

Christmas Out & About

With Christmas fast

approaching and penguins

very much in the limelight in

Lewis. Birdworld is proud to

and offer you the chance to

meet the stars of the show in

The story begins with Sid

loved-up African penguin

couple, who laid two eggs

this year and incubated them

that one of the embryos had

Alice was called in, and the

egg was taken to the park's

incubation room, where on

the care and upbringing of

other title for the chick than

All this time, Sid and Nancy

parent's names - Joey!

event of seeing the haby

and Nancy, Birdworld's most

time for Christmas.

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KINGSWOOD CHRISTMAS TREES





Buy a first grade Christmas Tree direct from the grower, cut, rooted or potted probably the best value trees and largest choice in Kent, including non-drop varieties, and wreaths freshly made on site

£1 off a tree with this advert 10% off with tree + stand + lights FREE kid's tree with every tree

DECORATIONS - LIGHTS - POTS - STANDS MISLETOE - GIFT SHOP - SANTA'S GROTTO

Enjoy a drink by the fire iravelly Bottom Road, Kingswood, Maidstone, ME 17 JNU

T 01622 843780 F 01622 843410 M 07802 209018 E letty.miller@btinternet.com www.kingswoodchristmastrees.co.uk

FOR MAP- SEE WEBSITE CC ACCEPTED TRADE ENQUIRIES WELCOME

Birdworld African penguin

remained in Penguin Reach watching on as other penguins laid eggs and reared chicks, no the wake of the latest seasonal doubt wondering if their baby offering from retail giant John had survived - so it was with delight that on 21st October tell its own happy nenguin tale staff moved Joey out of the rearing room and into Penguin come to the park for FREE to Beach where he met Sid and Nancy for the first time! Joey now lives with his true parents but still remembers his foster mum and dad, and

nesters them whenever they are

favourite with visitors. You can see Sid, Nancy and Joey at Birdworld, or even help at mealtimes with the fabulous feeding experience! Or if you can't get to the park why not adopt one of the family or order one of our cuddly penguins online?

nearby. He has become a firm

http://birdworld.co.uk/shor christmas-shopping-page

December 2014

PARENTS NEWS On-line

parents-news.co.uk

Advertise in PARENTS NEWS

020 8337 6337 fergus@ parents-news.co.uk



Visit our Winter

Blowing the Whistle on GDC Scam.

Orthodontists and the General Dental Council are operating an illegal seam to ornaboditists from the General Definal Council are operating as integral sclaim to withhold information from the public about new methods which can avoid almost all extractions and even majorly jaw surgery. This is being done partly to protect traditional methods and partly to preserve the high incomes of orthodomists and surgeons. Research suggests that this British development is being ignored in the UK while spreading rapidly abroad. As a result hundreds of children and young adults have extractions and jaw surgery, unaware they may be unnecessar

Some Orthodontists mislead patients, saying that extractions can be avoided although the traditional methods they use leave too little room, risking severe damage to the face. It is wise to explore the internet yourself, many sites make great claims and show beautiful faces but very few show good results before and after treatment. Even the media is scared of disclosing this scandal.

There is another way.

Take a second opinion now. Nine years old may be too late.

ORTHOTROPICS

Ormodonfics usually requires the extraction of 4 to 8 offhough this is frequently denie



No 'Train Tracks' Research shows









you for a

Professor John Mew. Tunbridge Wells 01892 526406 and personal 01435 862045 Email: john.mew@virgin.net

Santa! Selected dates from 29th Nov - 24th Dec 2014 BIRD PARK • JENNY WREN FARM • UNDERWATER WORLD

Book online today at

www.birdworld.co.uk

Wonderland & meet

December 2014

Meet Santa with his reindeer - including baby Rudolph - and take a husky sleigh ride

WWT London Wetland Centre Saturday 6 and Sunday 7 December

Get into the festive mood at WWT London Wetland Centre's wonderful winter weekend! Children will be thrilled to hop aboard for a husky sleigh ride, visit Santa in his magical grotto and meet the reindeer, including baby Rudolph.

Head over to the northern pine forest: Father Christmas will be ready to welcome families in his cosy grotto among the trees. You can also meet the family of reindeer, including a six month old baby, and discover more about these delightful animals from the North.

Take a sleigh ride with the huggable huskies: they're

children can experience the excitement of a husky sleigh ride. Or perhaps you'd like a family photo taken with one of these cuddly dogs as a special seasonal souvenir If you want to hear icy tales

of adventure join our Polar Explorer, Anthony Arctic for some Frantic Antarctic Antics at his Base Camp.

Show tickets are £2 per child (cash only, just turn up. Adults free); shows at 11am, 12.30pm, 2pm and 3.00pm.

Here at Britain's favourite nature reserve you can enjoy the Christmas celebrations among beautiful surroundings Take a stroll among the lakes, meadows and ponds of this wonderful winter oasis and then relay over Christmas lunch in the Water's Edge

Plus, on Sunday only Fullers Shire Horse dray rides from 12.00-3pm. See these magnificent animals in action and hop aboard for a ride. By enjoying a festive weekend there, you're also contributing work in the UK and around the

lovely to look at but also working animals, so younger prices to WWT London Wetland Centre apply Visit to Santa is £5

per child (cash only) including goody bag Santa tickets cannot be pre-booked; just turn up but

Christmas Out & About

please bear in mind the queue can be lengthy In the event of rain

the Father Christmas queue will be moved indoors Husky sleigh rides are free with admission (children 8 or younger, with

weight restrictions) There is no charge to see the reindeer (11am to 4pm) Anthony Arctic's

Frantic Antarctic Antics tickets are £2 per child (cash only, just turn up. Adults free); shows at 11am, 12.30pm, 2pm and 3.00pm. For full details and updates please check www.wwt.org.uk/london

PARENTS NEWS On-line

parents-news.co.uk

Advertise in PARENTS NEWS

020 8337 6337 fergus@ parents-news.co.uk

and the Time Lords returns!

Join the adventure through time and space in Spotlites professional interactive play for children 'Sleeping Beauty & the Time Lords'. The play written in Spotlites' unique interactive style where children come onstage throughout. tells the story of the beautiful princess, Aurora. Despised by a jealous Cyberwitch, she is plunged into a hundred year cryogenic sleep. A prophesy tells that one day, a Time Lord will appear and wake the Princess but the evil Cyberwitch has other ideas

Sleeping Beauty

Spotlites specialises in theatre for young people and their interactive shows are a unique experience for children aged 5-12. This production, opening on 7th December at Spotlites @ Kings Theatre, High Street, Chatham, will offer children the chance to defeat the evil Cyberwitch with real sonic screwdrivers and disable Exterminators with the Doctor

This unique production opens on Sunday 7th December.

You can book your tickets or 01634 829468 or choose your own seats online at

www.spotlites.co.uk





Christmas Gifts

Linkee gets a smart new facelift in time for Christmas 2014

new questions, new look, new Celebrity surprises. A handful celebrity contributors, same shouty-outy game-play -Linkee, the cheeky trivia party game which liberated thousands of UK families from a Yuletide-yawnfest last Christmas is back for 2014's festivities with a more sophisticated look and new sexy features:

All new questions. 357 brandspanking new Linkee to solve, a third of which have been crowd-sourced from Linkee fans during the past year... making it a bang-up-to-date mix of the current, the topical, the tricky and the downright

of Linkees in the box were created and donated by a topsecret pool of famous faces from the world of music, TV, radio, film, comedy and charity Look out for the famous authors on those cards New design. A full-on facelift has made Linkee 2 look even sexier than before, despite being a year older. Linkee always looked pretty good! Fancy pads and coloured pencils. The pads have got a splash of colour and logos. while the coloured pencils each have a name on them that link together. Can you work it out before the game starts?



