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www.parents-news.co.uk

PARENTS NEWS believes that
society's best asset is its young
people! We shall accept no advertising
in the opinion of the Publisher, is
considered demeaning to children. We intend to encourage environmental health, and non-violent issues, but health, and non-violent issues, but not to preach or claim to always be right. Different opinions published are the opinions of the authors and not necessarily those of PARENTS NEWS. We hope mums and dads enjoy the articles, be interested by Calendar (finding it useful), and use the advertisers. Any endorsement by PARENTS NEWS is explicitly stated

Virgin Holidays

7 nights in Orlando - £599pp - saving £184pp

Seven nights in Orlando with Virgin Holidays, including scheduled flights with Virgin Atlantic from London Gatwick direct to Orlando, accommodation at the 3V+ Maingate Lakeside Resort on Dinosaurs!! a room only basis with car hire starts from £599

Price is per person based on 2 adults travelling and sharing accommodation including all applicable taxes and fuel surcharges which are subject to change Price is based on a departure on 14 March 2014.

Virgin Holidays is a member of ABTA and is ATOL protected. To book: www.virginholidays.co.uk 0844 557 3859 and dare to pose for a photo

or visit one of 100 stores in Debenhams, House of Fraser, Tesco and Sainsbury's stores nationwide.

Shhhh listen carefully...

Can you hear the distant ROARS and shrieks of laughter that can be heard over the Surrey Hills!

New arrivals of a different kind have made their way through the valleys and over the hills, new arrivals that haven't walked the earth for over 65 million years... The

The Dino Trail is opening at Godstone Farm on the 15th February 2014! Make your way through the mist and let the dinosaurs uncover themselves. See the mighty Mammoth, super Stegosaurus, look up to see the fearsome Pterodactyl and many more as you tread carefully round the trail. Follow the footprints, discover amazing facts, feel their colossal claws

with your head inside the jaws

BHS Qualified Instructors

All ages & abilites

of the terrifying T-Rex!

Presiding among the creatures of old are their closest living relatives unearth the wonders in the Live Creature Cavern teeming with lizards, snakes, spiders and many more... It's all happening this February Half Term AND it's included in your entry ticket!!

Go on ... Hear them ROAR!!

Launch Day: Saturday 15th February at 11.30 with Deano the Dinosaur and the Godstone Farm Explorers PLUS the Winner of the Young Dinosaur Expert competition. Kids go free before 11am on Launch Day Head to the website and facebook page for more information

www.godstonefarm.co.uk **PARENTS NEWS** On-line

www. parents-news.co.uk

Old Barn Stables

A Friendly, Family Run Riding School

February 2014

Horrible Histories Live on Stage! **BARMY BRITAIN**

Ashcroft Theatre, Fairfield Halls, Croydon Tues 4 to Sat 8 March 2014 HORRIBLE HISTORIES LIVE ON STAGE! returns with a brand new show, BARMY BRITAIN,

We all want to meet people from history. The trouble is everyone is dead! So it's time to prepare yourselves for an incredible journey through two thousand years of history from the Romans to the First World War where you'll meet fascinating characters, discover funny facts that teachers never tell you and be blown away by amazing 3D Bogglevision!

Can you beat battling Boudicca? What if a Viking moved in next door? Can evil Elizabeth entertain England? Will Parliament survive gunpowder Guy? Should King Charles keep his head? Dare you stand and deliver to dastardly Dick Turpin? Move

to grove with party Queen Victoria and prepare to do battle in the frightful First World War It's the history of Britain with the nasty bits left in!

Presented by Birmingham Stage Company, Barmy Britain is adapted by Terry Deary and Neal Foster from Deary's best-selling Horrible Histories books. Performances are at: Tues 7pm, Wed 10.30am, & 7pm, Thurs 10.30am & 1.30pm, Fri 10.30am & 7pm and Sat 11am. 2.30pm & 7pm. Tickets are available from the

Fairfield Halls Box Office 020 8688 9291 www.fairfield.co.uk

Adults £14.50, Children £10, Family Ticket £44, Schools £8. A booking fee of £1.50 per ticket applies, reduced to £1 when paying in person in cash. Booking fee for Schools: £1 per ticket.

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February 2014

- PRIMIGI -What's in Store for Spring - Summer 2014

Primigi's Spring-Summer 2014

collection traces the lines that have marked the brand's history: design research, technological innovation



collection is colour, that,

thanks to its dynamic



fashion and quality distinguish the footwear brand that has always

and versatile spirit. effortlessly influences the collection's three



moods. Starting from shoes for children's very first steps to the line for juniors, with sandals, sneakers and ballet flats influenced by the

themes that inspire the collection In perfect harmony

prints.

digressions and neon

look of the season is

green and multicolour

details. The must-have



Color's mood is reminiscent of a happy, sun-drenched summer made of rich and saturated colours that alternate with powdery pastel shades and lead into iridescent

with the joy and lightheartedness of the season, Primigi shoes for little boys are tinged in royal blue, orange and washed red, while girls can choose from plenty



lilac, aquamarine and coral, presented with both a patent and camouflage, in shades of washed finish.

> The Vintage mood is inspired by a street-

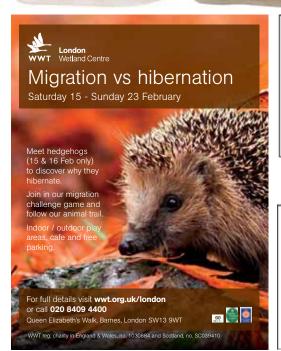
gives the footwear a vintage flair. Pyramid rivets and small studs accent the Rock-n-Roll style and appear in bronze, gold and silver.



fashion look for a metropolitan style with a feisty and dynamic spirit. The "used" effect dominates the line with a fake worn look that

Materials range from aged denim to camouflage canvas in various shades natent leather or suede, and sequin or printed fabrics.





Blowing the Whistle on GDC Scam.

Orthodontists and the General Dental Council are operating an illegal scam to Orthodoptists from the General Dental Council are operating at micegal scam to withhold information from the public about new methods which can avoid allmost all extractions and even major jaw surgery. This is being done partly to protect traditional methods and partly to preserve the high incomes of orthodomitists and surgeons. Research suggests that this British development is being ignored in the UK while spreading rapidly abroad. As a result hundred of children and young adults have extractions and jaw surgery, unaware they may be unnecessar-

Some Orthodontists mislead patients, saying that extractions can be avoided although the traditional methods they use leave too little room, risking severe damage to the face. It is wise to explore the internet yourself, many sites make great claims and show beautiful faces but very few show good results before and after treatment. Even the media is scared of disclosing this scandal.

There is another way.

Take a second opinion now. Nine years old may be too late.



Omodorifics usually requires the extraction of 4 to 8



Research shows Orthotropics can get much better results than 'Train Tracks









When experts sagree, where d

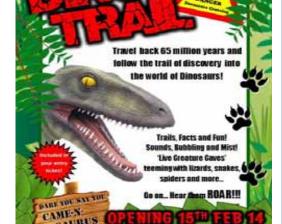
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WWW. Orthotropics.com

Ask an appropria

you for a

Professor John Mew. Tunbridge Wells 01892 526406 and The London School of Facial Orthotropics, Purley. 020-8660-3695.



