

PARENTS NEWS

September 2013 No. 224 The First & Foremost Local Monthly Newspaper for Families

1993 - 2013
21st Successful Year
Thank you

FREE

St Lawrence College
www.slccuk.com

What's On September School Open Days Back to School

www.sydenhamhighschool.gdst.net

www.elmhurstschool.net

Published on time, every time since 1993
www.parents-news.co.uk

Three Editions in South-East England



ISSN 1362-5551

South West London & Surrey

PARENTS NEWS

Next Issue October:
Editorial Deadline: 20 Sept
Advertiser Deadline: 26 Sept
Distributed 7 October
Half Term activities:
Open Days
Publishers & Editors:
Fergus & Penny McCarthy
Distribution up to 60,000 *South West London & Surrey*; 78,000 *Kent*; 54,000 *London South East-Surrey & West Kent*.
Distributed through schools, nurseries, libraries, leisure centres, restaurants, advisers, play schemes and events.
Subscription by post £15 year.
For Advertising:

fergus
@parents-news.co.uk
020 8337 6337

PARENTS NEWS UK
ISSN 1362-5551
10 The Manor Drive,
Worcester Park, Surrey,
KT4 7LG.
020 8337 6337
info@parents-news.co.uk
www.parents-news.co.uk

PARENTS NEWS believes that society's best asset is its young people! We shall accept no advertising in the opinion of the Publisher, is considered demeaning to children. We intend to encourage environmental, health, and non-violent issues, but not to preach or claim to always be right. Different opinions published are the opinions of the authors and not necessarily those of **PARENTS NEWS**. We hope mums and dads enjoy the articles, be interested by Calendar (finding it useful), and use the advertisers. Any endorsement by **PARENTS NEWS** is explicitly stated.

Back to School

Kingston Grammar School

An independent co-educational, academically selective school located on the edge of the town centre, with a 22-acre sports ground at Thames Ditton. Offering a broad and multi-faceted educational experience pupils are given the opportunity to develop their own ideas and skills, deepening their knowledge and understanding of curriculum subjects.

They are made aware of the options available to them and encouraged to be curious and independent minded enabling them to move on from school with confidence in their own abilities and the skills to make their way in an increasingly competitive world.

In addition, the rich and diverse co-curricular programme provides a variety of ways for pupils to develop and showcase their talents.

A strong pastoral support framework running throughout the school ensures that those joining settle quickly and happily into the day-to-day routine.

Open Events
26 September 6.30-9pm
28 September 10am - 12.30pm

For further information or to arrange a visit please contact the Registrar on
020 8546 5875
registrar@kgs.org.uk,
www.kgs.org.uk



September 2013

STABILO gets ready for Back to School

A new term with... **STABILO** stationery, of course! **STABILO's EASYoriginal** pen is an ergonomically designed rollerball with a specially designed grip, meaning little hands can hold the pen correctly and comfortably. Praised by teachers, this genius pen also comes in both left-handed and right-handed options, plus a variety of colours, making it the perfect choice to include in your children's pencil case this autumn.

Make sure your kids are the envy of their friends with the **point88** fine liners - a stationery must-have. Available in an array of 25 bright colours, this iconic pen is perfect for highlighting and jazzing up any school notes! These versatile pens have a long cap-off time and the **point88 Colourparade** means your kids have every colour at their fingertips.



This clever ergonomic graphite pencil has a triangular design and unique non-slip grip moulds. The moulds ensure that children can maintain a relaxed hand posture and not get tired! Even with sharpening, the staggered grip zone means that children can hold the pencil in the correct way. This HB lead pencil is perfect for writing, sketching; for beginners or experienced writers!

Plus **STABILO** is putting its money where its mouth is by providing a **FREE Early Writers** resource which includes hands-on activity sheets, comprehensive teaching notes and web-based tools for parents on how to support early writers at home.

Make sure your children are prepared for the start of term with these **Early Writer's** pencil-case essentials and

enjoy the beginning of school with **STABILO!**

The **STABILO EASYoriginal** is priced at £6.99, the **point 88 Colourparade** is £24.48 and the **EASYgraph** is £2.99 for a pack of two.

Find all **STABILO** products and product information at www.stabilo.com

Follow **STABILO** on Twitter @STABILOUK



September 2013

PRIMIGI

AUTUMN-WINTER COLLECTION 2013-14

The **Primigi** winter is cold yet full of charm. Models with an active spirit, padded construction and techno surfaces contrast with hiking shoes and boots with a romantic and minimalist style.



Combat, cowboy and biker boots, basketball models and ballerina flats are revisited in new colours and materials.



Traditionally-inspired vintage models return with a contemporary twist, lines open to reinterpretations and different uses. Primigi has dedicated special attention to the footwear lines produced in a partnership with **GORE-TEX®**.



The technology used, in fact, ensures durable, water resistant and extremely comfortable footwear,



for feet that are always warm and dry.



all super dynamic, made with high

technical performance, but are influenced by the latest styles and fashion trends.

A palette of soft colours, such as antique pink and beige,

alternate with warm, natural pasteltone shades, coming

together in a mix of waxed leathers, padded and quilted fabrics, and pearly details to create a fascinating foundation for techno-chic models featuring extreme versatility.

www.primigi.com



Back to School

Stay top of the stationery class with the Post-it Brand from 3M!

There's nothing cooler than heading back to school stocked up with the latest and greatest in stationery accessories! From handy index tabs to funky dispensers, these fresh new products from the **Post-it** Brand are sure to make the envy of any classroom!

The average UK household will spend £35.84 on stationery during the back to school period*, so what will you be spending it on? Here are our top recommendations:

varieties? There's something for everyone!
Full **Post-it Super Sticky** Full Adhesive Notes RRP £2.99



Post-it Notes Handy Ruler Pack RRP £7.20

This pack is perfect for older students and teachers! With nine different index tabs and arrows mounted on a hole-punched ruler, it enables easy marking of important text and pages in one handy product.



Post-it Super Sticky Notes Star Shape Cube RRP £3.90

Share your personality with the **Post-it** Brand's vibrant selection of fun shaped notes. They are perfect for ensuring your messages stand out, and because they're Super Sticky, you can be sure they'll stick to most vertical surfaces!



Post-it Apple Pop-up Z-Notes Dispenser & Pad RRP £8.99

Always have a **Post-it** Note to hand with this striking refillable **Z-Note** dispenser! And if the apple design isn't quite to your taste, why not check out our heart, pebble and handbag

ST. CATHERINE'S SCHOOL TWICKENHAM



Open Events

Sixth Form
Wednesday 18th September, 6:15pm

Prep & Senior
Tuesday 1st October, 6:15pm
Saturday 9th November, 10:00am

A Catholic school warmly welcoming girls of all faiths, age 3-18.

Call Mrs Angelita Faulkner to reserve your place for either event on

0203 261 0139
email

admissions@stcatherineschool.co.uk

Cross Deep, Twickenham, TW1 4QJ
www.stcatherineschool.co.uk

KINGSTON GRAMMAR SCHOOL

Independent and co-educational for ages 11 - 18 years



OPEN EVENTS

Thursday 26th September 6.30pm - 9.00pm
Saturday 28th September 10.00am - 12.30pm

A LEVEL FORUM
6TH FORM INFORMATION EVENING
Tuesday 8th October 7.30pm

For further details contact: registrar@kgs.org.uk
Tel: 020 8546 5875
www.kgs.org.uk

The Ursuline Prep School Opens a New Building

The **Ursuline Preparatory School** Wimbledon is opening a wonderful new building in the school grounds. This new building, known as **St Ursula's**,

is a multi-purpose learning area that is also suitable for after school clubs and activities. **St Ursula's** other purpose is as a useful space for **The Parents' Association** to use for social events and fund-raising occasions. This light, open, modern space is furnished with a generous kitchen area, interactive whiteboard and superb raised decking area outside, which will allow the free flow of children's play. The building will be blessed on **Friday 13th September**.

Mrs Anne Farnish, Headmistress, said "We are delighted to have this wonderful multi-purpose facility, which will provide our pupils with further opportunities for extra-curricular learning. We are particularly grateful to the **Parents' Association** and **Governors** for their support in helping to make this project such a success."

The Ursuline Preparatory School Wimbledon
18 The Downs, London SW20 8HR
Telephone: 020 8947 0859
Email: admissions@uups.co.uk
www.ursuline-prep.merton.sch.uk

Open Mornings: 12th October 2013 and 25th January 2014
10am-12 noon
Open Week: 21st-25th October 2013, from 9:30 am to 11:30 am

Entry at 3 years to our co-ed Nursery, Girls at 5 years to our Reception, and at 7 years to our Prep Department.

- * A leading Catholic Pre-Prep and Preparatory school, welcoming girls of all faiths and denominations.
- * An academy but non-selective school.
- * Ranked 26th in The Sunday Times Top 100 Prep Schools in Britain, November 2012.
- * Girls prepared for a range of secondary schools at 11+.
- * Specialist teaching in Music, Art, Sports and Modern Foreign Languages.
- * An extensive 'extra-curricular' programme to further develop individual character and talents.
- * After school care available until 5.45pm daily.