Selfie Brush

The hottest social media tool for your selfies! Wet brush is a the number one selling detangling brush in the US and now it doubles up as a phone case The side of the brush has a handy slot for your iphone Available from www.sallyexpress.com





Look no further than ZSL Landon Zoo for a wild present this Christmas



With just three months till Christmas the countdown is in full swing and the Zoological Society of London (ZSL) has a selection of tempting treats sure to satisfy any festive wish list.



one of ZSL Landon Zoo's

mischievous monkeys? Or

having a sleepover in the heart

of ZSL Whipsnade Zoo? Then

look no further than ZSL for

With beautiful hand-painted.

designers And Mary for the

girls, cute animal alphabet

t-shirts for the boys and

is covered this Christmas.

animal themed jewellery from

mugs for the little ones, trendy

even cushions with awesome

animals on them to take home

and treasure, the whole family

inspiration.

foam animal mask, to really bring the stories magical memories this Christmas with a VIP Meet the Animals With encounter, or go one special

Grrrr-eat gifts for all the family Fancy getting up close with

further and arrange for them to be a ZSL 'Keeper for a Day'. And if they've been really good this year how about booking an overnight stay in ZSL Whipsnade Zoo's beautiful Lookout Lodge, adopting them their very own tiger, or enabling them to enjoy yearround entry to both Zoos with a special gift membership.

With cuddly toys and clothes, stunning home-ware and quirky gifts galore, ZSL is fully stocked and ready to be the one-stop shop for Christmas. Money raised from the sale of gifts supports ZSL's conservation work around the world and with prices starting at £4.95 there's something to suit every

Gifts are available from ZSI London in the Zoo and will be arriving on the website



December 2014

offers launching online and instore ZSL is ready for Santa's helpers to fill their baskets.

www.zsl.org



ADOPT A DARTMOOR PONY

To help fund its vital work to preserve the traditional Dartmoor pony on Dartmoor

the Dartmoor Pony Heritage Trust offers "A Dartmoor Pony Adoption Gift Pack", suitable for anyone, of any age, who loves horses and ponies, but for whom buying a real one is simply not an option.

By buying an Adoption, you will be funding the DPHT's work to feed, care for and find homes for these ponies and to give them a basic education so tha they are more suitable for domestic and conservation grazing homes than coming straight off the Moor as wild, untouched animals. The charity's aim is to ensure the continuation of the native Dartmoor pony gene pool and to preserve the iconic pony on the Moor, for future generations to

The cost is just £20 per year for UK residents: £25 for those who live abroad

The Adoption Pack includes a beautiful line drawing and an adoption certificate and you'll also receive updates on the

ADOPT A PONY FOR development and progress of the pony you have chosen over CHRISTMAS! the following year.

Ponies George, Charlie, Smartie and Rolo look forward to meeting you and to becoming part of your family! They live at the Dartmoor Pony Heritage Trust Centre, at Parke, Boyev Tracev in Devon.

Visitors are welcome on Sunday afternoons, to groom and handle the ponies and find out all about them, follow their interesting lives, discover their true value and how important they are to the Dartmoor landscape.

These characters have a vital role to play in demonstrating just how good Dartmoor ponies are as family pets and for riding, driving and conservation grazing: they are fundamental to the DPHT's innovative education programme for young people who have a range of disabilities and/or challenging behaviour. Some of the incredible achievements

they have had with students have happened through their work with these loving, gentle, patient but tough

The **DPHT** Adoption Scheme raises money to pay as part of its vork to ensure tha the traditional type of Dartmoor pony does not disappear Single-coloured with long manes and tails. Dartmoo ponies still run wild and free on Dartmoor, but their numbers are in serious decline

If you are interested in adopting a Dartmoor Heritage Pony

www.dpht.co.uk 01626 833234

December 2014

15ml Vanilla Syrup

Garnish: Raspberry,

Hedgerow Romance

15ml Vanilla Syrup

1 Egg White

4 Blackhorrice

3 Raspberries & 3 Blackberries

Method: Shake all ingredients

with ice strain into a rocks

glass filled with fresh ice

Blackberry, lemon twist

Gin; 25ml Lemon Juice

50ml Greenall's Wild Berry

Method: Short shake with ice

pour into one half of Boston

shaker, discard the ice, dry

shake to further emulsify

Pour into a cocktail glass

Garnish: Blackberry

Here a great gift for mums and dads The Original London Dry Gin is distilled with eight unique botanicals to give a classic London Dry Gin with rich juniper notes, balanced with mature citrus and spice. Greenall's is available at most good supermarkets and wine stores, price £15.49. The Greenall's Gift Box is

exclusive to Tesco stores. New Greenall's Sloe Gin price £16.00, available at Sainshury's and Tesco stores New Greenall's Wild Berry Gin, price £15.50, available at Morrison's and Tesco stores.

Christmas cocktail Wild About You

50ml Greenall's Wild Berry Gin: 25ml Lemon Juice On the Berry-Side



Wild Berry Gin 20ml Lemon Juice 20ml Elderflower Cordial 4 Raspberries Top with a dash of soda water Method: Shake all ingredients apart from soda water, strain in to a hi-hall filled with ice top up ice, add a dash of soda water Garnish

Swimming Lessons



Quality classes in small group * COME AND TRY A CLASS FREE **

Adults and Children from 2 yrs Non-swimmers -Improvers Advanced & SUPER Advance

Classes held at: Downsend School Ashtead/Leatherhead Fnsom College

For more info contact Colin on 01372 739600



Registered Childminders or qualified Nursery Nurses & Nannies. For your first booking FREE of any booking fee visit us at www.sitters.co.uk and quote promo code PNEWS1FREE If you would like to discuss your childcare needs call Sitters on 08447 367 367.

Old Barn Stables A Friendly, Family Run Riding School

BHS Qualified Instructors All weather sandschool All ages & abilites . Lessons & Hacks ♦ Holiday Fun • Pony Days

Woodland Walk

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X Touch Gloves

Sew Fab: Sewing and Style

for Young Fashionistas by

Lesley Ware teaches 8-13 year

olds all they need to know to

wardrobe, tailored completely

to their own style. Be a stylist

and fashion designer in one

with Sew Fab. the ultimate

style and sewing workbook

for any fashion-obsessed

girl. Packed with gorgeous

illustrations, step-by-step

projects, tips and fun activities

for creating unique clothing

Sew Fab will take you from

new sewing recruit to 'Sew

inner Style Tribe, learn how

tone and tread the fine line

between fun and functional

accessorising. Unpick myths

discover the essential items

of any sewing basket before

launching your own projects!

around hand stitches and

by mastering the art of

to match colours to your skin

Ready' in no time! Reveal you

and accessories in no time.

sew their very own unique

For mums on the go...keep your gloves on and still use your touch screen mobile device ... welcome to the X Touch Glove, from extreme weather clothing brand 'Extremities'

Whether it's stylish school-run mums, sporty outdoor types. or techy grandparents; the X Touch Glove will prove the perfect stocking filler this Christmas Originally developed to allow

explorers and adventurers to use GPS navigation tools in hostile weather environments, these thermal lightweight stretch fabric gloves have a conductive fleece forefinger and thumb for smartphone or tablet use as well as a silicone print palm for extra grip. They can also be used as a base laver beneath ski gloves.

Price: £25. Sizes XS, S/M,



Christmas Gifts Sew Fab



Rehab London A gift for dad. This has been

created with cutting edge natural science technology by a yeam of dermatologis makeup artists and scientist who were asked to develop a brand that could fulfil the needs of the male complexion. They came up with seven products that cater for different specific needs: Daily detox scrub, Argan oil shaving Gel, Calm balm post shaveing balm. Morning glory moisturiser. shine free oil control lotion, revive survive anti-fatigue cream, Back to Matte anti

www.rehablondon.co.uk





Book online at rarebreeds.org.uk T 01233 861508



Centre East Street 01372 72.72.77 Toddlers World, under

Daily Lower Morden Garden Library 020 8946 7432 Centre 020 8337 7781 Soft Jewellery drop in workshop Play, under 5's.

Daily Sutton Ecology Centre Festival Walk Carshalton 020 over 50s Every Tues IT also 8770 5820 Playworld fantasy play area, 2-10vrs

Daily South Norwood Recreation Ground Car Green Road Croydon 020-8760 5707 Fitness Trails for adults & children of all fitness levels to get fit & keen fit. Positioned at each exercise station are signs showing the exercise to be undertaken with the suggested number of number repetitions

Daily Kew Gardens Kew Palace 020 8847 0946 Daily Walking Tours of seasonal highlights EREE Every Sat Tropical Nursery Tours need to book, Every Tues & Thurs Orchid Nursery Tours, need to book. Every Sat Hands on Session Blowing in the wind Community Centre 53-55 stories of seed dispersal. Parchmore Road 020 8726 FREE, no need to book.