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Godstone Farm

www.godstonefarm.co.uk

lazy game of golf while ladies

get pampered at the Spa, then

romantic candlelit dinner.

reconvene in the evening over a

Turn up the heat at the Shanti-

in the Sierra de Las Nieves

Nature Park, Spain, Oozing

tranquillity (and waterfalls!).

Som Wellbeing Retreat, located

A Squash and a Squeeze: Sharing Stories with Julia Donaldson A brand new exhibition showing at The Historic Dockvard Chatham

The Historic Dockyard Chatham opens for the 2014 season with the perfect

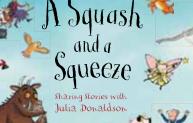
exhibition for families - "A Squash and a Squeeze: Sharing Stories with Julia Donaldson", which runs from 15th February until 1st June. Julia Donaldson, author of children's modern classics such as The Gruffalo. Room on the Broom, Princess Mirror-Belle and The Troll, has worked with Seven Stories National Centre for Children's Books to bring these best-selling children's captivating stories to life. allowing visitors to enter the imagination of this much loved author and discover how she inspires her readers with story.

rhyme and rhythm. Julia's journey can be followed from song writer for children's television to Children's Laureate 2011-2013. Families can share stories, cuddle the Gruffalo, crawl into the Sauasi and a Squeeze House, climb into Cave Baby's cave and enjoy dressing up, looking in the funny mirrors. They can follow in Toddle Waddle's footsteps, and even sing-a-long to her songs on Julia's Jukebox or perform a play on the special stage! Visitors can view the amazing original artwork by her many illustrators - most famously Axel Scheffler, but also Lydia Monks, David Roberts, Nick Sharratt, Karen

George and Emily Gravett - a must for any art enthusiast. Pam Wood. Visitor Services Manager at The Historic Dockvard Chatham said: "This is going to be the perfect experience for both the young and the young at heart. We are so privileged to have Julia Donaldson's work here at Chatham and we cannot wait to see the little ones having a "squash and a squeeze" with the Gruffalo in the gallery!" About the exhibition, Julia Donaldson said:"I am thrilled that my work, and that of my illustrators, is to be presented in such a stimulating and childfriendly way, with so many mini-words and activities.

Because of my love of drama and song. I am particularly excited about the theatre and the juke Kate Edwards Chief Executive at Seven Stories

delighted to be working with Julia to bring many of her much loved stories and characters to life within this exhibition ir ground breaking and interactive



See Julia Donaldson's captivating stories brought to life in an exhibition featuring her wonderful characters

www.thedockyard.co.uk/juliadonaldson II E

Exhibition entry is included in the price of an annual ticket to The Historic Dockvard Chatham

a seven stories

15 FEBRUARY - 1 JUNE

PAY ONCE & VISIT AGAIN & AGAI







ways. We will also explore the importance of rhythm and rhyme in language acquisition. This not to be missed exhibition will delight her huge following of fans and will also attract new audiences to her ever popular books and songs. Seven Stories explore the impact sharing stories has on child development through learning projects in partnership with Action for Children and children with hearing impairments The Historic Dockvard will be

running a number of engaging and exciting school holiday family activities, all inspired by A Squash and a Squeeze exhibition: Rooks, Glorious Books:

15 - 23 February Brilliant books are brought to life with musical storytelling and craft activities. Make your own peg Freddy or Fairy! Monkey Business: 5 - 19 April Musical activities, Monkey Puzzle storytelling and the chance to produce your own paper primate!

Marvellous Monsters 24 May - 1 June Zog story telling with a musical difference! Make your own monster mask and take part in a 'Monster Safari'.

A Squash and A Squeeze: Sharing Stories with Julia Donaldson is supported by Scholastic, Macmillan Children's Books and Alison Green Books. It runs from 15th February until 1st June in No Smithery: The Gallery and is included in the normal dockyard admission price. All tickets are valid for a year. giving families the opportunity to visit again and again

www.thedockvard.co.uk/ iuliadonaldson

and more ...

Lace Up Your Boots and Walk Together in London to Face Breast Cancer

Breast Cancer Care is encouraging supporters to lace up their boots and walk together for the Hampton Court Pink Ribbonwalk to help support those with breast cancer.

The Pink Ribbonwalk will start in the ornate gardens of Hampton Court Palace on the banks of the River Thames on Saturday 17 May. The route will take walkers through the very best of the Hampton Cour Palace Estate, the Thames Path and Royal Parks leaving no doubt as to why Richmond and Kingston-Upon-Thames are widely regarded as the most scenic part of London and a retreat from the hustle and bustle of city life. Registration for the event is open now -visit www.breastcancercare.org.

or call

uk/walk

0870 145 0101 Hampton Court Pink Ribbonwalk will have guides to keep you on track and cheer points where friends and family can gather to spur you on, and enjoy the amazing atmosphere of a Pink Ribbonwalk. Walkers will receive a T-shirt and training guide to help prepare. and at the finish line will

be treated to a well earned massage, a post walk meal and a medal. Walkers at each location will be asked to raise £100 in sponsorship to help fund Breast Cancer Care's specialist services which help people live with, through and beyond breast cancer. Denise Lewis says "I have taken part in Pink Ribbonwalks for a number of years now, and it is a day I very much look forward to, the atmosphere is always fantastic with lots of cheering and laughter on the way. So get those walking shoes on and join us! It's a fantastic way to help Breast Cancer Care to support those affected by breast cancer." It costs just £30 to register to take part and you will also receivefree entry to the venue grounds (with a reduced entry fee for friends and family).

Breast Cancer Care is the only UK-wide support charity helping the thousands of people who wake up to the harsh reality of breast cancer every day. The specialist nurses, local services and emotional support network mean there's always someone to turn to for information and support.





For more information please call

Tel: 01843 583454 / Mobile: 075360588-

Ltd.....

entertainment business, founded in 2012, based in Kent. Remember how fun that

Rocking Horse was when you were a kid? Now imagine how much more fun it is when the horse doesn't just rock, but car be ridden just like a real horse, Lil' Inckeys Ride-On animals do exactly that! A stress free party with a difference. One happy parent quoted "I wanted to thank you for the Lil' Jockey session you ran for my daughters 5 birthday party. All the kids had such a fantastic time on your vast selection of horses, unicorns and zoo animals. I don't think there was a single minute where the animals

be back again for some more."

www.lil-iockevs.co.uk

Lil' Jockeys

.....is a family run

weren't being ridden during the whole 2 hours We will

Romantic Getaway Perthshire countryside in Scotland. Men can enjoy a

Top 5 Romantic Spa Getaways for Valentine's Looking to treat your beloved one to an unforgettable experience this Valentine's? Take them on a healthy Spa getaway for two in some of Europe's top romantic locations. Get loved up at The Royal Crescent Hotel in Bath, the perfect place to unwind and experience quintessential

February 2014

this Asian style escape is the perfect place to relax, soak up English hospitality at its best the sun and get to know one A stone's throw from the world another better. renowned Roman Baths and Nothing says romance like nicturesque Avon waterway a medieval castle! Penha Take their breath away at Longha Resort. Portugal is the Gleneagles Spa & Golf located just minutes away Resort, located in the stunning from the fairytale castles of

Sintra and the bustling city of Lisbon. Set within a 14 century monastery and boasting fountains water mills and gardens, this is one trip she won't forget!