The Ursuline Preparatory School has an **Open Day** on **Saturday 12th October 2013**, from 10am to 12 noon, when you will be able to tour the entire school as well as the new **St Ursula's** block.

Open Week is **21st - 25th October 9:30 - 11:30 am**
www.ursuline-prep.merton.sch.uk
020 8947 0859.

Back to School

St Lawrence College

St Lawrence College in Ramsgate offers continuity of education from 3 to 18 years, or the flexibility for you to choose independent education for just part of your child's schooling. Why not go along to an **Open Day** and find out how it differs from other schools?

Nursery: Offering flexible attendance and an extended day, Nursery pupils are overseen by well-qualified, experienced staff. Enhanced afternoon sessions provide additional learning opportunities.

Junior School: Children thrive in the secure and positive atmosphere and are given every opportunity to fulfil their potential. A wide range of experiences are provided both inside and outside the classroom.

Senior School: The school has a long record of providing an excellent academic

education within a supportive community, but is also modern in its outlook and very well suited to preparing pupils for a rapidly changing world.

A warm welcome awaits you and your family!

Friday 27 September:
Nursery & Junior School
Open Day
01843 572912

Saturday 28 September:
Senior School
Open Day
01843 572931
www.slck.com



Co-educational, day & boarding school for ages 3-18 years



SEPTEMBER OPEN DAYS

JUNIOR SCHOOL (3-11 YRS): FRIDAY 27 SEPT
10.00AM - 12 NOON & 1.30PM - 3.00PM

SENIOR SCHOOL (11-18 YRS): SATURDAY 28 SEPT
10.45AM - 2.00PM

STRONG ACADEMIC RESULTS AT 11+, GCSE AND A LEVEL
EXCELLENT PASTORAL CARE WITH A CHRISTIAN ETHOS
EXCEPTIONAL MODERN AND TRADITIONAL FACILITIES



ST LAWRENCE
COLLEGE

For more information or to arrange a visit:

Nursery & Junior School Senior School
T: 01843 572912 T: 01843 572931
E: mag@slck.com E: ahs@slck.com

www.slck.com
Ramsgate, Kent CT11 7AE

Back to School? Headlice?

Try Tea Tree Oil

Avoiding these unpleasant mites is difficult as they pass from person to person easily, especially as play time commences. If these unwelcome guests do make an appearance all is not lost according to new findings. Evidence suggests that *Tea Tree Oil* is a natural and effective remedy in treating head lice compared to the chemical insecticides which are so commonly used.

Researchers at the *James Cook University* in Queensland, Australia have quoted that *'Tea Tree Oil* achieved and

maintained a 90% kill rate over a 3 hour period, compared to just an 82% kill rate when *Permethrin* (a common insecticide) was used'. Prevention This research has also proven that *Tea Tree* will help to prevent head lice from laying eggs on the scalp initially. This is great news for mums trying to avoid common insecticidal chemicals, which can leave a toxic residue on the hair and scalp.

Green People's Organic Lavender Shampoo and Conditioner
RRP £7.75 - 200ml.



September 2013

Elmhurst School

At *Elmhurst* they are proud to have been educating boys to the highest standards for over 140 years.

The boys are prepared for entry to a prestigious range of schools. In the Independent Sector; *Whitgift, Trinity, Dulwich College* and *Royal Russell* and, of the local Grammar schools, they send boys to *Wilson's, Wallington, Sutton* and *St Olave's*.

They aim to provide the boys with a wide ranging and diverse curriculum that allows them to develop their talents and foster an interest in many different fields.

A wide variety of sport including Rugby, Swimming, Hockey, Basketball and Athletics is encouraged along with Music, Drama and Art.

Elmhurst accepts boys from the age of four, although there are some vacancies arising in other year groups.

Whilst they do run **Open Days** each term, they recommend a personal tour of the school when they are in session. This allows prospective parents to see the school in action.

020 8688 0661
office@elmhurstschool.net
www.elmhurstschool.net

September 2013

High achieving girls celebrate A Level success

For the second consecutive year *Sydenham High School GDST* has seen an increase in the number of students gaining top grades at A Level, along with its consistent 100 per cent pass rate. This is bucking the trend nationally. Seventy-eight per cent of *Sydenham High* girls achieved A*/B grades, versus 72 per cent in 2012, with over a third securing A*/A in their subjects. There was also celebration for confirmed university places for the girls taking courses ranging from medicine, physiotherapy and environmental science to law, history, politics and psychology as well as a clutch of places on prestigious art foundation courses. In addition to their A Levels, a high proportion of *Sydenham High's* final year students take the *Extended Project Qualification (EPQ)* and over half those taking this challenging course achieved A*/A grades. The school is a centre of excellence within the *Girls' Day School Trust* for teaching the *EPQ*, which allows students to pursue independent areas of study



Sydenham High School GDST

A* high flyers lead GCSE success

Heavy showers failed to dampen proceedings as *Sydenham High School GDST* celebrated more of its high flying students – this time for their GCSE results.

Despite tougher marking being implemented nationally, the school achieved some remarkable all-round performances with an increase in both passes per pupil and points per candidate. Sixty-seven per cent of students gained A*-A grades and 26 per cent achieved specifically A*s, with four girls - *Elinor Blair, Emma Christensen, Alex Terrieux-Taylor* and *Christina Wimpory* – all achieving the magic number of ten A* grades.

The top performing subject areas this year were: Maths,

Statistics, Science, History, Latin, ICT, Drama and DT. The school caters for girls from a wide range of social and educational backgrounds so the fact that the percentage of A*-B grades increased to 93% and the mean number of A-C grades also increased was further testimony to the school's success in helping to bring out the very best in every student.

Kathryn Pullen, Sydenham High's Headteacher, said: "This is a tremendous achievement for our girls, particularly in a year when it has been harder than ever to score top grades. These grades give them a great basis to go on to A Level study and beyond." 020 8557 7004 admissions@syd.gdst.net

BROMLEY HIGH SCHOOL
CELEBRATES 130 YEARS OF

Excellence



OPEN MORNING

Saturday September 28th 2013, 9.30 am - 1.00 pm

SIXTH FORM OPEN EVENING

Monday 7th October 2013 from 6.45 pm

Find out more about life at Bromley High School

4+, 7+, 11+, 13+ and 16+

Fees Assistance & Scholarships available in the Senior School



admissions@bro.gdst.net

Tel: 020 8781 7000 www.bromleyhigh.gdst.net/pnl





ELMHURST
SCHOOL FOR BOYS
AGED 4-11





Next Open Morning, Saturday 12th October 10am-12noon

**A day in the life of Elmhurst...
come and see for yourself**

If you would like to book a place at our next Open Morning, to request a prospectus, or to arrange an individual tour, please contact Carole or Paula on 020 8688 0661 or email office@elmhurstschool.net

Elmhurst School, 44-48 South Park Hill Road, South Croydon, Surrey CR2 7DW
www.elmhurstschool.net

Ingenio Draestat et Arte
Outstanding achievements, outstanding individuals

A consistently high record of scholarships and places to top sought after schools such as Whitgift, Trinity, Royal Russell, Dulwich, St Olave's, Wilson's and Wallington.



SYDENHAM HIGH SCHOOL

**An outstanding*
education that goes
way beyond exams**

*Inspection Report 2012

Open Days
Junior: Sat 28 Sept 10am - 1.00pm
Senior: Sat 21 Sept 10am - 1.00pm

See website for additional dates in October and November

020 8557 7004
www.sydenhamhighschool.gdst.net
admissions@syd.gdst.net
19 Westwood Hill
London SE26 6BL

Junior School



Senior School



Sixth Form







Taster Mornings - Booking Essential
Reception Thurs 3 October 9.15-11.00am
Year 7 Weds 9 October 9.00-11.45am

Daily Lower Morden Garden Centre 020 8337 7781 Soft Play, under 5's.

Daily Sutton Ecology Centre Festival Walk Carshalton 020 8770 5820 Playworld fantasy play area, 2-10yrs.

Daily Rainbow Leisure Centre East Street 01372 727277 Toddlers under 5's.

Daily Keo Gardens, West Palace 020 8847 0946 Walking Tours of seasonal highlights, **FREE**.

Every Tues CV & Careers Advice Last Thurs of each month, Coffee Mornings. **Every Fri** Knitting Group, need to bring own needles. **Every Tues** Mitchenhall Centre Blagdon Road New Malden 020 83361561 Stay & Play for under 5's.

Ongoing Lightwater Country Park 01276 479582 Meditation classes, **FREE**, donations welcome but not expected. Tel:01276 479744

Ongoing Dupps Hill Outdoor Gym Each item has clear instruction for its use over 12's.

Every Sun YMCA Wimbledon 020 8542 9055 Volleyball sessions for all levels for local residents in Wimbledon & Merton. **FREE**, from 12.30pm. info@wimbledonvolleyballclub.com, www.gospike.net

Every Mon Hampton Library 020 8734 3347 Storytime session, under 5's. **FREE**. 2nd Thurs of the month Chatterbooks reading group, 8-9yrs, 4pm, **FREE**.