Dupass Hill new to exercise, returning Outdoor Gvm Each item after illness & the more mature has clear instruction for its use exerciser. over 12's

Cafe 282-284 Lower Grove 07956 312920 Aerobics Addiscombe Road Croydon Softplay & café under 5's YMCA Church Hall Bodley Road

Wimbledon 020 8542 9055 Volleyball sessions for all 2093. Tiddlers Group , 9.30levels for local residents 11.30am in Wimbledon & Merton. FREE from 12.30nm. info@ wimblodonvolleyballclub. com, www.gospike.net.

Dec Beverley Park Park 0-5vrs offering coffee, cakes, View New Malden 020 8339 lunchs, soft play shapes, ball 1594 Tennis Sessions junior heginner coaching 4+vrs & adult beginner class.

Every Mon SecombeTheatre Cheam Road Sutton 020 8770 FREE parking, FREE Wi-Fi. 6990 Zumba fitness. Every Tues Line Dancing, Every Library www.bookstart.org Wed Ballroom Dance, under uk Baby Bounce 'n' Rhyme. 8's to adults.

Every Mon Morden Library 020 8545 4040 Scrabble Club 020 8734 3343 Storytime session, under 5's, FREE. 2nd everyone is welcome. Every Wed Welcome Mornings with stories & crafts for pre-school sessions baby bounce & children. Ist Thurs of every rhyme, FREE month Coffee mornings for adults. Every Fri Storytime Library 020 8734 3358 Storytime session under 5's. 4+vrs. 1st Fri of each month Wellbeing drop in sessions, a FREE, 2nd Tues of the month Wellbeing Coordinator will be Chatterbooks reading group. on hand to meet you face to 8-9yrs. FREE. face, talk through any issues you may have, sign you up for Library 020 8542 1975 any upcoming workshops, tell Storytime, Every Thurs Need you more about other services Help with IT? A dedicated available in the borough, Tel: volunteer will be available to 020 3178 2549 range of IT issues, for more

Every Mon Pollards Hill Musical mayhem Every Mon Employment Club improve Colliers Wood Chess Club for your CV, covering letter, all ages.

Daily Rainbow Leisure interview skills & more. Every Every Tues Mitcham Thurs Salsa Dance classes. 020 8648 4070 Library FREE, Every Fri storytimes. Under 5's Storytime & Craft. Mon Wimbledon fun activity, FREE. Every Thurs CV & Careers Advice. Last Thurs of each month, for adults, FREE, Every Coffee Mornings. Every Fri Tues Coffee morning for Knitting Group, need to bring own needles

Genealogy Sessions, get help

tracing your ancestry, drop in

session all ages. Every Tues

& Thurs Children's story &

Mon

Wheatfield Way 020 8547

6438 Rhyme & storytime

sessions for habies toddlers &

under 5's Every Thurs Stories

Every Mon Parchmore

6000 x88965 Circuit for those

Every Mon eye Cornus

Every Mon-Wed St James's

New Malden 020 8942

Every Mon.Wed & Fri

during term time Little

Hamsters Play Cafe Ham

07432 354274 Relaxed

environment for mums & tots

nool ride on toys table ton

activities & puzzles plus

outdoor playground with

indoor & outdoor seating.

Every Tues Farnham

Every Tues Whitton Library

Thurs of month Tiny Teddies

Every Tues Hampton Wick

Every Tues Donald Hone

provide assistance with a wide

info 020 8274 5799. Every

Rhymetime. Every

FREE.

Kingston

Library

rhyme time session.

& crafts for under 5's

all abilities 7-8nm

Children's

Every Tues Malden Centre nursery staff are on hand. Basic IT Training, Every Wed Sewing Circle for adults. 020 83361561 Stay & Play for FREE under 5's. Every Thurs young FREE, Every Wed French Conservation drop in classes, parents drop-in, 1-3pm, Every beginner & intermediate Toy Library, under 5's, levels for adults Every Wed 10.30-1.30pm. Teenage French Tutorials, 8-Every 18vrs. Every 1st Sat of month

Coulsdon Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers, Wiggle & Jiggle, 2-4yrs. Every Thurs Storytime, 2 1/2+yrs. Every Sat Storytime under 7's FREE Every Tues Ashburton Library 020 8726 6900 Rookstart Rhymetime for babies & toddlers Every Thurs

Wiggle & Jiggle for toddlers. Every Mon Chatterbooks drop in sessions, 8-11vrs, Every Sat Rock & Rhyme for babies & toddlers. Every Wed Social club for older people for a chat & a cup of tea. Every Thurs term time only storytime for under 7's, FREE.

Every Tues Purley Library 020 8726 6900 Bookstart Recently re-opened Kidnlay Christi School Chestnut Rhymetime for babies & toddlers & Wiggle & Jiggle. toddlers over 18mths Every Fri Storytime 2 1/4+yrs Every t Rock & Rhyme for babies

& toddlers, FREE. Every Tues De Staffords Leisure Centre Caterham Chatterbooks reading group. 01883 344355 Family Swim. Every Tues Riddlesdown Circular Walk 020 8726 6000 x64952 Health walk, 2-3miles, meet 11am at 'Good Companions' pub. Hamsey Green, FREE.

Tues Raynes Park Library Story times for under 5's. Every Thurs morn Simple Yoga & Meditation Group Every Tues until 23 Dec Old

Malden Library 020 8547 6467 Rhymetime up to 3yrs, and storytime for under 5's, FREE. Every Sat until 28 Dec rhymetime with rhymes & singing for under 5's, 10.30-11 a.m. FREE, 2nd Thurs of the month chatterbooks plus book related puzzles & activities, 7-11yrs, 4-5 p.m, FREE. Every fortnight on Fri until 19 Dec Knit & Natter

Every Tues until Surbiton Library Ewell Road Surbiton 020 8547 6444 Rhyme & storytime for baby & toddlers, FREE. Every Mon Storytime for under 5's, FREE. Every Thurs Knitwits knitting group all abilities, 11-12.30 p.m. FREE, Every 2st Tues of month Chatterbooks 9-111yrs, 4-5 p.m, FREE. Every alternate Sats until 20 Dec Silver Surfers, beginners

IT help, 10-12 p.m.

Every Wed Ursuline Prep School 18 The Downs Wimbledon 020 8947 0850 Mother & Toddler playgroup, in the nursery, play along with the toys & make use of the facilities plus a cup of tea is always available & well qualified & well trained

Every Tues & Thurs West Barnes Library 020 8274 5789 Classes for those wishing to learn to use the internet which runs for 6 weeks. Every Tues Rendezvous Club for over 55's. Every month Art Club for children, to nut your child's name forward to ioin need to speak to member of staff in library Every Fri Toddlers Rhyme Time &

musical activities 0-5vrs Every Tues-Fri Dickerage Adventure Playground Dickerage Lane Kingston 020 8942 1707 Parent & Toddler

Play sessions. Every Tues-Fri Dickerage Adventure Playground 020 8942 1707 Parent & Todder Play

Every 3rd Wed of the month Richmond Library 020 8734 3303 Chatterbooks reading group, 8-9vrs, 4-30nm FREE 1st Thurs of month Tiny Teddies sessions haby bounce & rhyme FREE

Every Mon Hampton Library 020 8734 3347 Storytime session, under 5's, FREE, 3rd Thurs of the month 8-9vrs. 4nm. FREE

Every Wed Charles Cryer Theatre 39 High Street Carshalton 020-8770 4950 Spiral Youth Theatre for 13+vrs members learn a variety of activities such as drama dance & singing musical theatre composition set design & costume making culminating in two productions per year & Every Thurs Minis

& Juniors 5-7vrs Every Wed Ham Library 020 8734 3354 Storytime session, under 5's, FREE. Fri of each month Tiny Teddies sessions baby bounce & rhyme, FREE.

Every Wed Watermans 40 High Street Brentford 020 8232 1010. morn Parents & babies screenings. Every Sat Drama Zone 5-8 & 9-14yrs. Every Sat morn Family Cinema 1 adult goes FREE with every one paying child. Castlenau 020 8734 3350 Library Storytime session, under 5's, FREE One Sat a month Tiny Teddies baby bounce & rhyme

sessions, FREE. Every Wed Hampton Hill Library 020 8734 3320 Storytime session, under 5's, FREE. 1st Sat of every month Tiny Teddies sessions baby bounce & rhyme, FREE.