Lefay Resort & Spa, Italy, on the edge of Lake Garda, is the ultimate hidden getaway. Located on a private estate and with lemon trees and olive groves dotting the land, this eco-friendly resort is one place you will want to stay forever. Book it now, gift it on Valentine's, take your holiday any time

To find out more and book visit www.wellbeingescapes.com

New Year - New Start - New Career!

Is that what you've been thinking? Is it time for you to take control and be your own boss? It might sound good but we all know it's not easy starting up your own business so could buying a franchise be the answer?

There was a time when franchising was thought of as being "a bit dodgy" but a recent survey (NatWest/BFA - Jan 2014) shows that there are now over half a million people in the UK employed in franchised

businesses an increase of 20% over the last 5 years. So maybe it's not so dodgy after all.

Of course, running a business is not everyone's cup of tea but it is surprising how many people find they really can do it and wished they tried earlier Interestingly, two-thirds of those who go into franchising were in salaried employment immediately before taking out their current franchise So why not you?

looking for new franchisees who would love to teach and entertain young children. They have opportunities throughout the country and a variety of franchise packages available to suit all lifestyles and business ambitions. I f that sounds interesting, call or mail Elaine for no obligation

MAD Academy are always

07732 322 540 0118 926 1384 elaine.edmondson@ madacademy.co.uk





The London Bike Show

the Total Women's Cyclins

Awards ceremony will take

The London Bike Show will

The Telegraph Outdoor and

Adventure Travel Show and a

new show, the Triathlon Plus

Show. A ticket for one show

allows visitors access into

all three shows where there

place in the Theatre too.

once again run alongside

The UK's largest cycling exhibition. The London Bike Show - Driven by SEAT, returns to ExCel. Landor 13 - 16 February 2014. bringing along everything you need from the world of cycling. After a packed 2013 show, it's back, bigger and better than ever before.

For those looking for their dream bike or beginners wanting to make their first purchase, make your way to the RCUK Cycling Test Track where some of the biggest bike brands will be showcasing their bikes. Once you've found your perfect bike, the experts in the BikeRadar Training Hub will be on hand with tests and consultations designed to help your performance (separate

The Animal WD-40 Sports Tour returns with the display team showing off their skills on and off their bikes. There will be demos each day mixing incredible skill, control and balance with some spectacular aerial action from athletes including Pro Mountain Biker Blake Samson

tickets required).

For the chance to hear from the greats of the cycling world, head to The Cycling Performance Theatre where experts will be sharing their experiences. Olympic cycling legend Sir Chris Hoy will be will be lots more to see and taking part in a Q&A in the do, creating an entertaining. Theatre as well as showcasing affordable day out for all his bike range at the show and

> For more information, visit: www.thelondonbikeshow. co.uk

PARENTS NEWS On-line

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GOING AWAY ON HOLIDAY? HAVE PEACE OF MIND THAT YOUR CHILDREN ARE SAFE IN THE WATER

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her at franchise@madacademy.com

Pinetum Kent Stick Man target wall sessions selected trail around the Pinetum where children hunt for clues. write noems, build dens, draw school bounce & adventure pictures & create their own time sessions for 0-5vrs. NEW Stick Man character to take larger Fitness Studio to offer a home. www.forestrv.gov.uk/ stickman. 31 Jan,1,5,7-8,12-15,19,21- circuits.

Kings Theatre 338 High Street Chatham 01634 829468 Children's theatre with drama fun & games on a different theme each week. 16.19-21.23 Feb Oz & the Space Pirates interactive theatre. 5-12vrs 17 Feb Half Term Drama workshon Twilight & the Morganvile Vamnires 5-13vrs 18 Feb Diary of a with a qualified fitness Wimpy Kid drama workshop, instructor, Selected Sats Wave 5-13vrs & Doctor Who - The Rave Pool Party sessions with War Doctor.

Feb.8-9 31 Jan-2 Singleton Village Hall Ashford 01233 639427 Puss in leave all the planning & Boots traditional pantomime. Daily Larkfield Leisure Centre Aylesford 01622 Park Canterbury 01227 713225 Soft play zone with 3 storeys of interactive play equipment for under 10's with wavy waterfall slide, crawl tubes ball pool & ball cannons Daily Druidstone Park NEW Kickstart a brand new and Woodland Honey Hill all inclusive membership with Blean 01227 765168 Meet unlimited access which offers the friendly animals follow a wide range of activities for the trail around the enchanted under 10's with swimming, woodland & discover the

Until 30 Jan Bedgebury soft play, junior dance mat & holiday programme activities, Saturday Fun Club plus prewider rang of classes including Zumba, Pilates, Body pump &

22.26.28 Feb Spotlites Daily Fishbourne Roman Palace Chichester 01243 789829 Guided tours, plus café & picnic area. Daily Maidstone Leisure

Centre 0845 1552277 Various times Junior Fitness. 12-15vrs learn how the body works the benefits of a healthy lifestyle & participate in structured fitness sessions inflatables, floats, games & the latest music Available Birthday Parties for children

tidying up to the Centre. Daily Wingham Wildlife 720836 Meet the animals including their hands on animal encounters plus children's play area.

PARENTS NEWS

This infomation also **ON-LINE**

www.parents-news.co.uk

Other features too!

Thurs term time only parent

Ongoing Run off your Feet

FREE running sessions

across Kent, women & men of

all ages & abilities are putting

on their trainers & jogging the

streets & parks of Kent all part

of a county wide campaign

to get people running to feel

fitter, healthier & happier. In

Kent leaders have been trained

to set up local running groups

& they are keen to welcome

new runners. Get your first

running session FREE at your

local group when you mention

Parents News. All groups are

led by qualified, enthusiastic

friendly leaders. To find

your local group visit www.

kentsport.org/rungroups.

Ongoing Run off your Feet

07730 870696 Running Group,

01304 201145

Tel: 07730 870696.