Every Mon Wimbledon Library 020 8946 7432 Jewellery drop in workshop for adults. **FREE**. **Every Tues** Coffee morning for over 50s. **Every Tues** IT also Basic IT Training. **Every Wed** Sewing Circle for adults. **FREE**. **Every Wed** French Conversation drop in classes, beginner & intermediate levels, for adults. **Every Wed** Teenage French Tutorials, 8-18yrs. **Every Thurs** monthly Genealogy Sessions, get help tracing your ancestry, drop in session for all ages. **Every Tues & Thurs** Children's story & rhyme time session.

Every Mon Kingston Children's Library Wheatfield Way Kingston 020 8547 6438 Rhyme & storytime sessions for babies, toddlers & under 5's. **Every Thurs** Stories & crafts for under 5's.

Every Mon Surbiton Library Ewell Road Surbiton 020 8547 6444 Storytime for under 5's. **FREE**. **Every Tues** Rhyme & storytime for baby & toddlers. **FREE**.

Every Tues Whitton Library 020 8734 3343 Storytime session, under 5's. **FREE**. 2nd Thurs of month Tiny Teddies sessions baby bounce & rhyme. **FREE**.

Every Tues Hampton Wick Library 020 8734 3358 Storytime session, under 5's. **FREE**. 2nd Tues of the month Chatterbooks reading group, 8-9yrs. **FREE**.

Every Tues Donald Hope Library 020 8542 1975 Storytime. **Every Thurs** Need help with IT? A dedicated volunteer will be available to provide assistance with a wide range of IT issues, for more info 020 8274 5799. **Every Fri** Rhymetime. **Every Sat** Colliers Wood Chess Club for all ages. **Every Tues** Mitcham Library 020 8648 4070 Under 5's Storytime & Craft, fun activity. **FREE**. **Every Tues** Mon Sutton Arena Leisure Centre Middleton Road Carshalton 020 8770 4088 Women's Recreation Mornings with a wide range of sport & social activities available for one single fee, 9-12pm. Daily Playworld fantasy play area, 2-10yrs.

Every Wed & Sun East Sheen Library Sheen Lane Sheen SW14 8LP 020 8734 3337 Storytime session, under 5's. **FREE**. 3rd Wed of the month Chatterbooks reading group, 8-9yrs, 4.30pm. **FREE**. 1st & 3rd Thurs of month Tiny Teddies sessions baby bounce & rhyme. **FREE**.

Every Wed & Sun Royal Botanic Gardens Ken 020 7222 1234 Hands on, sessions in the Secluded Garden Glasshouse for a closer look at the inner workings of the chocolate tree. **Daily** For families Trechoose Towers features climbing towers & wooden play equipment such as giant swings, zip wires, scramble nets, slides & a mountaineering ramp. **Ongoing** Plantastic Play area shaped like a plant, children will be able to tunnel through giant roots, clamber over a solid stem, and explore a leafy maze before reaching the flower head, where a zip wire symbolises a pollinating bee.

Every Thurs Cheam Leisure Centre 020 8274 5789 Barnes Library 020 8274 5789 Classes for those wishing to learn to use the internet, or which run for 6 weeks.

Every Tues Rendezvous Club for over 55's. **Every month** Art Club for toddlers, to put your child's name forward to join need to speak to member of staff in library. **Every Fri** Toddlers Rhyme Time & musical activities, 0-5yrs.

Every Tues-Fri Dickerage Adventure Playground 020 8942 1707 Parent & Toddler Play **Every 3rd Wed of the month** Richmond Library 020 8734 3303 Chatterbooks reading group, 8-9yrs, 4.30pm. **FREE**. 1st Thurs of month Tiny Teddies sessions baby bounce & rhyme. **FREE**.

Every Tues Ham Library 020 8734 3354 Storytime session, under 5's. **FREE**. 2nd Thurs of month Tiny Teddies sessions baby bounce & rhyme. **FREE**.

Every Tues Eastleas Library 020 8734 3350 Storytime session, under 5's. **FREE**. 1st Fri of each month Tiny Teddies baby bounce & rhyme sessions. **FREE**.

stagecoach Theatre Arts

The original and largest network of part-time theatre troupes in the world.

Chertsey 0845 265 7081 chertsey@stagecoach.co.uk

Twickenham 020 8224 6905 twickenham@stagecoach.co.uk

Walton 01932 254 333 walton@stagecoach.co.uk

SING! DANCE! ACT! NOW!

Stagecoach

www.stagecoach.co.uk

Every Tues Farnham Library www.bookstart.org.uk Baby Bounce 'n' Rhyme. **FREE**.

Every Wed Hampton Hill Library 020 8734 3320 Storytime session, under 5's. **FREE**. 1st Sat of every month Tiny Teddies sessions baby bounce & rhyme. **FREE**.

Last Thurs eve in every month Kingston Library Wheatfield Way Kingston 020 8547 6438 Adult Readers Group. **Every Thurs** throughout Aug Story time & simple craft for children. **FREE**.

1st Fri of every month Bergundy & Black Café St Martins Walk for mums with bumps & both parents or carers of non mobile babies, meet others for tea or coffee & get your baby socialising. www.wnct.org.uk/branches/dorking/events/bumps-and-babies. 3rd Mon of every month Nappuccino a matter about nappies as an alternative to disposables.

Every Fri Dorling Library www.surrey.gov.uk/kidstuff Rhymetime. **FREE**.

Every Fri Redhill Library www.surrey.gov.uk/kidstuff Rhymetime. **FREE**.

Every Fri Teddington Library Walgrave Road 020 8734 33045 Storytime session, under 5's. **FREE**. 2nd Wed of the month Chatterbooks reading group, 8-9yrs, 4.20pm. **FREE**. 1st Thurs of month Tiny Teddies sessions baby bounce & rhyme. **FREE**.

Every Fri New Malden Baptist Church Kingston Road New Malden 8942 6912 Tadpoles parent & toddler group.

Every Fri Waddon Ponds & Wandle Park 020 8656 5947 Circular walk through Waddon Ponds & Wandle Park, 2-3 miles, meet outside Lidl, 11am. **FREE**.

Every Fri Thornton Heath Leisure Centre 89-110 High Street 020 8726 6000 x88965 Aquatics as per your go sessions.

Every Fri Mon Running Club 07936 240937 A mixed group consisting mainly, but not restricted to mothers with children in school, meet at 9.00am in the Pembroke Lodge car park for a run of between 3 & 4 miles. Social group of runners with no pressure on ability, new runners more than welcome.

3rd & 4th Sat of the month Northon Children's Centre Kings Oak 6065 Dickerage Lane 020 8949 6005 Who Let the Dads out Play session for under 5's. 10-12.30pm.

Every Sat Electric Theatre Onslow Street Guildford 01483 444789 Little Sparks in the Café Bar with music, games, songs, stories & puppets & Sparkles Dance drop in classes for 5-9yrs. **Every Mon** & Tues after school The Man in the Moon Weekly drama workshops, 6-14yrs. **Every Sat** All Star Choir, 8-14yrs.

Every Sat Early Learning Centre The Bentalls Centre A Playologist will be on hand to make children have the best fun possible with ELC products, they can have their faces painted, mess with play-doh & lots more from 10am.

Every Sat The Green Dragon 58-60 High Street Croyton 020 8667 0684 Storytime for families 3-7yrs, drop in 2hr session with stories, puppets, arts activities & songs. **FREE**.

Every Sat Mon Canbury Park Gardens Kingston Fitness in the Gardens low impact outdoor cardio exercise for all with power walking, jogging & stretching. 10-11am. **FREE**. info@AHM-Co.com.

Every Sat Mon Canbury Gardens Lower Ham Road Kingston 020 8547 6422 Low impact outdoor cardio exercise for all with power walking, jogging & stretching. 10-11am. **FREE**.

Until 14 Sept Kingston Museum and Heritage Centre Wheatfield Way Kingston 020 8547 5006 Morning Cambers exhibition about The British Holiday Camp with lots of fun activities & events.

6.13.20.27 Sept Horley Country Market St John Ambulance Hall Selling a range of home made cakes, preserves, craft & jewellery, seasonal flowers, honey & eggs & lots more. 10-12pm.

7.8.14.15.21.22.28.29 & 5 Oct Ham House & Gardens Richmond 020 8940 1950 Family art activities. **FREE**. 21-22 Sept Open House. **FREE**.

8 Sept Banstead Woods Holly Lane 01737 737700 Countryside Day with crafts, heavy horse, tractor rides, food & drink, stalls & information. **FREE** parking.

9 Sept Richmond Theatre Richmond Green Richmond 0844 871 7651 The Johnny Cash Roadshow. 11-15 Sept Grandpa in My Pocket. 14 Sept Pre-show family fun themed activities **FREE** to ticket holders.

9.16.23.30 Sept London Wetland Centre Queen Elizabeth's Walk Barnes 020 8409 4400 Pond Dipping for adults. 12.19 Sept Big Bat Walk, but detectors supplied suitable families 8-9yrs. 21 Sept Autumn Plant Walk. need to book. **Daily** Guided tours. **Every Mon** Thurs & Sat Guide in the hide in the Peacock Tower, join one of WWT's experienced birdwatchers point out unusual species & answer any questions. **Every Tues & Thurs** Pushabikes, fitness for new mums. **Every weekend** children's activities discover the amazing wildlife & learn word & wonderful facts, regular pond dips, wildlife walks & trails.