Library 37-39 The Broadway 020 8547 6470 Rhyme & storytime for under 5's with simple crafts, FREE. Every Thurs 28 Nov-18 Dec Get back to work group help available for filling in online application forms looking

for jobs online CV's & basic computer skills if required 2.15 p.m-3.45 p.m. FREE. Every Wed Tudor Hall Kingston 020 8893 4250 Jungle body fitness class using boxing dance cardio & pilates inspired moves. 7.30-8.30 n.m. Every Wed Sanderstead

Library 020 8726 6900 Rookstart rhymetime babies & toddlers Wiggle & Liggle 18mths+vrs Storytime 2 1/4 +vrs Fortnightly Rock & Rhyme for pre-school children FREE Every Wed Unitarian

Church 1 The Flyover 020 8726 6000 x88965 Zumba Latin inspired dance music & rhythms, all abilities. Every Wed morn Sutton

Arena Leisure Centre Middleton Road Carshalton 020 8770 4088 Women's Recreation Mornings with a wide range of sport & social activities available for one single fee 9-12nm Daily Playworld fantasy play area. 2-10vrs

Every Wed until 18 Dec Hook & Chessington Library 020 8547 6480 Rhymetime with songs & rhymes followed by half an hour of playtime. 10.30-11 a.m. FREE, Every Tues until 16 Dec Get back to work group with help filling in online application forms. CV's & basic computer skills 3-4.30 p.m. FREE.

Every Wed & Sun East Sheen Library Sheen Lane 020 8734 3337 Storytime session, under 5's, FREE. 3rd Wed of the month Chatterbooks reading group, 8-9yrs, 4.30pm, FREE. 1st & 3rd Thurs of month Tiny Teddies sessions baby bounce & rhyme, FREE.

Every Thurs Caterham Hill Library www.surrev.gov.uk/ kidstuff Rhymetime, 10am FREE. Every Fri Storytime, 2.15pm, FREE.

Every Thurs Cheam Leisure Centre Cheam 020 8770 4830 Street Dance lessons for boys & girls 10-15yrs

Every Thurs Twickenham Library Garfield Road 020 8734 3340 Storytime session. under 5's, FREE, 2nd Thurs of month Tiny Teddies sessions baby bounce & rhyme, FREE.

Thurs Methodist Church Hall High St New Malden Parent & toddler club. 9.45-11.30am. Thurs Methodis Church High Street New Malden Parent & Toddler

session for PC queries in partnership with Johcentre Plus. 9.30-11 a.m & 11-12.30 p.m. FREE, Every Fri Baby & toddler rhyme time up to 3vrs. FREE, Every Sat until 20 Dec Silver Surfers help for people wanting to gain more confidence in using the computer alternate Saturdays

8 80

Calendar

www.parents-news.co.uk

This infomation plus much more online

Twitter: @parentsnewsuk

PARENTS NEWS-

DESCRIPTION OF THE PERSON NAMED IN

Every Thurs Tolworth

Recreation Centre Fullers

Way North Tolworth 020-

8391 1882 Badminton Club

for intermediate/advanced

Every Thurs Bentall Centre

Kingston Air Land or Sea

'Make & Take' workshops

children can create their own

costume or T-shirt, FREE.

www.kingstonfirst.co.uk

Every Thurs Watch magic

tricks & learn to do some at

Every Thurs Norbury Park

and Norwood Grove 020

8726 6900 A circular walk

through Norbury Park &

Norwood Grove, 2-3 miles,

meet at Norbury Train Station.

1.30pm, FREE, 21 Aug

Butterfly Walk, 2 hrs around

the park to learn about these

Every Thurs Selsdon Baptist

Chuch Addington Road 020

8726 6000 x88965 Circuits

Low intensity for mature

Every Thurs Croydon

Sports College Croydon

High School 020 8726 6000

x88965 Circuits Low intensity

Every Thurs South Norwood

Leisure Centre 164 Portland

Road 020 8726 6000 x88965

Every Thurs in term time

Sutton Christian Centre

020 8642 8117 Special Stars

a baby & toddler group for

children with disabilities or

additional needs, from babies

to pre-schoolers, siblings

Every Thurs until 18 De

New Malden Library

Kingston Road 020 8547

6438 Story time for under 5

vrs. FREE, 10.30-11 a.m.

Every Thurs 28 Nov-18 Dec

Get back to work group with

job searching & application,

CV writing, an IT drop in

for mature exercisers.

Aquacise sessions.

welcome

insects, 07968 832508.

exercisers.

home held on 3rd floor.

level. Tel: 020 8395 9175.

9.30-11.30 a.m. Every Sat until 13 Dec Rhymetime for under 5's, 10.30-11 a.m, FREE. 1st Thurs of the month Chatterbooks reading group 7-11 yrs. 4-5 p.m. FREE.

Bergundy & Black Café St Martins Walk Dorking Bumps & Babies is for mums with bumps & both parents or carers of non mobile babies. meet others for tea or coffee & get your baby socialising, www.nct.org.uk/branches/ dorking/events/bumps-andbabies. 3rd Mon of every month Nappuccino a natter about nappies as an alternative

to disposables. Every Fri New Malden Baptist Church Kingston Road New Malden 8942 6912 Tadpoles parent & toddler

group. Every Fri Broad Green Library 020 8726 6900 Bookstart Rhymetime 0-5yrs. Fortnightly on Sat Rock & Rhyme for pre-school children. Every Wed Arty Crafty computers drop in sessions for under 5's, parents

& carers, FREE. Every Fri Caterham Valley Library www.surrey.gov.uk/ kidstuff Rhymetime, FREE. Thurs Storytime, FREE Dorking Library Every Fr

www.surrey.gov.uk/kidstuff Rhymetime, FREE Every Fri Redhill Library www.surrey.gov.uk/kidstuff

Rhymetime, FREE. Every Fri Warlingham Library www.surrey.gov.uk/

Please call before you go and please mention PARENTS NEWS www.parents-news.co.uk

kidstuff Storytime, FREE. Every Fri Sutton Library 020 8644 9696 Job Club volunteer led support group for job seeker, all ages, FREE no need to book.

Every Fri Sutton Life Centre 020 8644 9696 Running & non contact boxing, 12-18vrs. FREE

Every Fri Teddington Library Walgrave Road 020 8734 3304/5 Storytime session, under 5's, FREE, Every 2nd Wed of the month Chatterbooks reading group. 8-9vrs. 4.20nm. FREE. 19 Thurs of month Tiny Teddies sessions baby bounce & rhyme. FREE.

Every Fri Kew Library Storytime session, under 5's,

Every Fri Bradmore Green Library Old Coulsdon 020 8726 6000 X64952 Bookstart Rhymetime for babies & toddlers, Wiggle & Jiggle, 2-4vrs. Every Mon Storytime 2 ½+vrs & Chatterbooks reading group for 8-11yrs. Every Fortnightly Rhymetime FREE

Every Sat Heathfield Library 020 8734 3356 Storytime session under 5's FREE Last Tues of each month Tiny Teddies sessions haby hounce & rhyme FREE

& 4th Sat of the month Norbiton Childrens Centre Kings Oak Primary Dickerage Lane 020 8949 6065 Who Let the dads out Play session for under 5's, 10-12.30pm.

Maple Road Surbiton Farmers Market www. surbitonfarmersmarket.co.uk Offering a wide selection of fresh seasonal produce.

FREE.

jogging & stretching, 10-Go.com.

240 The Broadway Wimbledon 020 8543 4888 Grandad Me and Teddy Too 2-5yrs Until 14 Feb Peter Pan with puppetry, 6+vrs, , www. polkatheatre.com

community, school

Sat of every 4+vrs www.vvonne-arnaud.

Every Sat The Green Dragon 58-60 High Street Croydon 020 8667 0684 Storytime for families 3-7yrs, drop in 2hr session with stories, numbers. arts activities & songs.

Every Sat Electric Theatre Onslow Street Guildford 01483444789 Little Sparks in the Café Bar with music, games, songs, stories & puppets & Sparkles Dance drop in classes for 5-9vrs. Every Mon & Tues after school The Man in The Moon Weekly drama workshops, 6-14yrs. Every Wed All Star Choir, 8-14vrs. Wimbledon

Every Sat Park Free-standing Gazebo behind the sailing & watersport centre. Volleyball outside sessions for all levels for local residents in Wimbledon & Merton, FREE from 10-12pm, info@ wimblodonvolleyballclub. com, www.gospike.net.