& child fun swim.

sleeping dragon & other magical creatures or have fun in the adventure play area, a fun day out for all the family. Daily Tides Leisure Centre Deal 01304 373399 Indoor tropical lagoon with waves & gusher, fun water features & giant slide Jacuzzi & toddler pool, Every weekend Family

Bateman's Burwash 01435 882302 An Edwardian Christmas enjoy the sights, sounds & scents of a candlelit Edwardian Christmas. Daily Christmas garden trail, Father Christmas has gone missing. follow the trail around the garden looking for the clues & collect a surprise when you have finished the trail & don't miss the elves workshop in the

New Tonbridge Swimming Pool Lower Castle Field 01732 367449 Kickstart a brand new all inclusive membership with unlimited access which offers a wide range of activities for under 10's. Every Tues &

first session FREE at your local group when mentioning Parents News Ongoing Dover Leisure Ongoing full range of exercise classes with a modern fitness

suite, 2 swimming pools, squash courts & sports hall. Ongoing on Mons Cuxton Library Rochester Baby massage courses for babies 8wks & not yet crawling, FREE, to book 01634 711391 8 & 3rd Thurs of the month Children's activities, Health visitor drop in clinic, toy library after the session, 9.30

11am, 01634 336209. Every Sun Edenbridge Leisure Centre Stangrove Park 01732 865665 Under 16's & families roller disco. Every Mon Strood Library 01634 335890 Toddler Shake & Boogie activity session that offers rhymes, songs & movement for pre-school children, FREE. Every Tues Teatime Storytime after school, 3-8vrs, term time only Every Fri Homework club with friendly staff on hand to help you with all your homework guestions, 3.30-5pm

Every Mon St Matthew's Church Hall Rochester 01634 843666 <u>www.</u> heritageopendays.org.uk Baby Sensory classes for babies up to 16mths, activities to include bells, balls, bubbles light shows & more, Tel: 07813 632552

Every Mon Walderslade Hook Meadow Library Chatham 01634 861531 Baby bounce & rhyme time, 18mths & under, FREE, Every Wed

Storytime fun sessions for preschool children that include stories & rhymes.

Every Mon Gillingham Library 01634 337340 Storytime fun sessions for preschool children with stories & rhymes FREE Every Fri Baby bounce & rhyme time Every Mon St Andrews Church Hall Broadstairs 01843 863480 Little Ted's Parent & Toddler group, term

time only. Every Mon-Wed The Angel Centre Tonbridge 01732 359966 Kickstart members Pre-school bounce. Every Sat morn fun club 5-10vre Every Wed & Fri dance mat & target wall fitness

Every Mon & Fri Rochester Library Eastgate 01634 337411 Baby bounce & rhyme time with finger & nursery rhymes 18mths & under FREE, Every Sat Pop in and Play sessions for parents & children, 10.30-11am, FREE, 4th Fri of month Advice & support - Health & lifestyle advice, drop-in, no need to

Lbrary

Storytime, 2.15-2.45pm.

Every Tues Hempstead

Library 01634 361544

Baby bounce & rhyme time

for parents & carers, 18mths

& under, Every Fri Storytime

fun interactive sessions for

nre-schoolers FREE 1st & 31

Sat of month Medway Health

Walks chance to improve

Every Wed Dunorlan

Park 07990 973313 Buggy

Workout, exercise for mother

& baby, power walking

around the park utilising the

benches & steps available.

Every Wed St Saviours

Centre Canterbury Road.

Folkestone 01303 244610

Fabulous Fare Market with

locally sourced fresh fruit

& veg. meat, fish & dairy.

preserves & jams & lots more

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take away meals, tanas &

ready salads, natural home &

body products, book/magazine

exchange plants flowers &

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real sport for

preschool children

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If your toddler would enjoy running, catching, throwing, hitting

(a ball or two), aiming, bouncing, racket/bat skills, footwork

learning, lots of games and fun, check us out.

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basketball, athletics and so much more...

10.30-11.30am.

fitness levels all ages

Every Tues Oueens Road Baptist Church Victoria Gardens 01843 602792 Raindrops parent & toddler group termtime Every Thurs 1st Parenting meet with other 1st time parents. Every Fri during term time Friday Club. Every Tues Grosvenor Park 07990 973313 Buggy Workout, exercise for mother & baby nower walking around the park utilising the

benches & steps available. 10.30-11.30am. Every Tues Chatham Library Gun Wharf Dock 01634 337799 Road Storytime for pre-schoolers. FREE. Every Thurs until 31 Mar Toddler shake & boogie fun packed activity session. Every Tues Hoo Library Rochester 01634 250640 Storytime fun sessions for pre-

school children with stories &

rhymes, FREE Midweed & weekends Every Tues Rainham Library Kingsmead Leisure Centre 01634 337799 Storytime fun Canterbury 01227 769818 pre-school stories & rhymes Funtime sessions available in

Calendar

Every Thurs Baby bounce & the pool rhyme time, 18mths or under Every Tues Fairview Library 01634 718161 Baby Community Primary School bounce & rhyme time, 18 01634 376270 Parents & mths, Homework club with toddlers club term time 10friendly & knowledgeable 11.30am, Every Thurs Baby staff on hand, FREE Every bounce & rhyme time, 18mths Tues Teatime Storytime, & under, term time only afterschool, 3-8vrs, 2nd Tues 01634 337340 of month Advice & support Every Tues Walderslade Health & lifestyle advice.

Village Library Chatham drop in, no need to book. 01634686467 Toddler shake & Every Thurs White Oak boogie activity pre-schoolers Leisure Centre Swanley Musical instruments, scarves 01322 662188 Under 16's & parachutes often included Roller Disco. Every Fri Storytime fun Every Thurs Luton Library

sessions stories & rhymes Chatham 01634 406923 Every Tues Hundred of Hoo Storytime fun sessions that Swimming Pool Rochester include stories & rhyme. 01634 401989 Beaver Every Sat Pop in & Play for Swimming Club Every Tues Southborough

01892 529808

parents & children, 10-12pm Every Thurs Pembury Library 01892 822278 Storytimes, 2.30-3pm, term

time only, FREE. Every Thurs during term Margate Baptist Church 4 Cecil Sq 01843 290869 Little Fishes Toddler group for parents & carers to meet & socialise with food, games & fun, 10-11.30am.

Every Fri Grain Library Rochester 01634 338727 Homework club with friendly & knowledgeable staff on hand to help, FREE, Every Sat Craft Club for under 8's. FREE

Every Fri Hempstead Library Gillingham 01634 361544 Homework club with friendly staff on hand to help with all your homework questions.

Every Fri Lordswood Library Chatham 01634 862096 Teatime Storytime after school storytelling. 3-8vrs & Toddler shake & boogie.

Every Fri Wigmore Library 01634 235576 Toddler shake & boogie activity session that offers rhymes, songs & movement for pre-schoolers. Musical instruments, scarves & parachutes are often included.

Last Fri of each month Redgehury National Pinetum & Forest Goudhurst 01580 879820 Reginners Health Walk, lasting approx 30mins-1hr & will cover PARENTS NEWS

On-line www. parents-news.co.uk Advertising works in

PARENTS NEWS 020 8337 6337 fergus@ parents-news.co.uk

between 1-4km. Every Fri morn Moderate Health Walks. 1-1 1/2 hrs between 4 & 6km. Every Fri morn Green Gym session, volunteers can spend a satisfying session working in the National Pinetum helping

height 1.4m.

exhibition

to improve the world's best conifer collection, FREE. Tel: 01424 446395. Daily Go Ape take to the trees & experience a course of rope bridges, tarzan swings & zip slides up to 35 feet above the forest floor, 10+yrs, minimum

Every Sat Medway Little Theatre Rochester 07939 921041 Youth Company for 12-18yrs & children's workshop, 7-12yrs.