11 Sept Littlehale Woods Selcote 020 8726 6900 Toddler Walk, a gentle stroll for little people 2-yrs exploring natural play, meet at 10am by the woodland entrance, contact hidiversity@crovdon.gov.uk.

14 Sept Seacombe Centre Chaux Road Sutton 07914 702938 Sutton Barbershop Festival with a number of **FREE** events throughout the town. 21 Sept-6 Oct Imagine Festival events take place across the borough in venues such as theatres, heritage venues & libraries.

14 Sept Yvonne Arnaud Theatre Millbrook Guildford 01483 440000 The Magical Playroom new show for families, children 3-6yrs. 21 Sept Bin Men a play with music for families, 3-8yrs.

14 Sept Mill Studio Millbrook 01483 4400 10 The Magical Playroom new show for children.

14 Sept Leith Hill Place Near Colldharbour Village Dorking 01306 712711 Heritage Open Day. **FREE** entry.

14 Sept Elmbridge Museum 01932 843573 Movie Magic, art & craft family fun, find out about local cinema pioneer Cecil Hepworth & make a peep hole movie box to animate your own story.

14 Sept Polesden Lacey Dorking 01372 452048 Open Day. **FREE** entry.

14 Sept Bourne Hall Museum 020 8394 1734 Meet Queen Elizabeth I, hear of her life, court & what it was like to be one of Britain's greatest monarchs.

Calendar

13 Sept Painshill Park Cobham 01932 868113 Plant Heritage Open Day with **FREE** guided tours, need to book. 28 Sept Den Building have fun creating your own shelter in the woods with the help of an experienced instructor, finish off the morning with marshmallows & hot chocolate by a camp fire.

29 Sept Hospice to Hospice Bike Ride in aid of Shooting Star Chase for cyclists of all abilities, entry. **FREE**. Tel: 01932 823400. www.shootingstar-chase.org.uk

14 Sept Seacombe Centre Chaux Road Sutton 07914 702938 Sutton Barbershop Festival with a number of **FREE** events throughout the town. 21 Sept-6 Oct Imagine Festival events take place across the borough in venues such as theatres, heritage venues & libraries.

14 Sept Yvonne Arnaud Theatre Millbrook Guildford 01483 440000 The Magical Playroom new show for families, children 3-6yrs. 21 Sept Bin Men a play with music for families, 3-8yrs.

14 Sept Mill Studio Millbrook 01483 4400 10 The Magical Playroom new show for children.

14 Sept Leith Hill Place Near Colldharbour Village Dorking 01306 712711 Heritage Open Day. **FREE** entry.

14 Sept Elmbridge Museum 01932 843573 Movie Magic, art & craft family fun, find out about local cinema pioneer Cecil Hepworth & make a peep hole movie box to animate your own story.

14 Sept Polesden Lacey Dorking 01372 452048 Open Day. **FREE** entry.

14 Sept Bourne Hall Museum 020 8394 1734 Meet Queen Elizabeth I, hear of her life, court & what it was like to be one of Britain's greatest monarchs.

14 Sept Claremont Landscape Gardens 01372 467806 Heritage Open Day. **FREE** entry.

14 Sept St Paul's Church Kingston Hill Surrey Heritage Open Day with quiz sheet for children to explore the building. 14.15.21.22 Sept Puppet Theatre Barge Bucluech Park Richmond upon Thames Surrey 01836 202 745 Hare & Tortoise and other Tales, 3-yrs. Tel: 07836 202745

14-15 Sept Lowfield Heath Windmill Russ Hill Chardwood Heritage Open Day with guided tour explaining the workings of the windmill & how it produced flour. **FREE**. www.heritageopendays.org.uk

14.21.28 Sept & 5 Oct Whittaker Ellis Suite Old Town Hall TW9 020 8831 6000 Dad Day a weekly programme of creative activities for Dads with children under 5 with a look around the Charles Cypher theatre. **Every Wed** Spiral Youth Theatre for 13-yrs members learn a variety of activities such as drama, dance & singing, musical theatre composition, set design & costume making culminating in two productions per year & **Every Thurs** Minis & Juniors 5-9yrs.

21 Sept Sutton Life Centre 020 8644 9696 London Open House Day with showcase tours. **FREE**.

25 Sept Monty & Mirabella Kids Theatre Show up to 7yrs, held in room 360, need to take part in the competition may gain **FREE** entry to the museum provided they are accompanied by an adult & bring their own scooter & safety helmet. On display & in action will be Penny Farthings & other historic bicycles. Plus The Smoothie Bike from Elmbridge Health, create your own health drink made entirely by pedal-power Cycle Jumble for those elusive spare parts & memorabilia.

28 Sept Aviation Day with lots of aviation antics & activities on offer for all the family.

15 Sept Richmond Park 0300 061 2200 London Duathlon for athletes of all abilities on closed roads. 28 Sept TAZ, Family Kayaking 8-9yrs & Family Raftbuilding. www.surrey.gov.uk/familyadventure.

21 Sept Morden Hall Park Mill Cottage 020 8648 1845 Open House behind the scenes guided tours of the park, 11-3pm. **FREE**.

22 Sept Hook Road Arena Epsom Epsom & Ewell Family Fun Day with many affordable family games & entertainment plus many **FREE** attractions & presentations & a Punch & Judy tent with **FREE** shows, dog show, a children's fun fair, a classic car & vehicle area plus a picnic area will also be available. Entry by programme via local outlets to be detailed on www.epsonfamilyfun.net Tel: 07986 949774.

22 Sept Surbiton Festival 020 8949 6921 Fun packed week of events & activities for all the family with a Royal Regatta, Grand Parade & Street Market. www.surbitionfestival.co.uk

27 Sept-26 Oct Polka Theatre 240 The Broadway Wimbledon 020 8543 4888 The Planet & Stuff, 9-13yrs.

28 Sept Swan Barn Mr Haslemere 01420 623359 Family Community Apple Pressing day family friendly & fun interactive event. Bring your own apples & make your own juice join in with the crushing & pressing of the farms apples, 10-4pm.

28 Sept St Michael's C of E School Southfields Table Top & Bicycle Sale plus children's toys, equipment, assorted jumble & jewels, plus bicycle sale. **FREE** entry & refreshments stall, to hire table contact pta@stmicahels.wandswoth.sch.uk

29 Sept Pyrford Village Hall Colldharbour Road Woking 07885 722321 Baby Bazaar Nearly New Sale selling maternity & baby products, toys & children's clothes for 0-6yrs, entrance children **FREE**.

29 Sept The Diamond Centre for Disabled Riders Woodmansterne Road Carshalton 020 8643 7764 Autumn Fair events to include novelty dog show, dog scurry & fun agility, Diamond Riding Display, steam train rides, ferret racing, birds of prey, The Firestone, Rock Band, punch & judy, coconut shy, beat the gothic plus refreshments, bbq & Pimms bar.

Throughout Oct Kingston Borough Black History Month 020 8547 5016 Various locations across the borough with numerous **FREE** activities & entertainment celebrating cultural diversity including Cultural Dress Day & Anti Racism Week.

5 Oct Escher College Weston Green Road Thames Ditton 020 8398 0041 Good as New children's clothes, toys & equipment sale in aid of Cancer Research entrance children **FREE**.

5 Oct Orleans House Gallery Riverside Twickenham 020 8831 6000 Saturday Social drop in family art workshop for parents & carers who are alone with their children alone at weekends, get creative & meet other parents & carers. **FREE**.

What's On London Calendar
Go to Page 10

TRY SOMETHING NEW... TRY GIRLS RUGBY!

Whether you want to get fit, be part of a team or just have a laugh

Come along to your local rugby club and be a part of girls rugby in Surrey

Your local club is:

Old Emanuel RFC Est 1909
OPEN DAY 22 Sept 2013
Everyone welcome whether you have played before or not.
Shannon Corner KT3 4PU
New Malden/Raynes Park
www.emanuelrugby.co.uk
020 8337 8778

Find us on: For more information go to: www.surreyrugby.com/girls

Kumon's maths and English study programmes work to improve your child's skills, develop their confidence and inspire a passion for learning.

Contact your local Instructor for a Free Assessment.

Ashford, Middlesex 020 8568 8214	Fulham 020 7266 4401	Kingston South 020 8127 0184	Tadworth 020 8394 1698
Chessington 01372 602 099	Guildford North 01372 378 377	Merton Park 020 7998 9817	Thames Ditton 020 8288 1819
Esher & Cobham 01737 359 812	Hounslow Central 020 8582 5518	Pyrford 01932 402 737	Tooting 020 8780 1618
Fetcham 01372 370 164	Kingston North & Wimbledon 020 8643 9130	Redhill 01737 277 380	Twickenham 020 8942 3623
		Southfields 020 8879 1290	Woking 01483 726 961

Improve your child's study skills

KUMON

Fees vary. Please refer to your local study centre.

kumon.co.uk

Back to School

Walton Stagecoach

Julianne and Tony are delighted to be taking **Walton Stagecoach** schools under their wings as Franchisees after many years of running these schools as principals. The schools prides itself on excellent learning in a happy and safe environment. With an hour of singing dancing and drama led by industry professional's Walton schools have achieved outstanding on independent inspection reports. Classes are run in age groups so learning is geared towards age appropriate development.