Sat morn Canbury Park Gardens Kingston 11am, FREE, info@AHM-

First Sat of every month New Malden Children's Centre Burlington Road New Malden 020 8336 1561 Saturdads Group with breakfast & fun activities for dads/male carers & their children up to 5vrs Every Mon Stay & Play 0-18mths

Until 24 Dec Fairfield Halls Fairfield 020 8688 9291 Santa Claus & The Magical Christmas Journey 2+vrs. 5 Dec-4 Ian Snow White & the Seven Dwarfs, www.fairfield. co.uk.

Until 8 Feb Polka Theatre

2 Dec-4 Jan Rose Theatre 08444 821556 The Lion, the Witch and the Wardrobe. 11 Dec Christmas Concert be a chance to ride through an evening of festive music the woods on the Old Kiln & carols featuring local Light Railway, a visit to the & gnomes tov workshop plus refreshments & lots more university choirs Every Mon Rhyme Time bring the little festive cheer ones to the Swallow Bakery www.rural-life.org.uk for a FREE morning of 6-23 Dec Royal Rotanic rhyming, singing & laughter, 1234 Santa's Grotto meet www.rosetheatrekingston.org 4-6 Dec Mill Studio Millbrook

Guildford 01483 4400 00 The Wind in the Willows, all ages, 10-13 Dec The Secret Garden 14-28 Dec The Night Before Christmas, 3-7vrs, 28 Dec-3 Jan Story Pocket Theatre presents The Nutcracker.

co.uk 5 Dec Stoneleigh Broadway Christmas Lights switch on with Town Crier, food & gift stalls. Punch & Judy in the Trix Café & Father Christmas will be in the Scout shop plus mini fun fair rides. 4-7n.m. www.epsom-ewell.gov.uk

5-7.12-14.19-21.27-29 2-4 Jan Richmond Park 020 7036 8056 Sleigh Rides begins at Holly Lodge where vou will be met with warm refreshments, a unique behind the scenes visit of the working stables, as your horses are harnessed for your ride. You will then take your place in a Landau carriage with just 4 other passengers for a 60 minute ride through Richmond Park. Dec-4 Jan Yvonne Arnaud

Theatre Millbrook Guildford 01483 440000 Snow White & the Seven Dwarfs, 12 Dec Relaxed performance especially for families with children with an Autistic Spectrum Condition 15 Jan Jongleurs comedy On The Road 16 Jan Mowtown's Fitness in the Gardens low Greatest Hits, How Sweet It

impact outdoor cardio exercise Is. 22-27 Dec A Christmas for all with power walking, Carol, www.yvonne-arnaud. co.uk

Father Christmas in his grotto. 6 Dec-4 Jan Face Painting get the kids' faces painted with a 6-7 Dec London Wetland festive fun design in Climbers Centre Queen Elizabeth's & Creepers. 6 Dec-4 Jan Walk Barnes 020 8409 4400 Twelve Trees of Christmas Father Christmas will be Trail pick up a map from any ready to welcome families in entrance gate & explore the his grotto among the trees. Gardens 8-16 Dec Christmas you can also meet the family Carols school choirs carols of reindeer including a six at lunchtime in the Orangery month old baby & discover restaurant 13-14 20-21 Dec more about these animals Festive Treats warm up with from the north. Plus children mulled wine, mince pies & will be able to hop aboard for roasted chestnuts proceeds go a husky sleigh ride, 14 Dec to charity. Until 4 Jan Festive 'Pigglenog', A TT Workshop Fairground take a spin on performed by children for the Christmas Carousel & a family audience, 14 Dec. for younger children a mini Introduction to Birdwatching. vintage car ride plus more. 6-7,13-14 Dec Rural Life Daily The Dark Side of Plants Centre Farnham 01252 Tour Every Wed & Sun Hands 795571 Christmas Wonderland on sessions in the Secluded Garden Glasshouse chocolate Weekends in the grotto Father & Mother Christmas will give tree. Daily For families a present to each child helped Treehouse Towers towers by a host of fairies, gnomes & & wooden play equipment elves. Each day there will be Ongoing Plantastic Play area live animals such as reindeer. shaped like a plant. sheen, donkeys & calves for www.kew.org children to net. Plus there will

7.14.21 Dec. Central Ensom Council Run car parks 01372 732000 To support local traders. FREE Sunday parking at The Ashley Centre. Town Hall Hone Lodge Denot Road & Unner High Street Car parks in Fwell & Stoneleigh are FREE every Gardens Kew 020 7222 Sunday throughout the year. www.ensom-ewell.gov.uk

10 Dec Dorking Halls 01306 881717 RatPack show 12-14 Dec Guildford

Spectrum 01483 443333 Sleeping Beauty on Ice. Dec-4 Jan Ensom Playhouse Ashley Avenue 01372 742555 Wigard of Oz

www.ensomnlayhouse.co.uk 20 Dec Ashley Centre 020 8394 1734 Christmas songs & carols joined by the Mayor with a collection for the Mavor's charities, www. epsom-ewell.gov.uk

21 Dec The Market Place Ensom 01372 732000 Bethlehem Peace Light a chart multi faith cervice in nartnership with the 7th Ensom Methodist Scout Group Churches together in Ensom the Hindu Community of Frsom & Fwell the Baha'I community of Ensom & Ewell & the Borough Council. www.ensom-ewell.gov.uk

Merry Christmas &

Happy New Year

Page 10 & 11



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Education

Penguin Children's Christmas Gift Guide 2014

Pre-School & Picture Books 0 6 Years The Spectacular Tale of Peter

Rabbit by Emma Thompson illustrated by Eleanor Taylor Oscar-winning actress and screenwriter Emma Thompson triumphs once more with a tale that makes the everyday simply SPECTACULAR.

"It was high summer and a

Do you have an academically able child currently in Year 2 3 4 or 5? If so, he or she would be very welcome to sit for a scholarship at St Lawrence College Junior School on Saturday 31 January 2015. Junior School travelling fun-fair had come to the village...Peter Rabbit and Benjamin were forbidden to attend..."£12.99 Hardback Peter Rabbit's Christmas Collection by Beatrix Potter A festive treasure-trove of original Beatrix Potter stories letters and illustrations, brought together in one Christmas

scholarships worth up to 40%

off the fees are available for

September 2015 entry.

With small class sizes.

teachers really get to know

thus able to tailor lessons

each individual child and are

This treasury is perfect for all fans of Reatrix Potter and Peter Rabbit, young and old, and includes little-known material, including beautiful Christmas cards, letters and stories.

RRP f14 99 Hardback Snow Day by Richard Curtis, illustrated by Rebecca Cobb A heart-warming winter tale

Kent Test, thus keeping future

schooling options open.

If you have a gifted child, a

scholarship may provide the

opportunity for an enriched

The Empty Stocking. A snowy day, a deserted school and the teacher you least want to see. Welcome to Snow Day, the most magical day of the RRP f 10 99 Hardback

from writer and director

Richard Curtis, and Rebecca

Cobb. the powerhouse behind

channeling young children's

Christmas excitement can

be both fun and challenging

Finding a balance between

the 'giving' and 'receiving

festive season."

messages are key to a fulfilling

- Playing in the great outdoors

is a fantastic way to wear out

excited kids. Ampleforth is

set in two thousand acres of

scenic Yorkshire countryside

snowman, sledging or an old

fashioned country ramble, busy

Nativity - Popular

davs mean children sleep well

film "Love, Actually" showed

across the country. Helping

build excitement for your

so whether it's building a

Outside and Festive

01843 572912 lah@slcuk.com.



A wonderful opportunity for your child! Junior School also prepares pupils thoroughly for the 11+

may not be available under normal circumstances. For more information, contact Lindsey Harris, Junior School Registrar, on

Top tips to boost young children's Christmas excitement

child's school nativity is a great It's getting close to Christmas so postbags across the country are stuffed full of and confidence and their hopeful letters to Santa. first experience on stage is Mark O'Donnell the new headmaster of St Martin's and child. Ampleforth, the prep school at Ampleforth College, has Church Service over 200 excited children eagerly awaiting a fun-filled we have lots of traditional festive season and has provided church services around the some tips on how to manage children's excitement in a way which puts the true meaning back into the holiday season. Mark says: "For parents,

School-made creations - Here at St. Martin 3 we have a 20ft Christmas tree with all the decorations made by the children at the school. It's a great way to keep the children entertained and get them involved in some creative

Story Time - Reading an extract from a child's favourite book can be attention, as can reading a children can keep vounger

www.ampleforth.org.uk

way to encourage creativity memorable for both the parent

- Being a Benedictine school, festive season, but also a big focus on working the earth and being part of nature which is reflected in our Gardening Club where the children are able to collect holly and pine cones to make Christmas wreaths.