Every Sat Dickens House 01843 871133 Broadstairs History Walk, 2pm. Every Wed during term time

Taylor Tug's under 5's Club. Every Sat Morn Fleur de Lis Heritage Centre Faversham 01795 534542 Guided Town walks, 90 minute guided stroll through Faversham.

Every weekend Broadstairs Harbour 07847 473615 Market, weather permitting. Until 14 Feb Chartwell Westerham 01732 868381 International photographer of the year, of exhibition photographs. 17-21 Feb Paint & play drop in workshops. Until 23 Feb Gift of Power

1 Feb Maidstone Museum & Bentif Art Gallery 01622 602838 Storytelling Adventures plus creating your own collage story book storytelling FREE, Half Term Holiday Crafts workshops 4+yrs, 17 Feb Put on a Puppet Show, following the ladybird books guidance make make your own pop up puppet. 18 Feb Becoming a Bug Day learn about different bugs & wind shapes, then create wonderful bug wings to fly home with, 19 Feb Swiss Family Robinson design your own idyllic jungle hideaway complete with booby traps & inventions, 20 Feb Animal Antics learn about different prints techniques in a fun & messy workshop & create different animal prints 21 Feb Pop Up Books learn about different book making techniques & create your own pop up book using images from the Ladybird archive 4+vrs. 21-22 Feb Animals & Bugs Sleepover evening of fun activities, discover creepy crawlies behind the scenes & uncover stories about the museum, price includes breakfast & a range of storytelling, film & craft activities, 7-12yrs, 21-22 Feb Creative Writing Workshop

uncovering hidden tales from

the museum, 5-12vrs, 25 Feb

Behind the Scenes Egyptology workshop the session offers the chance to explore the stores & see historic artefacts that aren't currently on display need to book in advance. Until 29 Mar A Ladybird Childhood exhibition of books.

1 Feb St Luke's Church Hall Tunbridge Wells 07742 953200 Canterbury Record & CD Collector Fair, entrance 1-2 Feb Dover Castle & The

Secret Wartime Tunnels 01304 211067 Great Tower Sleepover. Half Term 15-23 Feb Time Travellers Go, Secrets & Spies, sharpen your detective skills with hands on training in disguise & cracking codes & clues. 27 Feb Guided Tour FREE.

2 Feb Orchard Theatre Dartford 01322 220000 Bananas in Pyjamas

2 Feb Ramsgate Library 01843 599755 Blitz Walks a 2hr walk hearing the stories & visiting the places of the dark days of world war 2.

2 Feb Kings Hall Beacon Hill Dover 01304 242625 Herne Bay Toy & Model Railways Collectors Fair <15s FREE

2 Feb Faversham Market Place Faversham 01795 531192 Antiques & Vintage Market with vintage clothing, jewellery, painting, furniture & much more

4 11 Feb UKP Leisure Club Avenue of Remembrance Sittingbourne 07846 843561 Sittingbourne Indoor Boot Fair 9-12pm 5 Feb Rateman's Runwach

Etchingham 01435 882302 Volunteer Open Day pop in for a coffee & house tour. 12 Feb Millers' have-a-go day. 8 Feb Hall Place Bexley 01322 621238 National Storytelling Week- Tudor Britain's Got Talent! 17-21 Feb Half Term The Tale of Sebastian the Silkworm hear his story & then make your own puppet pet to look after at home, adults FREE.

First Class Bid. IEW it's a ing onlir The lowest unique bid wins the auction 15 Feb Wildwood Trust 15-23 Feb Leeds Castle 22 Feb The White Cliffs Herne Bay 01227 712111 01622 765400 Half Term Grubby Gang Club young a week of merriment with nature adventurers kids can go Peterkin the Fool, join in with acrobatics, stilts, daily fire wild in the woods, make new friends & explore t nature. breathing shows & learn the Minibeast hunts, den making art of serious silliness at the woodland games, bug hotels, Fool School, all ages. nature crafts, digging for 15-23 Feb Bodiam Castle worms, barefoot texture trails. Robertsbridge 01580 830196 scavenger hunts, nest building,

mud pies, mud castles, conker

games & competition, clay

nots, twig wreaths & much

more, 7-11yrs, need to book.

15 Feb Birling Gap & Seven

Sisters Eastbourne 01323

423197 Nature's medicine

chest learn to make remedies

from seasonal plants with a

15 Feb Towncentric 18 A St

Georges Square Gravesend

01474 337600 Children's

storytime listen to the real

Pocahontas story & make your

15-16 Feb Leybourne

Primary School West

Malling Kent 07813 657094

15.16.22-23 Feb Ightham

810378 Half Term children's

fun activities with estate trail.

wild art & animal tracking

to tick off some of your 50

Things, 20 Feb Family baking

workshop make, bake &

decorate edible goodies.

own princess headdress

Ice Skating, 10-4pm.

Mote Sevenoaks

medical herbalist.

The household returns, Half Term Trail & activities 15-23 Feb Kent Life Maidstone 01622 763936 Half Term Out & About a fun nacked week full of activities.

trails & animal encounters, 3-15-23 Feb Scotney Castle Lamberhurst 01892 893819. Let's go fly a kite make your own kite & head out onto the

estate & to see how it flies. 16 Feb Aylesford Priory Avlesford 07876 685853 Farmers Market with more than 30 stalls.

19 Feb Dover Museum Market Square 01304 201066 Family Day Rag Rug Making for children of all ages. 20 Feb Games Day for families of all ages come along & try your skill as a family with a numbe of traditional games.

20-22 Feb The Brook Theatre Old Town Hall Chatham 01634 338319 Jack & Beanstalk traditional

of Dover 01304 202756 Lighthouse conservation day. 22 Feb South Foreland Lighthouse 01304 202756 Conservation Day talk to the volunteers about the work that they do throughout the winter to care for the lighthouse & its historic collection.

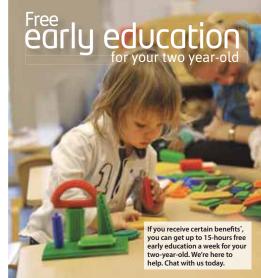
22 Feb St David's Church Newton Close Lordswood Browse 'n' Buy Sale plus tombola & refreshments. admission FREE.

22.26 Feb Stodmarsh National Nature Reserve 01227 283853 www. naturalengland.org.uk. Birdwatching field beginners & experts welcome.

