 5555 Roadl Draft London. Revolving Rhymes, under 2's. **FREE.** 22 Sept My Super Sister with Gwyneth Rees for an interactive session including Q & A's, the event is followed by a book signing in the café, under 2's. **FREE.**

**15 Sept The Great River Race** The UK Traditional Boat Championship A spectacular boat race up the River Thames that attracts over 300 crews from all over the globe & appeals to every level of competitor from those who enjoy fun, fancy dress & charity stunts to serious sportsmen & women who like to win. Fun day out, from Docklands to Richmond. [www.greatriverrace.co.uk](http://www.greatriverrace.co.uk)

**15 Sept Royal Naval Submarine Museum** 02392 545034 Gosport Stars Showcase with Gosport's very own Scouts, Guides, St John's Ambulance, Gafirs & Navy, Army & Sea Cadets for a fun filled day. **15-16 Sept Ethnart Palace Court Yard** London 020 8294 2548 Art Deco Fair opportunity to buy original 1930s objects.

**16 Sept Museum of Childhood** Bethnal Green 020 9683 5200 **16 Sept** Design a New Ship, creative workshop for 3-yrs. **Unit 28 Oct** Mascots of the Olympic Games. **Daily** Family backpacks for under 5's containing a train map, storybooks, play mats & question sheets. **FREE.** **Unit 9 Dec** Happy Birthday Mr Punch exhibition. **16 Sept Royal Festival Hall** Belvedere Road London 0870 380 4300 Planet Earth Live. **20-23 Sept** Geffrye Museum London 020 7739 9893 Ceramics in the City: A Selling Fair, browse & buy talk to the ceramists & watch **FREE** demonstrations. **Weekend** craft activities for children will be on offer.

**21-22 Sept St John's Church Waterloo** 07888 887 995 Fulham Opera present Tosca, tickets 08444 771000. **21-23 Sept HMS Belfast** Tolly Street 020 7940 6320 21-23 Sept

Classified Lineage-£1 per word inc vat min 10 words Box £40 inc vat +£5 for colour. Classified pay for ten entries get two free. Boxes pay for 5 entries get one free. Cheques payable to **PARENTS NEWS**, 10 The Manor Drive, Worcester Park, Surrey, KT4 7LG Tel: 020 8337 6337 Deadline see P2. For a receipt send SAE.

**Childminders** **sitters** **babysitters**

Britain's favourite babysitters

Follow us on **TRUSTED** **1967**

**Reclaim your social life!**

Now you can find professional, experienced babysitters all at short notice. We interview every babysitter in person and check all references thoroughly. All have professional childcare experience with most being Registered Childminders or qualified Nursery Nurses & Nannies.

For your first booking **FREE** of any booking fee visit us at [www.sitters.co.uk](http://www.sitters.co.uk) and quote promo code **PNEWSFREE**.

If you would like to discuss your childcare needs call **Sitters on 08447 967 367**.

**EXPERT 11+ TUITION**

7+10+11+English Reading Writing Spelling. Experienced teachers. GCSE Revision, Maths, Science & English. Free assessment if lesson booked telephone now.

**Progress Tuition Centre 020 8336 1951**

**Go far with Kip McGrath**

Individual tutoring programmes, using Kip McGrath methods.

English Reading Spelling

Call today for a FREE assessment

020 8786 2000 [www.kipmcgrath.com](http://www.kipmcgrath.com)

facebook.com/kipkingston

**SWIMMING LESSONS**

**Colin Bull Swimming Lessons**

All ages/abilities. See advert pg 8 **01372 739600**

**Swimwell swimming school** weekly lessons holiday crash courses Croydon Purley Wallington Warrlingham **01424852935 07949184463**

[info@swimwelluk.com](http://info@swimwelluk.com) [www.swimwelluk.com](http://www.swimwelluk.com)

**PIANO TUITION** Qualified and Experienced Piano teacher. Examinations to Grade 8 Standard. Music theory for all instruments Margaret Wood Tel: 01932 219767 MB7 0857689396 Walton-on-Thames

**HEALTH - FITNESS**

Relaxing Massage at Home

While children at school 07711 724 129 [www.mobile-aromatherapy.co.uk](http://www.mobile-aromatherapy.co.uk)

**CELEBRITY REPTILES**

**EXOTIC CREATURES FOR THE 'NOW' FACTOR** SNAKES, LIZARDS, OWLS, SKINKS AND INSECTS FOR YOUR NEXT PARTY / EVENT

020 8659 0877 07958 734636

Advertise in **PARENTS NEWS** Call fergus 020 8337 6337 [fergus@parents-news.co.uk](mailto:fergus@parents-news.co.uk)

TAKE ONE PICTURE



**CHOOSE GO-ED AT CROYDON HIGH**

**Girls Only EDUCATION for girls aged 3 to 18**

Come and find out more about our exceptional school. **OPEN DAY 29TH SEPTEMBER 9.30-12.30.** Visitors always welcome – please call **0208 260 7543** to book a personal tour.

**Girls who are going places go to Croydon High School**

An Independent Day School for Girls aged 3-18 **gdst** Girls' Day School Trust

[www.croydonhigh.gdst.net](http://www.croydonhigh.gdst.net)

**PRIMARY SCHOOL CHILDREN INSPIRED BY VERONESE**

9 May – 16 September 2012 Admission Free [www.nationalgallery.org.uk](http://www.nationalgallery.org.uk)

Sponsored by The Dorset Foundation and by The Tavolozza Foundation

THE NATIONAL GALLERY



**CHOOSE GO-ED AT CROYDON HIGH**

**Girls Only EDUCATION for girls aged 3 to 18**

Come and find out more about our exceptional school. **OPEN DAY 29TH SEPTEMBER 9.30-12.30.** Visitors always welcome – please call **0208 260 7543** to book a personal tour.

**Girls who are going places go to Croydon High School**

An Independent Day School for Girls aged 3-18 **gdst** Girls' Day School Trust

[www.croydonhigh.gdst.net](http://www.croydonhigh.gdst.net)

**Every Sunday Morning "Blagdons" Sports Ground**

**1030am Register 11am start**

Shannon Corner A3  
New Malden KT3 4PU

Under 5s to under 14s (as of 1 Sep)  
Up to 8yrs is non-contact (tag rugby)  
Lots of qualified CRB coaches.  
Teen Girls contact and non-contact rugby

[www.emanuelrugby.co.uk](http://www.emanuelrugby.co.uk)