Christmas crafting.

one way to keep a youngster's child's version of Luke chapter 2. the nativity story. Also, older children occupied by playing board games or other activities

there's great diversity in nativity plays and this is true

December 2014

December 2014 Learn to Read in 4 Weeks for FREE*

with Reading Eggs! Full of educationally sound, fun and interactive activities Reading Eggs focuses on the most fundamental skill needed in school: reading. Children from 3 to 7 years of age, or older children struggling with reading, will enjoy the huge variety of reading lessons, activities and games that make up the Reading Eggs programme. Reading Eggspress continues the reading adventure by taking children to a brand new world designed for 7-13 year olds, focusing on comprehension and grammar. Reading Eggspress provides a unique learning environment where students can improve their English language and comprehension skills in a way that is exciting and relevant.

comprehensive range of online lessons that teach children aged 3-13 the literacy skills needed for lifetime reading success. The reason why over 90% of parents using Reading Eggs and Reading Eggspress report a noticeable improvement in their child's reading skills is because the programme makes learning fun. Sign up for a special 4 WEEK FREE trial* and see for yourself how your child's reading improves by using Reading Eggs and Reading Eggspress.

Register your child at www.readingeggs.co.uk/ parentnews Registration is quick, easy and

*Free trial only available to new customers who sign up at the above address. Not

FREE!



Employer action makes TechFuture Girls open to all

Thanks to generous sponsorship from employers. TechFuture Girls, will now be available free to all schools TechFuture Girls, formerly known as CC4G, is a wellestablished resource for after school or lunchtime clubs, aimed at girls aged 10 - 14. Since its launch in 2005, more than 150,000 girls have benefited from its mix of activities, games and projects, all designed to build girls' skills and confidence in technology. The materials are developed in close collaboration with employers and teach universally applicable skills like coding, cyber security, data management and video editing, but are themed around girls' interests, like music, sport or fashion. Regularly refreshed to reflect the fast moving world of technology, TechFuture Girls is aligned with the latest changes in the computing curriculum, and reflects the introduction of coding to all age groups. Platinum sponsor HP has taken the lead in this initiative, with

generous support from Gold

sponsors BT, National Grid

and Oracle. This considerable

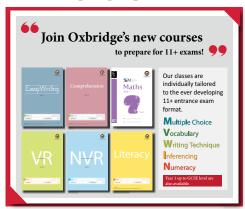
backing means that more than

20,000 schools can now access

the programme without charge

Experts





020 8949 2131

020 8949 8838

OxBridge Centre is a well-established tuition centre based in New Malden. Currently there are around 500 students from year 1~A-Level studying at the centre. Why don't you join us too

Learn to Read in 4 Weeks FREE with Reading Eggs!

The multi-award winning online reading programme for 3-13 year olds.

With hundreds of reading lessons and activities to explore, sign up for our special 4 WEEK TRIAL* and see first-hand how your child's reading can improve in just 4 weeks! Reading Eggs provides a comprehensive range of online reading lessons and eBooks that teach children aged 3-13 the literacy skills needed for lifetime reading success.

The reason why over 90% of parents using Reading Eggs report a noticeable improvement in their child's reading skills is because the programme makes learning phonics and basic reading skills fun.







IUNIOR SCHOOL SCHOLARSHIP MORNING FOR SEPTEMBER 2015 ENTRY SATURDAY 31 JANUARY 2015

ACADEMIC SCHOLARSHIPS AVAILABLE FOR PUPILS CURRENTLY IN Y2, Y3, Y4 & Y5

For more details and to book a place T: 01843 572912 E: jsadmissions@slcuk.com www.slcuk.com St Lawrence College, College Road, Ramsgate, Kent CT11 7AE



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Inspiring art, drama, music science, literacy an playgrounds, holistic educatior

activity studios. sensory room secure webcams

A fresh approach to nursery education.

www.activelearningchildcare.co.uk



Day Trips

New LegoLand Windsor Science Museum Store Pop all profits will go towards 01753 621621 Pirates up with live experiments & the maintenance of HMS Landing gets a major re- demonstrations taking place Alliance, www.submarinevamp to become New Pirates Shores featuring Castaway Camp a new pirate adventure can play with all the latest play area with more than 100 brand new Lego modes & themed features on the Museum 02392 73 7562 Pirate Falls Treasure Quest log flume ride, plus a new themed restaurant plus lots & works on paper art more on offer.

Until 21 Dec Alfriston Clergy House Polegate www.submarine-museum. 01323 870001 See the house decorated for Christmas throughout the ages, with medieval & Victorian Ice Rink Brighton Ice seasonal foliage.

Until 23 Dec Bateman's Castle Burwash 01435 882302 A 01580 830196 Christmas at Kipling family Christmas the Castle with Christmas see the atmospheric home of traditions old & new with Rudvard Kinling decorated a Father Christmas castle for Christmas & try a grotto, making mumming special children's Christmas masks & wassailing. trail leading to an elves' 6,7,13,14,20-23 workshop, 26 Dec Boxing Day breakfast & walk. 1 Jar New Year's Day breakfast & walk

all day long whilst you get the chance to shop, children toys, gadgets & goodies.

Until 4 Jan Royal Naval Biggles & Chums - First World War watercolours exhibition, FREE, Until

Until 18 Jan Royal Pavilion Skating.

co.uk.

6 713 14 20-22 Dec Bodiam Robertsbridge Christmas lunches.

11 Dec Royal Naval Submarine Museum 023 92 545034 Christmas Carol Until 31 Dec Bluewater Concert with members of Shopping Mall Dartford Portsmouth Cathedral Choir,

24 Dec Explosion Museum of Naval Firepower 023 9250 5600 Meet Santa

Marines Musuen

Portsmouth 023 9281 9381 Get Me Out of Here:Survival 30 Mar Horrible Science in the Arctic test your arctic of Submarines exhibition survival skills in winter themed artic activities. Dec Christmas Gala Concert tickets 023 9281 9385

PARENTS NEWS

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London Calendar

From 5 Nov Tower of London Tower Hill London 0844 482 7799 Twilight Tours

Transport Museum 39 Wallington Street Covent Garden London 020 7379 6344 The Family Station choose some FREE activities to do as you explore the museum, families all ages. Ongoing Family Station All Year Round activities for families, 3-12yrs. Royal Mews

Buckingham Palace 020 7766 7302 Family groups may explore a range of self directed activities from the art trolley, 5-11yrs. Ongoing Science Musuem

Imax Theatre 0870 870 4868 Mysteries of the Unseen World, daily screenings, 8+yrs. Royal Academy of

Arts 020 7300 8000 www. royalacademy.org.uk New policy all children under 12vrs of age will have FREE entry to all exhibitions.

ery Sun National Gallery 020 7747 2885 Family workshops for families bringing paintings alive & listening to a themed story on the magic carpet, plus FREE family trail, www.nationalgallery.org.uk

ery Sun Hildreth Street

Market Balham SW12 Street Market with fresh food traders sourced from all over London. National Geographic Store 83-97 Regent Street 020 7025 6960 Animal Man comes face to face with slithering snakes, slimy insects & smelly skunks. Meet a wide variety of animals to include owls, lizards, tortoises, armadillos, meerkats & lots more, hands on activities are led by AnimalMan Nick Spellman for all ages

very Sat Venn Street Market, Clapham Common 020 7622 8259 Offering fine foods & fresh produce plus a variety of handmade crafts will be available throughout Dec with gifts & cards for all the family as well as Christmas trees & floral decorations. Christmas trees will be available.

very Sat Blue Elenhant Theatre Camberwell 020 7701 0100 Young People's Theatre workshops, various age groups 7-18vrs, FREE to join.

school on Tue & Thurs South London Gallery 65 Peckham Road 020 7703 6120 The Shop of Possibilities for children & families living on five neighbouring estates, Pelican, Southampton Way, Elmington, Wyndham & Comber & Sceaux Gardens are invited to play at after school & weekend workshops in this recently renovated former retail outlet on the Sceaux Gardens housing estate.

Every weekend Rich Mix Bethnal Green 020 7613 7498 Kids' Cine Time family films. weekend Temple Station 020 7222 1234 Harry Potter Locations Tour. 2 1/2 hrs.