23 Feb Capel-Le-Ferne Village Hall Folkestone 01303 245399 Indoor Boot Fair with large selection of stalls, 8-12 noon.

23 Feb West Malling Farmers Market 07775 736116 Selling a wide variety of local produce including fish, cakes, pies, bread &

> Nhat's On Go to Page 10 & 11



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www.kent.gov.uk/childcare kentcfis@kent.aov.uk

* You cannot get free early education if you receive working tax credit

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Relate: Being Parents Apart

Families come in all shapes and sizes, being a parent isn't easy especially in the tough times like dealing with separation. That's why Relate has launched a campaign called, Being Parents Apart. Young Persons Counselling Counselling Relationship Counselling

BFI Future Film Festival.

The hugely popular event for 15-25 year olds returns to BFI Southbank from 21-23 February 2014, with a nacked line-up of workshops masterclasses, screenings and Q&As, designed to help aspiring filmmakers develop their knowledge and skills and help them find their own nathway into the world of film

www.bfi.org.uk/southbank

Or chat with an advisor: phone

Family Counselling Individual www.relate-mid-surrey.co.uk

My Big Boy Bed: A Pirate Pete book and My Big Girl Bed: A Princess Polly Book published in January Age Range: 0 – 5 years

Price: £6.99 Board book

addition to a whole many more

adventures in the Little Box of

My Big Boy Bed and My Big Girl Bed are the brand new titles starring the famous Pirate Pete and Princess Polly, part of Ladybird's best-selling Pirate Pete and Princess Polly series for toddlers and young children

February 2014

Progress through the Toddler Years with Pirate Pete and Princess Polly

Here to guide your little ones through life's everyday journeys, the new Pirate Pete and Princess Polly books publishing in 2014, are packed with fun-filled adventures. With rewarding and motivational activities in each, the new books from Ladybird offer the perfect learning tool to help and encourage your toddler through each important life stage. This year's adventures include the transition from cot to big bed My Rig Roy Red and My in My Big Boy Bed and My Big Girl Bed describe the Big Girl Bed and ditching the excitement of moving from nappies and learning to use the a cot to a big bed and all the potty in the Pirate Pete Potty stages along the way, such as Sticker Book and Princess choosing bedding, getting rid Polly Potty Sticker Book in

of the cot and finally Pirate Pete and Princess Polly discovering what it's like to sleep all night in a big bed of their own

The simple text and colourful illustrations in both books will help little boys and girls understand more about sleeping in a big bed; even why it may at first seem a bit daunting, but how in the end moving to a big bed is an important stage of growing up.

Pressing the cheer sound button on every page is also a fun way to motivate your child and involve them in the story.

Pirate Pete Potty Sticker Activity Book and Princess Polly Potty Sticker Activity Book by Ladybird 06 March Age Range: 0 5 years Price: £3.99

Both Pirate Pete and Princess Polly's welloved potty-training ourneys come to life for the first time in two interactive sticker activity

books, ideal for sharing with a potty-training child.

Pirate Pete and Princess Polly are both getting rid of their nappies and learning to use the potty like a big boy and girl.

Follow them on their potty training adventures and join in by adding stickers to the story. At the end you can fill in your very own potty training reward







February 2014

a collection of problems online

which require sixth-form

knowledge to explain the

The challenge is part of a

five-year project to prepare

students better for university

courses in physics, maths and

engineering, and widen their

access to top universities.

Physics Partnership (RSPP)

sees Cambridge academics

regionally-run face-to-face

tutor students online or through

The Rutherford Schools

problem.

students to use their subject

Viral video helps boost students' physics knowledge

New project helping raise classes, and offer support to standards in physics, maths and Education Secretary Michael engineering -A viral video seen by almost Gove welcomed RSPP's three million people is helping approach to getting students boost students' knowledge interested in physics problems of physics as part of a new Professor Warner said: resource funded by the 'This project was only possible Department for Education with the encouragement and Cambridge University funding that the Department Professor Mark Warner is for Education provided. It aims encouraging A Level students to raise standards and to make to solve the physics problems academic subjects and places at behind the popular BBC top universities available to all. science clip - which shows a "We hope that by showing chain in a jar appearing to defy how the problems studied at gravity by leaping up in the air school relate to real academic challenges, young people before falling to the floor - as part of the £7 million project. will develop confidence in As well as giving a formal their ability to solve physics explanation of the physics problems and be inspired to continue studying physics to a involved in the 'chain fountain' in a science journal. Professor higher level.' Warner and his colleague Dr John Biggins have published The Department for Education

granted the funding to RSPP in May last year. The full online course is still being designed and eventually students will be able to create their own specific training course, allowing them to have their progress tracked and problems and challenges suggested to them. They will also be notified when new materials and classes are available For further information

www.rutherford-physics.org

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qualified, experienced staff.

opportunities.

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teachers really get to know each individual child's needs, and outstanding pastoral care, stretching and inspiring the find out more about how St most able whilst supporting Lawrence College can make a and encouraging those whose difference for your child.

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For more information contact Lindsey Harris, Junior School

> 01843 572912 lah@slcuk.com www.slcuk.com





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www.slcuk.com Ramsgate, Kent CT11 7AE

London Calendar

0870400 3000 Chinese New Yea celebrations with special visit from the wax likeness of Chinese martial arts masters Jackie Chan & Bruce Lee On Sat there will be performances of the Lion Dance at regular intervals plus lots more questions & activities Daily The Queen's Gallery

Buckingham Palace London 020 7766 7301 Become an explorer & discover the exhibition with activity bags for families. Using the bags find out which animals the adventurers shared the Antartic with Family Station choose some FREE and what early explorers wore to protect themselves from the cold Ongoing Royal Mews Buckingham

31 Jan.1 Feb Madame Tussauds

020 7766 7302 Family groups may explore a range of self directed activities from the art trolley 5-11yrs ning Royal Academy of Arts

020 7300 8000 www.rovalacademy. org.uk New policy all children under 12vrs of age will have FREE entry to all exhibitions. Throughout Feb Peter Harrison

020 8858 4422 Undiscovered Worlds 5+vrs & Sky Tonight Live, 5+yrs. Every Weekend We Are Aliens planetarium show. 5+yrs, Meet the Neighbours, 5+yrs, Solar System Galaxy Universe & rhyme, under 7's.