The students not only find confidence but end up making friends for life. Each term has a different focus and this term will be a performance of **Bugsy Malone** for the main schools (6-15 year olds). The younger schools **Early Stages** (4-6 year olds) will be working on Christmas presentations and the older school Further stages (15-19 year olds) will be presenting a classwork demonstration. T

he school is always welcoming to new students and please ring them or visit the website for class times, news and events as well as enrolment options. Phone Julianne or Tony on **01932 506806**

Woodland playgroup to open this autumn

A new outdoor playgroup for adventurous toddlers is set to launch at **Black Park Country Park** this September, offering a unique mix of child-led nature and craft activities.

Tots in the Woods aims to develop and enrich young children's minds through immersing them in their natural environment. The woodland pre-school group - which also teaches under fives the long lost art of bushcraft - is the brain-child of Steve Sutherland, an experienced outdoor instructor who believes that all children (and their parents and carers) should be able to have fun together by simply getting back to nature.

"We're really excited about what's in store" comments Steve, "we'll be based in a wonderful purpose-built bushcraft camp inside the park, which has lots of 'wow'

features. Each week we'll have a camp fire and get up to all sorts of fun things, like natural crafts, playing in our fabulous mud kitchen and singing, not to mention cooking delicious treats on the camp fire. We'll be offering the sessions every Thursday during term time to begin, but hope to open up more days as interest grows".

An experienced outdoor instructor, overseas expedition leader and **Forest School** practitioner, Steve played a key role in the development of award-winning forest adventure company **Go Ape**, including their course at **Black Park Country Park**. Since then he has set up a Forest School and offering the group at new locations, starting with **Black Park Country Park**.

For further information or to book visit www.totsinthewoods.co.uk

Special Educational Assessments

Parents warned not to delay special educational needs assessments.

Uncertainty over proposed changes due to take effect next year could leave many disadvantaged says **Moore Blatch**.

"We are seeing a growing frequency of parents who have been advised to wait until new legislation is in place before pursuing an assessment on behalf of their child. "We would strongly advise parents against this, as there is uncertainty about the full impact of the new changes and it is far better to get provision secured for your child now," says **Moore Blatch** educational expert, **Leena Hurlb**.

The Government is proposing to introduce new legislation to the **Special Educational Needs (SEN)** system, and has issued the **Children and Families Bill**. It incorporates the changes previously outlined in the "SEND Green Paper" (March 2011) and "Support and Aspiration: A new approach

September 2013 Out and About

Every Wed Heaven at Nutfield www.heaven-nutfield.com. Smiley Faces music group for up to 2yrs & 2-4yrs, a playroom for under 5's, a café & a crèche.

Every Sat during term time **The River & Rowing Museum** Mills Meadows Henley on Thames 01491 415600 Artways Art Club, 5 week sessions, 11-14yrs. **Every Wed during term time** Taylor Tug's under 5's Club.

20-22 Sept Corn Exchange Church Street Brighton 0870 060 6632 Brighton Art Fair with over 100 contemporary artists across all media will showcase & sell their work direct to the public in a relaxed & informal environment, entrance under 14's FREE.

22 Sept Brighton Marina East Sussex Brighton Seafrost Small four mile route from Brighton Marina along Brighton seafrost to Hove Lagoon, the path is smooth & ideal for pushchairs & wheelchairs. There will be water provided for all dogs by the Seafrost Office, for more info, Tel: 07824 453318, www.hearingsides.org.uk

22 Sept Stanmer Park Lewes Road Brighton 07746 185927 Apple Day is an annual celebration with the day featuring juice making demonstrations, children's activities, apple identification, guided tours, produce, food & drink, music, storytelling, an apple themed play, stalls & lots more, FREE family event, www.brightonopenmarket.org.uk

Old Barn Stables
 ● Walfords Farm, Woodstock Lane South, Chessington, Surrey
 ● **A Friendly, Family Run Riding School**
 ● BHS Qualified Instructors ● All weather sandschool
 ● All ages & abilities ● Lessons & Hacks
 ● Pony Days ● Holiday Fun
 ● Woodland Walk

For directions and info, call **020 8398 0822**

Advertise in PARENTS NEWS call Fergus
020 8337 6337
fergus@parents-news.co.uk

September 2013

www.craghoppers.com

Ideal for the Playground, **Craghoppers Kids Winter Jackets Let Little Ones Enjoy Playtime Whatever the Weather** Craghoppers has introduced a new range of winter warmers for youngsters who enjoy getting outdoors. The latest selection of jackets will keep them protected, extremely comfortable and looking cool in and out of school. For a more urban look, **Craghoppers** offers the new winter classic jacket boasts a fantastically soft herringbone outer and Sherpa fleece lining. Well suited to cold winter days with **AquaDry** membrane

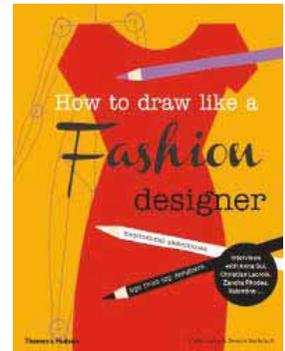


How to Draw Like a Fashion Designer

Tips from top fashion designers **Celia Joicey and Dennis Notthdruff**

This is a lively and engaging beginners' step-by-step guide to drawing like a fashion designer. The book is aimed at young people who are keen to learn how to draw fashion figures and outfits.

At the beginning of the book, leading fashion designers explain why drawing is so important to the design process, with examples from their sketchbooks for inspiration. Designers include **Zandra Rhodes, Valentino, Anna Sui** and more. Then there are sections that show how to create a fashion template (croquis), including fashion proportions and how to turn a



waterproofing and fur trim, the **Mayman Parka (SRP £70)** features a grown on hood, Velcro-fastening pockets, stormflap with inner zip guard and brushed chin guard. It is available in sizes 5-6, 7-8, 9-10, 11-12 and 13 years in **Black Pepper** and **Dark Khaki**.

Girls Lillya Jacket is a more traditional outdoor waterproof. This lightweight rain-defying girls' jacket features a grown-on elasticated hood for an exceptional fit whilst reflective detailing enhances safety in the dark. With zipped pockets, waterproof zip and self-fabric Velcro cuff adjusters, the **Lillya** is ideal to keep little ones dry in the most unforgiving downpours. It is available in sizes 5-6, 7-8, 9-10, 11-12 and 13 years in **Red/Royal Navy, Black Pepper/Black, Dark Blue Wave/Royal Navy**.

www.craghoppers.com
01617 749 1300

LittleLife extends its popular animal daysack range with new **ActiveGrip Daysacks**.

Toddler Daysacks. Available in two adorable animal designs, feature an easy-to-reach, padded grab handle that offers parental control while simultaneously instilling your young explorer with an important sense of independence.

With an eye-catching ladybird or spiky dinosaur to choose from, they are the perfect companion on any family day out. Featuring a spacious



Kingston OPEN DAY
 Saturday
 5th October
 10am - 2pm
 No appointment necessary

Come and visit our wonderful nurseries in **Fulham Kingston & Dorking**
 Contact us for more information
020 3031 4700 info@activelearningchildcare.co.uk

Inspiring
 Unique programme of art, drama, music, science, literacy and IT with dedicated teaching specialists

Healthy
 Specialist sports coaching, organic cafe, adventure playgrounds, holistic education

Innovative
 Purpose designed activity studios, sensory room, baby sleep room, secure webcams

A fresh approach to nursery education.

www.activelearningchildcare.co.uk



Last chance before the 11+ Entrance Exams!

11+ Mock Tests
 in preparation for the Entrance Exams

★ Designed to prepare you under real exam conditions to help eliminate the fear of formal tests and build up your confidence!

★ Dates **7th Sep, 14th Sep, 5th Oct, 9th Nov** £45 / session

★ Subjects English, Maths, Verbal Reasoning, Non-Verbal Reasoning

Join OxBridge to excel!

★ Eng/Maths for Yr 1-3 - Maths, English
 ★ 11+ Preparatory Class for Yr 4 - English with VR+NVR, Essay Writing, Maths
 ★ 11+ Intensive Class for Yr 5 - English, Maths, VR and NVR
 ★ Eng/Maths for Yr 6 - Essay Writing and Reading Comprehension, Maths
 ★ GCSE Classes for Yr 7 - Total science, Maths, English (language+literature), French
 ★ A-level Maths Classes
 ★ New Yr 7 Classes - Please call to sign up while spaces last!

Primary enquiry **020 8949 2131**
 email info@oxbridgeuk.com

Secondary enquiry **020 8949 8838**
 email admin@oxbridgeuk.com

OxBridge Centre is a well-established tuition centre based in New Malden. Currently there are around 420 students from year 1-A-Level studying at the centre. Why don't you join us too?