Every weekend Greenwich Clocktower Market Greenwich High Road Ouirky weekend market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls, FREE entry, www. clocktowermarket.co.uk

Every weekend Tate Britain Millbank London 020 7887 8888 Liminal invites visitors into a physical, material & social experience of sculpture through touch interaction & collaboration all ages FREE Every weekend Art Trolley sessions encourages children to imagine & create collages & lots more. FREE. Every weekend Children's Multimedia Guide fun & interactive a sensory experience for all the family to enjoy, 5+yrs. Daily Family Resources provides questions

& activities which encourage

children & families to explore

art works. FREE Daily Family

Trails, under 5's, FREE. ntil 23 Dec Peter Harrison Planetarium 020 8858 4422 Christmas Stars themed show, 5+vrs Throughout Dec Dark Universe show 5+vrs 27-31 Dec Sky tonight Live, 5+yrs Every Tues in Dec & Jan Space Safari under 7's, Every Thur, in Dec and Jan Solar System. Galaxy Universe show 5+vrs Every Mon. Wed & Fri in Dec. & Jan Meet the Neighbours interactive show, 5+yrs, www. rmg.co.uk.

Until 24 Dec Canary Wharf Christmas Market Buzzing with stalls offering seasonal food & drink plus original handcrafts & unique gifts. Choose from personalised Christmas decorations, hot chestnuts, handmade soap, wooden toys, mulled wine & lots more, www. canarywharf com

Until 24 Dec Jubilee Park Canary Wharf Santa's Grotto plus children's festive activities. Children are invited to make their own sweet treats using icing sugar sprinkles & sweeties at the Cookie & Cupcake Decorating workshop plus lots more, FREE, www. canarywharf.com. Until 31 Dec HMS Relfast

Tooley Street London 020 7940 6320 020 7403 0719(f) D-Day Family Trail bringing visitors through the ship while pointing out interesting facts that relate to D-Day 10-11 Jan Cracking Codes decipher secret messages. family activity, intercept messages, map hazards on the sea chart & make up your own secret code, all ages, FREE with entrance fee Ongoing HMS Belfast Private Tours with exclusive behind the barrier access, discover some of the quirky sailors' stories of living & working on board including the time a reindeer joined the crew! Ongoing Gun Turret Experiencewww.iwm.org.uk

Wembley Park Ice Rink Skate at the new 600sqm ice rink, housed against the iconic backdrop of Wembley Park at the London

December 2014

Every Weekend A

Cockroach Tour of

History

Cromwell

London 020 7942

5000 Ice Rink with

beginners & advanced

skaters alike who

can enjoy the 1,000 sq metre

rink this year there will be an

interactive Christmas chalet

bringing to life the Lindt Bear

& other chocolate favourites,

plus complimentary truffles

to sample. www.nhmskating.

com Daily Who Do You Think

You Really Are state of the art

interactive film, www.nhm.

ac.uk/film FREE, Daily Family

with explorer's tools, drawing

materials & fun activities to

help children make exciting

discoveries in the galleries, www.

nhm.ac.uk/education. under

7's FREE. Daily Investigate

Centre explore hundreds of real

natural history specimens, from

a shark's jaw to a meteorite as

old as Earth in their hands-on

backpacks filled

Museum

Road

Designer Outlet, plus Xmas Market traditional rides plus every skater will receive a FREE hot chocolate, www. iceskatingatwembleypark.co.uk Intil 4 Jan Royal Air Force Museum Grahame Park Way Hendon London 020 8205 2266 Biggles & Chums- First World War watercolours & works on paper exhibition. Ongoing Airfix exhibition with some of Airfix's most popular models from the 50 60s & 70's

Until 4 Jan Hackney Empire 117 Wilton Street London 020 8985 2424 Mother Goose, www.hackneyempire.co.uk Intil 4 Jan Imperial War Museum Lambeth Road 020

7416 5439 Horrible Histories

exhibition families can make their way through the exhibition, encountering themes such as Ruthless Resistance, Cracking Codes Great Gadgets, Savage Sabotage & Clever Camouflage plus how to make invisible ink, crack codes & use fake feet. Until 4 Jan A Family in Wartime exhibition FREE entrance Until 4 Ian Secret War exhibition FREE entrance 4 11 18 25 Jan Object handling session, families can explore objects from the collections & how they connect with iconic objects on display, families all ages FRFF 4 11 18 25 Jan Creative Response, get creative, make a drawing, take a photograph, write a postcard & share your ideas with the museum, families, all ages, FREE 24-25 Ian Holocaust Memorial Day discussion & replica object handling session a useful starting point for families who wish to learn about the Holocaust, 11+yrs. Every Sun Object Conservations family object handling sessions & Creative Response make a creative response to themes held within the new atrium & Terraced Galleries. Ongoing A Family in Wartime exhibition explores the lives of William & Alice Allpress & their ten children & what life in London was like during the war. A Family in Wartime is brought to life through interactive exhibits, photographs, recorded interviews with the family. archive film footage & more, FREE, Until 8 Mar Truth & Memory: British Art of the first World War art exhibition www iwm.org.uk

Until 4 Jan Science Museum Exhibition Rd London 0870 870 4868 3D Printing the future exhibition for all ages, FREE Daily Interactive experience Flyzone Studio a new experience that transports visitors using the latest in green screen technology. Children, adults & families are able to come along & dress up as pilots or astronauts & then take away photographs of themselves flying through the air or exploring Space, all Adventure families, under 7's. FREE Every Weekend Spaced Out. families. 5+vrs. FREE

London Calendar

www.parents-news.co.uk

the museum visitors This infomation plus much more online take on the form of cockroaches dressing un in realistic costumes FREE Every Weekend explore hundreds of real natural history PARCHES NEWS-8 00 specimens, discover evidence along the way using microscopes, the computer database & other scientific science instruments. educators are there to help you with your investigations, FREE. Engineer Your Future exhibition 11+yrs, FREE. www. sciencemuseum.org.uk Intil 4 Jan Natural

Twitter: @parentsnewsuk

020 8858 7755 Jack & the Carol concert with Emilia & Beanstalk pantomime, www.

greenwichtheatre.org.uk Jan Royal Opera House Covent Garden London 020 7304 4000 The Wind in the Willows brought to life through song, music, dance & puppetry for all the family,5+yrs, www.

roh.org.uk Feb Canary Wharf Ice Rink Canada Square Park 0870 4000 601 This year the rink will be bigger & better than ever before suitable for families.

www.canarywharf.com. 5.8-12 Dec Chelsea Physic Garden London 020 7352 5646 Festive shopping days. 2.9.16 Dec & 13.20.27 Jar Oueen's House Greenwich 020 8858 4422 Play Tuesdays, under 5's. 6.13,20,27 Dec & 10,11,7,24 & 31 Jan Discover

the sea safely & create a bath toy

to take home, all ages, FREE

2-31 Dec Hackney's Victoria

Winterville celebrating East

London's cultural collectives :

family events, theatre, music &

food Kid's Ouarter travelling

arts circus House of Fairy

Tales Santa's Grotto, Robin

Hood pantomime, horse drawn

carriages, ice rink, roller disco,

fairground rides a big wheel &

lots more. There will also be

world street food & Christmas

courts, www.winterville.co.uk

markets, indoor pub & food

4 Dec St Mary Abbots Church

Tower Hamlets

www.rmg.co.uk/cuttysark

science centre, families 7+yrs, FREE. Daily Nature Through Saturdays meet a character the Lens with close-ups of from the past & take part in insects & extraordinary time an exciting performance that lanse nhotography FREE will bring maritime history to www.nhm.ac.uk/whats-on. life, 6+yrs, FREE. 7,14,21,28 Daily David Attenborough Dec & 11,18,25 Jan Discover Life on Camera enjoy some Sundays explore your personal of the best loved clips from connections to the sea, all ages, his landmark television series FREE, School hols 22,23,27www.nhm.ac.uk/ 30 Dec & 2 Jan The lighthouse whats-on Daily Wildscanes keeper hear stories & make a experience what it's like to be parcel to take with you, all ages, an animal on the African plain, FREE 22 23 27-30 Dec & 2 swimming through the ocean & Jan Bath-toy buoys be inspired in the Arctic & Antarctic circles by the colourful buoys that FREE, www.nhm.ac.uk/whatshelped sailors navigate around

Park

Until 4 Jan Museum of London 150 London Wall London 020 7001 9844 A Bear Called Paddington all ages, FREE. Until 4 Ian Paddington's picnic a family-friendly activity space, up to 11 vrs. FREE.