Every Sat Venn Street Market, Clanham Common 020 7622 8259 Offering fine foods & fresh produce plus a variety of handmade crafts will be available throughout Dec with gifts & cards for all the family as well as Christmas trees & floral decorations. Christmas trees will be available.

very Sat Blue Elephant Theatre Camberwell 020 7701 0100 Young People's Theatre workshops, various age groups 7-18yrs, FREE to join. Every weekend Temple Station 020 7222 1234 Harry Potter Locations Tour, 2 1/2 hrs.

weekend Greenwich Clocktower Market High Road Quirky weekend market has 50 stalls specialising in vintage retro & antiques with a few contemporary craft stalls,

www.clocktowermarket.co.uk Every weekend Tate Britain Millbank London 020 7887 8888 physical, material & social experience of sculpture through touch, interaction & collaboration,

Trolley sessions encourages children lots more FRFF Every Weekens Children's Multimedia Guide fur & interactive a sensory experience for all the family to enjoy, 5+yrs. Daily Family Resources provides encourage children & families to explore art works, FREE. Daily Family Trails under 5's FRFF

Every weekend & school hols London Transport Museum Covent Garden 020 7379 6344 The activities to do as you explore the museum. families all ages. Ong Family Station All Year Round Until 1 Feb British Museum

Great Russell Street 020 7323 8000 Magical Mosaic Masks workshop, over 7's FREE. Until 15 Feb Olympic Champions workshop become an ancient Greek Olympian using a green screen & decorate your portrait with ancient accessories,7+yrs, FREE. Until 2 Feb Barbican Theatre Silk

020 7638 8891 <u>www.lso.</u> co.uk London International Mime Festival. 6-15 Feb A Midsummer Night's Dream. Half Term 16 Feb LSO Discovery Family concert 7-12yrs, with pre-concert foyer events plus crèche available www. lso.co.uk/family concerts. Feb Portofino Ballad with puppets. music & storytelling, 7+yrs. Until 9 Feb Barbican Arts Centre Silk Street 0845 120 7550 Pop Art

Design exhibition. Intil 14 Feb The RSPB Big Garder Birdwatch Schoolchildren will be counting the birds in their schoo grounds as part of the Big Schools' Birdwatch, the survey encourages schoolchildren of all ages & their teachers to discover which birds they share their school grounds with & learn about their behaviour. There is also a Little Schools' Birdwatch Schools' Birdwatch for 11-14vrs For more information visit www

rspb.org.uk/schoolswatch Intil 15 Feb National Portrait Gallery St Martin's Place 020 7312 2463 Storytelling for families art activity, 3+yrs, FREE. Until 28 Feb Drop in drawing workshop, FREE. Until 16 Feb Canary Wharf Ice Rink Canada Square Park 0870

PARENTS NEWS

This infomation also **ON-LINE**

www.parents-news.co.uk

Other features too!

ages, FREE. Every Tues ex

storytelling for families 5+yrs

FREE.

loan from the V & A.

Until 27 Feb Broadcate Ice Rink Winter sports & ice skating

Collection Hertford House Manchester Square 020 7563 9500. Drop in Drawing workshop, 1 Feb Rich Mix Rethnal Green

020 7613 7498 Chinese New Year Celebrations Lunar Vear of the Horse, annual event to bring people from different communities together with high cultural performance, delicious food, fun charity stalls, creative arts workshops for children, weekend Kids' Cine Time family films.

Feb Museum of London Docklands No 1 Warehouse West India Quay 020 7001 9844 A Red Letter Day workshop, 3-11yrs, FREE. 1 Feb Create a Masterpiece workshop, 5-11vrs, FREE, 1 Feb Traditional Folktales, FREE. 15-20 Feb Build a Time Machine make your own hand held time travelling device & see what it's like to travel through time, FREE. Half 8-22 Feb Saving Time workshop, 11yrs, FREE. 19 Feb Frozen in Time activity FREE 21 Feb Tick Tock, Make a Clock workshop, 3-11vrs FREE

Feb Horniman Museum London Road Forest Hill 020 8699 1872 The Wonderful Adventures of Mrs Seacole in Many Lands, all ages, FREE. 1 Feb Chinese Dragon Headdresses art session, 3+yrs, FREE, 15,22 Feb Polar Bear Dens art session families, 3+yrs, FREE. Feb Extremely Adventurous Family Art Fun make ostrich puppets & bat headdresses inspired creatures in the new family FebDiscovery for Allobiect handling sessions for all ages, FREE. 18,20 Feb Animals after Dark find out

about nature at night including bats

traditional lion dance, all ages, FREE, 15.19 Feb Rare maps of China from the archives & find out how they came to be in the museum, drop in workshops. A Wish in a Red Envelope discover the Chinese words & savings that have entered the English language, all ages, FREE. 17-21 Feb Ships go passing & owls fun family session 5+vrs make a Chinese sailing ship, all ages, Nature Trail Discovery FREE, 17.19.21 Feb A sailor's tale 3+vrs FREE 21 Feb Tour with Mr of tea hear about his life sailing on Horniman a storytelling session al the Cutty Sark tea clipper & working with Chinese lascars, 6+vrs, FREE 20 Feb The extraordinary story Busy Bees sessions with art crafts of tea, storytelling session, 7+vrs stories & songs, under 5's, FREE 18 Feb Play Tuesdays, Horsing til 8 Feb Hand or family workshops, families 3+yrs around explore the museum to fine the horses hiding in the galleries Every Sun Discovery for All, 3+vrs, FREE & A World of Stories

drop in, 7+vrs, FREE.

1,15,22 Feb Natural History

Museum Cromwell Road 020 7942

dance & drama under 5's 15

of workshops, performances &

Chinese New year a day

5000 Hands on Nature, Ocean Life Mar'14. The Art of Harmony handle real specimens make you exhibition showcases Western classical musical instruments on 1,2 Feb Cutty Sark Greenwich www.rmg.co.uk/cuttysark Family fun weekend Chinese New Year, make a traditional animal mask to represent the year of your birth, drop in workshop all ages, 2 Feb Family fun weekend Meg the horse & othe stories 3+vrs Half Term 17-19 Fe Dancing Dragons make a colourful dancing dragon, drop in workshop all ages. 15,20,21 Feb Lantern Lights make a colourful lantern drop in workshop, all ages. 15,17,19,21 Feb discover what life was like or board Curry Sark through the eyes of the ship's cook, drop in workshop all ages. 16 Feb Ahoy captain mee Captain Woodget, Cutty Sark's longest serving master. & hear tales

of voyages, all ages.

1.8 Feb The Painted Hall Old Royal Naval College Greenwich 020 8269 4799 National Storytelling Week, celebrate the art of storytelling with character performances of Joe Brown & Grace O'Malley, FREE. 1.8.15.22 Feb National Maritime Museum Greenwich 020 8312 6565 Explore Saturdays meet a in an exciting performance, 6+yrs, Sundays, all ages FREE, 4,11,25