FOLLOWS THE NATIONAL CURRICULUM

First Class Learning
 Maths & English Tuition

Children Learning to Succeed...
Maths & English Tuition In Hampton, Kingston and New Malden

We Can Help your child to:
 - Improve school performance
 - Gain confidence and self esteem
 - Develop independent study skills

For more information contact:

Hampton
Jennie 07585 950 910

Kingston & New Malden
Anjana 07580 939 131

www.firstclasslearning.co.uk

Back to School

Bags of Fun at Cuckooland

Spotted on the children of many Hollywood celebrities and taking the UK by complete storm, **Beatrix New York** makes its debut in the US. **Beatrix New York** is dedicated to creating 'too cool for school' contemporary lunchboxes, rucksacks, backpacks and wheeled travel bags for children on the move. The designs mix a child-like love of imagination with an adult sense of style. All the bags are environmentally friendly and the colourful designs focus on simplicity, humour and quality.

Cuckooland is a magical world of stylishly quirky homework and unique & unusual gift ideas. Their aim is to offer you an alternative to the dull & mundane by bringing you the WOW & the niche. Led by a zebra centaur with a large fabulous bottom & chief buyer is a kitten called **Sushi**.

www.cuckooland.com
 Lunchbox Bags; **Katarina Frog £29**.



A dream for every pre-school child...
 ...and their parents

Everything you'd expect in a nursery, and more

London Calendar

Daily Tower of London 0844 482 7799 Fit for a King exhibition learn about the personalities, power & physical side of England's kings, from the Tudors, & the notorious Henry VIII to today's royal family. **Daily Science Museum** 0870 870 4688 Take control in 360 degrees flight simulators or fly with the Red Arrows in their sensational 3D motion effects theatre. **Every Weekend** Ice Cool Adventure families, under 7s. **Every Weekend** Spaced Out, families, 5yrs. **FREE. Every Weekend** A Crocodile Tour of the museum visitors take on the form of crocodroaches dressing up in realistic costumes. **FREE. Every Weekend** explore hundreds of real natural history specimens. **FREE.** **Daily The Queen's Gallery Buckingham Palace** 020 7766 7301 Become an explorer & discover the exhibition with activity bags for families. Using the bags find out which animals the adventurers shared the Antarctic with and what early explorers were to protect themselves from the cold. **From June** **Royal Air Force Museum** Hendon 020 8205 2266 Airfix exhibition with some of Airfix's most popular models from the 50,60s & 70s. **Ongoing London Transport Museum** Covent Garden 020 7379 6344 Family Station All Year Round activities for families, 3-12yrs. **Ongoing Royal Mews Buckingham Palace** 020 7766 7302 Family groups may explore a range of self directed activities from the art trolley, 5-11yrs. **Ongoing Royal Academy of Arts** 020 7300 8800 www.royalacademy.org.uk New policy all children under 12yrs of age will have FREE entry to all exhibitions. **Ongoing Churchill War Rooms**

Clive Steps King Charles Street 020 7766 6961 Undercover, Life in Churchill's Banker, learn what life & conditions were like underground & experience the authenticity & emotional resonance of walking through the corridors where Churchill made history. **Throughout Sept Peter Harrison Planetarium** 020 8858 4422 We Are Aliens planetarium show, 5yrs, Sky Tonight Live, 5yrs, Meet the Neighbours, 5yrs, Solar System, Galaxy, Universe, 5yrs, Space Safari with live music & rhyme, under 7s. **Every Sun National Gallery** www.nationalgallery.org.uk 020 7747 2885 workshops for families bringing paintings alive & listening to a themed story on the magic carpet, plus FREE family trail. **Every Sun Hillredeth Street Market** Balham SW12 Street market with fresh food, produce sourced from all over London. **Every Mon & Thurs Holy Trinity Church** Brook Green 07710 023743 Singing & Songwriting sessions for 6-11 & 11-14yrs. **Every Tues until 24 Sept & every Thurs until 27 Sept Horniman Museum** London Road Forest Hill 020 8699 1872 Busy Bees lively sessions for under 5's with stories, songs & simple art & craft. **14 Sept** suggests hands on family workshops, 3yrs. **FREE. 14,21 Sept** Art workshops, Plasters Casts from Nature, create something fabulous to take home, families 3yrs. **21 Sept** Africa hands on family workshops, 3yrs. **FREE. 28 Sept** Animals hands on family workshops, 3yrs. **FREE. Every Sun** A World of Stories storytelling sessions, families, 3yrs. **FREE. Until 1 Mar 14**, The Art of Harmony, exhibition showcases Western

classical musical instruments on loan from the V & A. Every Sun A World of Stories 3yrs. **Every 2nd Sat of month National Geographic Store** 83-97 Regent Street 020 7025 6960 Animal Man comes face to face with slithering snakes, slimy insects & smelly snakes. Meet a wide variety of animals to include owls, lizards, tortoises, armadillos, meerkats & lots more, hands on activities are led by AnimalMan Nick Spellman for all ages. **Every Sat Venn Street Market, Chapham Common** 020 7622 8259 Offering fine foods & fresh produce plus a variety of handmade crafts will be available throughout Dec with gifts & cards for all the family as well as Christmas trees & floral decorations. Christmas trees will be available. **Every Sat Blue Elephant Theatre** Camberwell 020 7701 0100 Young People's Theatre workshops, various age groups 7-18yrs. **FREE to join. Every Sat 2-4pm & after school on Tue & Thurs South London Gallery** 65 Peckham Road 020 7703 6120 The Shop of Possibilities for children & families living on five neighbouring estates, Pelican, Southampton Way, Elmington, Wyndham & Comber, & Secaux

Gardens are invited to play at after school & weekend workshops in this recently renovated former retail outlet on the Secaux Gardens housing estate. **Every weekend Tate Modern Bankside London SE1** 020 7887 8008 Open Studio play & create with ideas & materials from artworks in the collection displays for all ages. **Daily** Family resources with paper based activities for families all ages. **FREE. Daily** Children's Multimedia Family Trails, under 5's. **FREE. Daily** Family Resources provides questions & activities which encourage children & families to explore art works. **FREE. Daily** Guide keeps children entertained & animates art works through music, video clips & entertaining games, 5yrs. **Daily** Under 5's Zone a new play space for families. **FREE. Every weekend** Start Sessions with games, map making & clue matching, 5yrs. **FREE. Every weekend Temple Station** 020 7222 1234 Harry Potter Locations Tour, 2 1/2 hrs. **Every weekend Greenwick Clocktower Market** Quirky weekend market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls. **FREE. Entry, www.clocktowermarket.co.uk** **Every weekend Tate Britain Millbank London** 020 7887 8888 Liminal invites visitors into a physical, material & social

experience of sculpture through touch, interaction & collaboration, all ages. **FREE. Every weekend Art Trolley** sessions encourages children to imagine & create collages & lots more. **FREE. Every Weekend Children's Multimedia Guide** fun & interactive a sensory experience for all the family to enjoy, 5yrs. **Daily** Family Resources provides questions & activities which encourage children & families to explore art works. **FREE. Daily** Family Trails, under 5's. **FREE. Every weekend until 15 Sept Natural History Museum** Cromwell Road London 020 7942 5000 Hands on Nature: Dinosaurs, visit the handling station & explore interesting specimens with the help of the museums science educators. **FREE & Up, Up and Away** interactive storytelling for under 7s. **FREE. Investigate Centre** families can work together as scientists to investigate specimens, 7yrs. **FREE. Until 15 Sept** Sensational Butterflies follow the trail along the life cycle route, watch hungry caterpillars hatch by your side & witness hundreds of striking butterflies & moths fluttering about your head. **28 Sept** Dino Snores for children 7-11yrs. **Every weekend Gallery** characters. **FREE. Daily** Family Earth Lab explore the wonder of fossils, rocks & minerals, families, 6yrs. **FREE. Explorer** backpacks, families under 7s. **Dippy** Fossil puzzle under 7s. **FREE. Bookasaurus**, families under 5's. **Jurassic Ark** family activity pack includes clue breaking activities. **Daily Learning** activities encourage visitors of all ages to discover more about the natural world. **FREE. Daily** Focus Point handling trolleys explore real specimens with the help of volunteers, using different natural history themed activities,

all ages. **FREE. Every Sat** The Bird table using real specimens, activities will encourage you to look closely, make comparisons, discuss choices & develop your knowledge & understanding of Antarctica's penguins. **FREE. Every Sat** Hands on Nature/Ocean Life, drop in family activity all ages. **FREE. Until 30 Sept St Pancras International Station** 020 7260 2700 Summer extravaganza with a Victorian themed summer event celebrating the era in which the station was originally opened, there will be grassy picnic areas, Victorian themed peepboards will also be on hand for visitors to take on the role of Punch & Judy. **FREE. Until 13 Nov Theatre Royal Drury Lane** Catherine St 020 7494 5060 **Charlie & the Chocolate Factory** **Until 4 Jan Imperial War Museum** Lambeth Road 020 7416 5439 **Horrible Histories** Spies family exhibition, 11-22 Sept Introduction to the Holocaust seminar suitable families, 11yrs. **5 Oct** as part of Black History Month Mother Country & the Motherland Clubs, suitable all ages. **6-15 Sept The Mayor's Thames Festival** 020 9288 8998. Ten day festival of FREE events celebrating London & its river. Highlights include, a night time river opera, riverside screenings, 'The Thames' first floating art fair, a 600 voice children's choir, a Rally of Dunkirk Little Ships, The Great River Race The Barge-Driving Race with 40ft steel barges in the slow race. **11-17 Sept Gerry Cottle Circus Ravenscourt Park** 0845 835 5050 A spectacular new show **12 Sept The Scoop at More** London South Bank 020 7403 4866 Crouching Tiger, Hidden Dragon, Cert 12. **FREE. 26 Sept** The Birds Cert 15. **FREE**