FREE

il-4 Jan Vauxhall Pleasure Gardens Ice Skate 600sqm rink, with a First Christmas Tree Maze made from real trees. There will be street entertainers, urban skater trick teams, an extended street market of London's top pop up eateries, plus shopping at the Artisan Craft market traditional rides & much more www.iceskatevauxhall.co.uk.

Until 11 Jan Greenwich

Theatre Crooms Hill London Kensington High Street Charity Freddie Fox reading, raising funds for the international charity Hope & Homes for Children, www.hopeandhomes. org, Tel:01722 790111

Dec Laban Creekside London 020 8691 8600 BA3 Musical Theatre Show, FREE, advance booking needed, www. trinitylaban.ac.uk/whatson Dec Victoria & Albert

Tues & Wed until 17 Museum Cromwell Road 020 Dec Busy Bees sessions for 7942 2000 www.vam.ac.uk under 5's with crafts, creative Making it. Careers in Art & play stories, & songs, FREE, Design young people find out every Sat Art Makers have fun more about working in the with different art techniques creative industries, & discuss to create something fabulous career options, FREE, drop to take home, for families in 16-24vrs 7 Dec Digital 3+yrs Every Sat Farmers Kids have fun creating your Market FREE entry 24 Jan own digital art with help from The Big Garden Birdwatch take experts, drop in, families part in the biggest birdwatch 5+yrs, FREE. 27 Dec Pop-Up happening across the UK, join nerformances children join a in activities all about garden dance performance & interactive birds including helping to count workshop surrounding the different birds in the Gardens world of The Nutcracker & finding out about birdsong& ballet, FREE, drop in for all making puppets, FREE, www. the family. 27 Dec Imagination horniman.ac.uk Station materials from desk to create designs inspired by London Zoo Regent's Park the magical & surreal world London 020 7722 3333 Meet of turn of the century FREE, Santa in his grotto & enjoy a drop in, families 3+vrs. Every fun packed day with Christmas Sun Drop in Design on selected themed activities, www.zsl.org. days, participants can create a Dec Museum of Childhood 3D sculpture with wire inspired Bethnal Green 020 8983 5200 by the museum's collections. Snowflakes interactive reading FREE, drop in, 5+yrs. Daily

Back Packs families filled with

jigsaws, stories & games to

explore the collection, 4-11vrs.

Activity Cart hands on art fun

for children to create a Samuri

helmet, a silver goblet or an

elephant mask to take home.

FREE, drop in www.vam.ac.uk

5-7 Dec Cutty Sark King

William Walk Greenwich

020 8858 3445 Family fun

weekend, create a Christmas

harbour scene with ships & a

shimmering sea to turn into

a card or hang up at home,

all ages. 29-30 Dec Create a

bouncy fluffy sheep made with

wool just like the cargo Cutty

Sark used to carry all the way

with children on the autistic spectrum, FREE. Until 5 July It's My Party display explores children's birthday parties from the perspective of both children & adults FREE Dec Parasol Unit 14 Wharf Road Islington 020 7490 7775 Family workshop families will experiment with drawing & mark making techniques developing letterforms & words into a concertina book, need to

book, 5-15vrs.

of book followed by a book

signing, 3+vrs, Daily Back-

Packs filled with jigsaws,

the collections plus special

nacks available for families

stories & games to explore

SWIMMING LESSONS Colin Bull Swimming

from Australia, all ages

Every weekend throughou

Dec Cutty Sark characters

stories brought of life by

characters from the ship's

past, 3+yrs, activities

FREE with entry, www.

Wintergarden Santa's

Magical Silver Reindeer

Christmas tale performed

with classic festive songs

for families, tickets www.

proceeds will be donated to

Rommy's the baby charity

16 Dec Carols & Candles

Service special service for

those working in & around

Canary Wharf, www.

Museum London Road

Forest Hill Horniman

Christmas Fair enjoy

festive treats & lots more,

FREE, 13 Dec Hands on

Family workshops themed

sessions for families, 3+yrs,

FREE 13 Dec Art Makers create

a pretty Romanian Christmas

Star to take home, adults FREE,

families, 3+yrs. 14 Dec A World

of Stories, families, 5+yrs,

FREE. Until 14 Dec Discovery

for All explore thousands of real

objects from around the world

with the museum's Explainers.

all ages & adults, FREE.

Horniman

canarywharf.com.

canarywharf.com.

rmg.co.uk/cuttysark.

Lessons All ages/abilities See advert pg 5 01372 739600

ENTERTAINERS

Children's Entertainer 3 to 7s Magic & Balloons Chaperone Licence & D & B certificate held Equity Member www.guynormas.com 07913 299919

Glitterhax Parties Make-over parties for airls 01622 850422 www.glitterboxparties



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Progress Tuition Centre 020 8336 1951 D7 9 Dec-4 Jan Unicorn Theatre Junior Trinity Makeup & for Children 147 Tooley Street Masterclass Day, FREE, 020 7645 0560 It's Baby's advance registration needed. First Christmas a sensory show www.trinitvlaban.ac.uk/ for babies 6-18mths duration

whatson 40 mins including 15 mins play time. Until 14 Jan The Nuteracker & the Mouse King 8+vrs. Until 4 Jan The Fourth Wise Man, 4+vrs, 9-25 Jan The Polar Bears Go Wild, 2+yrs, www.unicorntheatre.com co.uk 11-23 Dec The Young Vic

youngvic.org

11 Dec-4 Jan London Coliseum

St Martin's Lane London 0871

9110200 English National

Ballet performs the Nutcracker.

www.ballet.org.uk/Nutcracker.

Look Out 020 7036 8056

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film venue with underfloor

heating Edward Scissorhands.

12 Dec The Gremlins, 13 Dec

Nightmare before Christmas

12 Dec Isis Education Centre

Hyde Park 020 7036 8056

Christmas with Victoria &

Albert join the Education team

for a stroll through Kensington

Gardens focusing on seasonal

folklore & the origins of many

12-13 Dec The Royal

Observatory Greenwich 020

8858 4422 An Evening with

the Stars, 7+yrs. Until 14 Jan

Longitude Punk'd celebrates

the creation of wacky inventors.

all ages. Until end of Feb

Astronomy Photographer of

the Year exhibition, entrance,

13 Dec King Charles Court

Old Royal Naval College

Greenwich 020 8269 4799

FREE www.rmg.co.uk/visit

of our festive traditions.

13 Dec It's a Wonderful Life.

Dec Hyde Park The

Theatre Horrible Way Back Home a brand new opera featuring puppetry & animations, 5+yrs, www.

> Bloomsbury Theatre Gordon Street London 020 7388 8822. The Santa Claus Science Experiment is an alternative panto that puts the Science back into Christmas for all ages, www.thebloomsbury. com.

16-18 Jan Alexandra Palace & Park London 020 8365 2121 London Model Engineering Exhibition see the full spectrum of modelling from traditional model engineering, steam locomotives & traction engines through to airfix kits, operational miniatures & modern gadgets & tovs including futuristic rockets & remote control trucks, boats, aeroplanes, helicopters & robots, www.

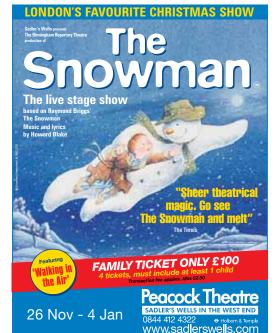
Dec-4 Jan Blue Room Southbank Centre Royal Festival Hall 0844 847 9944 World premiere of Oily Cart's There Was An Old Woman 3. 5vrs. www.southbankcentre Theatre Company The Cut London 020 7922 2922 The

Dec-4 Jan The Garrick 0844 412 4662 Histories, Barmy Britain part two with songs & sketches families 6+vrs to book, www.nimaxtheatres.

com. Dec-14 Jan Lilian Baylis Theatre at Sadlers Wells Portugal Street London 020 7863 8000 The Little MatchGirl. www.sadlerswells.com

15-22 Dec Alexandra Palace Ice Rink 01536 481778 The Snow Queen on ice for families. www.alexandrapalace.com/ whats-on/the-snow-queen-on-

londonmodelengineering.co.uk





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