Feb Play Tuesdays with music

own 3D starfish & take part in rock star challenges, featuring amazing starfish costumes from costumie Anna Cocciadiferro FREE drop in family activity all ages. 1,15 Hands on Nature Dinosaurs FREE drop in activity 5-12yrs, 2,16,23 Feb Cutting Edge workshop investigate teeth & diet using animal skulls FREE drop in families with primary school aged children. 6.13,20,2 Feb Specimen Preparation Area in action, see the museum's scientists & volunteers in action in Cocoon's Specimen Preparation Area, FREE b Dino Snores, 7-11yrs. 8,18b Animal Vision Animal Vision FREE all ages, 13 Feb-28 Britain One Million Years of the Human Story meet life size models & uncover incredible finds from sites around Britain that revel wha life was really like one million years 17,22 Feb Gallery characters ago. meet scientists form the past as they roam the museum's galleries, FREE, 18-20 Feb Animal Story puppert show fun way to learn about native wildlife FRFF book at information desk on day of the event. 23 Feb Gingerbread Man interactive storytelling puppet show to discover amazing things about the natural world, families 3+yrs. Daily Family Earth Lah explore the wonder of fossils, rocks & minerals, families, 6+yrs, FREE. Explorer backpacks, families under The Borough Halls Royal Hill 020 7's. Dippy Floor puzzle under 7's, FREE Bookasaurus families under 8293 9741 Tea Dance all family 5's. Jurassic Ark family activity pack includes code breaking activities 0871 663 1678 www.sealife.co.uk/ Daily Learning Activators encourage london Claws Special exhibition visitors of all ages to discover more guests can inspect them at close about the natural world. FREE featuring quirky displays designed to resemble giant crabs. Daily Focus Points handling trolleys explore real specimens with the help of volunteers using different 15-16 Feb Museum of London 150 natural history themed activities London Wall 020 7001 9844 Make all ages. FREE. Every Sat The a Time Capsule workshop, 5+vrs. Bird Table using real specimens, activities will encourage you to look closely, make comparisons, discuss Eyes activity, 5+yrs, FREE. Until ideas & develop your knowledge messy moles for under 5's FRFF & understanding of Antarctica's penguins, FREE. Daily Who Do

Street 020 7940 6320 Cracking You Think You Really Are? narrated Codes family activity where you can by Sir David Attenborough, FREE. intercept messages, map hazards or Daily Investigate Centre explore their sea chart & even make up your hundreds of real natural history specimens, 7+urs, FREE. 15-23 Feb Imperial War Museum Feb BFI Southbank 020 7928 Lambeth Road 020 7416 5439 16 Feb Design Museum Shad 3232 Family Funday The Princess Bride, before the screening there Thames 0870 833 9955 Drawing is a Funday workshop in the fover Tour of Extraordinary Stories

from 11.30a.m with arts & crafts & exhibition, all ages with family an array of prizes to be won friendly activity sheets 17-1 7,8 Feb The Royal Observatory Greenwich 020 8858 4422 An course hands on design & making Evening with the Stars 7+yrs. techniques for new ideas to display Feb Valentine's Evening with the in a mini exhibition 12-16vrs

February 2014

Stars, 16+yrs. Every Thurs, Fri term time Solar System. Galaxy & universe show 5+vrs & Meet the Neighbours interactive show, 5+vrs.

8 Feb Museum of Childhood Bethnal Green 020 8983 5200 National Storytelling Week, FREE the Seven Dwarfs Until 19 Feb Afro Supa Hero exhibition, FREE.

8-9 Feb O2 Arena London 0844 856 0202 Strictly Come Dancing Live. Half Term guided climb across the roof of the O2 leading to the observation platform at the summit offering panoramic views of the Capital. 8-15 Feb Victoria & Albert

Museum Cromwell Road 020

7942 2000 Create! Vintage Make

Up workshop with demonstrations

February 2014

& hands on sessions Half Terr 5-23 Feb The Imagination Station children can collect materials from the station desk to help create or draw villains & heroes for their own game, 3+yrs, drop in FREE. 15-2. Feb Pop Performance an interactive performance which brings computer raming to life families all ages drop in, FREE, 15-23 Feb Digital Kids design a video game to play, under 18's, limited spaces, drop in FREE 17-21 Feb Make it Fantas Landscape workshop to create a sensory landscape for an imaginary computer game, 5-12yrs, need to book. Daily Back Packs families can pick up an activity back pack filled with jigsaws, stories & games to explore the collection, 4-11yrs. Activity Cart hands on art fun for children to create a Samuri helmet. to take home. FREE, drop in plus Agent Animal bag a sensory act hay that has been developed for

& fabric cubes FREE Feb Excel Exhibition Centre London 0870 7300112 The Telegraph Outdoor Adventure & Travel Show along with the London Show, a great day out for all bike sport, travel & outside enthusiasts & there's something for all the family including FREE have a go experiences including the multi-faceted Climbing Village & the FREE drop Experience, entrance

15 Feb Greenwich Dance Agency

15 Feb Sea Life London Aquarium

quarters in a newly themed area

FREE. 17-18 Feb Through Their

6 Mar Little Moles toddlers group

15-22 Feb HMS Belfast Tooley

under 15's FREE, 21-23 Feb The Baby Show, Pregnancy & Parenting Event, with an array of child care

London Calendar

17 Feb The Broadway Theatre Catford 020 8690 0002 Bananas in Pyjamas. 21 Feb Snow White &

18 Feb Fulham Palace Museum Bishops Avenue 020 7736 3233 Young Wildlife Detectives workshop, 8-12yrs. 19 Feb Fun Day with crafts, drama & dressing up. 18-21 Feb Geffrye Museum Kingsland Rd 020 7739 9893 Amazing Animals with craft activities including creating a net ornament from clay, puppets & portraits inspired by the animals rom the museum.

18-24 Feb London Dungeon www.thedungeons.com. rm Survive Outbreak where the live action attraction will be preparing for an outbreak of the bubonic plague & guests will be 'quarantined' to await their fate.

20 Feb Battersea Arts Centre

London SW11 020 7223 2223 Art Adventure workshops make a tissue paper stained glass window 3 1/2-5vrs. 22 Feb Make Venetian marbled paper workshops, both workshops include a game, an art activity & a story.

20.22 Feb Alexandra Hall Charlton, London 07867 627987 Sleeping Beauty

11 Feb LSO St Luke's 16 Old Street 020 7638 8891 Discovery Lunchtime concerts 5+vrs, no need to book FREE

22 Feb St Martin-in-the-Fields www.lmaorchestra.com. Tel: 020 7766 1100 John Landor's Mini Maestro Family fun concert Mozart Symphony No 40 & there will be musical games & stories, singing, clapping & conducting,

4-11yrs.
23 Feb Cremorne Riverside Cremorne Gardens London SW10 OQH 020 7349 9591 Go Canoeing Guided Tour, Family's Afloat action packed morning to encourage families to spend quality time together, 9+yrs.

Please call before you go and please mention **DARENTS NEWS**

Jonnie Peacock asks public to help beat meningitis and septicaemia

and the World Championships in

Gold medallist and World Champion sprinter Jonnie Peacock is encouraging eveyone to join him in 2014 by supporting Meningitis Research Foundation in its 25th anniversay year. Jonnie lost his right leg below the knee when he was five years old after contracting group B meningococcal meningitis and senticaemia in October 1998 but it hasn't held him back. He won the Gold medal for the 100m in the London 2012 Paralymnics

2013 - becoming an inspiration to families around the UK affected by the disease and the nation's favourite blade runner Jonnie became Patron for Meningitis Research Foundation (MRF) in 2012 because its supports families like his affected by the disease, promotes awareness and has invested over £17m in research to encourage more vaccines. Jonnie says: "There are lots of ways you can support us from taking part in a 25th Anniversary Walk, signing up to run with us at events across the UK or taking part in cycle rides You could even mark vour own special anniversary with a one-off donation . Please do what ever vou can to help Visit the website: www.meningitis org information and join us in the fight against meningitis

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