www.parents-news.co.uk

September 2013

12-16 Sept Museum of London Docklands 020 7001 9844 Under 5's storyline. **FREE. 16 Sept** Little Mudlarks toddlers group, Musical Mondays 1-5yrs. **FREE** need to book. **16,23,30 Sept** Mini Mudlarks babies group. **FREE** need to book. **23 Sept** Little Mudlarks toddlers group, Gallery Visit 1-5yrs. **FREE** need to book. **24 Sept** Music & Movement, 1yrs. **FREE.** **13-14 Sept National Maritime Museum** Greenwich 020 8312 6565 Heritage Open Day. Behind the Scenes Tour of the Ship Model Stores visitors will see highlights from the collection & hear more about them & find out how their storage plays an important in the preservation & accessibility. **FREE.** **14 Sept The British Postal Museum & Archive** London www.postalheritage.org.uk Archive Open Day a display of items linked to the Post Office's underground railway system with archivists on hand to answer questions. **14 Sept Museum of Childhood** Bethnal Green 020 8983 5200 The Designed Child Special Event series of workshops & talks with East London designer part of London Design Fest. **FREE** drop in all off with a sing song round the piano, all ages. **FREE** entry. **14-22 Sept Victoria & Albert Museum** Cromwell Road London 020 7942 2000 London Design Festival. 21-22 Sept Digital design Weekend with demonstrations of robotics, hacking & interactive installations. **FREE**, drop in. **Daily** Back Packs families can pick up an activity bag pack filled with jigsaws, stories & games to explore the collection, 4-11yrs. Activity Cart hands on art fun for children to create a Samurai helmet, a silver goblet or an elephant mask to take home. **FREE**, drop in plus Agony Animal bag a sensory activity bag that has been developed for under 5's containing an audio map & fabric cubes. **FREE.** **15 Sept Queen's Park** London Queen's Park Day with arena events, music on the bandstand, fancy dress and other competitions, stalls include food, charities, handmade craft, bric-a-brac, 11-5pm **FREE** **15 Sept Kings Place Festival** 90 York Way London 020 7400 1485 Classic Buskers for Kids multi-instrumentalist Michael Copley & accordion player Ian Moore perform arrangements of classical music by the likes of Mozart & Vivaldi for children. Storytelling with Debussy an interactive family concert exploring the world of music plus the Wimpy Kid Show with quizzes & draw-alongs, 8yrs. **15-22 Sept Museum of London** 020 7001 9844 Museum explored with hands on activities for all the family 5yrs. **FREE. 11,18,25 Sept** Mini Moles babies group 6mths+, **FREE** need to book. **18 Sept** Little Moles toddlers group get messy together 0-5yrs. **FREE** need to book. **25 Sept** Little Moles toddlers group creative session for toddlers 1yrs. **FREE** need to book. **29 Sept** Enter A Victorian photograph create fictional Victorian character & their life stories, then using blue screen technology dress up & enter a photograph from that time, families 5yrs. **19 Sept Cutty Sark** Greenwich www.rmg.co.uk/cuttrysark Curator's tours, 11yrs. **Throughout Sept** All hands on deck with demonstrations of sailing skills & hands on activities on the main deck of the ship, all ages. **5,6 Oct** Family fun weekend,

Damru Drums make & decorate a traditional drum inspired by the ship's voyages to India, drop in workshop, all ages, activities **FREE** with admission. **19-22 Sept Gerry Cottle Circus Hackney** Down London E5 8NP 0845 835 5050 A spectacular new show **21 Sept London Zoo** Regent's Park London 020 7722 3333 Big Bags Sleepover with themed events & activities including animal talks, tours, games, storytelling sessions & explore the zoo by torch light, 8-11yrs. **Daily** Rainforest Life Exhibit, experience the sights sounds, smells of the rainforest & come face to face with amazing rainforest species including monkeys sloth, armadillo, tamandua plus there's a special Night Life area, where you'll discover bats, rats & other nocturnal creatures that dwell in the dark. **21 Sept National Army Museum** 020 7720 0717 www.national-army-museum.co.uk If the Invader Comes day of hands on activities will give a taster of life in the Home Guard, take part in drill, have a go at putting out fires. Learn about unexploded bombs & marvel as the gun & searchlight beams scan the skies for danger & finish it all off with a sing song round the piano, all ages. **FREE** entry. **Every Sat afternoon** A Soldier's Life workshop learn about the life of a soldier. **FREE. Daily** Victorian Soldier Action Zone with quizzes, games & hands on activities to help your learn about life as a Victorian soldier. **FREE. Daily** The World's Army, Empire, Commonwealth & Dominion Soldiers 1914-45 Action Zone family interactive zone. **FREE. Daily** Kids Zone, interactive learning & play space for under 10's, a soft play area for babies plus arts & crafts, dressing up costumes, books, interactive toys & lots more. **21-22 Sept Benjamin Franklin House** 36 Craven Street 020 7839 2008 Open House London Weekend half hourly guided tours will take place throughout the day. **FREE.** **22 Sept Teach First Run 10K** London Potters Fields Park Help give every child access to a brilliant education, ultra flat, fast course suitable for runner of all abilities, 15yrs. register www.teachfirst10k.org.uk/10kLondon. **22 Sept Leicester Square Theatre** 0844 8472475 West End Magic brand new show. 1-5 Oct Kolbe's Gift, 13yrs. **23 Sept-3 Oct Ealing Common** Gunnersbury Avenue London 07721 56558 Moscow State Circus **28 Sept Surrey Quays** London SE16 Titan the Robot interactive hi-tech robot will be appearing at intervals between 11-4pm plus **FREE** face painting for children. **28 Sept The Royal Observatory Greenwich** 020 8858 4422 Space Explorers workshop, make simple cardboard instruments, including constellation finders, planet finders, lunar calendars, etc. which can be taken away & used at home. families, 5yrs. **FREE. Every Weekend** Space Safari, under 7's. **29 Sept Lammas Park Park** Ealing 0113 210 8800 Ealing Half Marathon starting & finishing in Lammas park, start 9.15 a.m. www.epilsports.org.uk/ealing **29 Sept Hyde Park Bandstand** The Mouth Cancer 10K Awareness Walk, the start & finish area is at the Bandstand, Serpentine Road with **FREE** 75 min mouth cancer screening on the main deck of the ship, all days. **5,6 Oct** Family fun weekend,

Back to School Lunch Box

For many, back to school means back to packed lunches. We know it can be a challenging task to keep your children's lunch new, exciting and healthy but **Nairn's** has some simple suggestions to make boring lunchboxes and soggy sandwiches a thing of the past, inspiring your children to eat a healthy, balanced lunch, that tickles the taste buds too!

Top Tips

- Get your kids involved in packing their lunch, try baking **Nairn's** Banana Oat Cupcakes with Streusel topping and Salted Caramel drizzle.
- Portion sizes are important to give your kids energy. The piece of fruit should be no larger than the palm of your child's hand.
- A colourful lunchbox makes for a happy child. Packing a rainbow of colours ensures your child will be receiving all the nutrients needed.
- Try not to use food as a reward, why not use the cooking process as the reward and make **Christine Bailey's** Roasted Pumpkin and Chickpea Spread.
- High fibre and starchy carbs should make up a whole third of your child's lunchbox
- Nairn's** Oatcakes are perfect for this part!
- A bit of this and a bit of that, include a protein like eggs, meat, chicken or even lentils and mushrooms. Be sure to also include a bit of calcium for strong bones – yogurt and cheese are great for this!
- Small snacks kids can keep in their pencil cases are great to keep them going in the classroom. Hiding a pack of **Nairn's** Oatcakes will be sure to make their friends jealous!
- Mix it up, different toppings, dips and spreads to go with the **Nairn's** Oatcakes will make

sure the lunchboxes come home empty every day. These four delicious toppings are sure to empty their lunchboxes and fill up their bellies, they may even get them excited to be going back to school!

Recipes

- Christine Bailey's** Roasted Pumpkin and Chickpea Spread
- A nutritious protein packed spread, an alternative to shop bought dips and hummus.
- Lady MacDonal's** Harboiled Egg and Marmite – Kids love this combination, and it packs a protein punch. This can be enjoyed for breakfast, lunch or an after school-school snack
- Christine Bailey's** Roasted Pepper and Walnut Dip – Rich, sweet and tangy this spread is delicious and full of flavour to treat your little one's tastebuds.
- Banana Oat Cupcakes** with Streusel topping and Salted Caramel drizzle – A fabulous cupcake with naturally interesting outs and banana, topped with an exciting oat crunch and an optional drizzle of salted caramel! The kids will love making them too!

Recipes online at <http://www.parents-news.co.uk/national-news/nairns-top-tips-for-no-fuss-lunchboxes/>

ENTERTAINERS

TOP ENTERTAINERS.biz Disco's Magic games ballou animals & more madnick **07534 968290 01689 824040**

EXPERT 11+ TUITION 7+10+11+English Reading Writing Spelling. Experienced teachers. GCSE Revision, Maths, Science & English. Free assessment if lesson booked telephone now. **Progress Tuition Centre** 020 8336 1951

Lots of information on **PARENTS NEWS WEBSITE** continually updated with new features and information for parents www.parents-news.co.uk **020 8337 6337** fergus@parents-news.co.uk

Bourne Hall Museum Kids Club bringing history alive

Good Queen Bess

Saturday 14 September 1pm-2.30pm

The royal progress of Queen Elizabeth I will halt at one of the Queen's favourite palaces, Nonsuch, in Ewell and allow local citizens to join the Queen's court. Meet the Virgin Queen in all her splendour and listen as she tells the story of her life and the news of court.

See how she was a leader of fashion and how she influenced the clothes of her courtiers.

Learn courtly etiquette to ensure that you don't displease her and get sent to The Tower. Practise your newfound skills as you are presented to the Queen herself.

Price £4 per child

Further details available from David Brooks, Bourne Hall Museum, Spring Street, Ewell, Surrey, KT17 1JF. Tel 020 8394 1734. Email brooksdavid@epomm-ewell.co.uk <http://www.epomm-ewell.co.uk/whatsontop/our-uk/BourneHallMuseumKidsClub.html>

Go back to school in style Celebrate the new Doctor by proudly showing off your new notebook and laptop case

With bold and contemporary designs these notebooks are perfect for standing out as a Doctor Who fan in your new school year

Dr Who All Tardis Notebook £10

Dr Who All Dalek Notebook £10

Dr Who All Cyber Man Notebook £10

Starting University? Keep your laptop protected in these stylish laptop cases inspired by the iconic characters of one of the country's most loved TV shows

Dalek 15" Laptop Case, £35

Tardis 13" Laptop Case, £35

Available from: www.science-museum-shop.co.uk

Back to School Lunch Box

www.parents-news.co.uk

September 2013

12-16 Sept Museum of London

12-16 Sept Gerry Cottle Circus Hackney

21 Sept London Zoo

21 Sept National Army Museum

21 Sept Victoria & Albert Museum

21-22 Sept Benjamin Franklin House

15 Sept Queen's Park

15 Sept Kings Place Festival

22 Sept Leicester Square Theatre

23 Sept-3 Oct Ealing Common

28 Sept Surrey Quays

28 Sept The Royal Observatory Greenwich

29 Sept Lammas Park Park

29 Sept Hyde Park Bandstand

5,6 Oct Family fun weekend,

Back to School Lunch Box

For many, back to school means back to packed lunches. We know it can be a challenging task to keep your children's lunch new, exciting and healthy but **Nairn's** has some simple suggestions to make boring lunchboxes and soggy sandwiches a thing of the past, inspiring your children to eat a healthy, balanced lunch, that tickles the taste buds too!

Top Tips

- Get your kids involved in packing their lunch, try baking **Nairn's** Banana Oat Cupcakes with Streusel topping and Salted Caramel drizzle.
- Portion sizes are important to give your kids energy. The piece of fruit should be no larger than the palm of your child's hand.
- A colourful lunchbox makes for a happy child. Packing a rainbow of colours ensures your child will be receiving all the nutrients needed.
- Try not to use food as a reward, why not use the cooking process as the reward and make **Christine Bailey's** Roasted Pumpkin and Chickpea Spread.
- High fibre and starchy carbs should make up a whole third of your child's lunchbox
- Nairn's** Oatcakes are perfect for this part!
- A bit of this and a bit of that, include a protein like eggs, meat, chicken or even lentils and mushrooms. Be sure to also include a bit of calcium for strong bones – yogurt and cheese are great for this!
- Small snacks kids can keep in their pencil cases are great to keep them going in the classroom. Hiding a pack of **Nairn's** Oatcakes will be sure to make their friends jealous!
- Mix it up, different toppings, dips and spreads to go with the **Nairn's** Oatcakes will make

sure the lunchboxes come home empty every day. These four delicious toppings are sure to empty their lunchboxes and fill up their bellies, they may even get them excited to be going back to school!

Recipes

- Christine Bailey's** Roasted Pumpkin and Chickpea Spread
- A nutritious protein packed spread, an alternative to shop bought dips and hummus.
- Lady MacDonal's** Harboiled Egg and Marmite – Kids love this combination, and it packs a protein punch. This can be enjoyed for breakfast, lunch or an after school-school snack
- Christine Bailey's** Roasted Pepper and Walnut Dip – Rich, sweet and tangy this spread is delicious and full of flavour to treat your little one's tastebuds.
- Banana Oat Cupcakes** with Streusel topping and Salted Caramel drizzle – A fabulous cupcake with naturally interesting outs and banana, topped with an exciting oat crunch and an optional drizzle of salted caramel! The kids will love making them too!

Recipes online at <http://www.parents-news.co.uk/national-news/nairns-top-tips-for-no-fuss-lunchboxes/>

ENTERTAINERS

TOP ENTERTAINERS.biz Disco's Magic games ballou animals & more madnick **07534 968290 01689 824040**

EXPERT 11+ TUITION 7+10+11+English Reading Writing Spelling. Experienced teachers. GCSE Revision, Maths, Science & English. Free assessment if lesson booked telephone now. **Progress Tuition Centre** 020 8336 1951

Teddington's longest established Vets, serving the community for over 30 years

Our friendly and caring team ensures your pet receives the best professional care.

Our large, separate cat and dog waiting areas, together with an appointment system ensures your pet enters the consulting room with minimum stress.

- Fully Integrated In-house Laboratory Facilities, most results available within half an hour
- X-ray, Surgical and Dental Facilities
- Passports and Import/Export Certificates

The perfect practice for your new pet.

Call us on **020 8977 3452**

2 & 3 The Pavement • Bushy Park Road • Teddington • Middlesex TW11 9JE also at Veterinary Health Centre • 250 Twickenham Road • Isleworth • Middlesex TW7 7DT • Tel: 020 8892 4432

email surgery@bushyparkvets.com or visit www.bushyparkvets.com

BushyParkVets Ian Leggett Veterinary Surgeon

No parking restrictions

Classified £1 per word inc vat min 10 words. Box - £40.00 inc vat +£5 for colour. Cheque payable to **PARENTS NEWS**, 10 The Manor Drive, Worcester Park, Surrey, KT14 7LG. Tel: 020 8337 6337. Deadline see P2. For a receipt send SAE.

sitters **Follow us on:** **TRUSTEES** **1967**

Reclaim your social life!

Now you can find professional, experienced babysitters even at short notice. We interview each babysitter in person and check all references thoroughly. All have professional childcare experience with most being Registered Childminders or qualified Nursery Nurses & Nannies.

For your first booking **FREE** of any booking fee visit us at www.sitters.co.uk and quote promo code **PNWSFREE**.

If you would like to discuss your childcare needs call Sitters on **08447 367 367**.

LESSONS

Private tuition – By a Teacher New Malden Science and Maths up to GCSE Biology – Chemistry –A/Level

Details 020 8241-9901 0771-34 88 38

i2Learn Tuition Centre Kingston

11 Plus | English | Maths | Summer Holidays

www.i2Learn.co.uk 020-3638-4367

SWIMMING LESSONS

Colin Bull Swimming Lessons

All ages/abilities. See advert pg 8 01372 739600

Swimwell Swim School Ltd school weekly lessons holiday crash courses Croydon Purley Wallington

Warringham 0124852935 07949184463 info@swimwelluk.com www.swimwelluk.com

EXOTIC CREATURES FOR THE "WOW" FACTOR SNAKES, LIZARDS, OWLS, SKUNKS AND INSECTS FOR YOUR NEXT PARTY/EVENT

020 8659 0877 07950 794316

Age 4+ **SCALEXTRIC** 6x lanes **SCALEXTRIC** Children's Parties Biggest Track in Kent. Kids love it. 01634 799532 www.thechequeredflag.info nr. M24 **Adults too!**

healthy children,
happy mothers



PRIMIGI[®]
Italian Style for kids

The PRIMIGI SYSTEM delivers maximum well-being and reliability.



For more than 30 years, Primigi shoes have been the preferred children's footwear of Italian mums. From their first steps to school, Primigi accompanies kids throughout their growth with attractive, innovative and reliable shoes. The experience of a large group, modern technologies, the careful selection of high-quality materials and Italian style come together to create specific products that satisfy all childhood needs. Thanks to its extremely vast range, Primigi offers the right product for every situation, including GORE-TEX[®] shoes, Primigi Sport shoes (for the most extreme sport, growing up!), and Primigi Girls shoes for the fashion-conscious Tween.